Quincy High School

We're Golden

Goldenrod 2004

THOMAS CRANE

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QUINCY, MASS.

CITY APPROPRIATION

THE GOLDENROD
2004

Capture the spirit

It is the challenge, it is the invitation, it is the call to the class of 2004. Like the way you hear the ocean when you put your ear to a seashell, we will always hear that call. And just as the seashell grows, in a spiral called golden for its proportional increase, so will our understanding continue to grow. Respect. Determination. Tolerance. Courage. Loyalty. Reliability. Honesty. Graciousness. These mark the golden spirit of Quincy High School at its best. These are the characteristics that, as they grow proportionally within each of us, will better our lives and our world. This is the spirit we will one day call our own.

We're Golden

QUINCY HIGH SCHOOL
QUINCY
MASSACHUSETTS
02169

Capture the spirit

The Pony sits in our lobby and reminds us daily that the people who walk these halls are the embodiment of the spirit of Quincy High School. As the class of 2004, your high school experiences have forged a foundation upon which each of you can find success. We have challenged you to respect each other, to be determined learners, and to be courageous in pursuit of your maximum potential. You have modeled loyalty, honesty, reliability and tolerance. Finally we asked you to be a gracious class and to inspire each of us in understanding the importance of saying, "Thank you." In each of these challenges, you have risen to the task, raised our school's level of awareness and exceeded all expectations. Now a new agenda lies ahead, full of new challenges and experiences. Capture the Spirit of your four yeas years and make a difference in the world. Thank you. Thank you. Thank you.

Principal Keuther

Faculty 4 Students 24 Clubs 86

DEDICATION

Breda McCarron
1986-2000

Death lies on her
like an
untimely frost
Upon the
sweetest flower
of all the field.

William Shakespeare
Romeo and Juliet

Sports 108 Events 134 Community 164

Faculty

Golden learning

We encounter the same problems over and over again in life. But though the problems are essentially the same, we are not. We grow wiser through a spiral of experience.

In the classrooms of Quincy High School, our teachers have challenged our minds to help us grow in wisdom. Sometimes we've met with success, sometimes we have not. Whatever the outcome, we've learned something. Versions of the same challenges will face us again and again throughout our lives. When they do, we must remember the spiral we've moved through and take confidence in whatever strength we've gained.

We're Golden

Administration, Faculty and Staff

Mr. R. Keuther, Jr.
Principal

Ms. M. MacNeil
Assistant Principal

Ms. E. Lebo
Director

M. Ajemian
Health Occupations

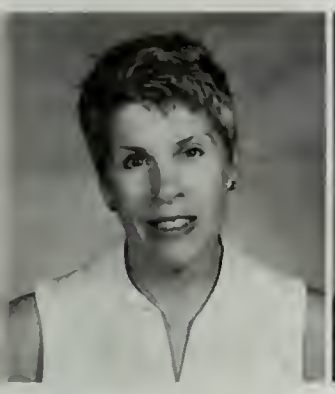
L. Anderson
Special Needs

A. Ash
Cafeteria

J. Barnes
Secretary

C. Barrett
Dean

R. Bearce
English as a Second Language



D. Becky
Physchologist

B. Bell
Science

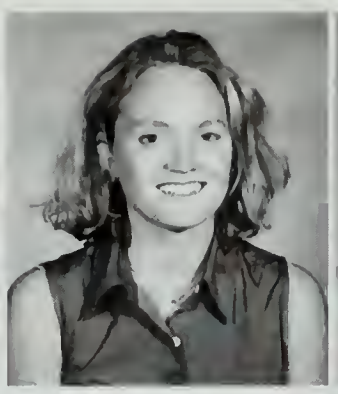
K. Bell
Head, Social Studies

A. Benard
Guidance

R. Berman-Mterson
Substitute

D. Bertrand
Secretary

J. Bielski
Mathematics



M. Bohlen
Science

R. Boudreau
Science

M. Bowes
Carpentry

J. Bretsch
Mathematics

C. Brown
Substitute

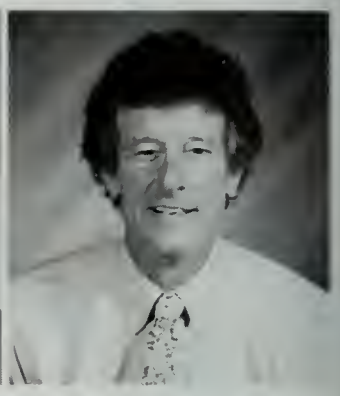
C. Calvert
Aide

R. Camiolo
Foreign Languages

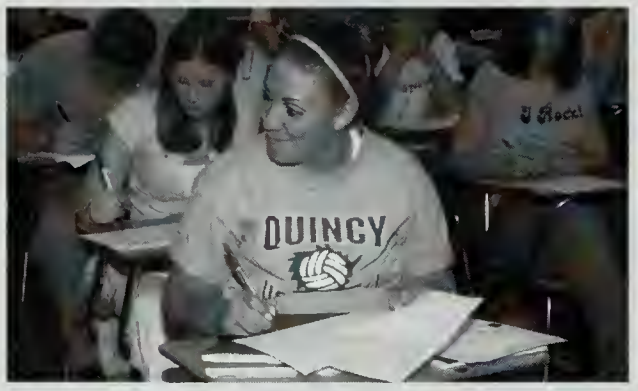
P. Campanale
Health Occupations

E. Campbell
Automotive

K. Carey
Special Needs



R. Carnie
English



P. Carroll
Aide

C. Casey
Special Needs

T. Cassidy
Plumbing

R. Charles
Robotics

A. Check
Foreign Languages

Q. Chen
Foreign Languages

R. Chin
Special Needs

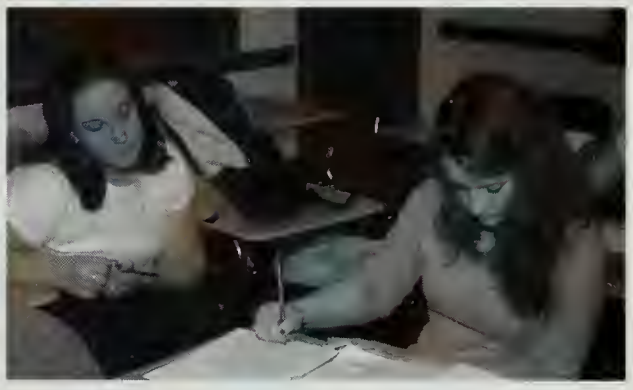
E. Clifford
Mathematics

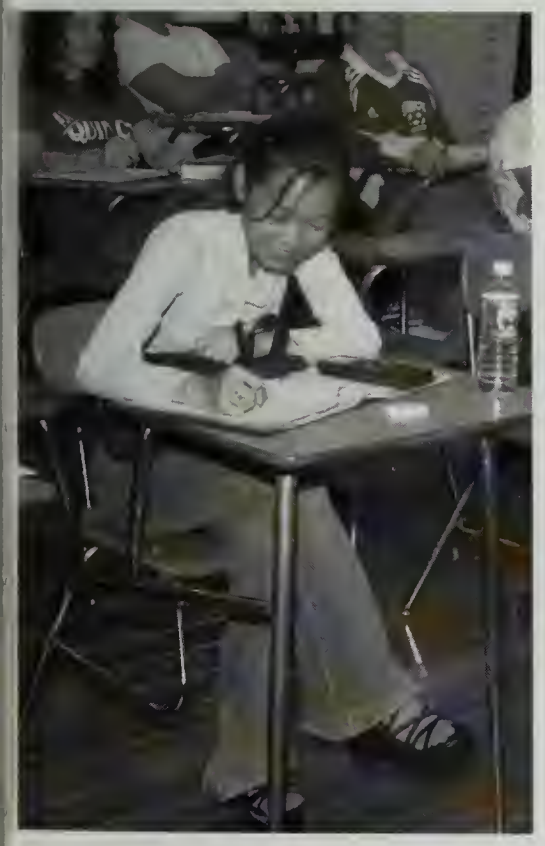
D. Coleman
Business

A. Collins
Storekeeper

E. Columb
English

D. Conley
Bethany





B. Conso
Secretary

D. Craig
Aide

S. Creedon
Social Studies

A. Croke
Mathematics

K. Cryan
Bethany

G. Cunningham
Cafeteria

D. Dalton-Marte
AFJROTC

D. Dalton-Martell
English

T. D'Arpino
Health Occupations

R. Davis
Electrical

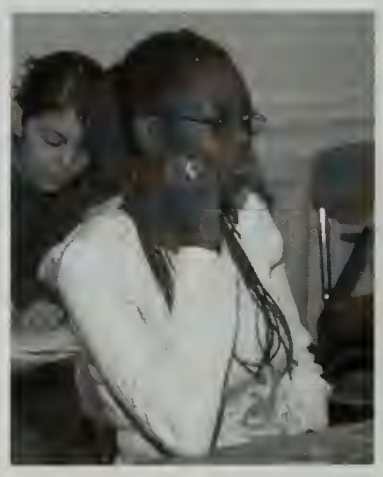
L. Day
Social Studies

M. DeAngelis
Aide

Golden Oldies: *Mrs. Day*

Mrs. Day started teaching at Quincy High School in 1968. She recalls many high points in her career.Some of her favorites were starting the docent program at the Museum of Fine Arts, being involved with the Children of War program and writing bilingual tours for the Adams National Historical Park.

She says that what she will miss the most are the students, while what she considers her greatest achievement was "working hard to try to give students many and varied experiences through field trips and guest lecture programs as well as writing specialized curriculum." She's proud to have been responsible for reinstituting both homecoming and the junior prom in the eighties. Upon leaving Quincy High, she wants to continue to travel and volunteer. Mrs. Day's words of wisdom to the seniors: "Never underestimate the power of the Golden Rule--Do unto others as you want them to do to unto you." She adds, "And visualize success--that's what makes it happen!"



D. Debenedictis
English as a Second Language

D. Decristofaro
Head, Guidance

J. De Lorenzo
AFJROTC

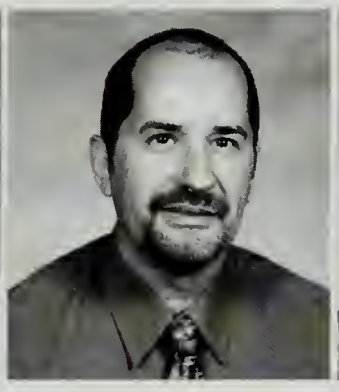
S. De Varennes
Substitute

R. Dinsmore
Business

W. Doyle
Social Studies

K. Duffy
Substitute

H. Durante
Cafeteria



R. Eldredge
Special Needs

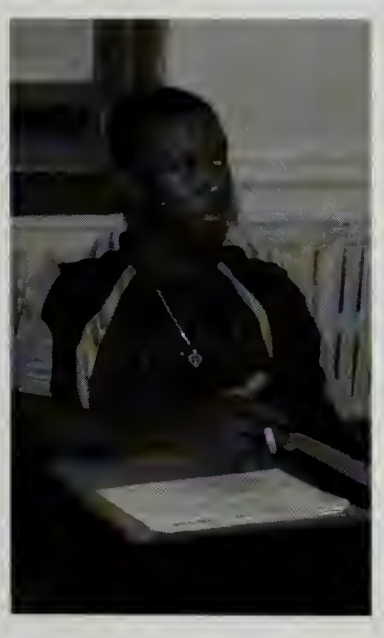
S. Eldridge
Guidance

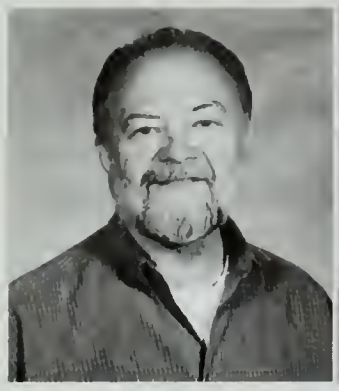
M. Ellis
English

M. Engels
Bethany

Golden Oldies: *Mr. Jones*

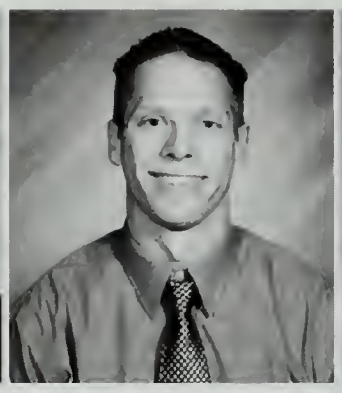
Mr. Jones graduated from Quincy High in 1967. He returned to his alma mater to start his teaching career in 1971. When he leaves he will miss the "camaraderie with excellent, talented, intelligent, compassionate teachers (mostly in the English department☺) and the life-long learning environment." He hasn't decided what he wants to do after retiring. Mr. Jones considers his greatest achievement as a teacher was "remaining upbeat in the face of stultefying obstacles." His words of wisdom to the senior class: "Work at a job you like. Leave the world a little bit better than you found it. Only you can make yourself mad. If you see yourself in others, who then can you harm? Perform random acts of kindness... just because you can!"





J. Farrow
Mediation

N. Finizio
Special Needs



M. Fitch
Substitute

H. Flaherty
English as a Second Language

M. Flaherty
Foreign Languages

J. Flahive
Business

S. Fortuna
Science

J. Gardner
Mathematics

M. Gendron
Mathematics

B. Georgianna
Cafeteria

M. Glavin
Social Studies

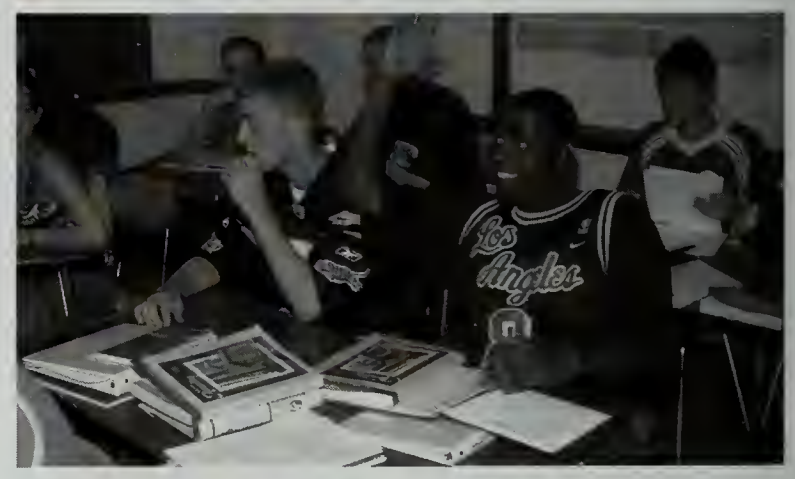
W. Gluvna
Culinary Arts

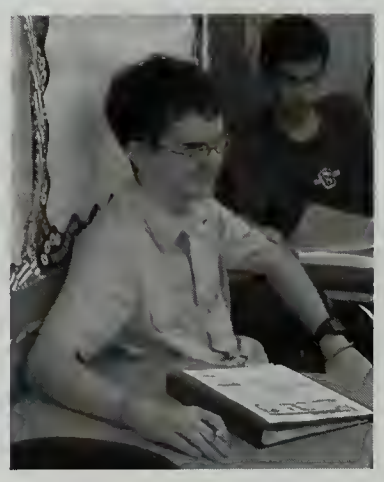
Golden Oldies: *Mrs. Herbert*

Mrs. Herbert began teaching at Quincy High School in 1981. "I don't have a *best* year as most of my career was enjoyable," she says in regard to her past memories. "I will miss the students as well as my colleagues. I feel that there was not one crowning "achievement" in my life as a teacher. Hopefully, I reached many students in my long teaching career. It is always gratifying when I meet a former student who has become a teacher. Also, keeping in touch with former students through the years has been rewarding. Having students feel that they have achieved something, i.e. a good grade in English, when they thought they'd be unsuccessful has to be my most rewarding achievement in the classroom.

After retiring, I plan to travel, do volunteer work, and maybe do some "little" job. Also, I plan to join a book club." Mrs. herbert's words of wisdom to the senior class are as follows:

"Treat everyone the way you'd like to be treated, and smile. A smile





R. Gorham
Substitute

S. Graham
Social Studies

J. Green
TV Production

J. Haelsen
Culinary Arts

F. Harris
Social Studies

L. Harty
Carpentry

P. Herbert
English

D. Hill
Nurse

S. Holbrook
Automotive

J. Holt
Head, Library

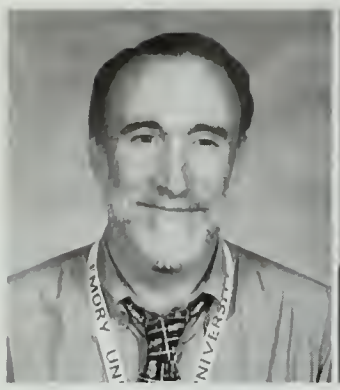
J. Innis
Social Studies

C. Jenkins
Science

Golden Oldies: *Mr. Karhu*

Mr. Karhu graduated from Quincy High School in 1962 (this photo is from his junior year) and returned to begin teaching here in 1981. "One year I taught 17 of the top 20 students of the class. It was a challenge to keep ahead of such great students." When asked what he would miss most, he laughed and said, "Writing bathroom passes. Actually I will really miss working with dedicated colleagues throughout the school, especially in the math department. I will miss the opportunities to write recommendations so my students further their education."

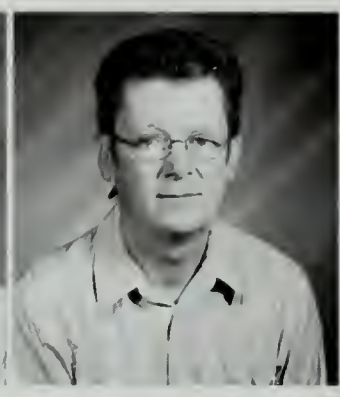
Mr. Karhu says that the motto of his college was *Education for Service*. "I think that I have served the students of Quincy well for thirty-three years. At the high school, I taught fourteen different courses, introducing computer literacy, computer algebra and graphing calculator courses when these were needed." After retiring, Mr. Karhu plans to continue his hobbies of reading, playing golf and woodworking. "My wife and I will travel when we can. I may work part-time, using my math background, or I may find something new to try." Mr. Karhu's words of wisdom to the senior class: "Never give up. Times can and will get tough occasionally. Trust in yourself, your family, and your friends. Seek help when you need it. Do not be too proud to ask for and accept it. Learn all you can about as much as you can. Education does not end after high school or college. Be a life-long learner."



D. Jones
English

E. Kabakoff
Foreign Languages

P. Karhu
Mathematics



R. Kenneally
Music

A. Kennedy
Business

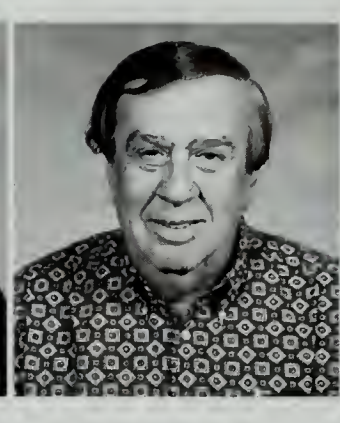
T. Knievel
Social Studies

L. Kusy
Special Needs

S. Lally
English as a Second Language

C. Lane
Science

C. Law
Guidance

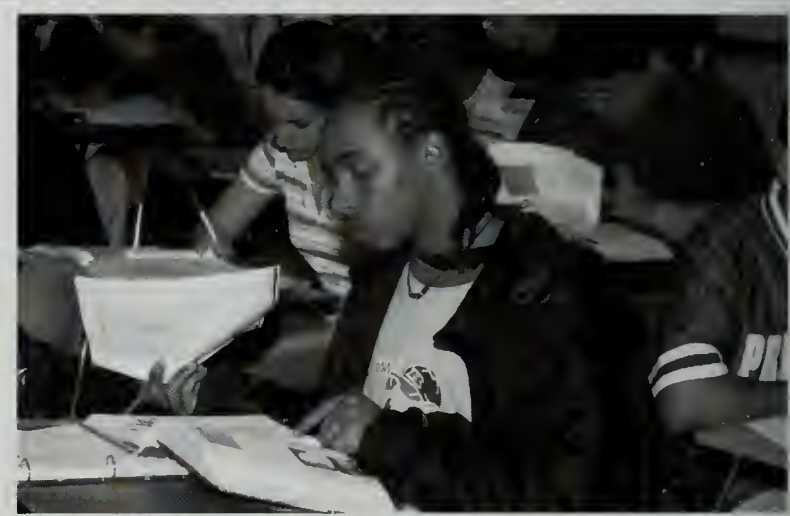


E. Lewando
Plumbing

K. Lo
Cafeteria

Golden Oldies: *Mrs. Lane*

Ms. Lane began teaching at Quincy High School in 1967. "My most memorable event was when my students surprised me with a huge birthday cake while we were on a field trip to the Museum of Science!" She will miss the daily interactions with her students as well as their e-mails. "The most rewarding experience as a teacher was watching my second year Chemistry students performing Chemo Demos for elementary students." Soon after retiring, Ms. Lane and her husband plan to visit Italy. "I hope to spend more time reading and enjoying my family." To the senior class, Ms Lane advises, "Work hard! Hard work pays off!" But as her final word, she says, "Thanks for the memories. I've loved it here!"



D. Long
Science

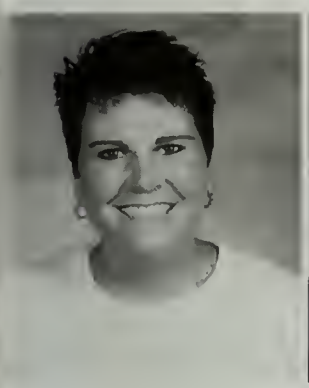
M. Looney
Graphic Arts

F. Lugo
Foreign Languages

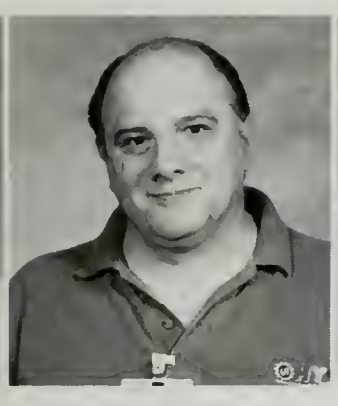
J. Lundquist
Social Studies

M. Lyons
Aide

J. Maier
Bethany

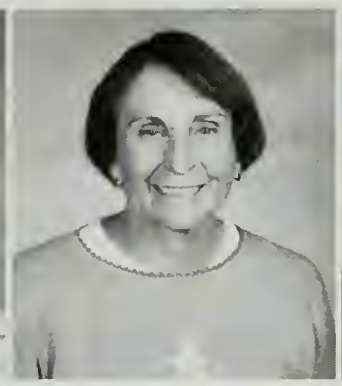


C. Martin
Business



P. Mauriello
Aide

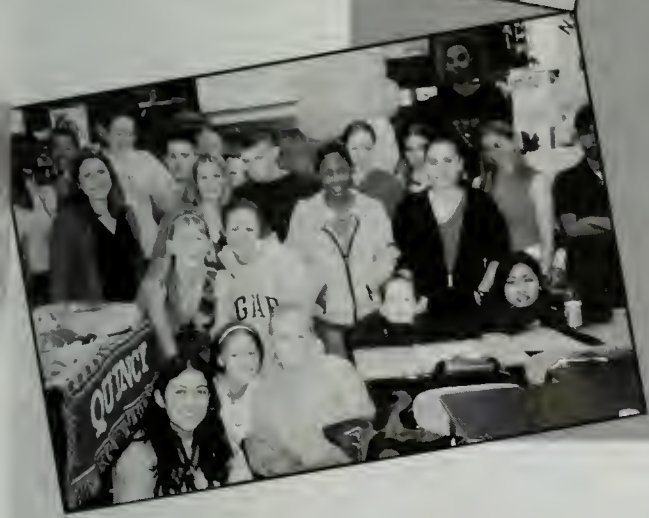
N. Mazzini
Secretary



J. McDavitt
Home Economics

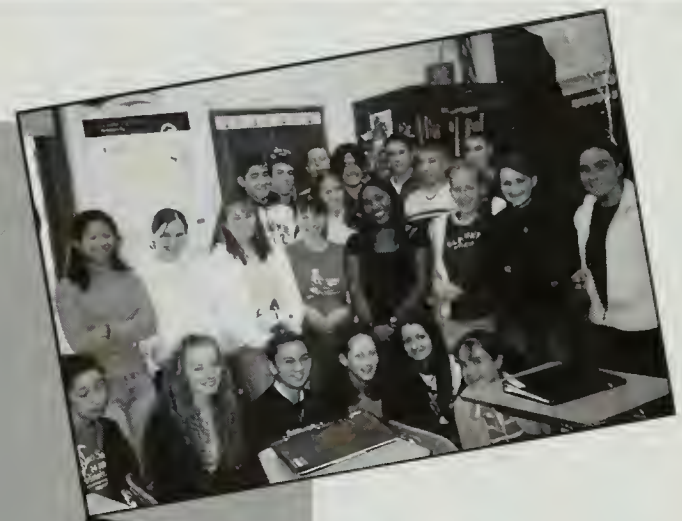
C. McDonough
Substitute

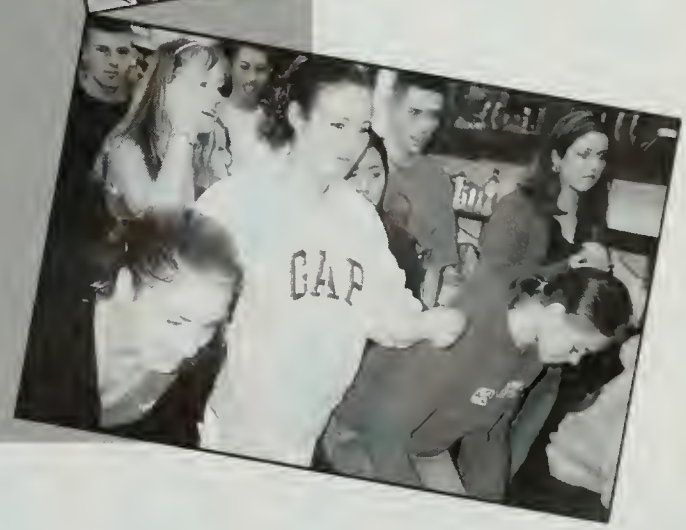
P. McGeady
Guidance



Mole Day

Mole Day is celebrated on October 23rd in the chemistry rooms. Games are played and prizes such as free homework coupons are given out. Games include seeing whose team can get one mole of water into a beaker at the opposite end of the room the fastest using a tiny spoon. Food is brought in and classes sing Mole Day songs. A classic Mole Day song is "Riding the Molercoaster". Mole Day is a day of fun for everyone involved and is something to look forward to.





P. McGibbon
Electronics

D. McNally
Substitute

S. McNeice
English

K. Medeiros
Physical Education

C. Mendez
Cafeteria

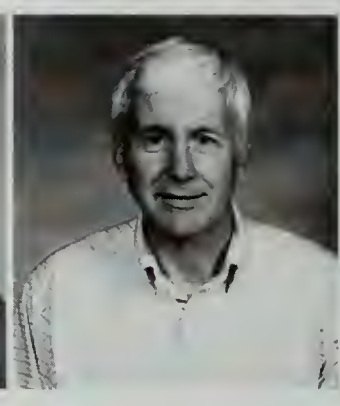
M. Menz
Cafeteria

D. Merrill
Guidance

K. Monahan
Business

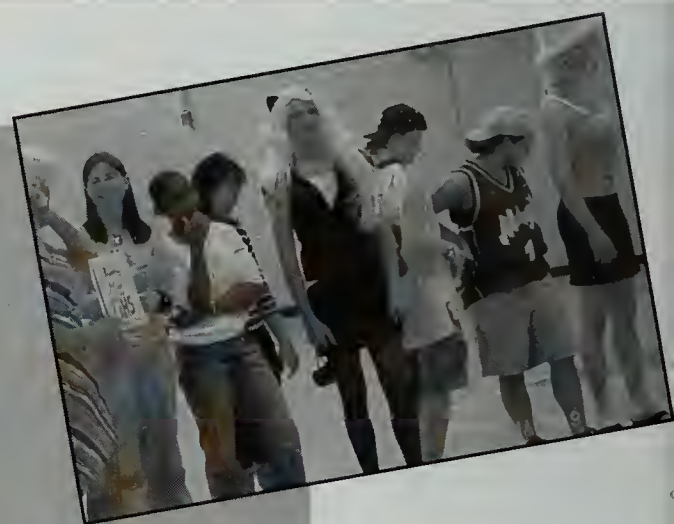
C. Morano
Cafeteria

A. Mullen



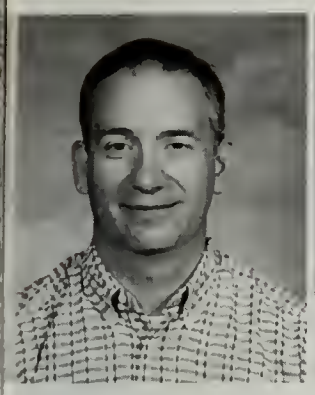
S. Mulready
Head, English

M. Mulvey
Science

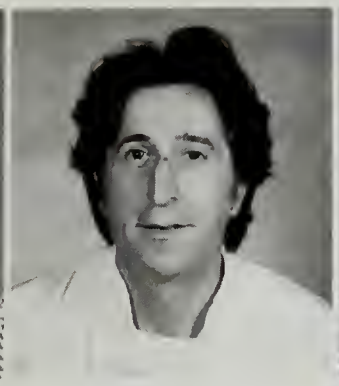


Mock Olympics

After the emotionally demanding assignments involving the Holocaust, Mrs. O'Brien lightens up English 11 with Greek Mythology. This study concludes with the much anticipated Mock Olympics. The Olympics wraps up a year-long competition among Mrs. O'Brien's three Honors classes. It features annual activities based on Greek myths such as the Ambrosia Eating Contest, Herculean Baseball, Amazonian Tug-of-War and the most popular Mighty Aphrodite Competition.



R. Noble
Social Studies



P. Noe
Culinary Arts

G. Nogueira
Special Needs

N. Nosek
English

M. Nutley
Aide

M. O'Brien
English

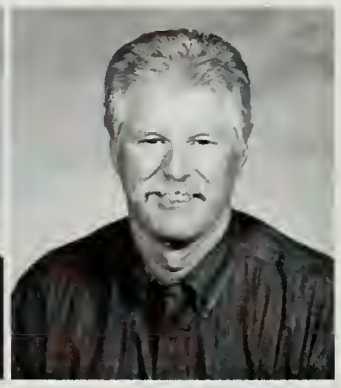
M. O'Brien
Foreign Languages

M. O'Connell
Art

L. Oliverio
Substitute

G. O'Rourke
Secretary

W. Pactovis
Mathematics

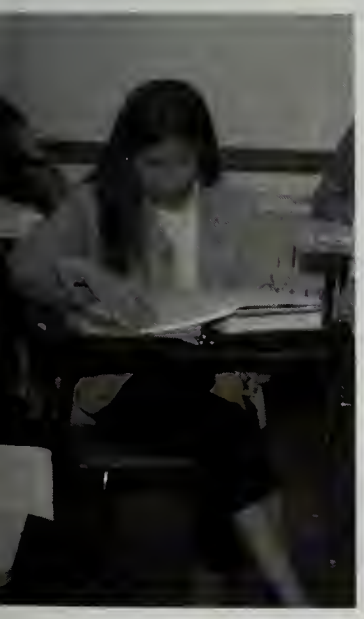


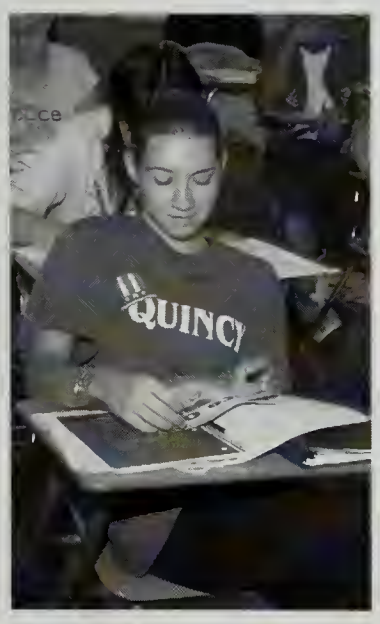
R. Parkhurst
Head, Automotive

Golden Oldies: *Mrs. McDavitt*

Mrs. McDavitt started teaching at Quincy High School in 1981. She has enjoyed many great years here, she says. "One year I had three students who decided to make their own prom gowns. Not only did they finish this difficult indertaking, they were able to wear them to the prom!"

There are many things Mrs. McDavitt will miss about QHS, particularly the interaction with her colleagues. She feels her most important contribution was that she was able to instill in many students a love of sewing. "A student's sense of accomplishment over a finished garment was always a great source of satisfaction to me," she says. Mrs. McDavitt's plans upon retiring include travel and golf. "My son plays hockey in college. I'm looking forward to having the opportunity to watch him play." Mrs. McDavitt's words of wisdom for us: "Follow your dreams and make sure you realize no goal is unattainable."



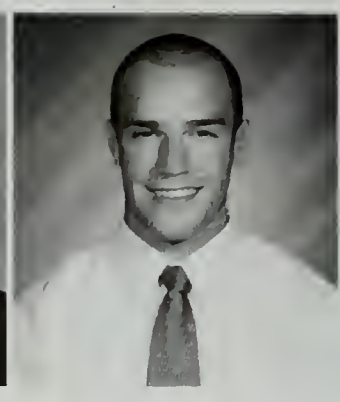


G. Patten
Aide

L. Paul
Aide

M. Phillips
Aide

K. Pierce
Mathematics



S. Pifer
Mathematics

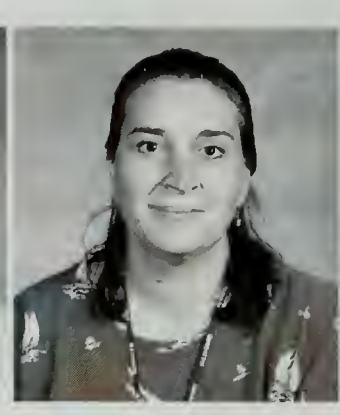
T. Priscella
Cafeteria

D. Purdy
Aide

A. Quinlan
Substitute

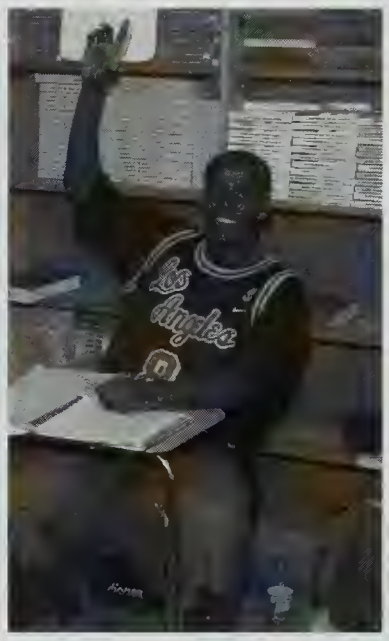
K. Quinn
Mathematics

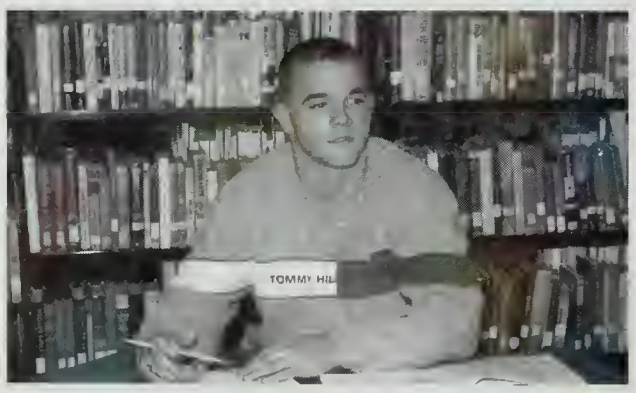
P. Quintiliani
Mathematics

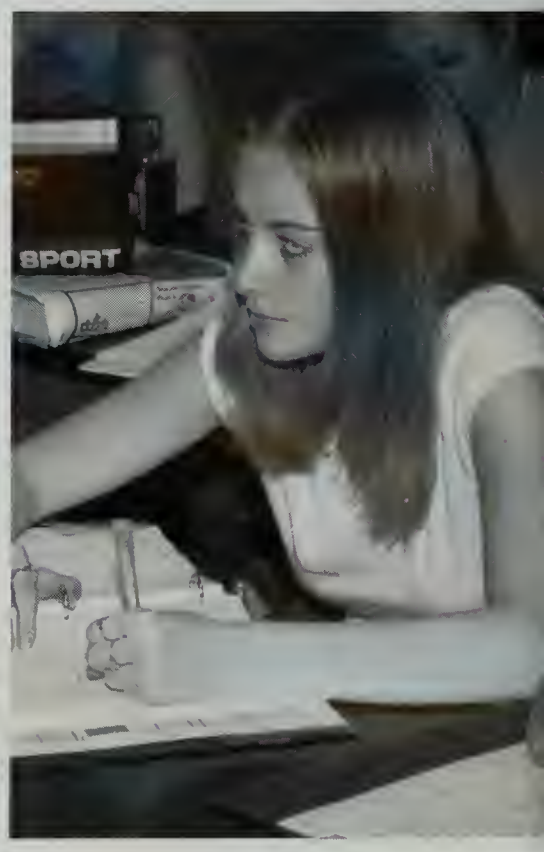


B. Ranstrom
Secretary

J. Raymer
Dean







M. Ready
Secretary

W. Reardon
Guidance

S. Rizzo
Special Needs

A. Roberts
English

D. Roche
Health Occupations

R. Romig
Cafeteria

C. Ronchinsky
Mathematics

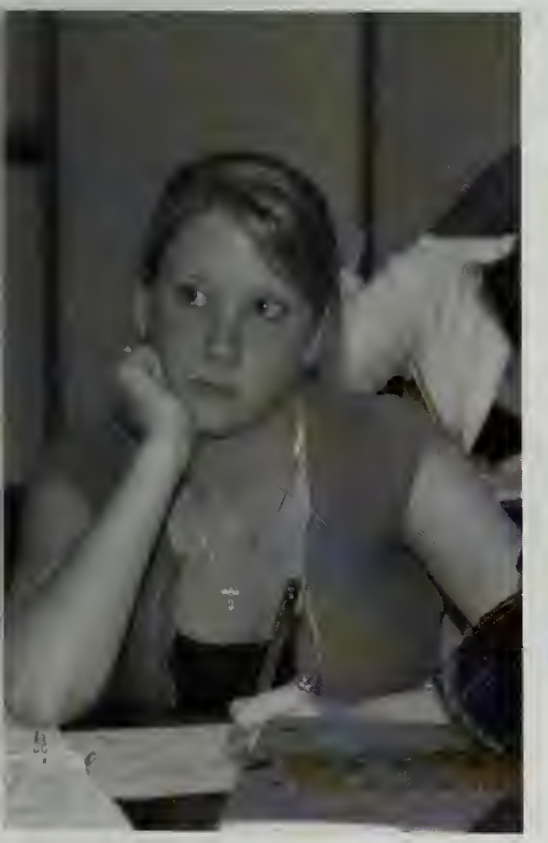
C. Ryan
Mathematics

E. Ryan
Head, Mathematics

G. Scanlan
Head, Business

J. Scanlan
Head, Heritage

S. Scanlan
Music



R. Scanlon
English

M.J. Scola
Substitute

J. Selvidge
English as a Second Language

M. Sheahan
Substitute

C. Smith
Head, Science

E. Smith
Science

V. Snell
Mathematics

L. Spellman
Business

D. Sullivan
Security

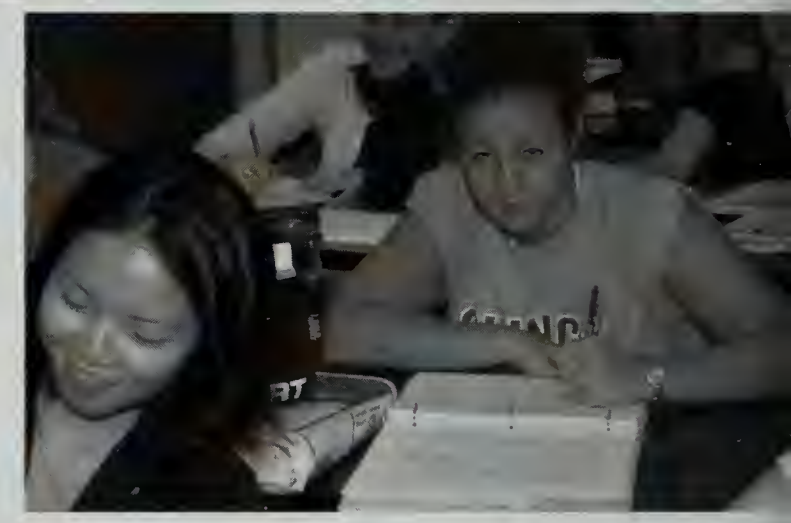
E. Sullivan
Dean

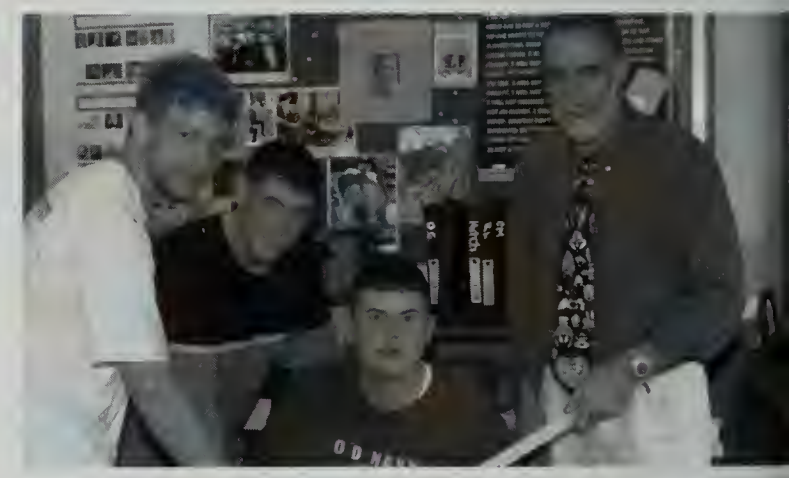
J. Sullivan
Science

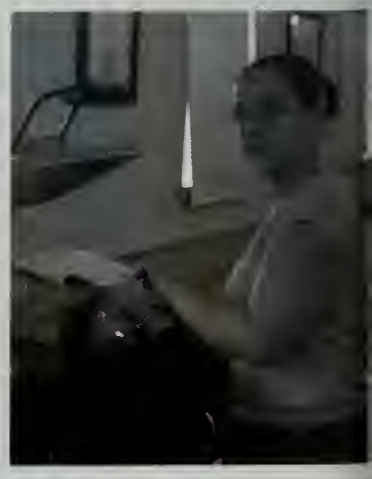
J. Sullivan
Bethany

Golden Oldies: *Mr. Smith*

Mr. Smith started his career at Quincy High School as a student teacher in the spring of 1969. "Every year I had top students who will always be remembered. The best part is meeting them later, on the street in Quincy, or even at the super market! I will miss the sound of laugter when, though rarely, I actually said something funny in class." His greatest achievement, he says, was the Economics Advanced Placement Exam. Mr. Smith always had a number of successful candidates at QHS and that was the greatest thrill. After Quincy High, Mr. Smith says he's pondering a new career, "something in business, possibly part time." His words of wisdom to the senior class are as follows: "Never be reluctant to come back for visits, sit in your old classrooms, even in the same seat, and continue to visit no matter how many years go by... that's what I intend to do!"

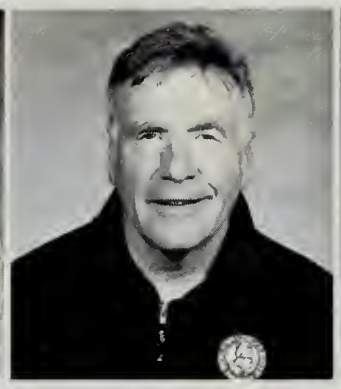






M. Sullivan
Secretary

P. Swanson
Science

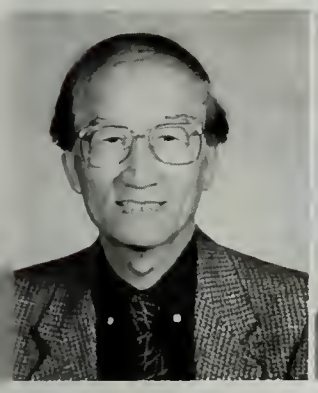


R. Sylvia
Physical Education

E. Tatro
English

D. Thibault
Electromechanical

B. Thomas
Aide



D. To
English as a Second Language

L. Tran
Attendace

J. Tribulauskas
Head, Foreign Languages

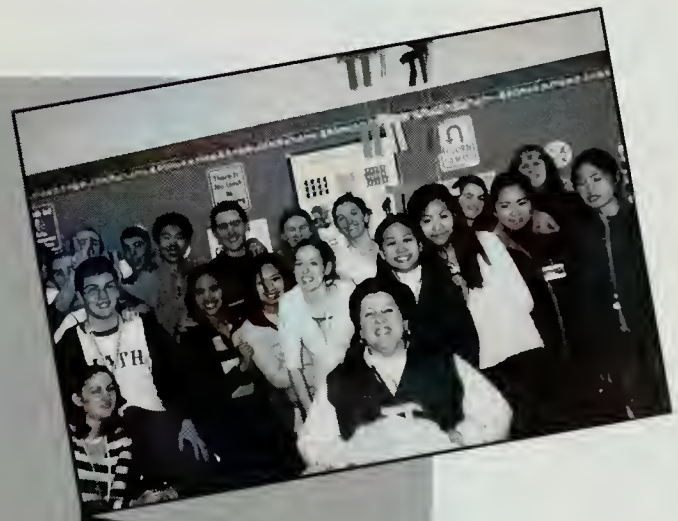
P. Tully
CAD Technology

E. Twomey
Social Studies

R. Uhlar
Mathematics

Pi Day

March 14th is a day of celebration in the math department, because it's Pi Day! Pi Day is a day for celebrating the number pi, which when rounded is 3.14. On March 14, 2003 Mrs. Snell's Pre-calculus students ate "pi" shaped food and played Pi Day games. The games included a contest where students try to memorize as many digits of pi as possible. The winners were Samantha Amodeo who remembered 110 digits and Scott Flaherty who remembered 108! Another game involved groups of students in naming the most songs involving circles, hoops, or rings etc. Samantha Amodeo got into the Pi Day spirit and wrote a poem about pi, while other students made a video about this famous number.



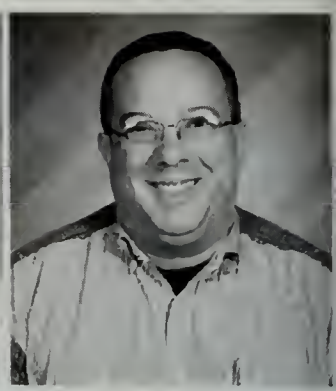
J. Walsh
Bethany, Head

B. Welch
Security

J. Whitehouse
Security

Jack Wier
Aide

L. Wilson
Guidance



J. Wolf
Foreign Languages

R. Young
Senior Custodian

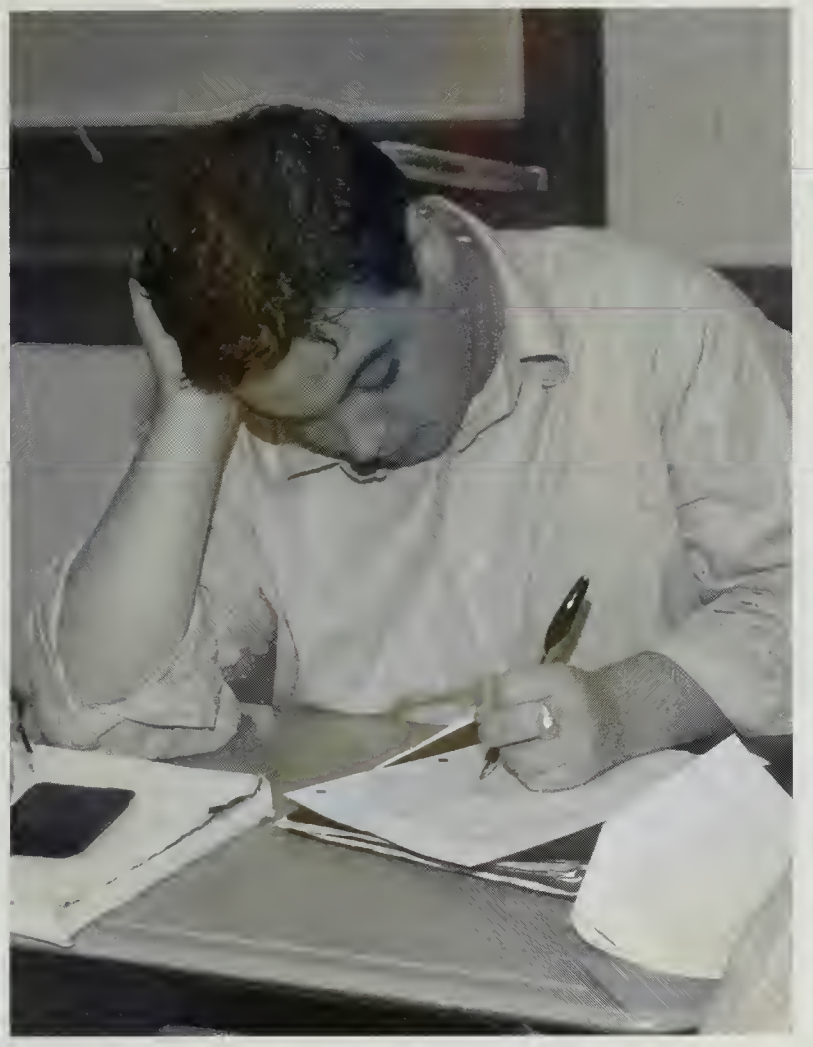
W. Zinnel
AFJROTC

Golden Oldies: *Mr. Sullivan*

Mr. Jack Sullivan graduated from Quincy High School in 1962 and returned to begin teaching here in 1982. His most memorable event was taking eighty-five students by train to the Museum of Science in Boston! He will miss the enthusiastic students who are constantly thirsting for more physics knowledge. These students have made his career worthwhile.

His greratest accomplishment has been developing more hands-on activities for his physics and principles of technology classes. Through these he adopted the constructivist approach to science education, moving from being "the sage on the stage" to becoming "the guide on the side."

After leaving Quincy High School, Mr. Sullivan intends to move on to the next level. His words of wisdom for the senior class: "Follow the three R's. Have respect for yourself, respect for others and take responsibility for all your actions."



Students

Golden years

Season follows season as we spiral through the high school years. From glorious summer days of sunbathing, we reluctantly drag ourselves away each September, to start school again. On the first day it takes forever to get just the right look. Within weeks we're rushing out the door hardly glancing in the mirror, because the academic year's rhythm has gotten into us. We go to class. We do homework. We get together with friends and share an afternoon or an evening of laughs. We long for the vacation get-aways, then they go by too fast. Suddenly we're seniors, with our time together drawing to a close.

We're Golden

FRESHMAN YEAR

Walking up the large, granite steps towards the front doors of QHS, we were filled with nerves and excitement as freshmen. It was hard to believe that we were entering high school. We were going from seniors (eighth grade) in middle school to freshmen in high school. We made new friends and eventually learned our way around the school. Our Freshmen Orientation helped us to feel at home at QHS. The Homecoming Dance was a lot of fun, and getting to experience all of the technical classes was interesting. The Student Council held the SEMASC Spring Convention, and everyone involved wore yellow and black Charlie Brown shirts to show their pride for the spring musical You're A Good Man, Charlie Brown.

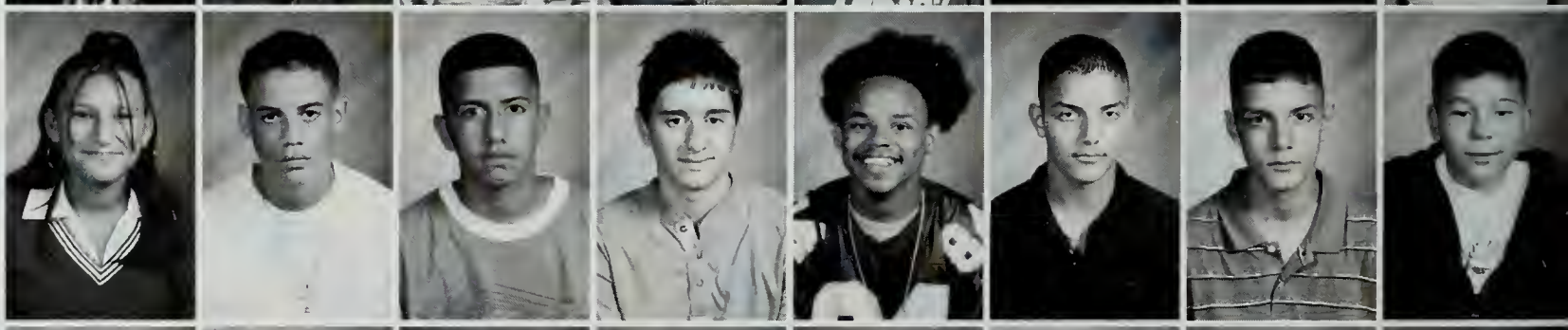
Breda's passing away was a difficult time for us. She was a well-loved friend and will be always. The kindness that had made her remarkable helped us to remain strong through this difficult time.

The Thanksgiving Rally and Pride Week were thrilling and fun to be a part of. Mr. Swanson's iguana made science class enjoyable. Although sometimes, as Mr. Swanson said, we would surely have "Big Problems."

Our dazzling Spring Concert was awesome with songs, such as *All That Jazz*. Before we knew it, we had finished our first year of high school as the first freshmen class of the new millennium! We were ready to continue to reach for our "Maximum Potential!"

Ted Agolli
Edwin Aguirre
James Aikens
Sylvia Alamba
John Alexander
Wegdan Alhilali
Khaled Al-Khatib
Stephanie Almario

Kristine Almonacid
Carlmichel Alvarado
Jaime Amaro
Pluton Angjeli
Wilson Araujo
Camilo Arredondo
Daniel Arredondo
Juan Arredondo



Patrick Austin
Jeffrey Bailey
Veronica Balaquer
Patrick Banks
Kristen Barnett
Christopher Barry
Rosetta Berardi
Elizabeth Bergstrom

Joseph Berlo
Travis Bernal
Myrtho Bernard
Robyn Bernstein
Joshua Berry
Ilknur Beyaztas
Jordan Blair
David Boback

Grades o' gold: Edwin Aguirre, Ilknur Beyaztas, Emilia Burgos, Trista Chan, Hong Li Chen, Suqun Chen, Kathleen Chung,

Christina Bock
Jennifer Bock
Danielle Bollin
Scott Boudreault
Stephanie Boyd
Matthew Boyle
John Brennan IV
Anthony Brown
Joseph Brown
Meaghan Brown
Robert Bryson
Sherry Burns
Lynnsay Cadet
Roberto Cadet
Devin Cahill
Jacquelyn Callahan

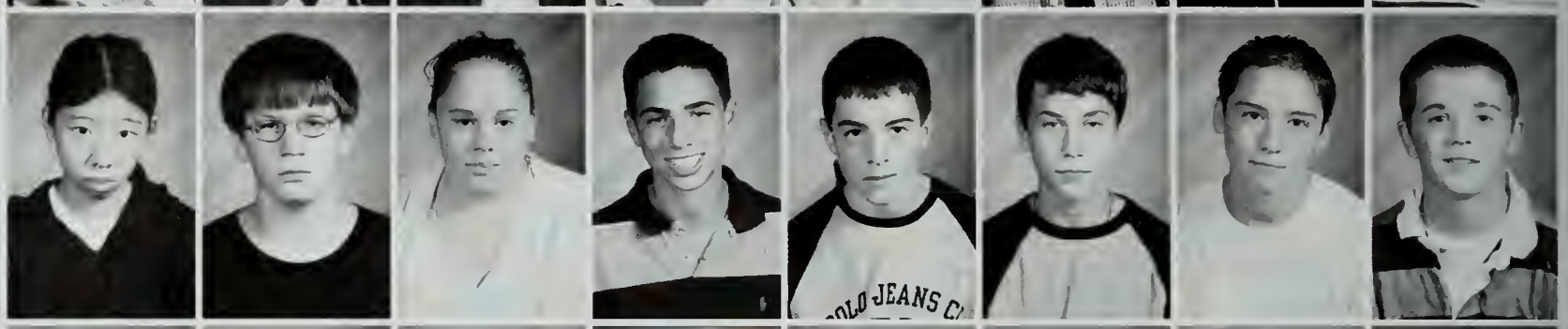
John Cameron
Christina Camillo
Rafael Caraciolo
Joseph Carita
Grace Casey
Ashley Cavallo
David Cavanagh
Nicole Cavanaugh

Joseph Ceurvels
Alex Chan
Kevin Chan
Nga Sing Trista Chan
Axel Chapin
Matthew Chapman
Joshua Chason
Guan Dong James Chen

Andrew Creedon, Jing Jing Huang, Vivian Huang, Tiffany Huang, Nathaniel Johnson, Ralfi Kondili, Thoung La, Xue Yi Li, Zhuo Mei Li, Zhong Lin, Lu Simin

Hong Li Chen
Jiawei Chen
Jing Liang Chen
Ping Hong Chen
Suqun Chen
Zhu Neng Chen
Ford Cherto
James Christie

Kathleen Chung
Matthew Conine
Meghan Connolly
Stephen Connolly
Jonathan Conso
Brandon Cook
Michael Coronella
Wendell Cosgrove



Robert Craig
Patrick Crane
Thomas Crane
Isaiah Crayton
Ashley Creech
Andrew Creedon
Joseph Crimmins
John Crowley

Kristen Cummings
Emma Curley
June Dandhanin
Cody Daniels
Kristen Daniels
Victoria Dankese
Joshua Darocha
Eric Davis

Krysta Davis
Nicole Davis
Patrick Day
Laurie Demers
Christine Distasi
Robert Dixey
Laura Doherty
Kayla Dolan

Druzeia Dolco
Alex Domingo
Joseph Donovan
Kayla Donovan
Patricia Downey
Jennifer Duggan
Anthony Duke
Anthony Dunner

Amanda Durant
Debra Egan
Nada Eid
Marissa Elliott
Ryan Erhardt
David Espino
Michelle Fabrizio
Katherine Failla

Grades o' gold: Christina Manipon, Shane McNally, Matthew Nau, Paige Neumann, Christina Nilovic, Francis O'Handley, Stephen

James Fay
Jing Feng
Anthony Fernandes
Kevin Ferrara
Charles Fiandaca
Kelsey Flanagan
Jeffrey Florentine
Ashley Fooks

Randy French
James Fulti
Lawrence Furbish
Emily Gaeta
Samuel Galarza
Michael Galvez
Ai Zhen Gao
Anthony Gilbody

Amy Glynn
Nackia Golden
Larissa Gomes
Jason Grafton
Michael Grimmett
Sean Guinto
Ashley Gustin
Meghan Hall

Amanda Hamaty
Shawn Hamel
Samantha Harding
Stephen Harding
Randy Harrison
Brandon Hathaway
Christopher Hathaway
Bridget Hawko

Thomas Hazelhurst
Matthew Healy
Kirsty Henderson
Christopher Hicks
Tina Hicks
Robert Hillard
Khin Htun
Jing Jing Huang

Shi Yong Huang
Wan Ting Vivian Huang
Ying Tiffany Huang
Thomas Hurney
Wed Hussein
Samira Hyacinthe
Chun Se Jiang
Qiu Se Jiang

Nathaniel Johnson
Terrell Johnson
Thomas Johnson
Deborah Jolicoeur
Ledia Kadiu
Justin Kane
Brigette Karger
Sean Kearney

Palmatier, Joseph Pantano, Kimberly Pham, Stephen Reed, Brandon Rodriguez, Loren Spahiu, Gregorio Stasenko, Lilian Sticco, Robert Sullivan, Thang Thach,

Katelyn Keeley
Jeremy Keller
Krystine Kelley
Kathleen Kelly
Joseph King
Sean King
Kayla Kirschner
Jonathan Klimas

Keith Knoblich
Ralfi Kondili
Amanda Kostka
Jonathan Krabisch
Kwame Kusi
Steven Kussman
Brian Labrador
Taylor Lacorte

Raymond Lam
Christel Lantin
Lauren Lapenna
Richard Le
Michael Leone
Zhuo Mei Li
Nadia Limb
Zhong Lin

Korey Little
Michael Little
Bradley Loau
James Locke
Sean Lombard
William Looby
Jose Lopez
Simin Lu

Amanda Lumadue
Hien Luong
Matthew Lynch
Olivia Lynn
Joseph Mac Donald
Stephen Mac Donald
Zachary MacIsaac
Ashley Mac Kenzie

Theresa Maconochie
Taysir Mahmoud
Michael Mahoney
Han Qiang Mai
Zhi Qiang Mai
Shannon Malger
Christina Manipon
Jasmine Marshall

Robert Martin
Tatiana Martinez
Aline Martins
Daniel Masalin
Bryan Maskell
Maroun Matta
Deirdre McCombs
Allison McDonough

Grades o' gold: Phoung Vo, Thuy Vouing, Chenchun Xue, Liu Yang, Guangwei Zhang, Xiuli Zhen, Xiang Li Zhou, Xuemu Zou.

Charles McGee
Arielle McKenna
Shane McNally
Maria McNulty
Shu Bing Amanda Mei
Kara Melanson
Efraim Melendez
Jaquicele Melo

Jaymes Melzard
Thomas Meng Lim
Matthew Merlino
Michael Miller
Thomas Miller
Kelly Mills
Ryan Mirabito
Glenya Miranda

Shaina Moccio
Kyshanna Moore
Michael Moran
Alison Moriarty-Carlson
Zachary Morrissey
Jeffrey Mui
Anthony Muise
Brendan Mulrooney

Margaret Mulrooney
Robert Murphy
Victoria Murphy
Daniel Myers
Deziree Nascimento
Matthew Nau
Paige Neumann
Janet Ng

Kit Ying Joyce Ng
Judy Ngai
Duc Nguyen
Nguyen Jenna Nguyen
Tien Nguyen
Carla Nickerson
Christina Nilovic
Michael Nuzzo

Daniel O'Connell
Sean O'Connor
Francis O'Handley
Jeffrey Ohlson
Nannette Oleson
Icaro Oliveira
Katie O'Neil
Robert Page III

Christopher Paige
Stephen Palmatier
Courtney Palmer
Joseph Pantano
Kylee Patterson
Matthew Paul
Richard Penzo
Ilene Perez

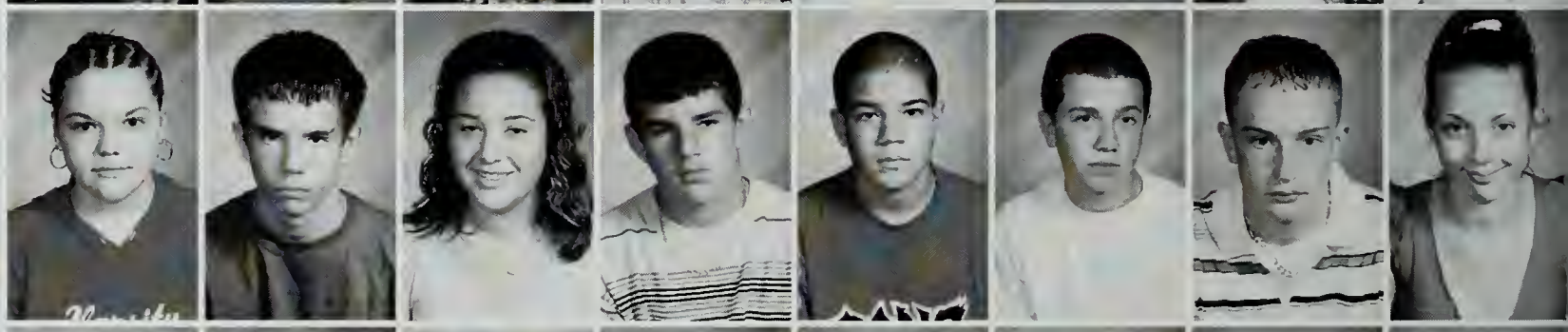
Marta Perez
Dung My Pham
Kimberly Pham
Joseph Picone
Keenan Pinckney
Brandon Popielnicki
Raymond Pratt
Anthony Priscella

Lauren Psaros
Patrick Pyer
Felipe Quinones
Deanne Ramos
Colleen Reardon
Kristyn Reed
Stephen Reed
Craig Reynolds

Michael Reynoso
Meghan Rice
Mitchell Richardson
Rachel Roberts
Brandon Rodriguez
Jessica Roosa
Giovanni Rosario
Colleen Roth

Ashlee Ryan
Anthony Salvatore
Beatriz Santiago
Gary Saunders
Tara Sayers
Kristen Schnuelle
Tia Selby
Eric Serabian

Ashley Shannon
Erik Shannon
Katherine Shea
Ryan Shea
Jonathan Sheedy
Nicholas Silva
Brian Smith
Jessica Smith



Ka Wai So
Loren Spahiu
Timmy Spencer
Michelle Steele
Stephanie Stephenson
April Stewart
Sarah Stewart
Lilian Sticco

Nathanial Stuart
Heather Sullivan
Michael Sullivan
Robert Sullivan
Alicia Sweeney
Terry Szeto
Jonathan Tan
Mei Zhen Tan

Chun Yeung Tang
Trung Tang
David Tapper
Saad Tauhid
Wilkinson Theodoris
Brian Thomas
Vincent Thompson
Shannon Thorley

Patrick Timmons
Huy To
Erin Trainor
Sarah Troy
Jared Tucker
Nadine Tyler
Christian Vaillancourt
Adam Valentino

Ronald Vecchione
Brandon Vega
Michael Veloza
Phuong Vo
Kathleen Volta
Keith Vraibel
Thuy Vuong
Shanica Wade

Joshua Wallace
Christine Walsh
Weiyao Wang
Anthony Webber
Samantha Weiner
Taila-Jade Whitford
Jessica Widdicombe
Anthony Williams

Michelle Williams
Cameron Wolf
Dennison Wright
Dong Ling Wu
Jessica Wu
William Xenakis
Chenchun Xue
Liu Yang

Yong Yang
Brenton Yee
Besmir Ymeri
Wenchao Zhao
Dhimitraq Zheku
Xiu Li Zhen
Lin Zheng
Yu Zheng

Yufeng Zheng
Xiang Li Zhuo
Xuemu Zou

SOPHOMORE YEAR

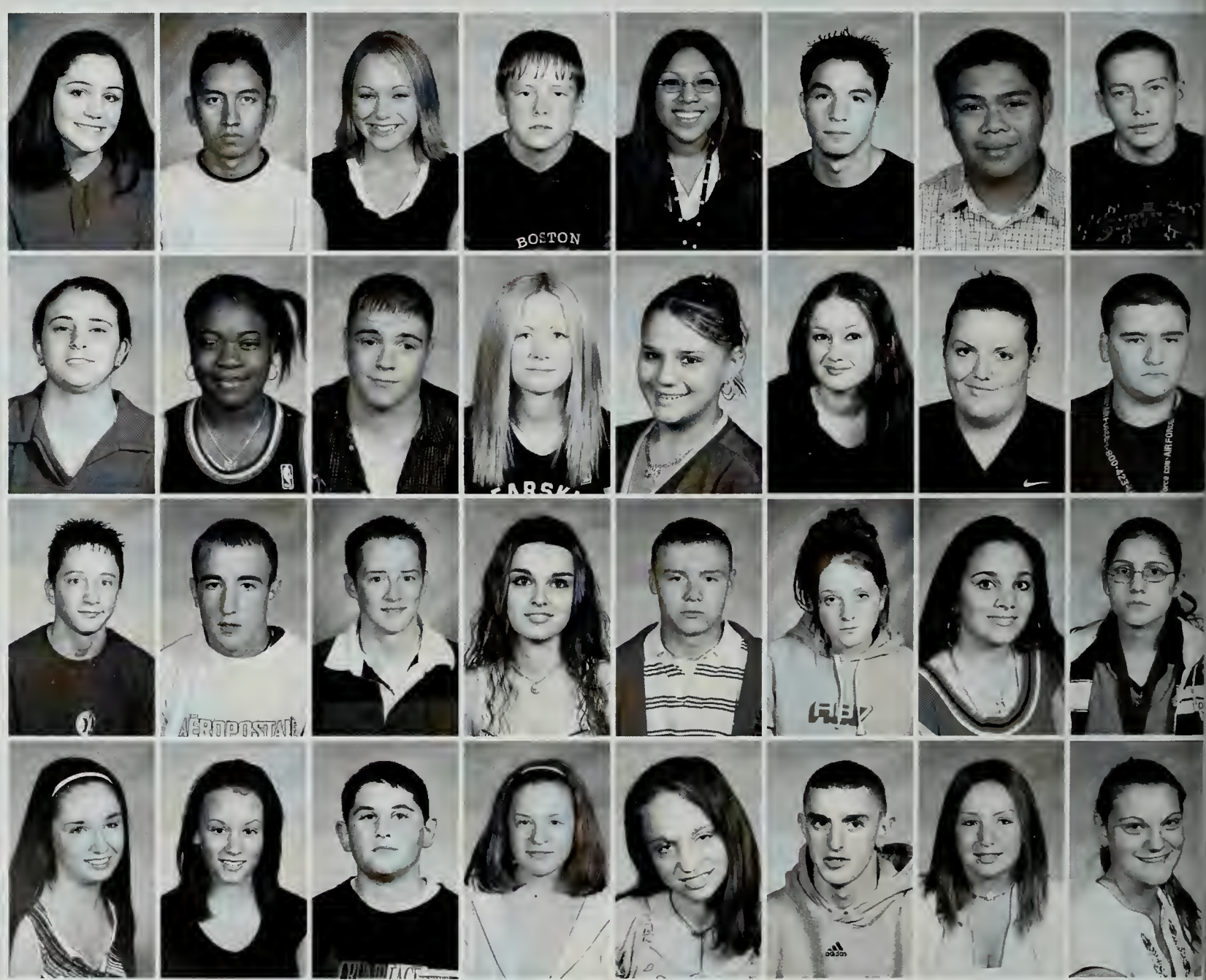
Soon after entering sophomore year ,we found ourselves a part of a national tragedy. We were only about a week into our new school year when the unforgettable occurrence on September 11th happened. We were shocked and scared, but our companionship deepened and helped us make it through with hope and undying dreams of peace for the future. We helped each other prepare for the MCAS and defeated that test with flying colors! Organizing the semiformal dance was a lot of fun, and the plays, *You Can't Take It With You* and *Anything Goes* were phenomenal. Heritage was a lot of fun, and who could forget Mr. Bretsch's saying of "nasty" when a person solved a difficult (nasty) math problem. Ms. Creedon's kissing of the fish was unforgettable. The Spring Concert was a blast with songs from the film *Newsies*, such as "Carrying the Banner" and "Seize the Day." Mr. Keuther might have spelled Quincy incorrectly at one point during a rally, but he made us remember the correct spelling for our home of the Presidents.

Nadja Adilovic
Wilson Aguirre
Desire Alexander
Tyler Alexander
Katherine Almonacid
William Alvarez
Greg Amarra
Timur Amirkhanov

Evelyn Andrade
Tracey Andre
Darryl Andrews
Kristina Anzalone
Nicole Ash
Amanda Astrofsky
Felicia Avitabile
Brian Bable

Jeffrey Bailey
Robert Baker
Brian Baldwin
Muge Balkanli
Keith Banko
Stephanie Barry
Amanda Bartlett
Jessica Barzola

Jennifer Berfield
Brooke Bergstrom
Joseph Berlo
Julie Bernstein
Meghan Beswick
James Bleiler
Crystal Boire
Emily Bowes



Grades o' gold: Nadja Adilovic, Greg Amarra, Emily Bowes, Robert

Amanda Boyd
Matthew Boyle
Ronald Bradley
Megan Brennan
Jonathan Brooks
Nicole Brosnan
Kelly Buczkowski
Joenell Burgos

Jennifer Burns
Steven Bythrow
Josue Caballero
Thomas Cabral
Joseph Cafano
Megan Callaghan
Hao Wei Cao
Robert Cappellano

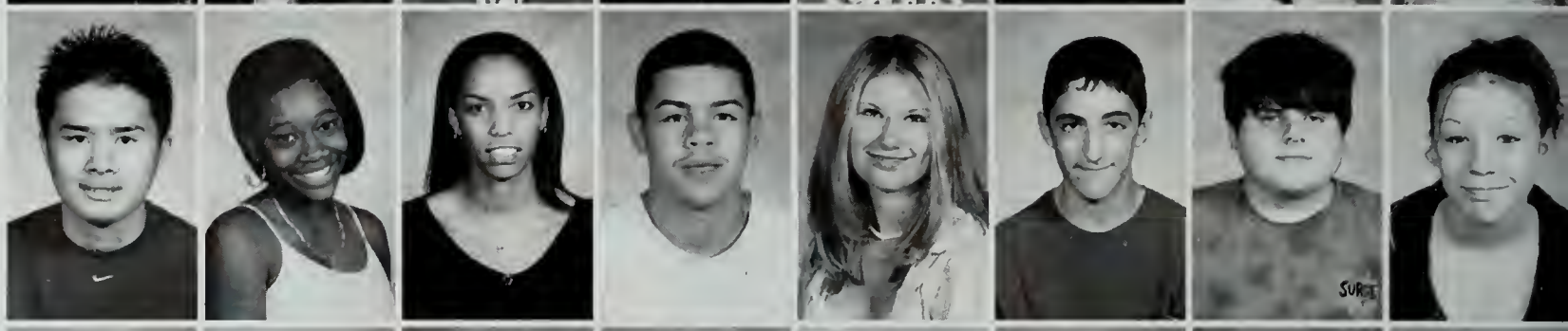
Michael Carbonneau
Liam Carey
James Carita
Natasha Carter
Chelsea Cedrone
Melissa Chamness
Ian Champion
Jing Liang Chen

Juan Chen
Qing Chen
Shan Chen
Weibin Brian Chen
Zong Fu Chen
Thomas Chenette
Victoria Ciafardoni
Jolene Coletta

Cappellano, Qing Chen, Man Nhi Dao, Loren Difederico, Donald

Colleen Corbett
Alice Correia
Isaiah Crayton
Laina Crispo
Rony Cruz
Sandra Cunningham
Tien Dinh Dang
Man Nhi Dao

Lester Keith David
Shanaye Daway
Aline Debrito
Everton Decastro
Clarese Deibel
Mark Demelin
Sean Dennehey
Loren Difederico



Erick Donoghue
Larissa Gabriela Dos Santos
Nicole Doucette
Kerrie Doyle
Faa'lzah Drewry
Seanna Dunlea
Christopher Dunn
James Dunn

Sammuel Duong
Katelyn Dwyer
Jennifer Easter
Kara Farnsworth
Brian Feeney
Jack Fenelus
Rachel Fishman
Patrick Flashner

Ryan Folan
Courtney Forti
Steven Fortune
Shannon Gaddis
Danny Gallagher
Jianxin Gao
Isabelle Gavino
Donald Gaxho

Deanna Geddes
Jennifer Geraghty
Glenn Gibbons
Michael Gibbons
William Gilcoine
Andrew Gillen
Bryan Gilligan
Matthew Giordani

Sarah Giudici
Jeffrey Gracia
Victor Grennell
Joseph Griffin
Victoria Griffin
Kelly Grimes
Anna Guarnotta
Jing Gui

Grades o' gold: Gaxho, Jennifer Geraghty, Jeffrey Gracia, Donika

Allyson Phung Ha
Donika Hajrizaj
Courteney Hall
Karen Hampe
Karl Hampe
Amanda Harten
Stephanie Harvey
Glen Havey

William Hier
Liem Ho
Zichao Huang
Ashlee Hussey
Mai Huynh
Sean Hynes
Scott Jackson
Daniel Jacques

Muhanad Jawad
Fa Ren Jiang
Kerece Johnson
Lovell Johnson
Michael Johnson
Suelen Regina Jovanholi
Huang Junxiang
Brandon Kane

Nicole Kasanoff
Christopher Kaulbfliesch
Gilbert Kayanja
Andrew Keating
John Keefe
Catherine Keith
Christina Kelley
Francesca Kidd

Daniella Kineavy
Kayla Kirschner
Gregory Kodgis
Jonathan Korman
Mai Lai
Timothy Lally
Leanna Lam
Nguyet Lam

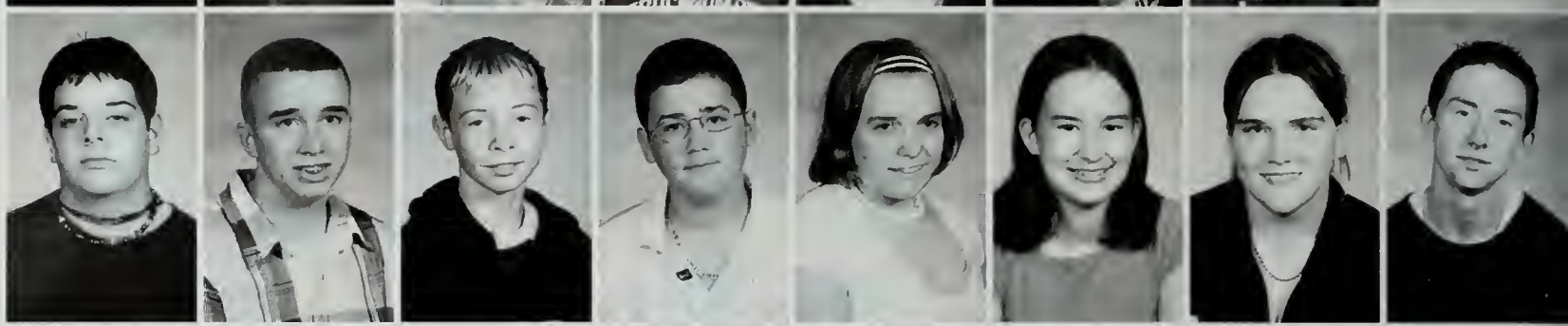
Duong Le
Hoang-Huy Le
Kimberly Lebel
Endri Lesha
Kimberly Lesslie
Carolyn Lewis
Lingyu Li
Man Chi Li

Johana Liang
Yan Hua Liang
James Lieu
Jinyou Lin
Ruipeng Lin
Chong Liu
Henry Dat-Sing Liu
Jinhai Liu

Hajrizaj, Scott Jackson, Kimberly Lebel, Candice Macleod, Sara Marhamo,

Carol Lo
Christina Loi
Marie Long
Erica Loud
Stephanie Loughnane
Corey Lumaghini
Peter Ly
Raymond Ma

Benjamin Mac Donald
Kevin Mackenzie
Ronald Mackenzie
John Mackie
Candice Mac Leod
Courtney Mac Neill
Theresa Mac Onochie
Michael Mac Pherson



Kristin Maher
Caidi Mai
Han Qiang Mai
Joshua Majorowski
Tsz Mei Mak
Erin Malger
Michael Mannetta
Sara Marhamo

Sarah Marshall
Ryan Martinez
Clariana Martins
Robert Maskell
Vanessa Mathieson
Diamona Matta
Michael McCall
Paul McGouldrick

Kevin McHugo
Heather McKenzie
Lisa McKeon
Michael McKeon
Kelly McNally
Korrie-Anne McRae
Dinghong Mei
Hao Zhi Mei

Yan Ting Mei
Lisa Meloski
Jaymes Melzard
Alexander L. Mendez
Alexander N. Mendez
Toni Mercer
Matthew Merlino
Jesse Miles

Thomas Miller
Marissa Monaco
Eduardo Montagna
Felicia Moody
Craig Moore
Matthew Mora
Carl Morris
Eric Morris

Grades o' gold: Ryan Martinez, Hao Zhi Mei, John Orlando, Sylvia

Sean Mullen
Chaz Mungalsingh
Daniel Murphy
Teresa Murphy
Michael Murray
John Nardone
Vivian Nassali
Daniel Neenan

Michael Neenan
Thomas Newcomb
Sherri Ng
Khanh-Nhat Nguyen
Elizabeth Norton
Brian O'Dea
Stephen O'Donnell
Julio Oliveira

Mark O'Neil
Stephen O'Neill
John Orlando
William Ortiz
Kamil Ostrowski
Marlena Ostrowski
Daniel Pacho
Jessica Page

Emily Pahud
Wayne Palhete
Brian Pekkinen
Jonathan Pelletier
Martin Pepdjonovic
Megan Peterson
Joseph Picone
Jennifer Pimentel

Matthew Ploof
Christopher Pratt
Ashley Quan
Donald Radel
Christopher Ramos
Marissa Reilly
Marcela Ruiz
Michael Russell

Ashley Ryan
Heather Ryan
Christopher Ryan-McDonald
Clara Saade
Melissa Sacchetti
Stephen Salvatore
Jerald Samson
Sylvia Santiago

Courtney Sargent
Kevin Scanlan
Andrew Scannell
Erin Scannell
Kristen Schnuelle
Todd Schofield
Angelina Schuboth
Ashlee Scott

antiago, Brittany Spacco, Felipe Stefling, Wendy Szeto, Mei Zhen Tan.

Daniel Scribi
William Shabazz
Corey Shannon
David Shiner
Cristi Silcox
Alisha Silva
Sylwia Skorubska
Alex Smith

Brian Smith
Tiffany Snow
Edson Souza
Brittany Spacco
Carolyn Spada
Gina Spada
Amanda Spear
Linda Spiro

Ezra Sserwanga
Juxhin Stefo
Patrick Stroud
Felipe Strufling
Yu Lin Su
Kevin Sullivan
Wendy Szeto
Iian Tejeda

Ricardo Theodore
Jason Thomas
Dat Tran
Henry Transtamar
Linda Trenh
Huy Tu
Brittany Vachon
Adam Valentino

Asimina Vardakostas
Ashley Varieur
Marissa Vaughan
Daphne Walker
Joanne Wall
Christine Walsh
Weiyao Wang
Alexander Welch

Caitlin Welch
Brittany Whitaker
Cara White
Thomas Whittemore
Alysha Williams
Michael Williams
Melissa Wood
Krystle Woolf

Michelle Wright
Dong Ling Wu
Chaoran Xie
Linhang Xie
Yin Emily Xie
Li Yang
Song Yang
Wing Shing Yeung

Courtney Young
Charles Zacharias
Niaocai Zeng
Guangwei Zhang
Junwen Zhang
Xiuting Karen Zhang
Wenchao Zhao
Qiang Xin Zheng

Qiong Zheng
Bing Yao Zhong
Xiang Fei Zhuo

JUNIOR YEAR

Junior year was a fun year and also very important. By taking College Board Review, we were able to prepare for the SAT. Mr. Scanlon made the SAT preparation more enjoyable by giving us "very fine" lollypops. We had to wear ID cards on lanyards this year, and Ms. Creedon's kissing of the fish was unforgettable. Preparing for our junior prom was a lot of fun and the event was a great success. The Girls' Varsity Basketball Team made the MIAA Tournament, which was an outstanding achievement.

The Chorus Concert and Christmas caroling atthe River Bay Club, Presidents' Place, City Hall, and Eventide Nursing Home were tons of fun and filled with long lasting memories. The spring production of was fabulous! Spectrum Poetry Slams were enjoyable and showed the talents of many poets.

On June 3, 2003, many of us attended the Graduation Ceremony for the Class of 2003. We realized that a year from that day it would be us "marching down the field to the music" at the Veterans' Memorial Stadium!

Andrea Aguilo
Hajare Almechatt
Kelly Almonacid
Michael Anastasio

Elena Asllani
Eric Astrella
Leanne Aupperlee
Meghan Avitabile

Hicham Baganou
Ryan Baker
Scott Balonis
Brian Bardouille
Robert Barry
Tiffany Barry
Jacquelyn Bolter
Jillian Bouchard

Kelly Bradley
Concetta Brancaccio
Nicole Breton-Green
Christine Brewster
Vania Brito
Shane Burns
Nicole Cahill
Kristina Campbell

Rocco Canale
Hao Quan Cao
Mei Zhen Cao
Mark Carey
Stephen Cass
Katherine Castillo
Ka Ching Chan
Leung Chan

Michael Chan
Li Chen
Ling Chen
Meici Chen
Mei Zi Chen
Pingping Chen
Tingting Chen
Xia Liang Chen

Yang Chen
Ying Chen
Yi Wei Chen
Daniel Cheng
Danny Cheng Fang
Vu Chu
Gerald Chubbuck
Ilker Cobanli

Grades o' gold: Michael Chan, Danny Cheng Fang, Patrick Dunlea, Sarah Flynn, Edward Gallagher, Peter Gilcoine, Jennifer Glynn,

John Collette
Danielle Collins
Meaghan Collins
Catherine Connolly
Matthew Connors
James Contrino
Angel Cooper
Rachelle Cooper

Edna Correia
Anthony Covino
Lauren Cuddy
Richard Cullen
Stephen Cunningham
Angela Curran
Runsen Dai
Khuong Dao

Julie Deitsch
Diana DiCesare
Colleen Dillon
Alexsis DiMarzio
Alysia DiMuzio
Yen Do
Lauren Dockham
Caroline Dondero

Richard Doria
Assimina Doulos
Kristyn Duggan
Courtney Duke
Michael Dunbar
Patrick Dunlea
Michael Duong
Vanessa Dutra

Feda Eid
Francis Feeley
Cindia Fenelus
Cindy Fenelus
Lisa Fernandez
Andrea Fiandaca
Filipos Filippides
Michael Flashner

Brian Floyd
Sarah Flynn
John Folino
Jennifer Fooks
Ashley Ford
Matthew Frazier
Kevin French
Edward Gallagher

Jin Gao
Qiaochen Gao
Tu Gao
Xiangyu Gao
Daniel Garnett
Jesse Gately
Lynn Gilbody
Peter Gilcoine

Catherine Gropp, Lorraine Halloran, John Hanlon, Andrew Henck, Zhimin Huang, Danh Huynh, Caitlin Kolson, Dhimiter Kondili, Sean Maffeo, Alexis

Marc Gillen
Jennifer Glynn
Jessica Godfrey
Matthew Graham
Kimberly Grassi
Rebecca Gray
Lauren Greally
Vincent Grennell

Catherine Gropp
Zhaozheng Guan
Tricia Hall
Lorraine Halloran
John Hanlon
Casey Hannon
Yi Shan Hau
Chelsey Hauston

Kai Lun He
Andrew Henck
Laura Hern
Geoffrey Hicks
Gary Hillier
Thanh-Nha Hoang
Xin Huang
Zhimin Huang

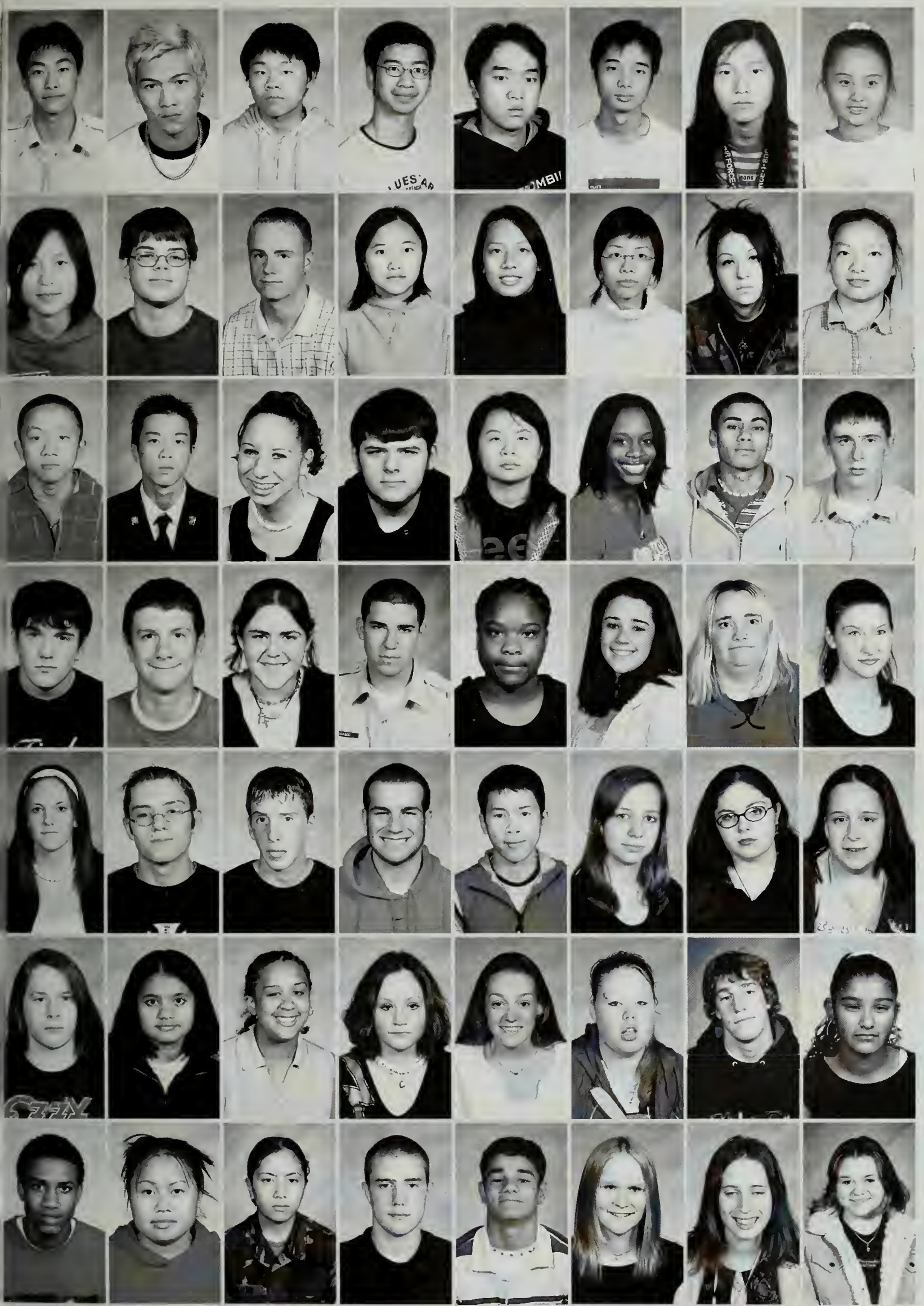
Ahmad Hussein
Marc-Stephen Hutchins
Bieu Huynh
Danh Huynh
Kelly Ibanez
Kevin Ishwar
David Jacobs
Shy'Landa Johnson

Beatriz Juarez
Michael Kearney
Joseph Keefe
Stephen Keith, Jr.
Erin Kelly
Andrea Keogh
Derek King
Caitlin Kolson

Dhimiter Kondili
Mikhail Kostylev
Stephanie Kozlowski
Daniel Krasinski
Shawna Krueger
Leah Lally
Jillian Lamson
Kevin Larkin

Sum Kuk Lau
Edward Laura
Minh Le
Wan Kei Leung
Wendy Leung
Melissa Lewis
Jennifer Li
Juan Na Li

Grades o' gold: McAuliffe, Jaqueline Melo, Robert Mitchell, Catherine O'Driscoll, Nicole O'Handley, Annaliza Pascua, Alpesh



Weilun Li
Wei Yuan Liang
Feng Lin
Ling Lin
Wei Lin
Wei Lin
Xue Lin
Yan Lin

Yin Lin
Taylor Liss
Michael Little
Haiying Liu
Kai Yan Liu
Kai Yee Liu
Arianna Lorenzano
Ching Lu

Kit Lui
Zhankun Luo
Christina Lupo
Sean Maffeo
Zhuandi Mai
Samantha Mailles
Mohammad Malik
Patrick Malone

John Maloney
Raymond Marchand
Randi Martin
Andrew Masse
Kristen Matthews
Amanda Maze
Alexis McAuliffe
Taylor McCarthy

Kristen McDonough
Steven McGee
Robert McKeever
Francis McMurrough
Jinfu Mei
Jaqueline Melo
Alyce Mendez
Kristen Miller

Robert Mitchell
Janki Modi
Kathleen Morgan
Kerry Mormino
Mary Beth Morris
Alicia Mullen
Patrick Mullen
Kara Murphy

Jose Neves
Tammy Ngo
Cali Nguyen
Daniel Nieznajomski
Wemerson Nogueira
Brianna Nolan
Lorrie Oakes
Catherine O'Driscoll

Patel, Danielle Rand, Emily Ross, John Santon, Casey Schnuelle, Heather Shine, Frederick Smith, Stephen Smith, Kathleen Sullivan, Rachel Sullivan, Steven

Nicole O'Handley
Jose Ortiz
Nicole O'Sullivan
Andrew Pacho
Hong Pan
John Pantano
Annaliza Pascua
Alpesh Patel

Kristina Pepdjonovic
Amanda Perch
Amanda Peredetto
Danielle Perry
Kathy Peters
Andrea Pettinelli
Corrinne Pettinelli
Tanya Pettinelli

Megan Pickering
Mikayla Plante
Egi Plasari
Linda Poteau
Marissa Powers
Steven Priscella
Kaitlyn Pudder
Dai Qiuju

Jacob Quinlan
Danielle Rand
Timothy Randall
Brittaney Reamer
Christopher Reggiannini
Joseph Renken
Sean Repetto
Jean Richard

Breanna Roche
Jossara Rodrigues
Sarita Rodrigues
Emily Ross
Daniel Rouleau
Jeffrey Ruggiero
Sean Ryan
Joseph Salvucci

Maria Santa
Vincent Santa
John Santon
Casey Schnuelle
Alexander Scott
Parker Scott
Kimberly Sheridan
Frederick Smith

Stephen Smith
Siyoeun Som
Rebekah Sorensen
Steven Souza
Alkia Spencer
Melissa Stacy
Jennifer Steinberg
Derek Stroup

Grades o' gold: Sullivan, Phoung Sy, Anthony Tran, Trevor Vallone, Song Yang, Xiao Ling Zhuo.

Kathleen Sullivan
Rachel Sullivan
Steven Sullivan
Vincent Sullo
Joseph Sweeney
Phuong Sy
Hui Tang
Jory Thomas

Chandy Thou
Anthony Tran
Bao Vy Tran
Vy Tran Nguyen
Jared Tusi
Trevor Vallone
Richard Viau
Phuoc Vo

Phu Phillip Vo
Sabina Vranic
Dung Vuong
Jeffrey Walgreen
Katie Walker
Ryan Wallace
Bonnie Walsh
Katie Walsh

Desiree Weiner
Huang Wen
Joshua Widdicombe
William Wilkinson
Jessica Williams
Rebecca Williams
Pearl Woko
Caitlin Wolf

Melissa Wolfe
Helen Wong
Yee Ting Wong
Danielle Woodberry
Minkai Wu
Muqiao Wu
Jing Xie
Zhaoyong Yang

Zhou Yang
Stephen Yetman
Qi Jun Yuan
Lisa Marie Zacharias
Anthony Zagrodny
Sameh Zakhary
Yuanhua Zeng
Hirjola Zera

Jianli Zhang
Jun Jie Zhang
Chongrun Zhao
Xiaoyin Zhao
Ping Zheng
Tao Zheng
Yan Zheng
Xiao Ling Zhuo

SENIOR YEAR

KRISTEN DWYER
Council President

Capturing the Spirit 100 Percent

The beginning of our senior year is a time in our lives that we will never forget. We had finally come to our last year of high school and we knew that it would be awesome. We started off with a terrific drama production of Ten Little Indians, and the football and girls' volleyball teams went on to win ACL championships!

The Turkey Day Game on November 27, 2003 was fantastic! At half time, the Quincy Presidents were up 13-7 over the North Quincy Red Raiders. The Presidents went on to win the game 20-7--the fifth victory in as many years! The New England Patriots honored Head Football Coach Robert Noble by giving him the New England Patriots High School Coach of the Week award!

These memories, as well as more that we made this year, will stay with us forever, and we look forward to what the future will hold for us!

Senior Class Officers

DAN COSGROVE
Senior Class President

RYAN KIRBY
Senior Class Vice-President

THOMAS WHELAN
Council Vice-President

MARIA VILLENA
Senior Class Secretary

NORA DIBONA
Council Secretary

IRYNA NESKOROMNA
Class Treasurer

James Abou-Zaki

Hajare Almechatt

Samantha Amodeo

Julie Andrews

Endri Angjeli

Michael Araujo

Elio Asllanaj

Jennifer Baldock

John Banks

Michael Bayer

Marie Beaudoin

Nancy Bedore

Jared Bell

Rose Bell

Elizabeth Benjamin

Deja Bergstrom

Whitney Bersani

Darren Birks

Quiana Blair

Fionnula Bohan

60% of us will miss Quincy High School.

Jacquelyn Bolter

Francis Boudreau

Adam Brewster

Maria Buczkowski

Bledion Caca

Michael Cafano

Caitlin Callahan

Brian Campbell

Haoming Cao

John Cappellano

Jessica Carella

Vilma Caslli

Robert Cavallo

Joseph Celata

Monica Chan

Li Chen

Li Kristy Chen

Pingting Chen

Li Wah Chong

Daniel Clark

38% of us would do high school over again.

Phillip Cohen

Brian Collins

Shawn Connolly

Paul Copson

Jennifer Correia

Daniel Cosgrove

William Cosgrove

Brendan Craig

Lauren Craig

Brendan Crowley

Jennifer Cunio

Qiuju Dai

Joseph Daley

Daniel Davis

Michelle Deery

Geizon DeMoura

Miriam DePina

Edward DeWitt

Nicole DeYoung

Nora DiBona

58% of us are not involved in a serious romance.

Amy Donoghue

Edward Donovan

Gezim Drenova

Jillian Dunn

Kristen Dwyer

Caleece Edwards

Sarah Eleey

Gedeon Endeshaw

Michael Falcione

Natalia Ferreira

Becky Ferris

Andrea Fiandaca

Emily Fitzgerald

Scott Flaherty

Heather Flanagan

Elizabeth Forman

Thomas Fox

Brian French

Christine Galvin

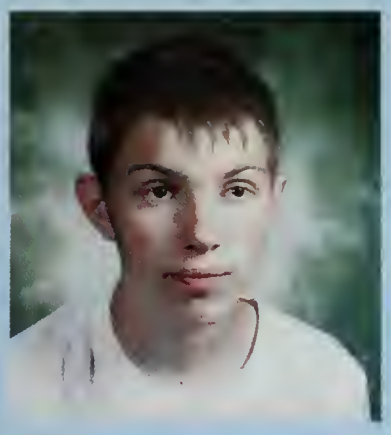
Ryan Geraghty

81% of us plan on going to college.

Abeba Gethaun

Shaun Gibbons

Christine Gill


Michael Gil-Mcphee

Joshua Giordani

Lanira Gomes

Jennifer Gordon

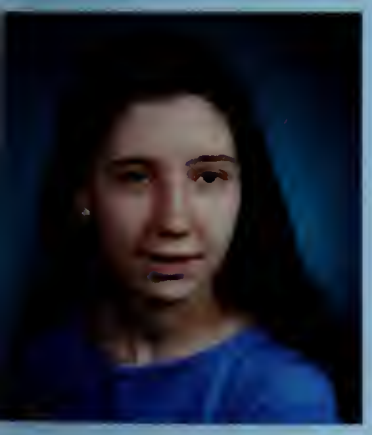
Jillian Graham

Megan Grasselli

Rachael Grillo

Melissa Griswold

Domenique Groleau


Antonella Gulla

Krystal Gullins

Christi Harris

Matthew Hawko

Shanna Henkin

Amy Hennessy

Joshua Hicks

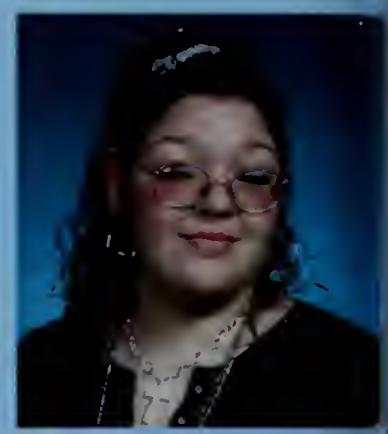
Daley Hillier

56% of us plan on going to the senior prom.

Meaghan Himelrick

Bonnie Hirtle

Priscilla Ho



Stephanie Hurney

Haydar Hussein

James Hutchins

Meredith Ioannilli

Hamda Ismail

Christian Jacobs

Anand Jaggernath

Michael Jarvie

Marwa Jawad

Mohammed Jawad

Jessica Jordan

Ian Jorgensen

Ann Keith

Foster Kelly

Keerati Khetkampang

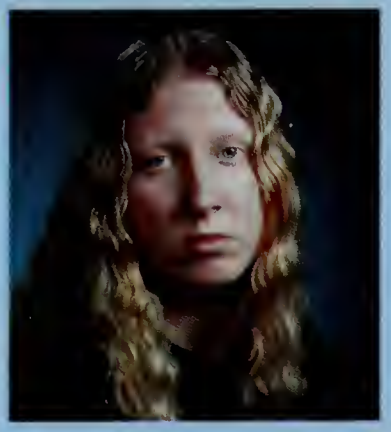
Ryan Kirby

Christopher Kirschner

26% of us have a mororcycle license

Kathryn Kisielius

Migena Kosta



Amelia Kurpeski

Wing Lai

Michael Lally

Henry Lam

Stella Lam

Jillian Lamson

Catherine Landers

Yin Wai Lau

James Layden

Paige Lentini

Pandi Lera

Anthony Leung

Matthew Lewis

Jia Yong Li

Jie Mei Li

Jocelyn Li

Junjie Li

Zhong Hua Liang

28% of us have a boat.

Feiyun Lin

Sui Ying Lin

Yi You Lin

Zi Xin Lin

Ryan Little

Lili Liu

Weihan Liu

Yong Wen Liu

Minh Quang Luc

Hanh Ly

Moses Lynn

Zin Ma

Samantha Maconochie

Evan MacIsaac

Sherry MacKenzie

Daniel Mahoney

Pianpian Mai

Katelin Markham

Diogo Marra

Colleen Martin

45% of us plan on attending a senior trip.

Edward Matthew

Colleen McCarthy

Scott McConville

Andrew McDonough

Michelle McGinnis

John McGuiggan

Michael McGunagle

Jacob McQuinn

Kirby McWilliams

Manna Mei

Roberto Mejia

Jonathan Mendez

Michael Merlis

Lindsey Meyers

Glizia Miranda

Jamie Mulkerrins

Anthony Mullen

Janai Mungalsingh

Odeta Murati

Caitlin Murphy

55% of us have made honor roll or distinction before.

Nicole Murphy

Lara Murray

Sarah Murray

Mohammed Najem

Lauren Neenan

Danielle Neill

Robyn Nelson

Iryna Neskoromna

Elona Ngjela

Thao Ngo

Lydia Nguyen

Phuong Nhat Nguyen

Tia Nguyen

Jean Niamkey

Nicole Nunziato

Stephen O'Brien

Stephen Ohlson

Michael O'Neil

James Opanasets

Scott Pagington

61% of us go to the Turkey Day Game.

Roger Palermo

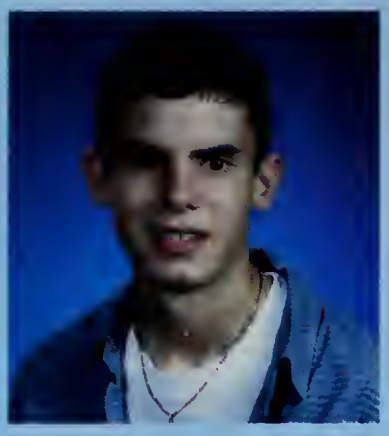
Kristen Paluzzi

Hui Pan

Jin Ming Pan

Liqun Pan

Ping Pan


Andrew Pangraze

Anthony Parker

Mary Grace Pepin

Roxann Picard

Elsie Prinsloo

Joseph Priscella

Ledion Proto

Marisa Ramos

Heidi Renken

Robert Richards

Jennifer Roman

Tammy Rong

Harry Roulet

Julie Ryan

44% of us attended the Junior Prom.

Noelle Sarno

Kaila Saxe

Vanessa Scarnici

Sarah Shea

Sandy Shi

Richard Shi-Hua Li

Candace Solchenberger

Rachel Sorensen

Karina Souza

Michael Spada

Sabrina Squatrito

William Stephens

Stephanie Stone

Yu Long Su

Danny Sullivan

Jillian Sullivan

Ka Yee Sun

Jing Tang

Linh Tang

Alicia Tasney

Our favorite band is Aerosmith.

Christina Tat

Jacob Tavakoli

Danielle Testa

Phu Than

John Theodoris

Justin Thorley

Brittney Tobin

Yuk Yu Tom

Jacquelyn Tower

Ha Trac

Danny Tran

Khuyen Tran-Nguyen

Nikki Tran

Thu Thao Tran

Hung Truong

Yen Truong

Lacey Vachon

Alicia Valentin

Angelo Venturin

Ly Thuy Vien

Our favorite song is "Get Low".

Maria Villena

Erin Vincent

Anthony Viscione

Eric Walgreen

Kristen Walter

Wei Wang

Sean Warwick

Thomas Whelan

Cory Whyte

Chigo Woko

Shijun Wu

Zhichao Xue

Jennifer Zambik

Justin Zeng

Xiang Wei Zhuo

Lee Wing Ng

Timothy DeSaulniers

Sabrine Wehbe

Our favorite activity is sleeping.

Our favorite male celebrity is Adam Sandler.

James Abou-Zaki

)W, After 4 years of reaching for the max my ıs are killing me. Mom. Mr.J, and Mrs. Merrill, nks for all the help along the way. Peace out to you Q.H.S squigs, and everyone I chill with I'll · ya later. WESTSIDE!

Samantha L. Amodeo

vish you well and so I take my leave. I pray ı know me when we meet again."- William ıkespeare.
ily Notices 2,3,4; Drama Club 1,2,3,4; MFA Docents Vational Honor Society 3,4; Sold Out 2; Spectrum 3; ıth in Government 3.

Julie M. Andrews (Jules)

s hard to believe that high school is over- it nt by so fast! To Mom, Dad, Chris, Kim and ımma, you are so special to me, and I thank ı and love you so much! Ms. Scanlan, Mrs. ·rrill, Mrs. Dinsmore, Mr. Bretsch, and Julie ›lloy-thank you for always believing in me. Sue, Mandy and Nicole-thank you for always ng there. To all of my family, friends, teachers, d coaches-you're the greatest! Best of luck to all · seniors and senior classes to come! May you vays believe in your dreams!
orus 1,2,3,4; Drama Club 2,3,4; Math Club 1; tional Honor Society 3,4; Q-Team 1,3,4; Spectrum 3; ırbook 4; Softball 1; Basketball 1,3,4.

Michael A. Araujo (Real Deal)

vant to thank everyone who helped me make it. cause the real deal has left the building.
nd 3.

Elio Asllanaj

ı this long road to high school, which has been rd I want to thank my friends who helped me d were with me through all this. I want to say ınks to Gezim, Bob, Thai, Mohammed Jawad d everyone who chills with me. I want to thank / mom and dad for giving me courage and ısting in me. I especially want to thank my sister rena who has helped me through my whole life.

Jennifer M. Baldock

ıe past four years have gone by so fast. It's hard believe that it is all over. I just want to say ngrats and good luck to my peers in the class 2004. To all of my best buds JJ SA RB JO RC JA L AH AB MV, I love you guys. WE FINALLY ADE IT!
ıorus 2, 3, 4.

John H. Banks (Banksie #86)

Hello people, first I would like to thank my mom, my dad and all of my family members for everything. Next I would like to thank all of my coaches: Noble, Reardon, Carey, Morrell, and Nutley, for letting me play for you guys for four years. Those were the best years of my life. Now I would like to thank my fellow football players, we have had a lot of fun playing together and I will never forget those years. I would like to thank all of my friends for being there for me, good times and bad. All I got to say is we will be friends no matter what. Now I would like to thank my girlfriend for being there for me whenever I needed her, when I had a bad day or when I had a great day. I would just like to say, I love Sherry Leigh MacKenzie.
Football 1,2,3,4; Track and Field 3.

Mike H. Bayer (Mikey B)

I did it! I didn't think I could do it, but there were some people who wouldn't let me think that. They made me push harder and harder every day. So I want to thank them. I love you Nana, where would I be without you? Special thanks to Mr. and Mrs. Fox, TF DT RP DW LC BR KP BD SH QB AK CM J-RO PL MGP PA SS BF Mr. Knievel, Mrs. Merrill, Mr. Finizio, Mrs. Herbert, Ms. Hill, NR CM BT Vienna, I'll always luv u Kayla! Peace!

Marie E. Beaudoin

Congratulations everyone! We finally graduated! WB-remember to non-speak body language; Hey LC (my schizo friend) KP (I won't "Forget to go to class!") Scott M. (Luv Flyin kites w/u in math!) J-san (Best hugger in the world) Johny C. (ZOLTEC!) JC (my nurse) -I'll always have asprin for ya if ya need it! Jizz (I'll see ya tomorrow to the T) CW "99" B-Cup! Ms. Sweeny (Gime that note!) I'll miss you guys. It's been fun!

Nancy S. Bedore

Class of 04' we did it! Congratulations! RIP Breda Marie McCarron 10/21/86-10/02/00, miss u babe. To the senior crew, JN BC JP SM SE RN ND SS CC LB(cousin in-law) JC JM CH ML DS SC DB FK JB LC 143. To my bro and best friend Jay, you've gotten me through it all - I'd be lost with out you, thanks for your wisdom and advice- I love you more than words can say. To Mom, Dad and Karen, thanks for your support and guidance- I wouldn't have made it with out you- I love you! Ant-man! I love you, you make me proud my football star! NG~ BF4L- you're like a sister to me, thanks for always being there- fun times dancing in cages and in shadow boxes-remember a guy isn't what makes u happy- I'll always be here NMW 143. KD I LOVE YOU like no other, you're awesome, thanks for helping me through my hard times, so many awesome times-cape shower! Summer 03 and so many more to come BFFL! You're my senorita, lets spoon! BR I love you, you're my best friend and always will be. TD~thanks for always being there and for all the midnight visits 143 don't forget me! CFC 143 MISS U GUYS! FB you'll always be my sweetheart 143 NMW! SK miss you and love u babe BFA! JR I know we have grown a part but I'll always be here for u NMW, BFA. KAM I love you, thanks for being there! J-Unit! Love u girlie! BFFL, you're awesome. Well, that's it. It's been one crazy ride! Good Luck Everyone!
Cheerleading 1,2.

Jared V. Bell

What's the deal! The party is over, but the gatherings will begin. I'm going to miss my teachers, friends and coaches. Also, good times down the pumpy. Summer 03 "gatherings" at my house and waking up on the coach, tryin to remember what happened. Duda, his music, flip cup and extreme quarters. Thank you to my man, Foster Kelly. Also to SM, Jizz, WB(143), RK DB DS RP KS CK AV SC SO NB AK JL MF BF and Liz. Thank you to everyone else who helped me graduate.
Football 1,4.

Rose Bell

I made it! It went by so fast!! Thank you Mom, Dad, Lou, and Ben for always being there for me. I love you guys! To my crew MV "Chicken!" SM "I win", "Banksie Mobile", DT "Double D's", VS DH "My new sister", JK "BFFL", MI "OMG I love you guys!" JB AB NO SS and everyone else! So many fun times together! I love you all! Good Luck QHS Softball! HOORAH! Thank you Mr. Sedar for everything you've done for me. Good Luck Class of 2004!
Cultural Fair 2,3; Office Assistants 3,4; Q-Team 2; Student Council 4; Softball 1,2,3,4.

Elizabeth L. Benjamin (Liz)

"Somewhere between the procrastinating and the homework and the calls complaining about boyz, I learned that High School isn't about the parties or drinkin or the hook upz, it's about friendships." It's finally ova, 12 years of the same routine is ova. Thankz Mom, Dad,Kell, Heather and Nana, luv u guyz! JDUB-Miss u babe! PSY, Jimmy Dean sausage fingers! Warm bowl of water! Good times together ilu NB, cousin in law, NG JC JD AH BJ talks Hickeys mean you're in luv! TATRO! Breakfast at Bickfords. To my baby: MM Your mean everything to me, thankz for the support! ANDOS ATTIC 3-6-01 ILU! BAHAMAS 04 AK CS RP: "Those girls are going to get a smack upside the head!" LU "Don't cry b/c its ova, smile b/c it happened"

Deja M. Bergstrom

I just want to look back and say I had as much fun as I could. I tried as hard as I could. Without further review, I would like to thank my mom and sister <when you read this/ I will not be the same, I have let my true form show/ This is my last lost in all my guilt for letting you fall, understand it wasn't me, but I can dream without showing intentions as I ask these questions/ Where were you? I remember the day the sun went out, it halted with all its beauty, it just sacrificed/ we fell apart. 03-Poison the Well-04. Best wishes everyone.

37% of us have piercings other than in our ears.

Whitney M. Bersani

We made it! Congratulations Class of 2004! Yeah! TGIF Crew CAB-QHS143! CW '99/Jizzoint, Scotty Blaze, JaBluhh, and Smokin' K-great times-2morrow to the T. Jared: NF(marathon)-RS summa of '02' (143)10/20/01 and 2/9/02- never to be forgotten. /Mray: Don't forget to go to college-sniff, don't speak body language...water for my abs/ Edward Michael: Arnie, "sinin," "You remind me," "The one for me" (ur version of Ataries). A-Shore memories-party ball, Fifth Gear 4Life/ Jonathan: u made my summa of '03' 2getha 24/7. Why do u have something in ur belly button? SSP PL green Sable always had naked people in it! Why don't u just go out w/ her/him? Swing, swing, hotel swimming pools/Kristain: Naughty baby did a no-no..or jus' ur maaiiiin?..chunks in the corner..TG Show..Mr. Pickaweenie/ski trip..Mr. Roberto/ JC: VT vaca...stars...swingset watersnake Cal: oowwah! Breathe Joey! /LC: Chinese food makes me sick, blah! Swing @ Fairmount...we r hospital hill queens! Johnny Cap: u bright beam of sunshine...Italiano 4Life! Toids of AIt-free bootie/ Thank you fam: Mom, Mark, Alex & Papa- I wouldn't have made it without u. It was stressful. It was fun. It's over. And I'll miss it. Good Luck everyone! Lata.

Cultural Fair 2,3; Yearbook 4.

Quiana S. Blair (Kikky)

To all of my friends, thank you for everything. My time at QHS will never be forgotten. The friendships I made won't be broken. J-RO Holla Back! I love you like a sister. Thanks. Mrs. Anderson, how could I have made it without you? Holla Knievel and Mrs. Lane. Big Shouts to H, N, G and the whole culinary crew. Jordan, good luck in your years to come. Remember your sister loves you. I want to thank my mom- you inspire me in ways I can't describe. I love you. To all the grads, good luck and stay the same. J-RO-KD GD MD GG MB PC ML JT LG MA ND JB RP PL EA and AL.

Cultural Fair 2,3,4; Dance Team 4; Q-Team 3,4.

Fionnula Bohan

It went by slow, but it's over! Good luck class of 2004, especially to my friends Hanh, Caleece, Maggie, Thao, Mina, Vilma and Lynn.

Cultural Fair 3; Soccer 1,2,3,4.

Adam J. Brewster (Brewski)

"Look if you had one shot, one opportunity to seize everything you ever wanted... one moment would you capture it or just let it slip?" Thanks to everyone who's helped me through the years. Mom, you've always guided me in the right direction, Dad, Katie, Nana, Mema, Papa and Ashley- BFFL! To all my friends- it's been fun, I'll miss you. Good Luck Class 2004.

Junior Prom Committee 3; Q-Team 2,3; Student Council 2,3.

Darren Birks

What's up to the 216 crew and my boys, Jared's house is the place to be. It's time for another party ball and snow storm. Thanks to Mr. J. I appreciate everything. To Lewi, I learned a lot over the years. And most importantly thank you for everything Dad. RIP LB + BM. I love you.

Frank M. Boudreau (Spanky)

It's over finally, ready to pump it up? I would like to say thank you to my Blue Box Representatives JG JK CK MM OB. Thanks Mom Dad Michelle Nicole. I love you! "Wash a Toss" Josh college roommates good times. Mikey Keefa, have fun don't forget.

Bledion Caca (MDK-187)

I made it. I want to thank everyone who supported me all these years. I want to thank my family, my father, mother, brother Olsian, and all my real friends who I really counted on when things got rough. From the school faculty I want to thank only Mr. Flahive, Mr. Johnston, and Mr. McPhee. I give a shout out to all my boys in Peabody, Danvers and Salem. I also give a shout out to my boys in Southie, Dorchester, Quincy, Brooklyn, Bronx, NYC, and my cousin and my boys in Florida, also to my boys with whom I grew up, my boys in Albania (A.G.'s). Most importantly to all the beautiful girls out there, to all my girlfriends, Jorida, Dorina, Migena, Sarah, Michelle, and to other ones whose names I can't remember. To all the people I know I got one thing to say, I ain't gonna change, I'll be the same Bledion I am now, living my life to the fullest, enjoying every single moment and oh yeah even in 20 or 30 years I'll still party like I am 18 so peace out I'm outta here. (A.G. 4 life)

Michael J. Cafano (Mike)

Congratulations class of 2004! We made it. I can't believe these four years are over already. SS thanks for everything you're the best friend anyone could have. Hey Whitney remember the railing down A-Shore "you're gonna die" haha classic time. BC I'll never forget all the funny times, Mr. C and Arnie. Summer of 2002 by far the best summer ever: SS WB KP BC RD DH JC SP JP WN JV MG and everyone else, fun times down A-Shore. KP thanks for everything. Diana, thank you so much for everything I couldn't have made it this far without you. Mom, Dad, Mark, Joey, and the rest of my family thank you for everything. Thanks to my band too you guys are like family to me: MA JC MC JC "Time is on a count down with the seconds passing by, try to make the best of what times we have"- Fifth Gear.

Winter Track 1; Baseball 1,2.

Caitlin C. Callahan (Cal)

Congrats "Class of 04"! These 4 years have gone by so fast and they are priceless! To my girls "truck driving ladies" Nora, Meg, Amanda, than 4 everything. BFFL! KK, put your paws 2getha "clap clap" lol. DC + CC 11/20/02 ILU, you are the best! Bill my bro! TGIF Crew, CAB-QHS BFFL! Jess, Grams slepova's ars! Whit, ooaawhh, JOEY! Kristen, Callapaluza, VB Girls "Focus" 101. Special thanks to my mom, dad, big Joe and Gramps! Thanks for all the support. ILU RIP Grams. Peace out class of 2004!

Mediation 2; Junior Prom Committee 3; Q-Team 1,2,3,4; Student Council 1,2,3,4; Youth in Governme 2,3,4; Volleyball 1,2,3,4; Basketball 1,2,3; Softball 1,2,

Brian W. Campbell

All I have to say is don't be different, be yourself The Muppets will rule the universe. The local band XL1 is the best and I hope that I am not remembered as the ROTC dork but as a general dork not put in any specific "clique." But thanks to all my teachers over the years my mother and sister but most of all my friends. I could not hav done it without them. Have good years to come. Go Red Sox.

AFJROTC 2,3,4; Cultural Fair 1,2,3,4; Robotics 2; Spectrum 3.

John R. Cappellano

After four long years it's finally over. Congrats class of 2004. What's up CS, MB, RP, LF, DB, WB LT and MM. Good times in the Bradford (lunch 5 woo hoo) WB thanks for everything (free bootie! Awww Yeah) Never a dull moment in Italian (JC LC, + WB). Thanks Mom, Dad, Andrea, Alicia, Robert, and Mimi for everything. RIP BMM, I wil never forget you. Peace out QHS, good luck class of 2004.

Art Club 3.

Jessica M. Carella (Jess)

Congrats class of 2004, we made it! I honestly have to say I'm gonna miss this! 2 the wkend cre thanx 4 makin my high school yrs the best times my life. ILU! DN,SE,RN,LC, thanx 4 always bein there u girls r the best! BF4L! SHELLY! Captain # soccer girls get low shout outs to my senior girls! TGIF crew CAB-QHS 143! Talks in Pat Care haha Grams sleepovas ARS Cait 143! Summa 02n03 memories neva 2 B 4 gotten. Wolly beach, Faxon commons, strip B-ball, parking lots gr8 times! Thanx Mom, Dad, Gramps, wut would I be w/o you? 143! Kat n Liz neva stop bein urselves reach 4 the stars NC memories I love you gurlies, Every on Larry PI. Thanx 4 the love n support 143! Grams thanx 4 always bein there 2 cheer me up make me smile 143 RIP! I guess that's it, its been fun Im ganna miss u all! "It is not in the stars to hold our destiny but in ourselves"! Good luck.

Soccer 1,2,3,4; Basketball 1,2,3; Softball1,2,3,4.

Robert J. Cavallo, Jr. (Bob)

Wow, I can't believe this is my senior year, "bein grown up isn't half as fun as growing up. These are the best days of our lives." I'd like to say thanks to my Mom, Dad, and the rest of my family for all of your support and encouragemen that you've given me. To my best friends Elio, Thai, and Lorena, remember the good times we had, "pictures fade away, but memories will last forever." The best of luck to the class of 2004.

Q-team 1,2; Football 1.

24% of us have a tattoo.

Vilma Caslli

ɔw its over! It has been four wonderful years. ends-- thank you for the great memories. We ve had a blast together. Don't be dismayed at ɔd-byes. A farewell is necessary before you can et again. And meeting again, after moments lifetimes, is certain for those who are friends. ɔm, Dad and Marli I couldnt have done it thout you. Athina, Fuada, Oljana, Anisa-- ILU ys thank you for always being there for me. l my teachers -- thank you for your support oughout the years I'm truly grateful for erything. Good luck to class of 2004. I will miss u all so very much!

Joseph P. Celata

ave been here for 2 years and met some great ɔple too many to mention but they know who y are. Quincy Lacrosse was small but a couple us toughed it out with North.
rosse 3,4.

Monica Chan

anks for all the support from my family, chers and friends. ILU all without you all I uldn't have made it. Once again thank you y very much and good luck to the class of 2004!
ltural Fair 2,3; International Club 3.

Li Kristy Chen

those who helped me through the years I ıldn't have graduated form school without my nily and my teachers are the most important. s. Snell, Mrs. Flaherty, Mr. Bretsch and Mrs. rol, they are my favorite teachers, Good luck to class of 2004!

Ping Ting Chen

r all those years in QHS. I have been studying rd and finally received what I should have. But ɔuldn't have done it without all that essential p from teachers and great support from my nily and friends. Thank you. I will continue my owledge in college with my greatest effort to ɔay all those expectations from you. And once ɔre Thank you.
ıth Club 3,4; National Honor Society 3,4.

Li Wah Chong (Grace)

, I want to say "THANK YOU" to all my ıchers and my friends, and my counsellor. pecially "THANK YOU" Major Zinnel and Sgt. Lorenzo, and of course my PARENTS working rd for me. They all bring a lot of memories to e, and they bring me happiness! I LOVE YOU LL ALWAYS ...GOOD LUCK QHS!!
JROTC 1,2,4; Cultural Fair 3.

Daniel J. Clark (Clarkie)

This one's for the class of 04 and everyone that has helped me through life. Mom, Dad, and Amy ILU. "He who sheds his blood with me shall be my brother." QHS FB 03 can't say enough about my brothers. Shout out to all of my friends UKWUR. GOOD LUCK 04.
Football 1,2,3,4; Winter Track 1,2; Track and Field 1,2; Lacrosse 3,4.

Phillip A. Cohen (Camera Man Phill)

Thanks to everyone who has been there along the way, Ryan, Spads, Brian, Steve, everyone in Drama its been fun. Thanks to my family I couldn't have done it without you.
Daily Notices 3,4; Drama Club 1,2,3,4; Q-Team 1,2,3,4; Sold Out 1,2,4.

Brian Collins (Gnarly Gnome)

Swamp Thing, You are amazing, You make everything Swampy, C'mon Swamp Thing Earth really needs you! These guys are bad for sure! And with that QHS, Here's Gooey Biceps saying...Game over, Deep Sheet.
Sold Out 3,4.

Paul R. Copson

QHS this has been the fastest 4 years of my life. I have enjoyed most of it. Special thanks to my parents for helping me do my work. I would never have gotten here without you and all the teachers who helped me too. I hope to see you at the reunion. 'Till then good luck.
Football 1,2,4; Baseball 1,2,3,4.

Jennifer L. Correia

"I know what I know, and I know that I don't know nearly enough to know anything worth knowing yet, but I know that someday I'll know what it is to know, aww forget it, you get the point." First - I love you Mom and Dad. And to the people who make it their job to keep me treading on through this life: Nans (Ur "Unforgettable"), Uncles John & Joe, Aunt Shell (You guys 'Build Me Up'), The Lavines, the family. My lil boys: Justie and Nicky. Grandma, MoMo (RIP). To the ones who helped me get outta here: Mr. Tatro (I have seen the truth and it makes no sense!), Ms. Nosek, Ms. McNeise, Ms. Eldridge, Mr. Knievel, and Mr. Green. To 'The absolutes' - "We are all in the gutter, but some of us are looking at the stars."- Rachel (Thanks for keeping me "Apart Of Your World"), Chris (*smile*), Mi PrimO Marcus, Katie O ILU and of course Bux, Berry, JenB and DL - I owe you all so much. More love to MV JB VS BC CE HL DH RB MG DT BH SO MO DD AM LO LG and the TV Crew. To all the people who have stepped into my life, even if you walked through and out (SM, CM, MI, etc), your footprints remain in my heart forever. HeHe Congrats class of '04!' MUAHH! "Only God knows where the story ends for me, but I know where the story begins. It's up to us to choose whether we win or lose and I choose to win."
Daily Notices 2,3,4; Spectrum 2,3,4; Cultural Fair 1,2,3,4; Soccer 2.

Daniel James Cosgrove (Dan)

We made it! ILU Mom, Dad, Bill, and Wen. Without you I wouldn't be who I am today. Cal thanks for everything, ILU 11-20-01. Bill and Flaz, 6-21! Thanks to all of my teachers- You have led us all on the road to success. Good Luck to the class of 2004, Never stop having fun!
National Honors Society 2,3,4; Junior Prom Committee 3; Q-Team 1,2,3,4; Sold Out 3,4; Student Council 1,2,3,4; Youth and Government 1,2,3,4.

William C. Cosgrove

What a great 4 years....Thanks to all my teachers, coaches, and my friends (Cal),and especially my family: Mom, Dad, Wen, and Snowball-I love you. Dan and Flaz 6/21 right? Flaz-Baldy? Hey SG- Thanks for so much, you'll always be my favorite. Remember Youth+Govt. and hiding from Coach King, Beating Walpole, Muchacho Genio. See you all later.
National Honor Society 2,3,4; Junior Prom Committee 3;Q-Team1,2,3,4; Student Council 1,2,3,4;Youth in Government 1,2,3,4; Cross Country 1,2; Basketball 1,2,3,4; Baseball 2; Track and Field 1.

Elsie Prinsloo Cowham

A special thanks to Auntie Holly & Uncle Walter for making my dream come true. Thanks to my mom, grandparents, aunties, uncles, teachers, and my friend Ching for always being there for me. I love you!

Brendan T. Craig (Craiga)

We finally made it class of 2004! My best friends JM MM ML JP we have way too many unforgettable memories that hopefully keep coming...My girls you know who you are. Thanks to my coaches, Coach Orcutt and Syl, you guys taught me a lot. Much love to my Dad, Mom, and brother Kyle, I don't know where I'd be without you.
Q-Team 1,2,3,4; Sold Out 1,2,3,4; Student Council 1,2,3,4; Youth in Government 3; Soccer 1,2,3,4; Hockey 1,2,3,4; Baseball 1,2,3,4.

35% of us own a car.

Lauren N. Craig (Lau)
Time flies by when your having fun!haha! It's finally over, we did it! Hey to all my friends, UKWUR, ILU! TGIF crew CAB-QHS, ILU! AD "pussy cats" 4Life! 143 CJ (my lobster) thanx for always bein there! My family-Mom Dad Anthony CC RC IF CF AF! ILU Guys! Good Luck class of 2004! Laubeano! TD, gunna miss u!
Soccer 1,2,3.

Brendan T. Crowley
Thank you QHS for making me the bitter and nervous shell I am today...but I joke with you. I'd like to thank my teachers (all of them) for putting up with my inane bullshoes. To all of my friends and chums-collectively you truly are the king of kings..alone, not so much. I had a nice quote from my good friend the Dalai Lama, but instead I give you some mst3k: "Apparently the plot is none of our business" sorta like life, ain't it? Well Quintree High- "so long and thanks for all the fish."
Drama Club 1,2,3,4; Q-Team 1,2,3,4; Sold Out 1,2,3,4; Spectrum 1,2,3,4; Youth in Government 1,2,3,4.

Jennifer R. Cunio (Jen)
"The future belongs to those who believe in their dreams."- Eleanor Roosevelt
Spectrum 1.

Qiu Ju Dai (Kelly)
Awesome! Finally I made my achievement. I got it! These four years in QHS, it is an unforgettable memory for me. I met many friends and teachers. I really want to thank the teachers who have helped me and taught me. Without them, I would not have made it, especially, Mrs.Flaherty who has helped me a lot. Good Luck to all the QHS students, Good Luck to the class of 2004!

Joseph M. Daley (Joey)
Thank you mom + Dad, Mrs. Purdy, Mrs. Paul and all my teachers. I will miss everyone at QHS.

Daniel J. Davis (Dan, Davis, Double D)
Well, it's over. Everything just flew by. I've met a lot of fantastic people here. Thanks to all my friends for being there (You know who you are) Day, thanks for everything. Me +Dave+Steve + Joey, the ladies, profo's, and stirrin' the lemonade. All my football pals, I'm sad it's over, but it was great, a ton of memories.Mom, Dad, Megan ILU Class of '04, good luck and I'll miss you all.
Q-Team 2; Football 1,2,3,4.

Geizon V. DeMoura
I want 2 thank my parents 4 their help. Also thanks 2 my gf DeShauna who never gave up on me N gave me support and strength. Thank U DeShauna cause w/o U I wouldn't have made it. I love U. A shout out to all my friends.Good luck!

Miriam M. DePina
I want to thank my boyfriend Adilio for always being there for me and his family and my father for putting me here in America. A special thank you to my mother in Cape Verde. ILU I especially thank God for helping me through bad situations.

Timothy E. Desaulniers
Well, it's over, fun times and good friends. Thanks to my dad, watching over me... Thanks to my mom and brother. JO- Wateva JS PM DI AC JO- You my boy! JS-HCM! NB-MV MH-Monsta! TB- Aunties house KD-Hammock, JM-Mennie LC-I'll miss ya.
Mediation 3,4; Cross Country 1,2; Baseball 1,2,3,4.

Edward C. Dewitt (Ed)
Thank you Mom, Dad, Stacie, wouldn't be here without you. Thanks to all my teachers and coaches. To my Bros on the football field, it's been a great 4 years. O-Line fun times with Morrell. Hoop was nasty. Nora I love you. 6/8/00 You're always here for me. 12-7 12-7 Strive for 5! RIP Franks+Pa. QHS Peace I'm out.
Football 1,2,3,4; Basketball 1,2,3,4; Student Council 2,3,4; Junior Prom Committee 3; Cultural Fair 3; Spring Track 3.Baseball 1,2

Nora A. DiBona
Congrats Class of 04! We made it! These 4 yrs have been so much fun! I'll never forget you guys! "Good friends are hard to find, harder to leave, and impossible to forget." My Truck Driving Ladies "Megan+Amanda+Caitlin" BFFL!! ILU Guys!! Thanx 4 everything! HF BFA! Football buddies SM ND! ED AD IN SS+ND ILU! 6/8/00 You are my everything! Mom, Dad, Alyssa, Thanks 4 everything ILU! RIP Uncle John ILU! 3/9/03 Good Luck QHS!
National Honor Society 3,4; Junior Prom Committee 3; Q-Team 2,3,4; Student Council 2,3,4; Youth in Government 3,4; Cheerleading 1,2.

Amy S. Donoghue
Don't cry because it's over, smile because it happened! Class of 04 GOOD LUCK! VF4L's (with some honorary members.) Summer 03 was a blast to the "every night" crew...UKWUR, ILU!! We had a blast! Just think, we are moving on to bigger and better parking lots! LOL No matter how many times I said I didn't want to be here, I really will miss this place! To my family & friends ILU! Lauren-Amerbeano! LOL!
Chorus 1; National Honor Society 2,3,4; Junior Prom Committee 3; Q-Team 1,2,3,4; Sold Out 1,2,3,4; Student Council 1,2,3,4; Volleyball 1,2,3.

Edward J. Donovan (Fast Eddie)
It's finally here and I made it this far. Now I can achieve my goals and push myself even further. I would like to send a special thanks to all of my teachers, family, and friends, especially my Dad who gave me encouragement, confidence, and self-esteem. Look out world, here I come! Good Luck 2004! Go Quincy High!

Gezim Dreuova
Thanks to everyone who made high school a memorable experience for me. Thanks to my teachers, esp. Mr. Mulready, Ms. Innis, and Mr. Tully. Thanks to all my friends over these last 4 years. I won't forget U. Special thanks to my mom I wouldn't make it w/o u, ILU. P.S., to mah peeps EA MJ MN MJ LG WM BP BC CE JJ HI LV U ROCK. Congrats class of 2004.
Cultural Fair 2,3,4; National Honor Society 2,3,4; Volleyball 3.

Benjamin B. Dutton (Neb)
To me, it was hard to stay in school for my last two years but my friends, such as Cory, Mike, Fox Eric, Meaghan and Rebecca, helped me through. They made it worth it to stay. Doh H.J.S.
AFJROTC 1,3; Wrestling 1; Track and Field 1.

Kristen M. Dwyer (Kdwy)
Senior Ladies (KS.CM.KK) ILU! Class of 03- Miss Ya! CFC 4-L! Jen(BigPun) 143! Michael-my sunshine-BFA. JP "Other 1/2" I LU! Weekend Crew-Summer 03-VF4L! Love Yah girls! JM/MM/BC/JP(#1)/Twin 143 Boys. Jry (My sister) Love u! Nikki-love ya, animal! Nance-love u so much. Thanks 4 everything-SPOON-BFFL. Thank Mr.Scanlan, Ms. Creedon, Ms. Scanlan. AS-u mean so much to me ILY. RIP Breda-Miss You+Love You Ma+Dad-Thanks so much! I love you! Kate, my little sis+best friend-Make me proud! Class of 04 "Go confidently in the direction of your dreams. Live the life you imagined." Good luck, guys! Don't forget all the good times we had...xoxo.
Chorus 1,2,3,4; Drama Club 2,3,4; Junior Prom Committee 3; Q-Team 1,2,3,4; Spectrum 2,3,4; Student Council 1,2,3,4; Soccer 1,2.

Jillian M. Dunn (Jill)
We did it! There were times when I thought that we never would. Congratulations Class of 2004! To all my friends and family who helped me, ILU! Thanx Mom, Dad, Jim, Jeff, Jessica, and Jenna. I love u guys and couldn't have done it without u. Jean- thanx for all the rides to school, I probably would have been late everyday without u, ILU! AMY- I love u gurlie!! True BFFE. No matter what we've always been there for each other, and I will always be here for u whenever u need me. High school usually makes friends grow apart, but it made us closer. Never forget all of our memories and fun times, there will be lots more... Now I know what its like to truly have a best friend-not even a best friend but a sister! I love you! *Shannon*-I love you baby! thank you for all of your support throughout these 3 years. Everybody always said that we wouldn't make it but all I have to say is look at us now. U were probably the only reason I went to school lol. I'll never forget meeting u at ur car everyday after school and taking the bus home with u-if that didn't prove how much I love u I dunno what would! I couldn't have gotten through these years without u! #4 and 4AM always right? JD & SM 9/10/01 224! Pat Care 2 Class- wow fun times gurls!. Talks and bjs lol! fun times! Breda- wow

34% of us were born in another country.

l! it was sooo hard not having u here to share the good times in high school! I miss u so ch. u were always in my heart, everyday and u ays will be. I promise I will never forget u! Best nds For Ever! RIP. Love u gurl! To everyone - thanx for all the times together-never forget , keep in touch! So many faces in my life, some last, some will be now and then. Life is a ies of hellos and good-byes. It's time for good- s again. Good Bye QHS!

Michael Joseph Egan

ay, embrace the total geek in yourself and t enjoy it. Life's too short to be cool." -Shirley nson, Garbage

Caleece A. Edwards (Runsie)

st want to thank my mother, teachers, friends for standing by me when times re tough. You guys will be the ones I shall nowledge in my future of achievements.
JROTC 1,2,3,4.

Sarah E. Eleey

finally made it! I wanna start off with thanking BF4L's, 4 always being there for me: DN RN LC. ILU girlies! Everyone, we had an awesome ears. Never 4-get my b-ball girls. Good times. on. Wolly Beach, Q's and those random hts. Awesome times in Bahamas. Shelly, u r prettiest girl in N.H. Mr. Johnston, thanks for your help. Ledion, I luv u, nmw! You'll always my baby. Eric, Mom, and Dad, Thank you for rything, I love you. It's not goodbye, it's see u later. Good Luck Class of 04'!
sketball 1,2,3.

Gedeon A. Endeshaw (G)

ah! Finally high school is over. I would like thank my parents for being there for me, and everything. Special thanks to all my friends ishington Adilsoh, Hurry, Dean, Bruno, Sein, ldir, all Muhomed, Thiago, Gezim, Elio, and lvin. Thanks for my soccer coach and vollyball aches. Finally thanks for all the teachers who ight me, espcially Mrs. Flaherty (you are the st).
ltural Fair 2,3,4; Soccer 1,2,3,4; Volleyball 1,2,3,4; sketball 3.

Michael P. Falcoine (Falcon)

s over, wow from 89-04. 3 different school stems, 100's of stories. I wish I could fit every 1 but I can't so thanx to all my buddies I partied it. To all the ladies still down wit me. To the achers who kept faith alive in me. I like to shoot shout out to QHS FB, Mr. Manning-we miss ya al. To the grads of 2003, Most of ya shown me e way. CF, Faxon, Pumpy, JB's House Lebreque, oreriver. Finally to the #1 in my heart Nan hompson thank u. I made it.
otball 3,4.

Natalia M. Ferrerira (Nanaus)

I want to thank God for all the teachers that he has made to help us! I want to thank the teacher for all the help (A special thanks to Mrs.Fasino & Mrs.Cronin, Weymouth.) I thank my parents for always helping me not to give up. I thank my friends always for telling me to move on. I wouldn't be here if it weren't for them. Thanks to God and them. I made it!
Cultural Fair 3; Chorus 4.

Andrea J. Fiandaca

Thanks Mom, Dad and the rest of my family. What's up to my friends, you know who you are. CD Muah! Good Luck Class Of 2004.

Emily A. Fitzgerald

Yay we're finally outta here! Congrats class of 2004! SS ur the best! "lookie here" haha! Pat care 2, love u girls. Thanks to my Mom, Dad, Mare, Dave, Brookie, Jonny, Dave and Livi,for always supporting me. I love you guys! Thanks to all my girlies for always being there AL AM GD SQ MG SH JS and LN. And Hey to all my friends who I didn't have room to put in. I love you all!

Scott M. Flaherty (Flaz)

Thanks to all my teachers, coaches and everyone else who helped me along the way. Thanks to Mom and Dad. Thanks to all my friends, Dan and Bill 6/21-Right? "Hit the clutch, hit the gear, hit the gas I'm gone."
National Honor Society 2,3,4; Junior Prom Committee 3; Q-Team 1,2,3,4; Student Council 1,2,3,4; Youth and Government 3,4; Cross Country 2; Soccer; Basketball 1,2; Baseball1,2,3,4.

Heather L. Flanagan

"Life is too short to waste time being miserable." Mom, Dad ,Kelsey, Joe, Nonu, Nana,and Nannie-thank you so much for everything! Merry, Megan, Nora and Steph. I Love you guys! Merry-Hockey games! Megan-Tell it to someone who cares! LOL DH-Health bar LOL! Good Luck to the softball girls in the future! Matt, Thank you for always being there for me. I love you 3/30/02.
National Honor Society 3,4; Junior Prom Committee 3; Q-team 3,4; Student Council 1,2,3,4; Basketball 1; Softball 1,2,3.

Thomas A. Fox Jr. (Tom)

Okay! I finally did it. I want to thank all my friends and family. Mom, Dad, Kristen, Teresa, Julie, Kaylee and Mike. To all my friends JK, CC, AW, CE, SH, I love you J-Ro, QB, KP, Neb, anyone I forgot I'm sorry I love you all. Major, Sarge Thanks. ROTC kept me in school WOO-HOO!
AFJROTC 1,2,3,4.

Brian Paul French (Frenchie)

It's my time, this is it, these are my glory days, I will never forget them. I thank my family, teachers, and my friends. You all have been my inspirations and guardians. It was a great ride and now I'm finally free. Hah you still have one more year Kev!
Football 3,4; Wrestling 2; Baseball 4.

Christine L. Galvin (Chrissy)

We did it! It's ova! Thx Mom & family! Daley: FLA. Ur fault! We'll work it out. Alicia: Friday nites we're awesome. CVS? Pepsinose! DAC: So much fun! Knife man! LOL RB Nicole: ECE was greatness! Scott W., thx for being there, Steph: I'm stackin it! Bob M. 2/15/03 always and forever. To anyone else I didn't mention: ILU too! UKWUR. G-luck bro & ur little friends! Good Luck class of 2004. Thx for the memories...
Office Assistants 3,4.

Shaun M. Gibbons

To my teachers: Thank you for all of your help and dedication. To my friends: Good Luck with all of your future endeavors. And to my family: Mom, Dad, Amy, Julie, Mike and of course Willy, thanks for all of your love and support. I love you! "Don't be dismayed at good-byes. A farewell is necessary before you can meet again. And meeting again after moments or lifetimes is certain for those who are friends."
Chorus 2,3,4; Daily Notices 2,3,4; Drama Club 1,2,3,4; MFA Docents 2; Math Club 4; National Honor Society 2,3,4; Q-Team 1,2,3,4; Sold Out 1,2,3,4; Spectrum 2,3,4;Student Council 1,2; Youth in Government 3,4;Soccer 1.

Lanira C. Gomes (Liz)

I walked into Quincy High as a freshman, alone and walked out a senior with a family. I want to thank all my friends for always being there. To all my girls: MJ WH QB HI JRO NG & DN SW. My boys: EA AH MJ GE KD KG MJ KG BJ SM MH JM GD MA & WA. I would also like to thank my father for always being there and always believing in me. Congratulations and good luck class of 2004!
Cultural Fair 2,3,4; International Club 3; Volleyball 4.

Ryan A. Geraghty

It's been 4 years but now it's over! Mr. Campbell and Holbrook, you helped me out a lot. My friends: TD, AP, JF, SW, CG, AK, & EW. I never would have made it without you guys. The last few years have been great and I'm going to miss them.

43% of us have a driver's license.

Abeba Teshager Getahun (Mitu)
First and foremost I would like to say truly thanks to God who had kept me safe all these years and made me. I don't know what to say. Also one thing in my life expressed to my grandma Emmiaye thank you God to give me those lovely sisters and brothers and I will miss all of my family. I want to say thanks to all my family and my dad. God bless all my family.

Josh Giordani (Gio)
Its ova, I'm out of this joint. Pump it up. Wash-a-toss. HN, the promised land. Spank collage roommates good times. Blue Box. Spike and Matty carry the hockey team. Jules, kokirsch its been real (back of labreque). Casey wanna go skiing? Keefa keep in touch along with the rest of my boys and gals. Jess you're next. Mom and Dad couldn't have done it with out ya's . thanks for everything love you's.
Mediation 1,2,3,4; Football 1,2,4; Hockey 1,2,3,4.

Jennifer L. Gordon
"We all take different paths in life, but no matter where we go, we take a little of each other everywhere." Summer '03 group/weekend crew great times. Girls- you're awesome VFFL!B-Unit Jenn w/2n my other half (Jan.12) RIP BM, You'll always be missed. Thank you Mom, Dad, Amy and Sara. You're the best family I've ever had. I love you. Good luck class of '04!
National Honors Society 2,3,4; Student Council 2; Soccer 1,2,3; Winter Track 1; Track and Field 2.

Jillian A. Graham
I wanted to thank Mrs. Turner for preparing me for the MCAS. I also want to thank Mrs. Coleman for helping me get a job. I want to thank my parents for all their help and hard work. Also, I wanted to thank Mrs. Paul for helping me deal with life.

Megan M. Grasselli (Meg)
We've shared so many memories together and I can't believe it's actually over! To my truck drivin' ladies- Nora, Amanda, Cal- You're Divine! Nora- You'll always be my best friend- ILU. Heather-Too many jokes, love ya! Steph- BFFL, lov ya! LF PR SS BH CD SS SM AD IN- ILU girls. Mr Tatro- I learned so much from you, you're the best. THANKS for everything. To my family-Dad, John and especially Mom- ou're my guiding light and inspiration- I love you. Class of '04-I wish you the best, see ya around!
Chorus 2,3,4; Drama Club 3; National Honors Society 2,3,4; Junior Prom Committee 3; Student Council 1,2,3,4; Women in Technology 4.

Rachel Nicole Grillo (Louca/Cricket)
1st I want 2 thank my MOM w/out her I wouldnt B here! "If I could give U 1 gift, it would B the ability 2 C urself as I C U; so U could C how truly special U R" I Love You. Then there's JC Uv taught me so much, even about myself. "I luv bein w/U, I dont have 2 try 2 impress U, U kno all my faults. I can cry in front of U & Ull just hold me 'til I stop, or laugh so hard I cant breathe & Ull laugh w/me & it's perfect!" pq eu te amo muito. Now, CnjbJMnmTMrwRLrcJAjcNDjcb "lifes made of yrs that mean nothin & the moments that mean it all" U guys R those moments. iLu. Kissz 2 my Btree crew & ppl in my past who will never B 4gottn. Mr.J thanx 4 'no breaks' 2day was 2morrowa yesterday & 2day we look back & remember yesterday & can only dream what 2morrow will bring Congrats C*O 2004 we did it!

Melissa J. Griswold (Meli)
Looking back, I thought I wouldn't make it. There were a lot of things I wanted to change. I was the quiet observer, easily broken by harsh words. My family was always there thru it all. I have my mom, dad and older sister, Anne, to thank for giving me the courage to fly towards my dreams . Thank you all for everything.

Domenique A. Groleau (Nikki)
Class of '04 We R OUT! Good luck w/your future! Mom, Dad, Aimee, Richie, Auntie & Uncle, Sandra, & Nadeam~ Thanx 4 everything! ILU ALL! Nonnie & Nonno, RIP. I Miss U So Much! Nancy BF4L 143, thanx 4everything! Fun times dancing in cages & shadow boxes. So many good times 2gether and a lifetime 2 come! KP- EGGPLANT! R U decent?...NO! FL Good times! BH-"In conclusion..."u know the rest! Saraaaah? Sarah Eleey? Haha143! MF-"Son you're weaving"..."Abasket?" Only u! 143BFF! LN-BFA NMW! Marty- 1/23/01~ 7/8/01, I'll neva 4get u!143 Always, TD-u will neva ...str8!Rickie-ILU Ur the best! Cu soon! BM&CFC-miss u guys!143, TG&MG- my lil cusinz. Stay outta trouble!143 VB&BB Teams 00-04, GOOD TIMES! Truc T-ILU BFF! KD- U animal! JM, 12 years of school 2gether, now its ova, 143! AM- Pink shirt! Scotty P- ILU, PtCare2, BJ TALKS! Every1 else, 143 u all! JS DN SM JJ LB JC RS FPJ CH RN CG MH AV AK AW FB DB BC JP Cal&NE1 I 4got! Ms. Graham- Thanks4always believing in me! I'll neva4get u! RIP BMM. UR missed By All!143*
Cultural Fair 2,3,4; Volleyball1, 2,3,4; Basketball 1,2,3,4; Track and Field 1.

Wei Han Liu
WOW! I made it and I had a great time in QHS! Here I will take this opportunity to thank all the people who helped me during these three years: my family especially my mom, Mr. Bretsch, Mr. T Ms. Selvidge, Ms. Vo, Mr. Bearce, Ms. Jenkins, Mr. Gendron, Mr. Lugo, Mrs. Herbert, Mrs. Flaherty, Ms. Twomey, Mr. Carthorne, Mrs. Ryan, Mrs. Snell, Mrs. O'Brien, Mr. Doyle, Mrs.Innis, Mr. Long, Mr. Columb and all the faculties in QHS, AND all my friends. I really appreciate your help. Good luck to the class of 2004. C U, QHS!

Christi Lee Harris
Congrats to the class of 2004 thanks to baby Stephen, Caitlin, Cameron, Mom and Nana couldn't have made it without you. Sammy Jones I love you girl! CS, NB, NG, HA, JI, LB I love you. "To all my old and new friends time changes things but memories are 4-eva!"9/4/03.

Matthew W. Hawko
"I heard a voice inside my head saying, don't look back, you can never look back." It's OVA, congrat Class of 2004. All of the people from Bert & Ernie School we've been together for so many years an great times for everything. I just want to thank everyone who has put up with me in the past 4 years, Mom, Dad, Stephen and Bridget thanks for everything. And to everyone else, so many good times, the random nights at O'Rourke and the Q's summa of '03 Cool Dogs are the best, so many great times at Fenway, CW 99, 02-03. So many great times at Star, right Sarah, HOT POCKETS. Good luck, Class of 2004. IT'S OVA!
Q-Team 1.

60% of us have a job.

Shauna Henkin

h School has been like a roller coaster with its and downs. Neither of which I will forget. I er thought I would graduate and I probably ıldn't have if it wasn't for some very special ple: Mom and Dad, you two always pushed forward and I love you for that. Tom Hayward, always talked sense into me even when I ı't want to hear it. Mikey B., you always made put a smile on my face no matter what was ng. Mrs. Merrill, you were always there for to talk to. Kim C., you have always been a ıd. Tom Fox, you always let me know that ıeone cared and there is a reason to keep on ıg.

ss of 2004 good luck in the years to come and er give up. TF I love you.

nen in Technology 3,4.

Amy Hennessey

ss of 2004: It's all over! The years flew by. uldn't have done it without my family or ıds. Thanks Mom, Dad and Danny, you guys e always been there for me no matter what I love you guys so much! Jeanie-thanks for ays being there and for everything you've r done for me. I Love You! To my best friends, D, Jill H, and Jenn: Jill D, I love you so much I just wanted to thank you for always being re for me and showing me what it's like to e a best friend. I don't know where I would vithout you, and you know I will always be e for you. You are my best friend forever and ve you. Jill H.-we have been best friends ever e I was born... literally. Are you still gonna nap me and bring me to North Carolina? Haha! ill always be here for you I love you! Jenn-we e gotten so close and I'm always here for you. ı't ever forget me. I love you! GMC-Hey baby! ınks for everything; you mean so much to me I love you! To all my other friends, you know ɔ you are.. Keep in touch... I love you guys! ı times in Pat Care 2 Class, I'm gonna miss my s! Grampie-R.I.P. I will forever miss you and e you. Breda-R.I.P. I don't know why you did irl, I Love You and miss you so much. "Our mories of yesterday will last a lifetime. We'll e the best, forget the rest and someday we'll ɪ these are the best of times."

'tural Fair 3.

Joshua J. H. Hicks (Jix)

Life is a road you drive, My friends
Drive to the fullest and soar to the end
Drive with both hands secure on the wheel
Drive with both eyes and lead on your steel
Drive with your passion and let it drive you
Drive with new freedom but obey the rules
But know who you are most of all, don't pretend
Because life is a road that you'll drive 'till the end.

To all my friends and family, my life would be incomplete without you. I love you all with all my heart.

Art Club 1; Band 1,2,3,4; Cultural Fair 1,2,3,4; Chorus 1,2,3,4; Daily Notices 4; Drama Club 1,2,3,4; International Club 1,2,4; National Honor Society 2,3,4; Junior Prom Committee 3; Newspaper 3,4; Sold Out 1,2,3,4; Spectrum 3,4; Student Council 1,2,3,4; Yearbook 1,2,3,4; Golf 3; Soccer 1,3; Swimming 1,2,3.

Daley A. Hillier (Day)

We made it! We got through it all. It's hard to believe our time here at QHS has come to an end. THX to Dad,Mom,Gary,Paige,& all who kept me going. Uncle Donald & Lee, you are loved & missed. Mrs. Snell & Mrs. Merrill, I did it! THX for your support. My guys & gals: CG, BFF "FLA,hot guys!" RB "Sis" M.V "Ghetto booty!" SM,"I win!!" DT MI,"OMG! ILU guys soo much!" JB "BanksieMobile,RIP LoL "DD-IN4getU. MO AB JCx2 SS VS SP HL CG MD HF "Heath Bar!!" AT SW JJ, all my Jr. buddies & softball pals(#12 baby!) & to those I forgot:ILU & will miss you! Good luck Class of 2004. Thx for all of the memories...

Band 1; Office Assistants 3,4; Softball 1,2,3,4.

Meaghan J. Himelrick

Ha Ha you didn't think I could do it! *rasberrries@you* It's been a great two years at QHS and I am going to miss it! I just want to thank all the friends I have made...You guys really changed my life for the better. Sarah, I love you Sis! We both will never forget that first day of school. Eric 12-12-02 forever+always! I love you more than anything. Nana, *we have overcome* without you I don't think I could have made it. Thank you for all the your support. I love you. Everyone at peer meditation, we have some fun memories and friendships that will stay with us forever like our skills, thank you for the confidence. HI MRS. SNELL!

Bonnie A. Hirtle (Bon)

We finally made it! Thanks for all the great memories BT AD RS NG SS KP SM MG Britt-so many good times! Laughing at everything! Aruba, shorts, 23, getting caught! KS! Bball partners, BFFL KP Captains, nah! Vb 12 p.m. Water NG "in conclusion...you know the rest! RS-Sat, Night! YG, Rebi "Uncle Tony" SS-you waited! Teddy Bear! MG-"Umm...Hi" Ad-GL next year tear it up! BFFL SM-hot dog lady! Thanks Mr. Bretsch + Ms. Roach! Thank you Mom, Dad and Ronnie! I love you! Good luck class of 2004! I'm out!

National Honor Society 2,3,4; Volleyball 1,2,3,4 Basketball 1,2,3,4.

Priscilla Ho (Alal)

Thank you for all the teachers that help me through my success- major, sarge, and Dinsmore. Parents that support me. My special friends: Wing, Fat, 2 Wahs, Kit Kit, and "Mo Late Tao" that always stay by my side and give me happiness, also to get through all my hard times. I love you all! Forever and Always!

AFJROTC 1,2,4; Cultural Fair 1,3; Math Club 4.

James E. Hutchins III (Hutch)

Mom, Dad and Family thanks for everything. I love you guys. Jean Claude, E-dog, Ohlson, 04 crew forever. Do it Hard. Lalz you have the best stroke. JT Money. Marc you the best. SS its been a great ride. Let's never forget it. Great summer. Don't care what people think about you. Don't regret anything. You only live once. Point side ride or die, Wolly. Peace out. Throw it up. I'm out.

Cultural Fair 1,2; Q-Team 1,2,3,4; Football 1,2,3,4; Volleyball 1; Basketball 2,3,4; Baseball 2,3,4.

Meredith A. Ioannilli (Merri)

I told you I was wicked smart! Daley, Maria, Rose, Sherry and Vanessa, you girls mean so much to me. To you five and the rest of the Quincy/ Weymouth party crew, "OMG i looove you guys sooo much!" Never forget Saturday nights at Greg's, any of the nights at Nick's, partying before finals, Wednesday nights, and all of those football games and trips to Wendy's. Heather, thanks for always being there for me. We both know that it takes a true friend to not care about being dragged to hockey games for unmentionable reasons. Marybeth, i love ya like a sister...wait, we were sisters for a week...point sebago '03. (Never forget V&T, High stakes bingo and f-spiders haha) I'll miss you next year. Steve(Paco) I miss Lugo's class per 3! Lauren, mio cugina, have fun at QHS without me. Thanks Ma, Dad, Annie, and K. Hey Class of 2004, ITS OVER!

Hamda M. Ismail

Oh ya, we're finally graduating. Congratulations to the class of 2004. It was the best 4 years I had, yet the most challenging, and I wouldn't have done it without my mom, and family (Hayat,Am al,Fathia,Abdulah,Mahdi) and my favorite girl Ly Thuy Vien & all my friends (SW MJ MJ GID EA EA SQ AH) My greatest inspiration Mrs. Flaherty, I wouldn't have done it without you. Thanks to all my teachers, and good luck to everyone.

Art Club 4; Cultural Fair 1,2,3,4; International Club 1,2,3; Daily Notices 2; office Assistants 1,4; Junior Prom Committee 3; Sold Out 1; Women in Technology 4; Tennis 1,2.

Christian R. Jacobs

It's just about over and who could believe? I had some great times in high school and met some great people. R.I.P. BM, Scotty and JJ. I'll miss those engineering classes. We had some great times at Jared's house Mac, Krib, Ledion and Jared. We also had some unforgettable bashes! I love Lauren forever and always NMW. Being with you has been the most amazing part of my life.

Soccer 1,2; Baseball 1.

27% of us plan on entering the military.

Michael R. Jarvie (Coach)
It just shows to go ya. MM CS McG JS SC WA JM and T. Thanks to all the good people in Heritage, StuCo, YAG, Drama, HYPER, Docents and Debate. Good luck in all that you do and remember its not what you do,it's what 80's power ballad you're listening to while you do it.
Drama Club 3, MFA Docents 2,3; Q-Team 1,2,3,4; Robotics 1,2,3,4; Sold Out 1,2,3,4; Student Council 1,2,3,4; Youth in Government 2,3,4; Tennis 1,2.

Marwa R. Jawad (Shorty)
Well this is it, four years in one paragraph is not enough but I want to thank my Mom and Dad for everything (I love you). I want to thank my friends AR BP V HI HI LV GE GD MS MW W AM GD KD QB JR and good luck to KC SS KG HB HN RC AP IP. Special love 2 (EA and TP. My best friend, Sabrina, I love you girl! Thanks for everything. Love for Lanira: don't forget me. I want to thank my brothers MJ, MJ, HH, AH, MN, and my sisters RJ, WH for being there for me and thank Allah, I'll miss you people. Iraq for life, always.
Cultural Fair 1,2,3,4; International Club 1,2,3,4.

Jessica M. Jordan (Hunny)
To Linz # 2 ('scuse me, Let me clear my throat!), The "Mur" (Backwards), and "Meet me in 11 years"-"Every morn is a fresh beginning. Every morn is a world made new." LMM and "Be still and let your hand melt into mine. The part of me that breathes when your breath is losing time. I can't find the words to say I'll never say goodbye"-JOC-For everyone else (especially my "role model") who knows that I love them and is looking for some parting words... "Skittle power, 4:30 A.M. shower, boy bands rock, look, it's a sock! Love me, hate me, you wish you could date me. The Yankees don't really suck, Like your Paul Frank Monkey, I love my Rubber Duck. To see you now like I saw you then, who cares about that, or to remember when... God Bless and good luck guys!
Chorus 1,2,3,4; Drama Club 1,3,4; Spectrum 3,4; Swimming 1,2,3,4; Softball 1,2.

Annie M. Keith
I cant believe its ova! Mom,dad,James-thanx 4 everything ILU Gram- ur the best ILU, Mr. Adams-Best teacher and coach eva! Culinary Crew 04! Thanx G,H,Noe, M- Best times,every1 in Culinary u kno who u r! Watsup- SW JM MB JB KC- ur awesome LU SS -The Note! JC-Bro! KIT, CS-Guys at Warped Tour! JS-Turkey Game! RP-Great toimes, thanx 4 bein there BFF. LU JKB -TU 4 everything, KM-Ya like my sis! BFF LU, AV-Ill always remember the memories LU JEHIII-been thru a lot w/u but still LU Bahamas 04! JS, LB. Every1 else LU+GL R.I.P. Breda McCarron-its 2 bad u couldnt be here w/ us ILU+miss u BFFL.

Foster J. Kelly (Blunts)
School, thank God it's over. But I had a great time. The Pumpy, Crusher, J-Bells, Wendy's Late Night, all night'ers and to all my playas and my chicks: (you know who you are) ML AV RR YZ JB AK NM EB to the rest of my family, keep it real. I'm out kid. Peace and 1 Love.

Ryan D. Kirby (Krib)
I love you guys: Scotty Blaze, Jiz-oint, Ja-bluhh, and Whit-Wee-Drama Geeks: Shizzy, Sizzy, and Phill. Spads my man! My girls: Jess, Colleen, Lindsey and Kristen. Special thanks to Mr. Scanlan, Ms. Scanlan, Ms. Snell and Mr. Long, without you I'd be lost. Ride the Pony!
Chorus 2, 3, 4; Daily Notices 3, 4; Drama Club 1,2,3,4; Newspaper 4; Q-Team 1,2,3,4; Sold Out 1,2,3,4; Student Council 1,4; Cross Country 2; School Mascot 4.

Christopher J. Kirschner (Kirsch)
Just when I thought this would never end! And now I'm saying my good-byes. To the "Promise Land" crew (BB CG JG MM MG RP FB MQ DS). I wouldn't have had a great 4 years without you guys. Franky, "Banging on a car roof?" Josh, always there in a pinch. Brooke, always in my heart. Jack and Tina, thank you guys for all of your support! Mom, I love you. Good luck to the class of 2004! WE MADE IT!
Football 1; Basketball 1; Baseball 1,2,3,4.

Kathryn J. Kisielius
"We know what we are, but know not what we may be." - Shakespeare. Congrats Class of '04'. Good luck in the years to come. Senior Ladies KS CM KD, I heart you 4L. To all my friends, "I'll remember the things I did for a while, but the people I did them with forever." I couldn't have imagined QHS without you. Soccer #16 "Get low!" Good luck girls. Fab 3 can you hack it? CoCo - Partner in Crime. Kaila - we love our marines. "Save me I am drowning." I love you girls. Cal - Put your paws together. Andy I love you 3/26/02. Mom, Dad, John & Julie I love you, thanks for the support and encouragement. Good luck next year Julie. Quincy High School, "Send me on my way."
National Honor Society 2,3,4; Q-Team 1,2,3,4; Sold Out 2,3,4; Student Council 2,3,4; Soccer 1,2,3,4; Basketball 1,2,3,4; Track and Field 1.

Migena Kosta
The high school years were 4 years of challenges and experiences. I want to thank my parents for everything. Thanx to my sis. I definitely couldn't do it without u. My bro. I miss u. I want to thank all of my teachers. Mrs. CM and Mrs. RD u the best. DK u the best cuz. MM u always going to be the hottest guy in my list. KM u're my second bro. JQ, EN, GB, BC, RD, GL I couldn't have done it without u guys. ILU all. Good Luck Class of 2004!
Cultural Fair 1,2,3; International Club 1; Office Assistants 1,4; National Honor Society 2,3,4.

Amelia L. Kurpeski
"The future is not set." The early 90s live on. Thanks to Trent, NIN, KMFDM, AIC, and other greatness. Class of 2004, it has all led up to this. What now?
Art Club, 1,2,3; Gallery Committee, 1,2,3.

Michael J. Lally
Its finally over, these 4 years went as fast as they came. Lots of good memories and fun times. Joe, Merl, Craiga, Hutch, E, JJ, Olce, Mendez and JT-money, you're my boys for life! Hutch, I can talk to you about anything. Merl, fun times in N.H. Craiga, "We double-teamin' 4-Life!" To all my other friends, I'll miss you, Good luck in the future. Iryna you will always be in my heart. To all my other lady friends, I will miss you, so kee in touch. Mom, without wouldn't be where I am today. I love you and the family. Goodbye Quinc High.
Q-Team 4; Basketball, 1,2,3,4.

Wing Guy Lai
Finally, I graduate from Quincy High School. In the past years, I learned a lot of different things, played with friends everyday and had fun. But i here, I have to thank the teachers who showed m a lot of new stuff: Mrs.Ryan, who helped me a lo of the time in Math, Mr. Bearce, Ms. Selvidge , M To, and Ms Vo, they all took care of me all the tin Ms. Twomey, Ms. Fortuna, Mr.Chen... they taugh me how to be a good student. So I need to thank my teachers for everything they do. Thank you!
AFJROTC, 2; Cultural Fair, 2,3,4; Math Club, 3,4.

Dung C. Lam (Henry)
Photo Album
This is a photo album of us
Up in the attic collecting dust
So many pictures on hundreds of pages
Taken of us throughout the ages
They always show the sunshine gleaming
So unrealistic and without any meaning
They do not show the neglect and the doubtin
Then angry words and then the shouting
They do not show the cloudy days after graduation
Or why we went out our separate ways
AFJROTC, 1,2,3,4; Cultural Fair, 1,2,3,4; Robotics, 2,3,4.

Stella Wing Yan (Lam)
Thanks for all of my grade 9 to grade 12 teachers for helping me a lot. Thanks to my family for supporting me. I will never forget these four yea that I have gone through in Quincy High School

Catherine L. Landers
At times I didn't think I would ever see this day, and I'm so happy that I finally made it. First of a I want to say I LOVE YOU to my mom and dad, I couldn't have done it with out them, thanks fo everything. Stephanie ILU baby girl. Nana, I wis you could be here to see this, RIP, I love you 4-ev and always. Nancy B. ILU and thanks 4 always being there 4 me no matter what. Robbie ILU ba F.M, J.E, S.G, C.S, C.D, C.H, N.B, Love all of you good luck. Much love to Dr.Wilson, Mr. J, Mrs. Martin, Mr. Noe, Mr. H, and Mr. G, for all of the help. To my Culinary fam. J-Ro, CM, PL, MG, Sl MB, love ya. Sorry if i forgot anyone. Congrats t the class of 2004! Peace.

48% of us have visited other countries.

James F. Layden (Jaybo)
t's finally over. I had some good times. Tiger ou're the only one I'll miss. Thanks for all the elp, Mom and Dad. To all the people I liked have good one, I'll see you around. And if I didn't like ou, just remember I still don't like you.

Carrie E. LeClerc
hank you mom for everything you have done for ne. Thank you to my friends for everything TM M AF KP PS ED AC KL MB MB, thank you Mrs. undy and Mrs. Coleman for everything you've one in the past four years for me.

Paige H. Lentini
Ay years here have been some of the best years of ny life. I met my boyfriend. John Torchetti, I love ou! I have also met my best friend, Mary Grace you changed my life. Friends forever! To all my riends that are closer to me than ever! HR LM FS B J-RO TF ME JK MB. I love you all! Mary Grace ou're me and Johnny's adopted daughter for life!
Mediation 4; Soccer 4.

Pandi Lera
inally high school is over. It was a long run and ard work but in the end it always pays off. I will niss Quincy High School, but most of all I will niss
he teachers who were there for me: Mr. Bretsch, Mr. McGibbon, Mrs. Flaherty, Mrs. Snell and Mr. Gendron. And I also want to thank my family for eing there when I needed their help. Shouts to ll my friends: Gezim, Elio, Bledion, Rob, Mike, Migena, Vilma, Mohammed, Endri, and all the thers that I did not put here, you know who you re, and a special shout to Melissa S. I will never orget the good times in QHS.
Math Club 3,4; Robotics 4; Cultural Fair 1,2,3,4.

Anthony Leung (Setsuna)
Now, I can still remember being lost on the first lay of High School. It was hard, but fun... Sure here were bad days, but there was an equal share of good ones. By the way, I'll never forget the day where I was forced to go on a field trip. My time at school has be been crazy, but fun...
Robotics 3,4.

Matthew S. Lewis (Matt)
Best of luck to my fellow classmates in their future endeavors.

Jocelyn Li
This year is my last year to stay in QHS. I'm very happy to attend QHS with my friends and teachers during these 4 happy years. I'll miss you all. At last, I very much thank all the teachers in QHS.
International Club 3.

Jia Y. Li (Vicky)
All good things come to an end! See you later! Miss me, OK?
International Club 3; Math Club 3,4.

Jun Jie Li (Jacky)
Skills, Intelligence, Strategies, healthy, money and love! Face your Final destiny! Destroy all your enemies.
Soccer 4.

Jie Mei Li
How time flies! I would not have made it without the help of my Mom, Mrs. Flaherty, Mrs. Snell, Mr Doyle, and my best friends Yuki, Kara and Clara. They taught me a lot of things and gave me a special deep impression. Good luck to the class of 2004.
Band 3; Cultural Fair 3; International Club 3; Math Club 3.

Zhong Hua Liang
Go! Go! Go!
AFJROTC 2,4; Cultural Fair 3.

Fei Yun Lin (Faye)
First, I have to thank all my teachers. I appreciate them that have taught me a lot of things in the past two years. I will miss them. Don't forget me. Second, I hope I will keep in touch with my friends.
Cultural Fair 2,3,4; International Club 2,3,4; Math Club 2,3,4; Tennis 3,4.

Sui ying Lin (Sandra)
Like a compass, always direct me to the right way to become successful. There you are Dad, Mom Vinny and Jackal. I love you guys all through my heart. As for my friends, however we move on, our friends will stay no matter what. Class of 2004, we finally made it!
International Club 4.

Yi You Lin

Zi Xin Lin (Joady)
Thank you to all the teachers for teaching me. You helped me a lot and give me a lot of information. Thank you for school. The school offers a lot of subjects for us. I am so happy to finish this four years of study with all my friends, teachers, and this school. I hope every teacher has a good teaching year.
Band 3,4; International Club 3.

Ryan F. Little
Senior year has finally come! It's been a long four years but they still seemed to fly by. QHS football, linemen we're the true hard workers ED, SO, SP, LP, DD, JH, MO, and DC (wow) Its been great playing line. Thanks coaches, teachers, and Mom and Dad.
Football 1,2,4.

Wei Han Liu
AFJROTC 2, Cultural fair 3,4; Math club 3,4.

Yong Wen Liu (Karena)
Finally, I graduated from Quincy High School. Thanks to all the teachers for their kindness teaching me knowledge. Thanks to my parents. They always encourage me. Thanks all my best friends. They bring me happiness. I will never forget them even when I am in college next year.
AFJROCT 2, 4; Cultural Fair 3, 4; International Club 3, 4; Math Club 3, 4.

Quang M. Luc
Thanks to those who helped and encouraged me. Special thanks to my parents! Good luck to the class of 2004
Tennis 4.

Joanne Tania Louisaint
First and foremost Iwould like to thank God for His Grace, Mercy, and Kindness that he has had on me. For keeping me from all harm and giving me the opportunity to be able to recieve an education. I would like to thank these special people, Dr. Wilson, Mrs.Merreil, Mr. Mulready, and Mr Keuther being there for me at all times, times invested, and believing in me. I would like to say goodbye with this encouragement, that we can do all things through Christ that loves us and if we BELIEVE. Have a great summer and God Bless!

Hanh T. Ly
Special thanks to my mom, my dad, my brother and Jen S. for their love and support and thanks to all the teachers that I had and especially to Mme. Flaherty, and to all of my English teachers. Special thanks to all my friends for all the fun times and the hard times we went through. It's been a blessing to have all of you as my friends, I will miss you all dearly, and to whoever I missed I'm deeply sorry. CE, MD, SS, DM, NT, TN, TT, LT, CT, GD, ZM, BC, TF, HL, JC, LL, MPM, AKJ, JJ, CG, DH, MD, RG, to my french friends SA, LAM, MS, RK, KD, JG. Good luck class of 2004! See you at the reunion.
Office Assistance 4,5; Junior Prom committee 3; Q Team 1; Tennis 2; International Club 4.

Zin Ma
Finally! It's over. Thanks CC, and HL for all ur help.

Samantha A. Maconachie
Goodbye to the class of 2004, Good Luck to all of your futures! I can't believe its over.... Mom, Dad I couldn't have done this without you, I love you guys! I can't forget my "maco" girl crew! Love you guys! -Thanks! Christi girls 4-eva BFFL! I love ya! (7-3-01 love you!) To all those nights I can't remember, I'll never forget my friends!

48% of us have attended Quincy schools our whole life

Evan MacIsaac (E-Z-E)
I'd rather be on the moon kingdom, but I got stuck here. Lara the pretty sailor soldier, Brett the mainer, don't squish those guppies Ltrain! From TAP with Fishy B, to Lenny the F.H., its been semi-bearable. Cosby, cheese, mints and green! Sera Myu Forever! Or at least awhile.
Spectrum,1,3,4.

Sherry L. MacKenzie
Thank you to my mother, father, and brother for pushing me to do my best. Also to Mrs. Herbert, Mrs .Scanlan, Mrs. Roche, and Mrs. McNeice for helping me through school and also pushing me to do my best. "They may forget what you said, but they will never forget how you made them feel."-Carl Buchner. To all my friends who have been there for me, thanks for everything. JB RB JC RG MI DH MM MO NO SP SS MV-who says you can't have fun on Thursday nights. Wonk wonk. Love Peace and chicken grease! CC and SK-kick some butt on the soccer field for me. BH-hotdog lady. SS-my little driver. "Wherever you are, it is your friends who make your world."-William James. I love John Harry Banks. Thanks for always being there for me and helping me through everything. "The privilege of a lifetime is being who you are."-Joseph Campbell. Live life to the fullest!
Mediation 3,4: Soccer 1,2,3,4.

Daniel R. Mahoney (Danster)
Yo!Yo!Yo! I would like to thank my mother and father for everything. All my family members (aunts, uncles, grandparents) for helping me out. I also have to thank the teachers who taught me in QHS. Shout outs to my boys Ray, Harry, Gideon. Also, a big Wut Up! To my baby, Jennifer, I LOVE YOU! 7-17-03. Peace & 1 LUV!

Pian Pian Mai
To those who know me and I know the people. I am an ESL student so I want to say to all ESL teachers and to the people in the library: Mrs.Carol: When I came to school, I didn't know anything. The ESL teachers use patience to teach me everything. I will remember you, you are in my heart. Good Luck to the class of 2003.

Katelin J. Markham (Katie)
Wow I can't believe it's over! I would not have made it without my mom and dad, ILU, I couldn't do it without my Auntie Ann Marie ILU, Mrs.Herbert for all 3 years, to my friends thanks for everything S4L SF KA CK G-Town 4Life. Rite girls, we're the real G-unit, word up to fun nites at Columbia. Noale Gym buddys 4Life. Girls good luck w/out me next year.
Women in Technology 3,4; Basketball 1; Softball 1,2,3,4.

Diogo S. Marra
First of all, I want to thank all the girls of Quincy High for always looking so good. And thanks to my family and friends for being there. Good Luck to everyone. Class of 2004 rules!
Cultural Fair 3,4.

Colleen M. Martin
"Celebrate we will, for life is short but sweet for certain..."-DMB Good Luck class of '04~SENIOR LADIES ILU KS KK KD~SPINK lol wanna do something CRAZY?! Summers '02,'03 were awesome. SOCCER girls I heart u all, beat NQ next yr and GET LOW! CPTN#13 Jess Shea Kate Kaila bus rides+dinners, I'll miss it,Buffalo Chkn 4Life. Canoli Kdwy KitKat,never 4get MASC memories, the best times (GGW!) -"Pictures fade away, but memories last forever" Shaun Brenny John-I'll miss all ur humor~JM, MY neck MY back~FAB3,CAN U HACK IT!?Kaila-wake me up be4 u coco Katie-Partner in crime! I don't know what I'd do w/out u 2~Shea+Kate-I can see it in your eyes!~2 all my girlies+guys UKWUA"schools out,memories past, don't ever doubt, our friendship will last"KIT. Thanks 2 my teachers esp. Mr.Scanlan Ms.Creedon and Ms.Scanlan 4 always being here. Mom Dad (coach) Mike Lee Nanas T+M Papa Grampie and every1 else thank u for all ur support in everything esp when I needed u most. Nyxanna, keep singin and dancin while I'm away!" Have faith in ur dreams and someday ur rainbow will come shining through...no matter how ur heart is grieving, if u keep on believing, the dreams that u wish will come true..."-Congrats everyone
Chorus 1,2,3,4; Drama Club 2,3,4; National Honor Society 2,3,4; Junior Prom Committee 3; Q-Team 1,2,3,4; Sold Out 1,2,3,4; Spectrum 4 Student Council 1,2,3,4;Youth in Government 1,2 RSAC 3,4; Yearbook 4;Soccer 1,2,3,4.

Colleen M. McCarthy
Chorus 4: Drama Club,3,4.

Scott R. McConville (Scotty Mac)
Great four years, but gotta move on sometime. Good times at Jared's, Jizz's, JJ's, Mendez's, Iryna's, parking lots, and parks (no good). Thanks to Mom, Dad, Frisky. "Live life to the fullest!"
Student Council 1,2; Cross Country 1,2; Basketball 1,2,3.

Andrew D. McDonough (Andy)
Hey whats up class of 2004 we made it. I would like to thank my supporters for "helping me through high school."
Hockey 1,2,3,4; Track and Field 1.

Michelle C. McGinnis
Yeah baby! Finally Free! JT how bout those battles? "Made in China" JR wanna race? CS underwear thief! Somebody Help Me! Adam you are my everything 143! Yo D "who rides w/ no shoes on? Mom + Dad, J, E, S, ILU bunches. Thank you! 143 Breda 143 forever in my heart. RIP GL guys! Cali here I come! "Never give up on your dreams." What if I was a squirrel?
Art Club 3,4.

John P. McGuiggan (Choo-Choo the Herkey Jerkey Dancer)
"Just a reflection, just a glimpse, just a little reminder"...well, the quote thing's done... I know, another quote! About TV! "I don't watch television. And notice I said television, not TV, because TV is a nickname, and a nickname is something you call a friend, and television and I are not friends." Anyhoo, in order to not alienate anyone any further than I already have, all those who think they should be thanked may consider themselves so...now. Ahh, high school. So cruel. You've done nothing but desensitize me to everything. What became of subtlety? Ok, QHS English department is hardcore, don't mess with the watchful eye of one S. Mulready. Edgar, I'll miss our rants. Ms. Nosek, you're pretty fly for a white guy. Shine on Jim Manning, good times for a change. Ben, Ian Passion, Lou, Robogibbons, Lucy, you'se guys are alright. KS, KK, KD, CM, rock out, Khia Henck, you're crazy but cool. Deb, tanks. What's that? Your shoes? My shoes hurt too, Heather, my shoes hurt too. Godspeed.
MFA Docent 2,3; Spectrum 3; Yearbook 4.

Jacob R. McQuinn (Jake)
Finally the 12 most important years of my life are over. Every one of them has been unforgettable in its own way. Thanks to all of the teachers that have made them easier and more bearable. A big thanks to my parents. Love you guys. Lew, those 2 years in plumbing have taught me a lot. Thanks buddy. To Mr. J for always putting some comic relief into a bad situation. Thank you Mrs. Greene for setting me straight from the beginning. To Clarke and Angelo good luck guys I'll be seein you. Good luck class of 04

39% of us are often late for school.

Kirby S. McWilliams

ıanx Mom and Dad! You guys have been there r me more than you know. Thank you to all my iends you have been there for me (NN SN CG). I'll miss you guys.

Manna Mei

nally, we are leaving Quincy High School. nd I want to thank all the teachers and friends ho helped me get through the last four years. specially Mr. T., Mrs. Lane, Mrs. Ryan, and Mrs. ıell. Thank you very much. Good luck to the ass of 2004.
ultural Fair 2,3,4; International club 2,3,4.

Roberto Mejia (Tito)

'hat up wack QHS! I finally did my 4 years ' now I'm on my way to doing something big. olla!

Jonathan A. Mendez

's the end of the beginning...BrenMerlJoeLallz+ ıe crue...funtimes- TV off the quarries, heels over ead, StuCo rides home, road trip to Plymouth. hanx Captain Hackett...DoOgSiReEb. Jizz+Bren- nashing pumpkins is cool 'til u r in a cruzer. D-dude I am the #1 drag queen...BC+KD+TD on ıy wall still...busta-thanx 4 the notes...BM: RIP 10- ..Whitney- I like you because you eat the chunks f the salsa. Swing Swing wut a fling in summer 03 247: hotel swimming pools, dancing in the car, SP PL, my finger nail is pretty...Coach Orcutt- ıanx 4 showing us how to live...Thanx family, u uys have been wicked cool... "It's time I was on ıy way/ And now's the time/ The time is now/ o sing MY song" (Led Zeppelin) ust look up to the stars* ...Adios culados, eace+Luv+Luck 2 all- Mendez
'ational Honors Society 3,4; Q-Team 1,2,3,4; Sold Out 4; Student Council 2,3; Soccer 1,2,3,4; Winter Track · Baseball 1,2.

Mike Merlis (Merl, Merlass)

lice Job everyone, we are finally out of this place. 's been a long 4 years, Lots of good times, Joe, alz, Craiga and Mendez. Brendan Crowley, ood times. Lots of memories with the T-Bird. Mendez's House 3/21/03...3/22/03 ride to Loon. yna's house, Kev's basement, Iryna's Parking ot, Wolly Beach, Columbia, Faxon Park. Acey Deucey, Beirut, and Black Jack. Lacorte thank God for the fakey. Many strange nights in the ruck, you know who you are. 9/6/03 crazy night t Shea. May the T-bird rest in pieces. Fish N' Chicken. DMB concert, Josh how's the SKY. Joe ır never getting 22's. J.J. Ohlson, Ian, Hutch, .T. good times...Buzz K.L., S.P., J.F., Sara Larkin, Scotty Mac, Ted, J.M...All the girls AD RN Iryna, KD KK KS DN SM SS CM NC CG NO...143 D.C. ıaha...Lalz may good times at Loon. Lalz me Bren ınd Mendez will never forget that night, head over heels. To Mr. Scanlon thanx for everything. Thank you Mom, Dad, and Ben.
National Honors Society 2,3,4; Q-team 1,2,3,4; Sold Out 1,2,3,4; Student Council 1,2,3,4; Youth and Government 1,2,3; Yearbook 4.

Lindsey Meyers

To Jess, my best friend in the world. Where would I be without you? I love you more than I can say. "The apocalypse is coming, so let me clear my throat! Oh!" To my other close friends, you know who you are and you know that I love you and I always will. To my Drama family, I love you all so much- I couldn't have asked for a more amazing group of friends. Thanks for all the memories and the support. Good luck to the senior class of 2004! Whatever your dream may be, someone will say you can't do it, and you have to know you can...
Chorus 2,3,4; Daily notices 2,3,4; Drama Club 1,2,3,4; N.H.S. 2,3,4; Newspaper 4; Q-Team 1,2,3,4; Sold out 3,4.

Janai M. Mungalsingh

Thanks to all those who pushed me to work harder. Mrs. Lane, you never let me rest until my good was better and my better, best. I wish Rich Scanlon could see this, my mom says Hi. How to describe Quincy High... "All your friends are doing it!"
National Honors Society 2,3,4; Mediation 3,4; Youth in Government 3,4; Soccer 1; Sailing 1.

Odeta Murati

I've never thought 2004 would be here. With the help of my Dad, Mom and my sister Alda I did it. I also want to thank my teachers Mr. Camiolo, Mrs. Doyle, Mr. Hallet, Ms. Mulvey, Ms. Salvidge and Dr. Wilson. Also my friends ES Alba (amore) EN, BC, OL, SR, M, JQ, VC, and I _ KL
Cultural Fair 2,3,4; International Club 3,4.

Caitlin R. Murphy

To all those who didn't think I would make it this far, I proved that anything is possible if you put your mind to it. I would like to thank the teachers and staff at Quincy High for helping me get through 4 of the most important years in my life and I would especially like to thank my grandmother for believing in me. You were there for me NMW and stood by my side with every decision I made even if you didn't agree.143. I'd also like to thank all of my friends, UKWUR, for being there for me every step of the way. I couldn't have done it without you all. 143. Most of all, I'd like to give a special shoutout to John, thanks for everything hun.. love you.. and Taryn, 143 babe- CFL *I still got love for those who have changed and moved on but I got more love for those who have changed but are still there when you need them* *a person can forget what you did to them, but they'll never forget how you made them feel* *It's sad when the people you know become the people you knew*

Nicole D. Murphy

Congratulations C/O '04! I wish all of you the best of luck! Mom, Dad, Bobby, Sara & the rest of my family- ILU, thanks for everything! To my friends-LF, RP, CS, AK, PW, PR, CJ, CG, DM-I love you guys! Thank you so much! Hey to everyone in ECE-I'll miss you guys! QHS-Thanks for the memories!

Lara Murray (Sailor Asto)

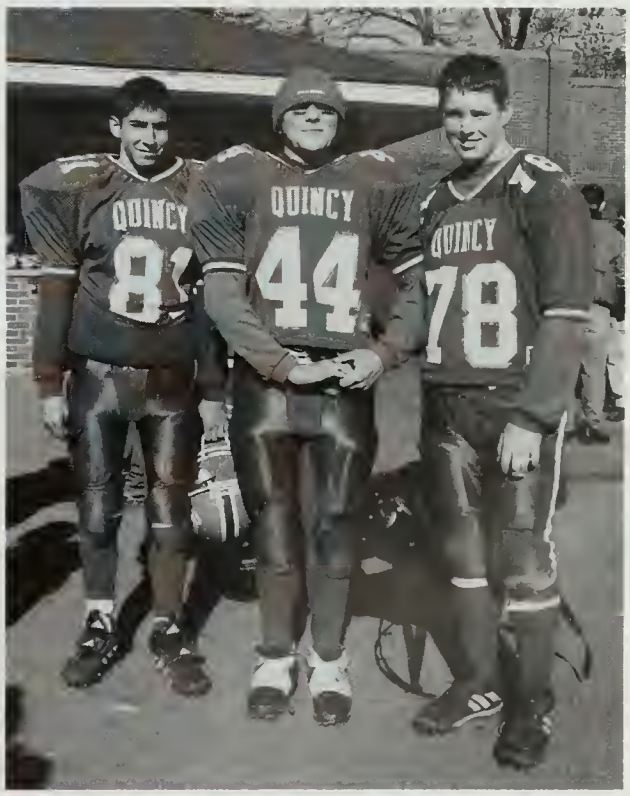
Do you smell what the squirrels are cooking? It's the smell of teen spirit! To all my friends, past, present, and future, thank you all for the experiences. To those who never took the time to get to know me, it's your loss. Evan, Brett, and Peter we'll take over the world soon enough! Everyone else, you know who you are, good luck in the future. See you all at Anime Boston and Otakon! Best Wishes!

Sarah E Murray

Wow... I can't believe its over. These 4 yrs. Flew by...to everyone, ukwur , ILU! MADJICERS... good times! those parking lots r gunna miss us, huh? Sab-sweetiepie, ILU, its time to live out our life story ur right. If only they knew! Iryna- ur a suka but I still LU! Amy- DB's 4eva! JJ- u smell like cabbage but u'll always know how to make me smile.143. Nvr forget our memories- Thanks to my family, where would I be w/out u? Class of 04! I hate saying goodbye so I'll just say Peace out! lol ILY all (:
Q-Team 1,2.

Mohammed Salman Najem

4 years of the most wonderful and happy life I will ever have, have just past by. 4 years of working hard and getting educated has just finished in this school. You will never feel how much school is fun after you leave it. I would like to thank my parents so much for keeping up with me, and especial thanks to all my friends, coach Kevin O, and I wish them all a wonderful happy life. Also I would like to thank all my teachers, and Mr. Keuther for making me a great and educated person in this life. Luv u all, Peace.
Cultural Fair 1,2,3,4; International Club 1,2,3,4; Soccer 1,2,3,4; Track and Field 1,2.



63% of us make homework a habit.

Lauren M. Neenan (Lolly)
Wow! Its finally over! Its been great. Shout outs to all my chicas and chicos SM, SS, IN, AD, JG, NG, JS, NN, SO, JN, SM, JM, DN, Love ya's all! I'll miss you! Prom- 2003, Best time! All those nights of chillen at random places! Great Times! Thanks Mom and Dad, I Love You!
Volleyball 1,2,3; Basketball 1; Track and Field 1.

Danielle Neill
Congratulations to the class of 2004! I never thought I'd say this but I'm gonna miss it. Good times at Wolly Beach, A Shore, Faxon and the parking lot. Nothing beats those nights. Thanks to Mom, Dad, Lindsey & Carly for all the love and support. And to my fav. girlies, Sarah (my fonz), Robz, Jess & Lau. Say hi to Shelly for me. The rest of you know who you are. SM, AD, IN, SS; ILU guyz. Good Luck & don't forget to have fun.

Robyn J. Nelson
Wow! We finally made it! Couldn't have done it without my BF4L's SE, DN, JC, LC, SM, SS, IN, AD. Big thanks to my Fam. Mom, Dad the KMN's ILU! Shawna GL BF4LNMW! R.I.P Breda McCarron LU and MU babes! 86-00 BMMS Crew- GL I'll neva forget u! IN's Parking lot crew- ur awesome,lu, funtimes! Summer '03- Wolly Beach, Parking lots, randomness, Columbia, Faxon, the Q's, u kno how we do! Don't forget it! I kno I wont! Special thanks to Mr. J and Mrs. Roach, I'll miss u! Big shouts to the hottest girl in NH, Shelly Ophagus! (grls ukno!) Well... Congrats class of '04, GL I'll miss u! I've had the time of my life and I owe it all to you! Peace Out Q.H.S!
Office Assistance 3; Cheerleading 2.

Iryna Neskoromna
"As we go on we remember all the good times we had together..." Congrats Class of 2004! Mom, Dad, thanks for everything, ILU Summer '03 awesome times! The weekend crew...which parking lot is it gonna be tonight? Spring Break '04 BBO, FinUgly, B-Units (ilu girls so much!) The '04 crew. Michael, you mean the world to me, 143. SM, AD, SS, JG+JC, SE,RN, DN my girls! Merlis, you must be the funniest person alive! JP,BC,JN(jj),IJ,SO,JH you guys are the best! Class of 2004, I will never forget you!

Nicole L. Nunziato (Coley)
Wow guys, its finally over. We made it! To all those who said I wouldn't, look now! Special thanks to Mr. J and Mrs. Roche, gonna miss you! To my mom, dad and stepmom, ILU and i couldn't have made it without you. Glenn youve help me out so much, ILU babe.. And a special thanks to my friends.. "Broad Meadows Crew" Never be forgotten! and to the ones that i got close to during the days of highschool, Rn Se Ss Sm Vs Dt Jt Mm Jp Bc Jj Ohlson Lally Jb Rr (kirby and jill BfFl thanks for always being here) i couldn't have had a good 4 yrs without the rest of ya. Good luck class of 2004 and keep in touch! "There is an "End" in friENDship, but not if you never forget!"

Elona Ngjela
I've had 3 unforgetable years here at Quincy High School. First I want to thank the best teacher ever Mrs. Flaherty also Ms. Graham, Ms. Camiolo, Mr. Bretsch, Ms. Creedon. Thank you all for all your help. Special thanks to my parents, my sister Reviana ILU and to my best friends: Bela, MK, LH, MT, DA, ET, F.SH, TM, AS, OM. Good luck to the class of 2004.
Cultural Fair 2,3,4; International Club 2,3,4; Math Club 4.

Thao Ngo
Special thanx to all my girls: Nikki, Christina, Thao, Linh, Ly, Hamda, Hanh, and anyone I missed sorry. I don't know how HS would be without you. Thanx to my family and B for being there for me and supporting me all the way. I love you! Congrats class of 2004 we finally made it!
Cultural Fair 1,2,3,4; MFA Documents 1,2,3; National Honor Society 4.

Tia T. Nguyen
High school only takes 4 short years in one's lifetime, I say why not make it memorable? Cam on cha me, sis, my brothers and a special thanks to my twin, Lydia. I love you all. Nick, it's been 3 tough years, I thank you for just being there and waiting for me. Aishitero.

Jean Jacques Niamkey (J.J.)
Oh yeah! Seniors it's finally here. No regrets because we did it best we could while stuck in this place, we lived the last 4 years to the fullest. I'd like to say thanks to my family who kept me on track. A big shout out goes to the 04' crew E-dogg, O and Ed and JP, ML, M2, BC, JT, and Do-it. To Sarah the biggest -----, you've always been there for me and I'm forever grateful. Good luck class of 2004, Peace out!
Q-Team 1,2,3,4; Football 1,2,3,4; Basketball 1,2,3,4; Track and Field 1.

Steve O'Brien (OB)
Thanks Mom, Dad, Billy ILU guys. Lunch 5 lets skip whats up to DB, KS, MM, RH, DS, FB, DB, JG,JK, CH, JB. Period 1 and 2 Bickfords FB, CH, JB DB, KS, DB. Thanks Lew and Mr. J. Pump it up.

Steve Ohlson (Ohlson)
HAHAHAHA! High school is over! Thanx to my parents, brother and family for helping me through it. ILU Mom. Thanx to all my friends too many good times. ML, JM, JP, MM, LP, SP, BC, BF, MF, JG, RP, JB. Thanx to all my brothers on the football teams and Coach Noble, Coach Carey, Coach Reardon, Coach Morel, Coach Nutley and Coach Randall. To all my girls SS AD RN SM DN NN JG IN SE ND JC NC NO-ILU. Places to be on weekends were Iryna's, Jess', Columbia and the stadium. 04' Crew; JJ, Hutch, E-Dogg, Dewitt and Jusitn-u guys are my best friends. Thanx for standing by me and helping me out! Britt, I'll never forget u- thanx for the memories. To everyone else- SEE ya around!
Football 1,2,3,4; Basketball 1.2.

James V. Opanasets (Opie)
We all finally made it. The past 4 years have mean a lot to me. I made a lot of more friends and I am happy to have met so many good people. To Tim Desaulniers "you're my boy blue". To Mike Falcione, one word "Narcolepsy". to Rocco Canale, my best friend, but mostly to Ma, Dad, Joe, Fred, and to my love, Jaclyn. I owe you the world. I love you always and forever Jaclyn. To th class of 2004, good luck. "Whateva"

Scott R. Pagington (Scotty P.)
The last 4 years have been unreal, words can't describe how great it was. I would like to thank my parents/family for always pushing me. The 04 crew, I love you guys. E&S we rocked the halls. Weymouth party crew, gooey B 1 and 1 wm25, Jes BF4L, Shea summer 03, Hollywood. I had the time of my life. ASHW 4 -Life!
Cultural Fair 3; Sold Out 2,3,4; Football 1,2,3,4; Volleyball 2,3,4; Winter Track 2,3; Track and Field 3.

Roger T. Palermo (Padacta)
First and foremost I'm out. Thank you to everybody that helped me along the way. Foster what can I say. Boy's till the end friends for longer. Mr. and Mrs. Gio thank you for all you di for me. I will never forget it, I love you both. Mr. J you the man and to all who say he can't he did, G-Town-Eastside till I die. I'd also like to thank my mom and my sister for all their support. I lov you both.
Football 1,2,3,4.

53% of us enjoy the morning announcements.

Kristen M. Paluzzi
'e made it, Class of 2004! Best 4 yrs eva. BH
B @ 12, Capts. Nah. NG-Eggplant, FL ru
ecent...NO! I'll b the bartender, TGIF crew-CAB-
. WB-Naughty baby did a no-no, Ski trip, or just
a main? Cal-Calapaluza. Sheadog-BFFL, How u
oin? LilC, aww yea! MegG-I got PF's,oowahh!
P-Pow ya wow. MC-some fun times, thanks
everything!! Summa 02-Best summa eva-
artyball-Ashore Crew! Party it up like woah!
B 1234-Good luck girls Beat NQ! AP-monkeys,
owns and penguins: watch out! Mom, George
nd Dan-couldn't have done it with out ya-I luv
Thanks to everyone who helped me get this far!
Happy times may come & go, but memories last
rever."
ultural Fair 3; Office Assistants 4; Q-Team 1,2;
Women in Technology 2; Volleyball 1,2,3,4; Basketball
2,3,4; Softball 1,2.

Hui Pan (Harry)
arry wants to express his thanks and
preciation to all his friends and teachers he
as had and has now: Mr. Bretch. Mr. Gendron,
rs. Ryan, Mrs. Flaherty etc. Harry really enjoys
e time with them,and he learns lots of things
om them. Of course, Harry also wants to thank
s family for their support all the time. They are
arry's basis. Surely, Harry says, he will come
ack to see his friends in the future.

Jin Ming Pan
hank you Quincy High School and all the
achers.
FJROTC 1,2,3.

Liqun Pan (Nicole)
hanks to everybody that supported me and
elped me a lot during these four years, and I am
xcited to be going on to college. Thanks again to
uincy High School. I appreciate it!

Ping Pan
.H.S is my first school in America. I like it so
uch. It teaches me a lot of things. I hope Q.H.S
ill bring a better tomorrow for more students.
hank you.

Mary Grace Pepin (Mary Poppins)
I just have to say the high school years were the best years of my life. I met my best friend Paige, she saved my life. To Lara my C.W. and to Culinary Crew, you know who you are. I'll never forget all the best times I had.

Roxann M. Picard
"The hardest part isn't finding what we need to be, it's being content with who we are. Stay who you are."-Ataris CS, AK, NM, LF, AD, MD, CG-I love you girls! CS-How many sticks do you know? AK- The T! NM-Are you doing something illegal with this boy? LF- The cookies! AD- Trash Garden MD & CG- The nail was stuck in my foot! You made these past years worthwhile. We have made so many memories together and I'll never forget any of them! To all my other friends-I didn't-I didn't forget you guys! I'll miss you so much! Thanks for everything! Mom and Dad-thanks for always believing in me. Boborama-I'm so lucky to have a brother like you to look up to. Mrs. McDavitt and Ms. OB-you're the only teachers I'll actually miss. BM-I wish you could be here to graduate with us but I know you're looking down on us everyday. I miss and love you. Okay guys we've been waiting for this day for years! This is it. We're outta here!

Joseph W. Priscella (Joe)
Congratulations everyone it's been a good 4 years. Lots of memories and good times. Merl, Lally, Craiga and Mendez, memories in the T-Bird. Plymouth trip, Mendez's house 3/21/03, ride to Loon 3/22/03. IN Prk Lot + house, Wolly Beach, Faxon, Beirut, Back of Merl's truck, KL basement. 9/6/03 crazy night at Shea. Jr Prom, Summa 03, Marina bay neva again. 4130 22", Fish n' chick. Rest of the weekend crew JJ, SO, Jtmoney, IJ, JH,ED. Girls UKWUR!! SP, JF, KL, MM, good luck next year. Thanks Mom, Dad, Kris and Steve love you guys.
National Honor Society 2,3,4; Q-Team 1,2,3,4; Student Council 1,2,3,4; Golf 2,3,4; Cross Country 1; Basketball 1,2,3; Baseball 1,2,3,4.

Ledion K. Proto (Leddog)
We made it Q ! I want to thank my Mom, Dad and my lil bro Georgie for always being there. I love u all. Thanks to all my football coaches and teammates for a great 4 years. Who can forget those Friday nights under the lights. BEAT NORTH. Sarah I love u Sweetheart. Quarries, all nighters at J's, July 4,03 unforgettable. Chilling wit Mac in the WQ block. Super Bowl bashes at Berto's. The memories are endless. I'll miss u all and good luck.
Football 1,2,3,4; Wrestling 1,2; Track and Field 3.

Marisa A. Ramos (Missy)
I just want to thank one person. You were always there for me and never gave up on me. You pushed me when I needed it and you always gave me the strength to keep going. You never let me give up. Thanks, Mom.
Swimming 1.

Lisa Reid
It's finally here, I made it! ALY you're my gurl, thanx for everything. Erica we're Reckless! What's up to AW, EM, CG, JL (5:05), ML, FPJ, and the WHOLE CFC...you know I love you guys! Mom, Dad, and Bill 143. Good Luck class of 2003.

Heidi L. Renken
Oh my dear gosh, This is the year that rocks for the class of 2004! To LM, MGP, PL, we rule culinary! ILU! TO EM, You should still have that green hair! Mrs.O'Brien still rules! To my culinary teachers and Mrs. O up in Art you guys rule! CH, KP, keep the school ticking! TL, Mr.Mauriello, you rock my world and the Robotics Team! CB, CC, LA, JG, MC, QB, JR, SL we made it! Power up and go!

Jennifer A. Roman (J-Ro)
I want to thank God for making me the person that I have grown to be, and for giving me a family that always believed in me. Te amo mi familia con todo mi corazon. HOLLA! Class of "04" We made it baby! Stay strong and keep forward in your goals. I will never forget any of you. I can't believe it is over all the hard work has finally paid off. Shout outz to all my friends I don't want to forget anyone so you know who you are. lol. I just want to say I'm proud of all of you and Good Luck!
Cultural Fair 2, 3,4: Dance Team 4.

Harry Roulet (Dirty Harry)
Thank you God. I LU Mom for not giving up. Shout out to my brothers Steve and Charles. Thanks teachers. Shout Out to my boys. Don't forget me Quincy High seniors. Dirty Harry 4 Life! Coanuh get mamow, sweet mickey 4 Life. Shout out choppa. Recognize game fools. Seniors stand up!
Daily Notices 4; Student Council 4.

36% of us really enjoy pep-rallies.

Julie V. Ryan (Jules)

Its all over but its been real. To my gurls Good luck next year..AK,TM,DC,VC,RS! Shawdog-thanks for everything u saved my life (we'll crack one open at the gates BFA!ILU. Nance- 16th b-day at friendlys I luv u gurl we'll make this last year a great one. BFA Mancy ~ Westsida's Lots of memories ill neva forget u. Michael~Jailbabes I Love u NMW!! . Matty and Kirsch...thanks for everything BFA's Case- it in the rule book too many good times. Michelle- lets race. Joshy its been real thanks for everything BFANMW! DS all have the memories, GL in the future. AL Stay out of trouble lil cuz. Good luck to the cheerleaders and to my fav. Stunt group MP,CB ,CD were Wow! My Sterling Crew things change but I'll neva forget ya's. A Special Thanks To Mr. J I wouldn't have made it on the 4 year plan with out u thanks for everything ur the best! Mom and Dad thanks for everything I couldn't have asked for better parents ILU. Especially Thanks to my Brother John Michael... lil sis's r a pain but I couldn't have don't it wit out you love u and miss u! Good Luck Class of 2004...Live life as if there was no 2 morrow neva have regrets!

Cheerleading 1,2,3,4; Q-Team 3,4; Women in Technology 2,3; Office Assistants 3; Yearbook 4.

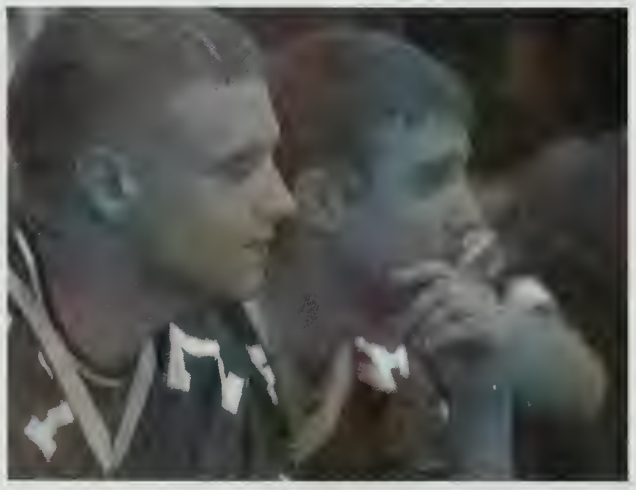
Noelle L. Sarno

Congradulations class of 2004 we finally did it! I want to say thank-you to AF, ND, JB,AL, AT , ILU Guys. And to all my other friends GOOD LUCK!! Thank-you Mom , Nana, Niccole, Jody, Kaitlin & Little Wallyo Love ya!

Kaila S. Saxe

"It's not where you are, but who you're with that really matters."

Congrts class of 2004, we did it! To my senior ladies (KK, CM, KD) I love you girls, so many great times, back in action at the palace. QHS soccer #22, Get Low! To my soccer girls, Coco, Katie, Jess and Sarah, you made my last season a great one. Katie and Colleen, my best friends, what would I do without you guys, thanks for always making me laugh. JM- The Doofus Show and Ben Ben, yea it's SOLID. HR You still owe me gas money and you know you love my music. Thanks to all my teachers. Segs, Big Sis and Lil Sis, I love you and never rush to get a torso tiger. Charles, you are the best Marine a girl could have, I love you 4-Life. Ilana, thanks for always giving me your advice and opinions (even if I didn't ask for them), and thanks for letting me get my way as kids, you need to start doing that more! And last but not least, thank you so much Mom and Dad, I could not have done this without all of your support. I can't thank you enough for all you have given me. Its been a great 4 years, I'm gonna miss it.



Vanessa B. Scarnici (Nessa)

I finally made it! It's about time! To everyone who told me I'd never make it-WHAT NOW!? And to the rest of you who have believed in me through everything, even when I didn't believe in myself-no words can even begin to express what you mean to me or what you've done for me. Thank you Dad, Mom, Uncle Larry, Aunt Nancy, Jennifer, Lorenzo, Uncle Mike, Uncle Keith, Aunt Katie, Evelyn, Andrew, Ms. Hill, Mr. Scanlon, Ms. Creedon, Mr. Johnston, Mr. Keuther, MV, DH, MI, SP, RB, DT, AB, SS, NN, MO, DD, MD, CGx2, JCx2, K"it's me"W, S"wonk wonk"S, and the rest of you. UkWuR. Thank you for everything. SM, JB, and everyone else-sorry for summer 03. To "the crew"-Aren't we so lucky to have people in our lives that make saying goodbye so hard? Good Luck and 143 always <3Nessa

Sarah A. Shea (Shea)

Class of 04-Holla! It's finally ova! Lots of good times, some bad. RIP Breda we miss u +love u! My soccer girls-143 guys! Get Low! State Champs wat! Hey to my "Jimmy Liang" crew 9/12-awesome night! Soccer Capt. #21, CM, JC, + KS-ILU + I'll miss u! KK-BC High Boys mm lol! SP, MC, +KP-BFFL! ILU guys, thank u 4 everything! AT-ILU! Thank u! KP-LilC? Party Ball! How u doin'? No No No How u doin'? lol! EF-I'm glad I met u, ur an amazing person, stay the way u are! Scotty P-I need a sign! Best summer-02! You guys know who u are. ILU! Bballcapt#21 Hey girls I'll miss u! Hoops 3 4-life! RS-u r a classic character-ILU! To my family-ILU so much! Meaghan I'm so glad I found u! ILU! Gerard+ Becca-GL in your years to come! ILU! Mom + Dad thank u 4 everything ILU! Nana-ILU! Thank u to anyone who has ever helped me and my teachers and coaches, u know who u are! GL Class of 04! "I won't worry my life away..."

Q-Team 1,2,3; Soccer 1,2,3,4; Basketball 1,2,3,4.

Heather Shine

AKA Akasha. Felicia-you are my world, my everything. I never knew I could love someone as much as I love you. Without you, I'm nothing. Mama loves you. Leesha- thanx for always being there for me everytime I needed ya. You are my sista for life. I love you! Danny Tanner! Shout outs to Colleen (crash), Amanda (that's not water on my shoe!), Corey, Jams, Pam (Hicks+Bricks), April (Crux), Alex, AJ(143), Brendan (my secret crush, wink wink) and all my true friends who stuck by me. I love you all. "Just when I thought my life was over, my daughter was born, and showed me that it was just the beginning." Congrats class of 2004. We did it.

Candace M. Solchenberger

Hey guys! We survived RP, AK, NM, LF, MM, SS, JC, CG, + MD. Luv ya, SM + JH. Thanks for everything AKP + Mrs. OB. Real guys don't wear flip-flops, RP + LF. Don't lite D's on F with sprinklers, SS, SM + KD. Stop stalking Mark! JH, wake up the ppl on the T. Blueman, Bluecar, SM-our ghetto booties! Lets go to Friendly's witl D+F, RP. I can't believe you told him, LF. Talk tc Nicole. Guys at WarptTour, AK. Our handshak NM. ILU mom, dad + Sherry. Good Luck everyone. Hope you get where you want to go. "I don't want to be a white trash, working class, chump!"~Everclear~ RIP BMM we love you and miss you!

Rachel N. Sorensen (Rach)

Class of 2004, we did it! A special thanks to Mor Dad, Reb (myBBFL), Krissy, Kori, Ken, Aunt Noanie, Gram and the rest of the family, ILU! Thanks to all the teachers and Mrs. Lane, Ms. Jenkins, Ms. Graham, Ms. Gardner (aka) coach & Coach Smith & a great principal Mr. K. To my s-ball girls and Mr. Sedar, gonna miss it! Rosie-catcher Taz-Bball #30, Stoney- "rock," friends always & forever. Shea- always there to build me up LU! SM, SM, CS, AD, EF, LU! Bon-YG, Hoop & Chad lol Britt-MC Pranks haha

Volleyball 2,3,4; Basketball 1,2; Softball 1,2,3,4.

Karina M. Souza (Ka, Corona)

First and most of all I would like to thank God, because without him I wouldnt be able to make it, Wow its over? Already? Nah Un... Class of 200 is the * Bomb* yo!!! Good luck to all of you and God bless. I would never forget these 4 years at QHS. Great memories! To my People that I love with all my heart here goes a Holla: NF, Nemnau (love you mmiga, thanks) ED, DN, JM, Jackie M, GD, SS, TP(keep it real hun) DM, Geizon D, JC, LT (Bling Bling), AM, GM, I love all of you very much, and through your difficult times, trust in God. He'll help you... Mrs Martin <- You Rock M World. Mom and Dad love you guys and thank you! Peace Out QHS.

Cultural Fair 1,2,3,4; Chrous 4; International Club 1,

Michael G. Spada

Well everyone, looks like it's the end of the road. While high school wasn't exactly the sitcom-esqu experience I hoped for, it was quite the ride. Thanks to all my friends (or the lack thereof!) for joining me through these years. I'll see you all in the future...one day. Rock, and more importantly, ska on, class of 2004. It's been good.

Daily Notices 3,4; Drama Club; Sold Out 2,4.

Our favorite TV show is Friends.

Sabrina M. Squatrito (Sab)

The pages may crumble and the pictures may ıde, but we'll never forget the friends that we've ıade." I can't believe this is it. These are 4 years ll cherish forever. To all my girls {esp. b-unit! aha}-ILU all so much, thanks for everything. Ve've made memories I'll never forget. VF4L! M: my sis. Time to live out our life story. Luv a! "Weekend crew"-nothing beats the times ve've spent in parking lots! haha. JH: Don't ımble! Thank you for making me smile. 143. ınd, of course-AHS and BMMS crew 4Life! Good mes, lol. RIP BMM. Thanks to the fam: Mom,)addy, Adam, Nonna, and Grammy. Bumpa, my uardian angel, I miss you, RIP. With all that said, ;ood Luck class of '04! Peace Out!

'ultural Fair 3; National Honor Society 2,3,4; Junior rom Committee 3; Q-Team 2,3,4; Student Council .2,3,4; Winter Track 1,2; Track and Field 1,2.

Billy R. Stevens (Tennis Master)

ets see --- I have a few statements to leave as a ecord of my being a student at QHS and to live n forever in the year book and they are...I sure o love them French fried potatas...GTS stands or "Goes Too Slow"...I have no accent...Illinois ules...flopydingwat, and linebacker...don't try to nderstand those who don't know. Later QHS.

)-Team 2; Sold Out 2,3,4; Soccer 2; Tennis 2,3,4.

Stephanie A. Stone (Stoney)

thought graduation was a myth but I made it. o the family ILU all so much, thanks 4 seeing ıe through. Girl's QNQ hockey carry on with ride. Coach- Thanks 4 always believing in me, ushing me harder and being there 4 me. LS, NM, G: U saved me. Jason IOU my life. Rox: Missions kipping lunch. Galvin: Stock up the locker. ınnie: The NOTE. Rach never change/settle or less. Meg BFFL. Mrs. Hill thank you. Brit IR 4 life. Hey Testa, DV+SG, right... "Big Toe!" Ms. Jenkins: I though this class was boot camp! ;od bless the east side! Jenelle Desmond/Breda McCarron RIP. I've seen too much already.

Hockey 2,3,4; Softball 1,2,4

Daniel J. Sullivan (Sully)

First things first Holy S--- I made it. All my boys you know who you are if you have to think about it I probably didn't like you. Special wat up to my man Chuck Lov ya Roger boys for life RP#20 True friendship also I have to throw it up you know eastside Houghs Neck, G town WHAT! My westsiders you know I got ya'll too. I just want to thank Mom, Dad, Michael, Brian, my beautiful daughter Kaylie, and most of all my sister Pam for helping me with problems and always being there I love you guys.

Hockey 2,3,4.

Jillian Lee Sullivan (Jill Sull)

Cant belive its ova!AK BM(RIP)KM SS- my tru friends since middles school. I wouldn't be here without u guys ILU!weekend crews 143 AK turkey day and aaron and pj we r def. touble!!NN LN my Girles thanx 4 everythin143 speacial shout out to my AHS and BMMS crews bffl NMW RIP BMM love u and miss u Thanx Mom Jack Shan Yolanda Donna b+m plus my sis JV 143! the memories that r made are memorable but the people u make them with r unforgettable.

Linh B. Tang (Blinggie/Shortay)

Special thanks to Mrs. Martin, Mr. Flahive, Ms. Graham, and Ms. Jenkins. You made high school fly by. Most of all I like to thank my fwenz dat were there for me through sadness, to school, and the goofy times we had. Tienie (BFF), Thao T. &N, Nikki (good eater), Tammy L (run over foot) & N. (Yougin'), Christina (smartie), Hamda Ly(giggles), Roxie(bodacious chick) Hanh (bake them cookies), Karina(Muah), and anyone else I still gotz mad luv foe ya. I love you mom, dad, Chu, and George for taking care of me and always having faith in me. And to my brother Mike Tang, up above looking down which always knew I could and I would've made it this far. Love you always~Mike Tang~RIP/TIP(1983-2000) Congratz to everyone in class 2004 and Peax Out Homies. P.S. WaAaAhH???DeRrRrR!!!

Cultural Fair 2,4.

Alicia E. Tasney (Taz)

It's finally over! It was a crazy 4 yrs! Thank you for everything mom! ILU! Rach is 1 crazy kid! Christine look I forgot u! Fun times on Friday nights! ANI SE! lol ILU! Heather thanks for everything! Felicia is a future mini me! YAHTZEE! ILU BFFL! Sarah thanks 4 everything! Crazy & fun times! We've been through a lot & thanks for always being there! ILU BFFL! Steve we had many many good times! Its been real crazy, and I mean crazy! Way too many stories! ILU! Hey SM MH SB BT BH JB KM LN DH SP SW AG HL CE DD JC CG SS KOZ & Big A Dawg! Day Big A & Christine good times on Fridays! I still don't know what CVS means right Big A! I love you all! Basketball & lacrosse was fun! Good luck class of 2004! C y'all soon!

Band 1, 2, 3; Basketball 1, 2, 3, 4; Track and Field 1, 2, 3; Lacrosse 3,4.

Christina Tat

Its finally over-4 years! I couldn't have done this without my friends: TT(++), TN (AN whichever you prefer), NT (wink wink), LV (cutie), LT (Blinggie), TL Thanks guys! Please keep in touch. I'd like to thank Mr. Long, Mr. Mulready, Mr. Swanson, Mrs. Fortuna, these four years have been tough. Thanks for your support! Lastly my family, thank you Mom, Dad and Steph, I love you! Thank you QHS & Congratulations Class of 2004.

National Honors Society 2, 3, 4; Robotics 1, 3, 4; Tennis 1, 2, 3, 4.

Jacob R. Tavakoli (Jake)

When a man lies he murders some part of the world. These are the pale deaths which men miscall their lives. All this I cannot bear to witness any longer cannot the kingdom of salvation take me home. ~ Cliff Burton

AFJROTC 1.

Our favorite season is Summer.

Danielle A. Testa (Testa)
"Peel me off this velcro seat & get me movin', I sure can't do it by myself!" What a ride! Just think, 4 years ago we walked in here not knowing what 2 except & now we're walkin' out w/ endless possibilities ahead! To all of u who have been there for me thru the years, I love u- RB DH JB SM MO SH ML CG NN AM AV SO JJ JL SM ML CG MD & AB TR SP DD VS JC. To my 2 bf's who are now in college (TL & CS) u mean the world 2 me! Stona- SG & DV right, oh don't 4get BT, 143! Ria- u're my sis no matter wat & don't think I'd be here w/out u!, love u w/all my heart! CFC-I miss you guys & neva 4get u! SKC- No matter wat happens in my life, & no matter who I love, I'll always have a place in my heart. To all u who have entered my life, whether we're still tight or not, u made an impact & I thank/love u for it! Fresh- I love u baby & no matter wat, I always will! Thanks & love 2 my family: Richie- u're my rock; Mom- I wouldn't have made it this far w/ out u 2 push & kick me in the butt; Daddy- u're my best friend, thanx for everything, u didn't even have 2 do any of it. To Aunt Lynn- RIP, I miss u so much, u're my inspiration, I push myself everyday because u believe in me, I'll see u again! "There are places I remember, all my life, though some have changed some 4ever not 4 better, some have gone & some remain, All these places have there moments, but lovers & friends I still can recall, some R dead & some R living , in my life. I've loved them all!" Class of '04, remember who u are, & never give up!
Wresting 1; Student Council 4; Yearbook 4.

John M. Theodoris (Theo)
Don't know what to say, four years came and flew. Change a lot tho, I'm happy with the new theo now. Good luck to my bro, Kinsin. 4 long years here but you'll meet lots of new people and make new friends. Wish I could stay with ya and help ya but I have to move on. You're a theo too, keep it real here represent the theos. And too theo's peeps Shawn, Mike, and Steve every morning in the cafeteria not wanting to be there its over no more of those. And my other peeps Maria V. Quina B. Bob P Roxy P Jake you have rapping potential, Henry L Jeff F.

Justin Thorley
Wow holy s*** I've done it, its over. I want to say a special thanks to my dad who helped me the whole way through, thanks Dad ILU, Danielle and Nick you guys are the best. Joey keep it real brother. Peace out to the guys ML JH JJ OLIE e-dog p-unit BC MM and can't forget Johnny from Hull. And to the girls you know who you are. PEACE!

Brittney J. Tobin (Britt)
Wow! We finally made it! BH MC RS AD SM + SS! To my Bball girls thanx, 4 great seasons! Fun times! Bon, where do I begin? Since 8th grade bball 2 many great times/inside jokes #23 B.C.! ha thanx 4 everything! BFFL! Matt u are always there 4 me, Tom ur the best Lisa, Summa '03 Goodluck HHS girls! Steve thanx 4 the memories, Kaitz, fav cuz ILU goodluck! Thanx Dad, Mom, Meg, Coco + Brenna I love you guys. Steph HMR 4 life, Rach MC pranks! Best of luck class of '04 IM OUT!
Basketball 1, 2, 3, 4; Volleyball 1, 2; Track and Field 1.

Jacquelyn L. Tower (Jack)
It's finally over, we're out! Pumpy, Park, Crusher and all nighters were always fun, and I'm sure more to come. I'm going to miss everyone! MM "It wasn't me!" and DS BFFL! Thanx Mom, Dad, Joey and everyone else who helped me get this far. Luv ya Good luck Class of 2004! BMRIP Miss you!

Ha Trac
Cultural Fair 2, 3.

Nikki K. Tran
Good luck to all my girls! I hope you have the best year ever. Just remember to be happy and not take things for granted. Love you all!
Cultural Fair 1, 2, 3, 4; MFA Docents 1, 2; International Club 1, 2, 3, 4.

Thao T. Tran
To all my friends, I really don't like you guys. The snobby CT, The road addict NT, and my supposed twin who altered her name AN (TN). Just kidding. Thank you to teachers as Mr. Long who's shown me that it's okay to feel stupid, Mr. Mulready who's taught me that writing essays on the bus is not a good idea, and Mr. Harris who has lived through my complaints. Remember the C++ fish! Maybe one day, Mr. Long's Resolutions will be complete and I'd witness EA throw the fit. As for now SF said hi to me. Good luck to friends & teachers including the crazy SA & Diep SG, the cool FB.
Cultural Fair 2; MFA Docents 1, 2, 3; National Honors Society2, 3, 4; Robotics 1, 3, 4; Spectrum 4; Soccer 1, 2.

Khuyen B. Tran-Nguyen
"Friends.... Life's greatest treasure. Friendship is the golden thread that ties all hearts together."- Orange Story- All of my friends, I will never forget you.
Cultural Fair 3, 4; International Club 3, 4; Tennis 4.

Yen T. Truong
Days after days, months after months, years after years, Finally, I'm there! These four years of high school seem to be the best period of my life. They were long and hard, but full of joy an excitement. I'm glad that I enjoyed them, there i nothing better than spending time with all of m wonderful teachers, coaches, and friends. Than to all! Please keep in touch, HYPERLINK mailt yenqhs@yahoo.com yenqhs@yahoo.com Wrestin +Football = "NO FEAR"
Cultural Fair 1, 2, 3, 4; Math Club 1, 2, 3, 4; Nation Honors Society 2, 3, 4; Q-Team 3; Football 4; Soccer 2; Volleyball 1, 4; Wrestling 1, 2, 3, 4.

Lacey A. Vachon (Wacey)
I wish much luck to the next class. Thanks to everyone who was there for me and helped me out. I love you all.

Alicia F. Valentin
Congratulations to the class of 2004. You made i I want to say thanks to my mom, I love you than for being here always for me. Thanks to all my teachers & all your help. Noelle remember the "beach" LOL Goodluck everyone I LOVE YOU GUYS!

Angelo G. Venturin
To the coaches and the team, thanks for memori Clarkie, if all goes good I'll see you at Fort Brag Lew, thank you for giving me a future. Mom an Dad, believe it or not I was listening, and I love you guys. To my friends nothing but the best. Annie, good or bad, it was always you. "I made my entrance, avoided hazards, checked my engi I fell behind" We made it.
Football 1, 2, 3, 4.

Ly T. Vien
First of all, I'd like to give a tremendous love to my family and to all of my teachers. Grandpare I love you both very much. I'd never have mad it without your love and support. Mom, you'll always be the prettiest woman in my life. Dad, you're someone that I'll always admire. Duy, having you as my brother is one of the most wonderful things. Michael, thank you for everything you've done for me. You were alway there when I needed you. Hamda, we've been through a lot of things, bad and good, sour and sweet, and I love you. Last but not least, a speci thanks to all of my friends. High school could n have existed without your love.
Cultural fair 1,2,3,4; Dance Team1,2; International Club 1,2,3,4; Math Club 1,2; Prom Committee 3,4; Sold Out 1,2,3; Student Council 1,2,3; Tennis 1,2.

Our favorite holiday is Christmas.

Maria J. Villena (Ria)

_I've been waiting for this year since dergarden. Even though I haven't gone to ool with any of you since then, I love you all! I nt to thank my family, my dad, Daniel, Aldo, l my mom in heaven. I also want to thank Mr. ro and The Crew. AB JB RB JC DH MI SM MO, VS DT. I love the Weymouth people! I win! nk Wonk! Hey, always remember I never did 'thing on the Vo-Tech stairs! Roxzanne's an ER. To the class of 2004, I hope you had the e of your life.

liation 3, 4; Junior Prom Committee 3; Newspaper)-Team 4; Spectrum 3, 4; Student Council 1, 3, 4; 'mming 1, 2, 3, 4.

Anthony M. Viscione (Darky)

st want to say thanx for all the good and bad es in QHS. To all the guys in Italian and ctrical, you know who you are. My work in life l in school is dedicated to the greatest people in life: My grandparents (R.I.P.), I love you both nuch and I'll see you in a little while.

Eric J. Walgreen (Ric)

w, these four years sure did fly by quickly. I uld like to say thank you to my family for king by me all these years, Mom and Dad 1're the best. Also I want to thank my girlfriend aghan who has been the best thing to come into life. I love you. Hey Scott, E&S rocked Q.H.S. 'y, you're a great pal. Big shout out to Ms. rtin and Justin Zeng! It'll be a blast so see you in ten years.

l Out 2, 3, 4; Volleyball 1; Winter Track 1, 'stling 1.

Kristen H. Walter

finally made it! We're outta here! Thanks m Dad Nichole & Nana I couldn't have done 'ithout you all, Love ya's. Papa, thank you for ays having confidence in me. ILU R.I.P. Randy nks for always being there when I needed you. neapples" Hey to my guys and girls ukwur. care 2 good. HaHa. Well that's it. Good luck :ongrats, class of 2004.

Wei Hui Wang

Thanks to all my teachers who helped and encouraged me. Thanks also to my parents. Good luck to everyone in the class of 2004, Especially to my best friends Yi You and Yang Chen.

Sabrine K. Wehbe

I want to say thanks to Mrs. McGeady, Mrs. Scanlon for helping me. Thanks to all my teachers, Mr. Johnston, the best dean ever. Bye to all my people AH WH GE HH LG MJ MJ MN MA RC RJ SS Natalie Adlen Abi GE EA Kim Domona Claira Glizia Thiago (TP), Jlo Kiana KD Jose Amanda. Good luck you guys, in the future. I am gonna miss you, and to all the people I forgot to mention and a special message for my best friend Marwa I love you girl and thanks for everything. Good luck girl.

Cory R. Whyte

I spent 4 years here, & all I got was this lousy diploma? Thanks 2 the teachers that made my leaving possible: Mrs. Herbert, Martin You're the best! Thanks 2 Ben, Eric, Andy, James its been real. A special thanks to my girlfriend Christine; I love you. 2 my parents, I could never have done it w/out you; esp. Mom because if you didn't drive me every day I would never have gone.

"Trying is the first step towards failure." - H.J.S.

Amanda K. Willard

Thank you Sarge & Maj. For 4 interesting years of learning and life. Thank you SS PH CE CC CN PB KD HL MD and all my other peeps for making school like home and I hope to succeed and make everyone proud. I'd also like to thank my mom and God for watching me and blessing my life.

AFJROTC 1, 2, 3, 4; Cultural Fair 1, 2, 3, 4; Q-team 1; Track and Field 1.

Shi Jun Wu (Anson)

Thank you to all the teachers who had taught me before. Thank you for teaching me a lot of new things not only in books. Thank you to Mrs. DeBenedictis, Ms. Selvige, Ms. Flaherty. Thank you to them for the help and what you taught me. I will not forget them. Thank you.

AFJROTC 1; Cultural Fair 1; Math Club 3, 4; Football 1; Soccer 1; Volleyball 1.

Zhi Chau Xue (Steven)

Thanks to all the teachers that taught me!

AFJROTC 1.

Xiang Wei Zhno

Thanks to the teachers who taught us. Also thanks to my friends. I like to study in Quincy High School. I hope one day I will be an engineer.

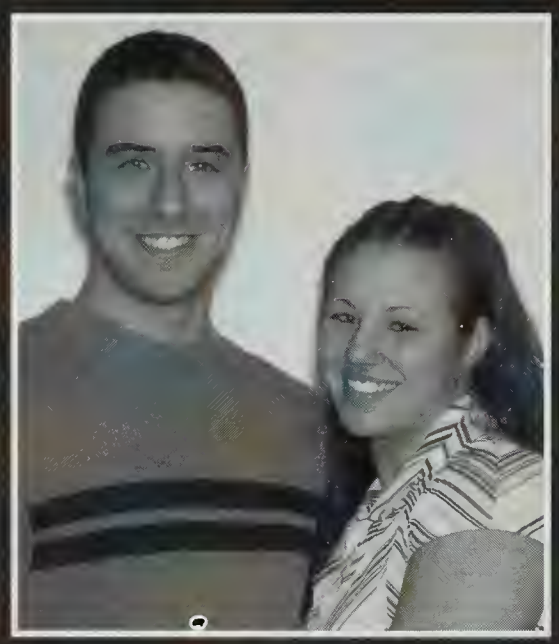
Our favorite clothing brand is Amercrombie and Fitch.

Senior Superlatives

BEST DRESSED
Kaila Saxe and Mike Merlis

BEST PERSONALITY
Amy Donoghue and Jonathan Mendez

BEST ALL AROUND
Caitlin Callahan and Ed DeWitt



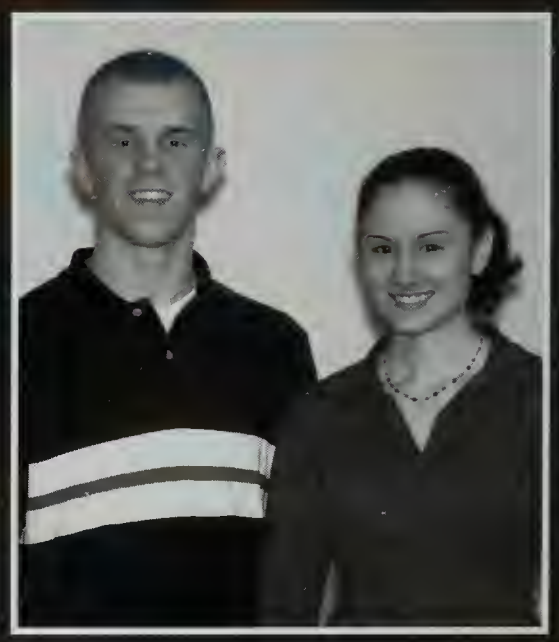
BEST EYES
Nikki Groleau and Tim Desaulniers

BEST LOOKING
Iryna Neskoromna and Josh Giordani

BEST LAUGH
Robyn Nelson and Justin Thorley

CLASS ANGEL
Rachel Sorenson and Scott Flaherty

MOST ARTISTIC
Becky Ferris and Mike Spada



MOST LIKELY TO SUCCEED
Samantha Amodeo and Dan Cosgrove

Grades o' gold: Samantha Amodeo, Julie Andrews, Endri Angjeli, Jennifer Baldock, Michael Bayer, John Cappellano, Li Kristy Chen, Daniel Cosgrove, William Cosgrove,

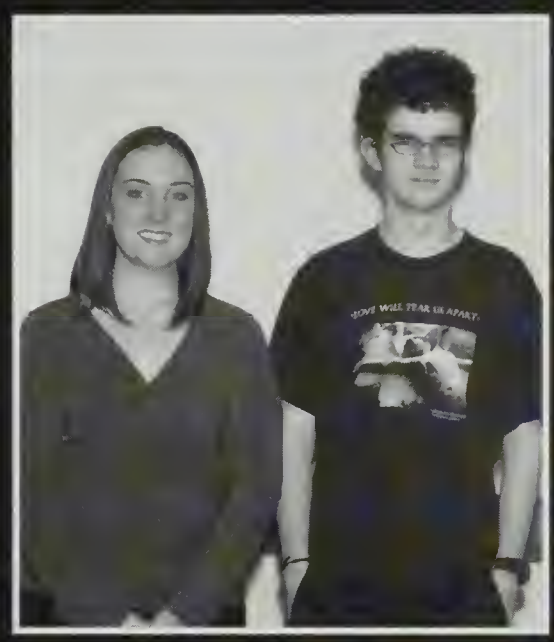
Senior Superlatives

MOST ATHLETIC
Bonnie Hirtle and J.J. Niamkey

MOST TALKATIVE
Stephanie Stone and Thomas Whelan

MOST MUSICAL
Colleen Martin and Josh Hicks

WILDEST
Liz Benjamin and James Hutchins



MOST COMICAL
Megan Grasselli and Brendan Crowley

CUTEST
Merri Ioannelli and Joe Priscella

CLASS CLOWN
Sarah Shea and Scott White

MOST LIKELY TO BE A STAR
Lindsey Meyers and Ryan Kirby

CLASS FLIRT
Nancy Bedore and Scott Pagington

ecky Ferris, Scott Flaherty, Shaun Gibbons, Jennifer Gordon, Joshua
icks, Michael Jarvie, Jessica Jordan, Keerati Khetkampang, Kathryn
isielius, Stella Lam, Malgorzata Lenarczyk, Junjie Li, Zi Zxin Lin, Lindsey

Senior Superlatives

CLASS GENIUS
Samantha Amodeo and Scott Flaherty

CLASS POLITICIAN
Kristen Dwyer and Thomas Whelan

MOST SCHOOL SPIRIT
Maria Villena and Ryan Kirby

BEST DANDCER
Kristen Dwyer and Jonathan Mendez

FRIENDLIEST
Julie Andrews and Jared Bell

CLASS GOSSIP
Jessica Carella and Justin Thorley

BEST FRIENDS
Joe P, Mike L, Mike M, Brendan C

BEST SMILE
Iryna Neskoromna and Myke Falcione

Grades o' gold: Meyers, Thao Ngo, Lorgia Quinones, Jacquelyn Tower, Ha Trac, Bao Khuyen Tran, Ly Thuy Vien, Erin Vincent, Kristen Walter, Justin Zheng.

Senior Superlatives

MOST POPULAR
Caitlin Callahan and J.J. Niamkey

CLASS INDIVIDUAL
James Hutchins

MOST SARCASTIC
Whitney Bersani and John McGuiggan

Class Will

Julie Andrews leaves music strands to Ms. Scanlan and the Chorus.
John Banks leaves his football locker to Patrick Banks.
Mrs. Campanale Pt. Care 2 leaves Mrs. Hurt and all her "problems" to her seniors in Patient Care.
Jessica Carella leaves soccer uniform #4 to Kat and Liz--Make me proud girls!
Ping Ting Chen leaves her dictionary to her brother Brian.
Jen Correia gives Katie O'Draiscoll the confidence to see herself as beautiful as she really is.
Jennifer Cunio leaves all Resident Evil stuff to Mike Egan.
Joseph Daley leaves an audio tape of the intro of Lenny & Squiggy to Dean Johnston.
Mr. Doyle leaves bee repellant to Jessica Jordan.
Benjamin B. Dutton leaves his school induced stress to all the new freshman!
Kristen Dwyer leaves $5.03 to Kate Dwyer.
Caleece Edwards leaves all family pictures and money in the bank to Amanda Willard, Mina Doulos, and Hanh Ly.
Michael Falcione leaves the name "MUG" to Victoria Ciafardoni.
Natalia Ferreira leaves friendship forever to Karina Souza.
Mrs. Helen Flaherty leaves her best wishes to the class of 2004. "The future belongs to those who believe in the beauty of their dreams" (Eleanor Roosevelt).
Mrs. Maureen Flaherty leaves her Eiffel Tower desk calendar to James Hutchins and a copy of the french class video and her crepe recipe to Ryan Kirby, Samantha Amodeo, Jennifer Gordon, Lindsey Meyers, Mike Spada, Hanh Ly, Amy Donoghue, and Kristen Dwyer.
Thomas A. Fox Jr. leaves his tomato to the cafeteria.
Ms. Graham leaves 4 empty beach chairs on Nantasket Beach--Now that you are graduates, I invite you to sit with us every summer!--to Jen Gordon, Amy Donoghue, Sabrina Squatrito, and Jess Carella.
Megan Grasselli leaves her bowling balls to Amanda Maze.
Melissa Griswold leaves her chemistry notebook to Mrs. Mullvey.
Mrs. Herbert leaves her Podium to Nicole Nosek; all her leftover essays (all corrected) to the students and her crazy sock collection to Mr. Gendron.
Joshua Hicks leaves behind the musical legacy of "The Jix", sharing all Radiohead, Soundgarden, Beatles and Tool to all noble and worthy subjects; the letters and ladder to the next in line for the Quincy Message Board (have fun!); a positive note for Independence, "I wanna be sedated!"; undying love for John McGuiggan, K8T, Geoff, the Coca Cola Company, God, and the makers of peach candies; all his allergies to everyone who eats pixMeaghan Himelrick leaves her coxcomb to Mrs. Herbert.
Merri Ioannilli leaves the joy of tennis to Mary Beth Morris.
Amelia Kurpeski leaves the early 90's to Chris Tausevich.
Stella Lam leaves her time to Quincy High School.
Mrs. Lane leaves many thanks for 35 wonderful years of teaching chemistry at Q.H.S to all her former students; new ceiling tiles to Adam Brewster; a bigger ruler than Adam's to Nicole Murphy; a guardian angel to keep girls away from him on the T to Gezim Drenova; 1000 Dr. Chemo's to Stephine Stone; a permanent spot on the Dr. Chemo Wall of Fame to Nancy Bedore; a special dictionary to give everyone who mispronounces her last name to Megan Grasselli!; a lifetime of BC football tickets to Andy McDonough; her thanks for all the delightful drawings to Heidi Renken.
Mrs. Lane leaves high regard for all her challenging questions to Janai Mungalsingh.
Jocelyn Li leaves thanks to Mrs. Lane for being a good chemistry teacher.
Jun Jie Li leaves some fun to Q.H.S.
Zhong Hua Liang leaves a red ball-point pen to Mr. Bretsch.
Fei Yun Lin leaves nice reading stories to next year's seniors.
Zi Xin Lin leaves thanks to Mrs. Selvedge.
Lily Liu leaves a physic book to Mr. Long.
Wei Han Liu leaves a pass to the bathroom to all the teachers.
Yong Wen Liu leaves a red pen to Mr. Bretsch.
Evan MacIsaac leaves pink and green hair dye to everyone who isn't cool enough for pink hair.
Sherry Mackenzie leaves chapstick to Stephen Smith.
Dan Mahoney leaves a smack on the face to Mike Mahoney.
PianPian Mai leaves her notebook to her sister ZhuanDi Mai.
Colleen Martin leaves medical tape to the soccer team.
Ms. Martin leaves field trips to Lazzarino's to her Business Tech. 3.
Colleen Marie McCarthy leaves The Famous Apple Crisp and Turkey Soup to Drama.
Mr. McGibbon leaves a rubber PLTW mouse to Rob Cavallo.
John McGuiggan leaves behind all those being kept back.
Lindsey Meyers leaves her locker to Jessica Jordan.
Janai Mungalsingh leaves her valuable insight and intellect to posterity.
Roxann Picard leaves her lovely picture of Steven Perren O'Picard to Nicole O'Mandley.
Ledion Proto leaves his Football #57 to anyone who can fill his shoes.
Mr. Reardon leaves a lifetime supply of skulls to all seniors on defense.
Heidi Renken leaves her culinary shirt to the culinary staff!
Ms. Roach leaves guardian angels to her Medical Assistant 2 class.
Julie Ryan leaves the Pasta Party Rolls to Victoria Ciafardoni; the blue box to Shaw, T, Drea, Dani, Casey, Vic, Matty, and Al...use it wisely!; half her knowledge to Keefa!; a lock to Michael McKeon.
Mrs. Ryan leaves the hope that their happiness formula always has a positive derivative to her calculs students and freedom from publishing deadlines to the 2004 yearbook staff.
Sarah Shea leaves her basketball jersey to her little sister Rebecca.
Mrs. Snell leaves her geeky sense of humor to the class of 2004 and all the digits of pi to her former Precalculus A class.
Rachel Sorensen leaves her #14 softball jersey to her sister Kori.
Sabrina Squatrito leaves all her gossip to Ms. Graham and Ms. Creedon.
Tennis Master $tephen$ leaves a diet coke to Meatball Chan; his muscles to Mike Chan; Mike Chan to Dan Cheng; carpet fuzz to Scott Flaherty.
Stephanie Stone leaves her excuses for being late to Catie Connely.
Linh B. Tang leaves her diploma to Mike Q. Tang.
Maria June Villena leaves an AWESOME season to Tim Randell.
Eric J. Walgreen leaves his respect to Tim Kinievel.
Kristen Walter leaves a quiet and respectful keyboarding class to Ms. Martin.
Wei Hui Wang leaves his graceful pen to his brother Wei Yao Wang.
Amanda Willard leaves school spirit for JROTC to Chelsea Cedrone.
Major William E. Zinnel leaves a box of trash bags to AFJROTC Senior Staff.

Organizations

Golden opportunities

There is no better way to get yourself out of your shell than to take advantage of Quincy High School's many clubs and organizations. No matter what your interests are, there's a place for you. If you can't find it, approach a teacher and see if the two of you can't get something going. This year there were three new clubs, the Debate Team, the Gay-Straight Alliance and the Chess Club. Some of the many clubs that once existed but await reawakening are the Key Club, VICA and the Archery Club. Besides winning applause and pursuing a favorite activity, you'll make friends for life.

We're Golden

Keeping the arts prominent at Quincy High

In the 2003-2004 school year, an art workshop was set up to help enhance the abilities and opportunities of serious art students. Many students taking art classes at Quincy High plan on going to college and pursuing a future in the visual arts. During the art workshop, students come together to develop portfolios. Workshop participants are also trying to place an emphasis on the importance of art. They are trying tremendously to raise money for the supplies that they need. The Art Club is struggling to promote art as a serious subject of study and to gain consideration as, not only an important, but an integral asset to the school district and community.

THE 2003-2004 ART CLUB
Lauren Greally, Amelia Kurpeski.

In 2003 the Art Club made its debut, adding flair to our environment. Advisor Ms. O'Connell, who left QHS in the fall, followed Mrs. Meade's lead, instructing students in corridor enhancement.

Art Club

Feeling that the bridge connecting Quincy High School to the Tech was too drab, the 2003-2004 Art Club uses their skills to liven up the bridge with art.

THE 2003-2004 QUINCY HIGH SCHOOL AFJROTC SENIORS

nt row: C/Capt. Amanda Willard (Dept. Grp. Commander), C/Lt. Col. Thomas A. Fox Jr. (Group Commander), ian Campbell, Henry Lam (Cadet/ Special Support Commander). *Second row:* Major William E. Zinnel III, Keerati ietkampang, C/2nd Lt. Sandy Shi, C/TSgt Li Wah Chong, Zhong H. Lian, Yong Wen Liu, C/MSgt. Priscilla Ho, MSgt Chigo Woko (Computer Officer), MSgt. John D. DeLorenzo.

THE 2003-2004 AFJROTC DRILL TEAM

nt row: C/MSgt. Kit Lui, Brian Campbell, C/Lt. Col. Thomas A Fox Jr. (Group Commander), Zhong H. Liang eshmen Drill Team Commander), Chelsea Cedrone, C/MSgt. Jon Korman. *Second row:* MSgt. John D. Lorenzo, iny Thompson (Airman), Mark O'Neil (C/Airman 1st Class), Keith Knoblich (Cadet Airman 1st Class), C/TSgt Li ih Chong, C/AIC Yong Wen Liu, C/MSgt Priscilla Ho, C/TSgt Li Mun Chong, Major William E. Zinnel. *Back row:* MSgt. Andrew Masse, C/Captain Amanda Willard (Deputy Group Commander), C/CMsgt. Chigo Woko (Com- ter Officer), Joe Ceurvels, Jennifer Le, Daniel Niezhajamski.

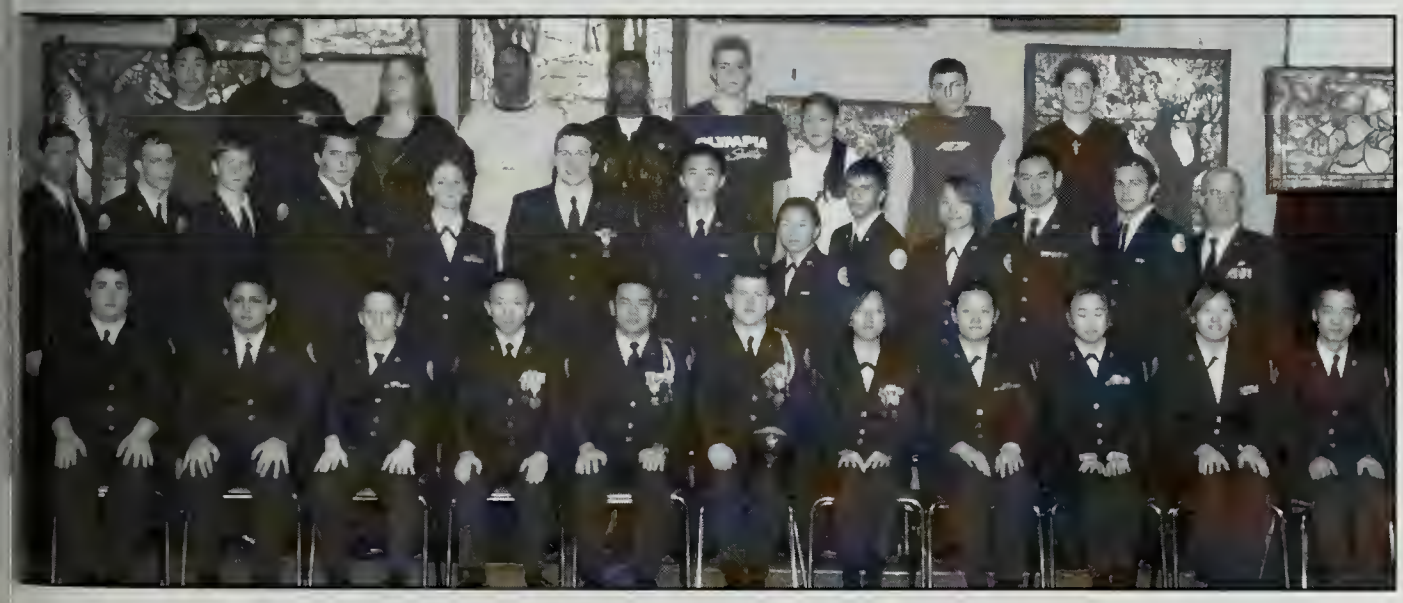
Gold medals, hearts of gold and many golden memories

The Air Force Junior ROTC aims for all students to reach their maximum potential. Everyone has different talents and ROTC helps to nourish those talents by giving leadership roles and inviting students to partake in competitive activities. Though success depends on hard work, ROTC also knows how to have fun. Through academic courses and community service and involvement, students are motivated to expand their education and continuously enhance their unique characters.

AFJROTC

THE 2003-2004 AFJROTC COMMUNITY SERVICE CLUB

ont row: Rictor Grennell, Samuel Galarza, Charles Zacharias, Kit Lui (Flight Commander), Henry Lam (Cadet/Special Support Commander), C/Lt. Col. Thomas A. ox Jr. (Group Commander), C/2nd Lt. Sandy Shi, C/TSgt. Li Wah Chong, C/MSgt. Priscilla Ho, C/TSgt. Li Man Chong, C/Airman Wei Lin. *Second row:* MSgt. John Delorenzo, Brian Campbell, Keith Knoblich (Cadet/Airman), Mark O'Neil, Chelsea Cedrone, C/MSgt. Jon Korman (Yankee Squadron 1st Sgt.), Zhong H. Liang, ristina Coz, Vinny Thompson, Yong Wen Liu, Keerati Khetkampang, Michael Carbonneau, Major William E. Zinnel (Coordinator). *Back row:* Wei Lun Li, C/MSgt. ndrew Masse, C/Capt. Amanda Willard, C/AIC Henry Transtomar, C/CMSgt. Chigo Woko, Daniel Nieznajomski, Jennifer Le, Jonathon Klimas, Joe Ceurvels.



Ready for the December dance.

THE 2003-2004 QUINCY HIGH SCHOOL BAND

Front row: Pi Xin Lin (Xylophone), Kimberly Pham (Clarinet), Paige Neumann (Flute), Joshua Hicks (Bass, Drum Kim LeBel (Drums), Shane McNally (Drums), Nate Johnson (Drums), Stepehen Reed (Trumpet). *Second row:* Jeff Grac (Tuba), Zack Morrisey (Saxophone), Jennifer Glynn (Clarinet, Saxophone), Anthony Tran (Drum Set), Joe Panta (Drums) Felipe Quinones (Trumpet), Rob Sullivan (Drums), Mr. Kenneally (Director). *Third row:* Stephen Palmati (Trombone), Jory Thomas (Trombone), Lorgia Quinones (Saxophone), Matthew Nau (Saxophone), Eddie Gallagh (Saxophone), Brandon Rodriguez (Drums).

Quincy and North Quincy High combine to make beautiful music

Let the trumpets sound, let the drums roll, slap the bass, ring the chimes and clap your hands for the Presidents Band! This year, Quincy and North Quincy combined their players to form a stronger and more melodious band. Whether it's at the rallies or the Spring Concert, these talented and devoted players never fail to put forth their best effort. Under the direction of Mr. Kenneally, the Band will compete in New York in the spring as a follow-up to a glorious Winter Concert. The music never stops in Quincy!

The Band

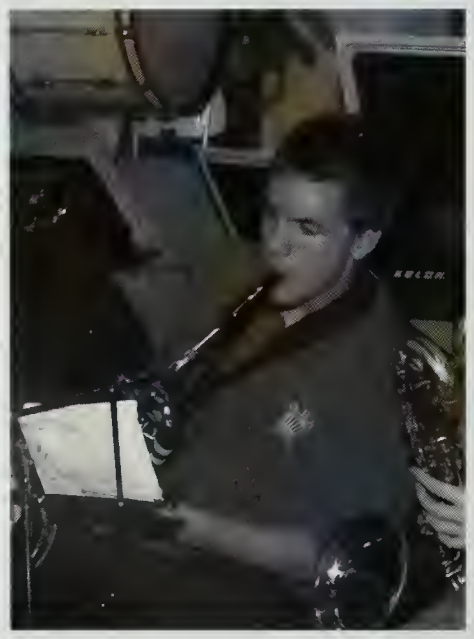
THE 2003-2004 INDEPENDENCE BAND

Front row: Paul McGouldrick (Guitar, Bass), Anthony Tran (Bass, Drums), Kim LeBel (Drums).

Back row: Joshua Hicks (Founder, Conductor, Guitar, Vocals), Mr. Doyle (Advisor), Eddie Gallagher (Tenor Sax, Bari Sax, Flute, Tambourine.

The Presidents' Marching Band plays the Quincy school song at the fall rally in October, sounding better than ever!

Casey, one of the few seniors in the band, plays flute and clarinet. She is one of the leaders in the woodwind section.



Eddie Gallagher, an eager and talented trumpeter, flutist and saxophone player, will also be graduating. He plays not only with the band, but in Independence as well.

Independence, led by Joshua Hick doesn't hold back with Queen "We Will Rock You" at the200 Thanksgiving Day Rally. Joshu started the band in September t give other musicians the chance to d what they lov

This is Ms. Scanlan's third year directing the Chorus, and she has done a fabulous job!

The Horizon Honor Choir performs The National Anthem at The Fall Sports' Rally.

Josh Hicks, Patrick Dunlea and Colleen Martin are thrilled to be nominated for the Massachusetts All State Music Competition!

Voices of gold ring out and bring joy

Throughout the year, the Chorus prepares songs to perform for two main concerts: the Winter Holiday Concert and the Spring Concert. As well as practicing new harmonies, rhythms, and melodies, students learn how music is written. Under the direction of Ms. Scanlan, the Chorus puts together a large variety of songs to produce phenomenal concerts!

Ms. Scanlan also directs the Horizon Honor Choir and Girls' Chorus. Horizons, consisting of 24 members this year, performs throughout the city. Horizons performs the National Anthem for many occasions, especially for QHS Sports' Rallies, and Girls' Chorus is a fun-filled and wonderful addition to the music clubs at QHS.

While being dedicated to teamwork and performing with all of their hearts, the Chorus lights up the stage with the sound of music!

The Chorus

THE 2003-2004 QUINCY HIGH SCHOOL HORIZONS HONOR CHOIR

Front Row: Jennifer Baldock (Alto), Colleen Martin (Mezzo Soprano, Section Leader), Julie Andrews (Soprano, Section Leader), Ryan Kirby (Tenor), Lindsey Meyers (Alto), Jessica Jordan (Alto), Kristen Dwyer (Soprano), Thomas Whelan (Tenor). *Second Row:* Kaila Saxe (Alto), Annaliza Pascua (Soprano), Caitlin Kolson (Alto), Emily Bowes (Mezzo Soprano), Andrew Henck (Bass, Section Leader), Donika Hajrizaj (Mezzo Soprano), Katelyn Dwyer (Mezzo Soprano), Becky Ferris (Mezzo Soprano). *Back Row*: Shaun Gibbons (Bass), Megan Grasseli (Soprano), Geoffrey Forrest Hicks (Bass), Joshua Hicks (Tenor, Section Leader), Stephen Smith (Bass), Catherine Gropp (Soprano), William Gilcoine (Bass).

Simulating the activities of the UN, in hopes for a better world in the future

On February 27, the Quincy High Debate Team leaves for three days at Boston University, where the team will participate in several sessions of a Mock United Nations. Issues of concern to the health and well-being of the world are considered, such as the disposal of hazardous waste materials: for example, should waste metals be dumped in the ocean with impunity, or is the effect on the environment disastrous?

In March the team may travel to Brown University to participte in further debates, choosing sides on an assigned issue. Through these experiences, club members gain valuable skills and strategies in the art of argument.

THE 2003-2004 QUINCY HIGH SCHOOL DEBATE TEAM
Front Row: Emily Pahud, Brendan Crowley, Shaun Gibbons, Janai Mungalsingh (President) Thomas Whelan, Dan Cheng. *Back Row:* Maria Villena, Becky Ferris, Geoffrey Hicks, Samantha Amodeo, Mr. Harris (Advisor).

Debate Team

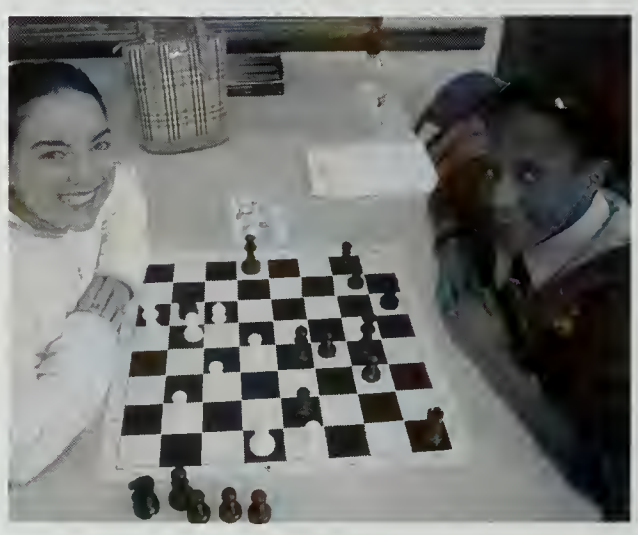
With stealth, Josh moves his pawn forward as he plans how to capture Colleen's queen.

Colleen counters by capturing a key force in Josh's army.

Chess Club

The game of kings, QHS style

The Chess Club is new to Quincy High this year. It is held and run by Mr. Ellis every Wednesday after school. Every type of player is welcome—from pros to newcomers. It is a very open environment; students can come and go as they please, playing one game or five games.



The Chess Club has a friendly and inviting atmosphere. Even after the most intense rounds of play, congratulations and good sportsmanship prevail.

THE 2003-2004 QUINCY HIGH SCHOOL CHESS CLUB
Thao Tran, Endri Angjeli, Michael Chan, Daniel Cheng, James Contrino.

In the spotlight or on the sidelines, the Dance Team radiates the spirit!

Dance Team

THE 2003-2004 QUINCY HIGH SCHOOL DANCE TEAM
ont row: Krysta Davis, Cindia Fenelus (Captain of JV), Kylee Patterson, Cindy Fenelus, Ms. Kabakoff (Advisor).
'ck row: Katherine Castillo, Kimberly Grassi, Samantha Mailles (Captain), Daphne Walker.

Solid gold rhythm and choreography mark these outstanding performers

Dance Team 2003, led by Samantha Mailles and Shylanda Johnson, worked very hard on their remarkable routine and opening steps at this year's Turkey Day Rally. The team went through long days of practicing and were determined to give their all at the rally. Congratulations to all of the girls who have moved on to professional dance teams. Members of the Dance Team thank their advisor Ms. Kabakoff, for sticking with them and putting up with all of them. Thank you to all those who supported the Dance Team...we love you...without you guys we wouldn't have the guts to do what we do.

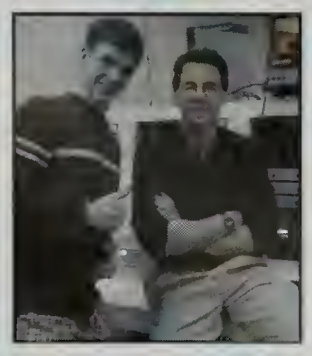
To all dancers, new and old, I love you guys!
Love Always,
Samantha Mailles
(Your Captain)
Special thanks to Pudder, Mappa, Shawna--dancers @ heart!

Morning Announcements

7:45 Get to your homerooms, kids, IT'S SHOWTIME!

Every morning at 7:45 it's showtime as seniors Mike Spada, Phil Cohen, Jen Correia, Brian Campbell, Steve Ohlson, Megan Grasselli, Ryan Kirby and Harry Roulet fire up the computers, cameras and VCRs for the school's *Morning Announcements.* When two talented anchors take their places at the desk, the show is broadcasted live on the Quincy Access Channel and in every homeroom.

The Announcements, started in 2001, is the alternative to the traditional, bland intercom announcements. The show is run by The Video Club--also known as Communications Tech 3. The club meets every afternoon mainly to prepare the script and studio for the next day's announcements. When the seniors graduate from the program, the juniors will fill their places as the legacy of the Announcements continues.



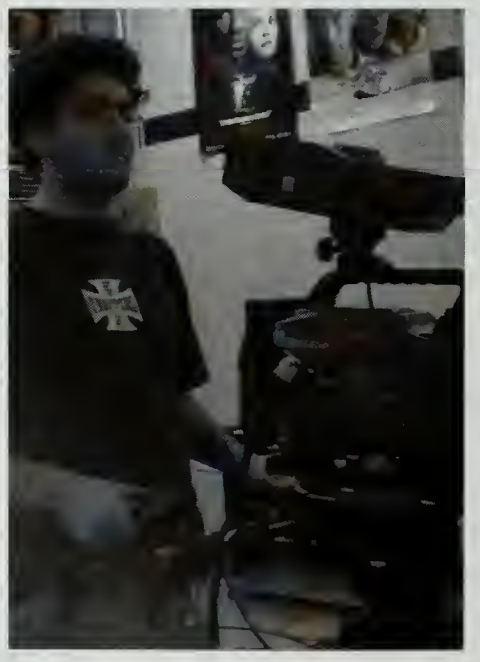
It's not easy being green... well, Mr. Green. Mr. Green (right) is the leader of the pack for both Video Club and the Morning Announcements.

THE 2003-2004 QUINCY HIGH SCHOOL MORNING ANNOUNCEMENTS CREW

Front row: Joshua Hicks (Talent), Courtney Forti (Talent), Paul McGouldrick (Talent), Tina Hicks (Talent), Amanda Spear (Talent), Greg Kodgis (Talent), Megan Grasselli (TV Crew). *Second row:* Lindsey Meyers (Talent), Samantha Amodec (Talent), Mike Spada (TV Crew), Phillip Cohen (TV Crew), Brian Campbell (TV Crew), Jen Correia (TV Crew), Ryar Kirby (TV Crew/Talent), William Gilcoine (Talent), Steve Ohlson (TV Crew).

Brian Campbell, master of the technical switcher, adjusts the color bars to give us as perfect a shot as, well... possible.

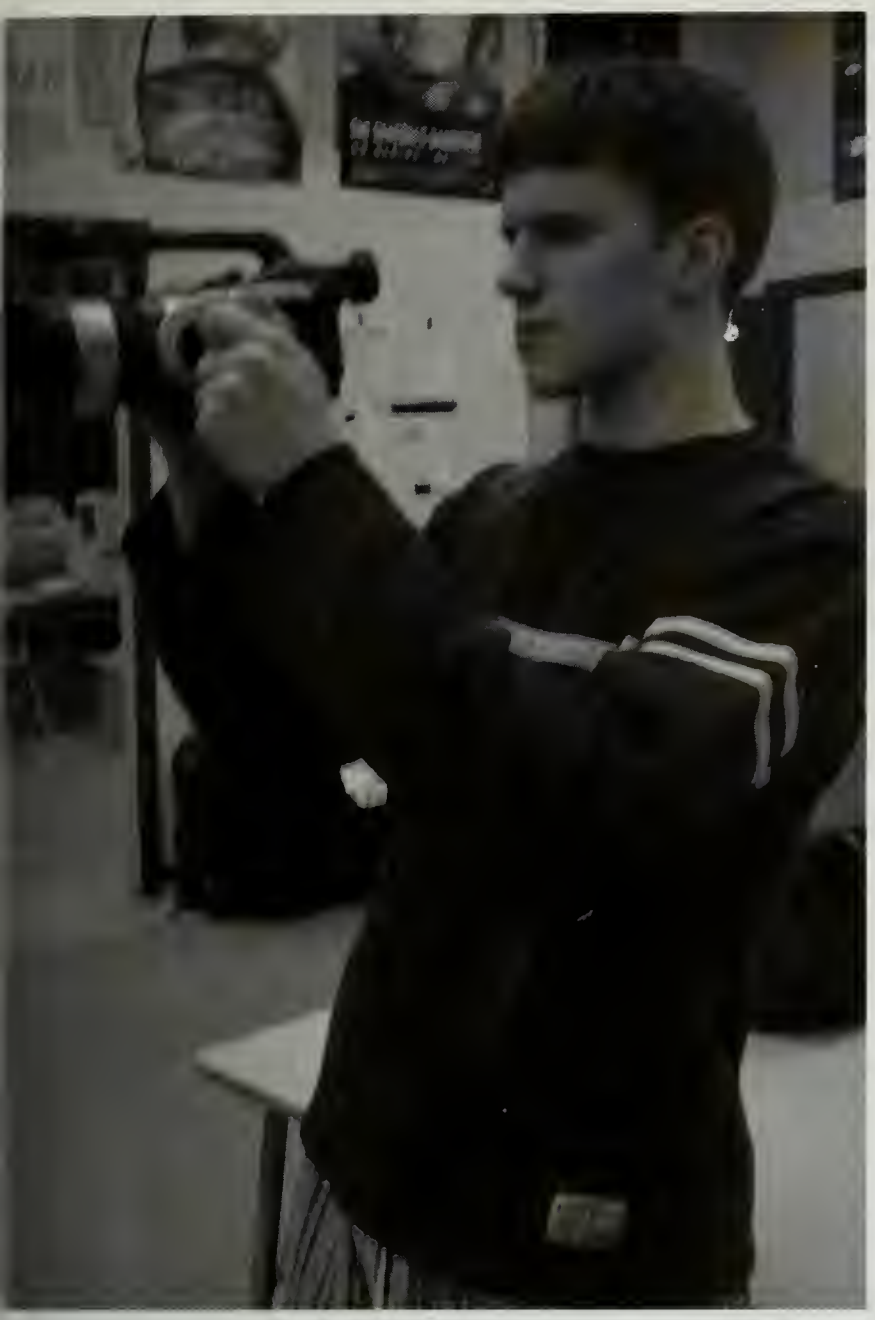
Jen Correia gives directions to Cameraman Phil through the headset as she cues up the tapes for the morning's show.



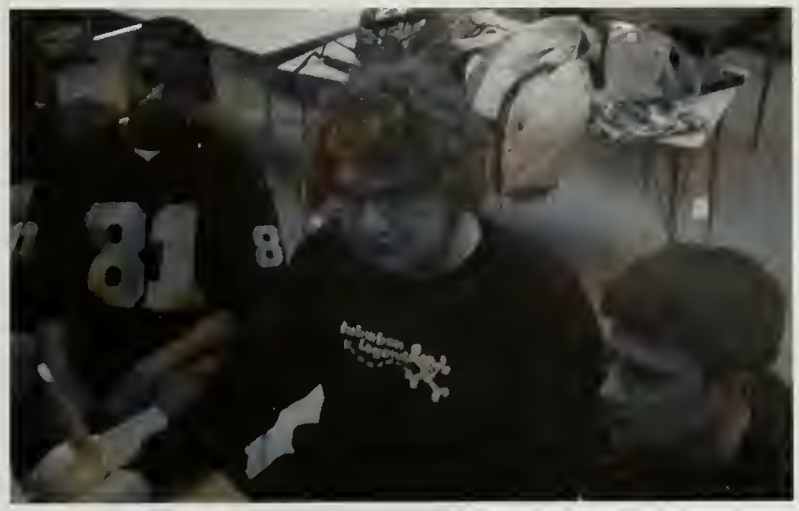
Through the headset, Cameraman Phil hears,"Pan a little bit more..."

THE 2003-2004 QUINCY HIGH SCHOOL VIDEO CLUB

Phillip Cohen (Camera, Floor Director), Mike Spada (Writer), Ryan Kirb (Talent), Brian Campbell (Tech Director), Jen Correia (Director), Megan Grasselli (Telepromptor), Steve Ohlson (Audio).



yan concentrates on nailing a shot for yet another exciting brand new opening.



Harry and Ryan join Mike in editing his much anticipated brand new opening.

Steve works on his 'intriguing' commemorative highlight sequence for the football team, which will be displayed at the upcoming end-of-season banquet.

Docents

THE 2003-2004 QUINCY HIGH SCHOOL DOCENTS
nt Row: Christina Tat, Samantha Amodeo, Shaun Gibbons. *Back Row:* Michael Jarvie, John Guiggan, Andrew Henck.

Peer education in the fine arts

Under the guidance of Mrs. Day, Quincy and North Quincy High students travel to the Museum of Fine Arts in Boston over the course of a couple of months in order to study several aspects of a major art collection. This year students were able to work with Classical European art. In the past students have had chance to study Asian art.

After the preliminary visits to the displays, where students learn the history behind the art, students produce a presentation about a chosen piece. Finally the peers and classmates of the docents visit the museum and receive a tour of the exhibits and listen to the docent's presentations.

Future politicians practice promoting a bill through the legislature

The Youth and Government program at Q.H.S. provides students with the chance to explore their interest in politics. The mission of this YMCA program is to provide a vehicle to teach YMCA core values of caring, honesty, respect and responsibility, character development and leadership skills while practicing dedication to the values of democracy. The program combines YMCA's from all over the state at three pre-legislative meetings held on Saturdays in October, December and January. These meetings prepare the students for the annual weekend conference held at the State House where each delegate presents his or her own bill to the Senate or House. If the bill passes it goes on to further discussion in front of the entire House. Youth and Government is an excellent way to experience politics. It is also a fun way to meet people from all over the state.

THE 2003-2004 QUINCY HIGH SCHOOL YOUTH AND GOVERNMENT
Front row: John J. Scanlan, Jr. (Advisor), Scott Flaherty, Shaun Gibbons, Janai Mungalsingh, Bill Cosgrove. *Secon row:* Michael Jarvie, Brendan Craig (Treasurer), Mike Lally (Governor), Dan Cosgrove. *Missing:* Brendan Crowle Meaghan Brennan, Candace Macleod.

Youth and Government

Dan Cosgrove gets in Scott Flaherty's face during a heated debate. Scott was opposed to Dan's bill and he had no intention of backing away from his position.

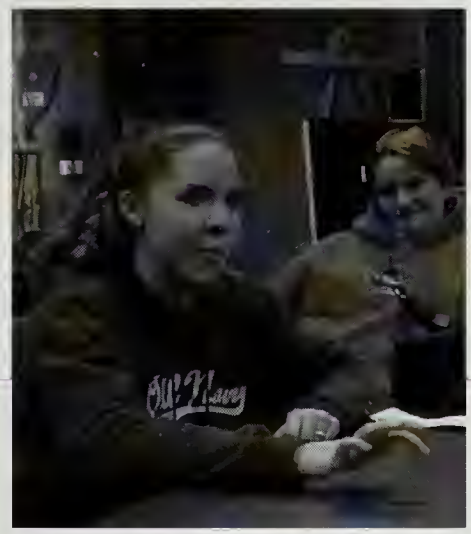
Interaction and honesty are hallmarks of good politics, as Janai Mungalsingh and Bill Cosgrove well know, and exemplify, during their debates.

Advisor Mr. Scanlan thoughtfully observes the discussions among the delegates, preparing to intervene with clarifying questions if necessary.

Learning the tradition of politi debate at QHS is very importa These newcomers listen t time, but in the future, they w provide the leadersh

A break from the seriousness : The group shares a laugh during a comical introduction in the first meeting.

All jokes aside: Maria begins the meeting with an introductory statement about her interests for the group's pursuits in its first year.



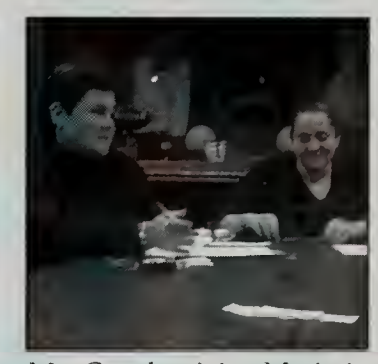
Game face: Rebecca makes a point about the lack of gay acceptance within the school.

More than just tolerance, it's all about acceptance

Quincy High's newly founded club, advised by Ms. Creedon, Ms. Bohlen and Ms. Becky, is an organization created to promote understanding of issues within the gay community inside and outside of the school. The GSA hopes to provide a 'safety zone' for students--a place where everyone can come and know that they are free and able to discuss and/or express any problems they feel need to be addressed in relation to the GLBTQ (gay, lesbian, transgendered, questioning) community. The group looks forward to joining with other local schools and alliances to futher promote acceptance, not just tolerance, throughout our city.

Gay-Straight Alliance

THE 2003-2004 QUINCY HIGH SCHOOL GAY-STRAIGHT ALLIANCE
Front row: Jen Correia, Maria Villena, Rebecca Williams. *Back row:* Evan MacIsaac, Steve Smith and Alexis McAuliffe.

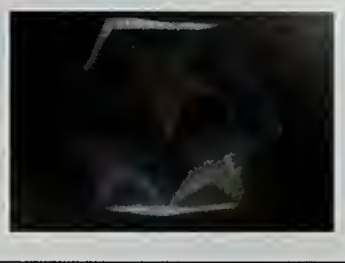


Ms. Creedon joins Maria in discussing future plans for the GSA.

Where *We're Golden* has a hidden meaning

When we say we're golden, we're thinking of the golden proportion. This ratio of approximately 1.618 to 1 plays a part in the design of the cover of the 2004 yearbook, as do the Fibonacci numbers, a sequence of numbers that starts 1, 1, 2, 3, 5, 8, 13,... The golden ratio, also called the divine phi proportion, is a number closely associated with a human's idea of beauty. If you're curious, because you just can't think what mathematics could ever have to do with beauty, come join the club. You'll even find out that it has a lot to do with having fun!

Co-Presidents Jia Yong Li and Wing Lai above a starry dodecahedral lantern.

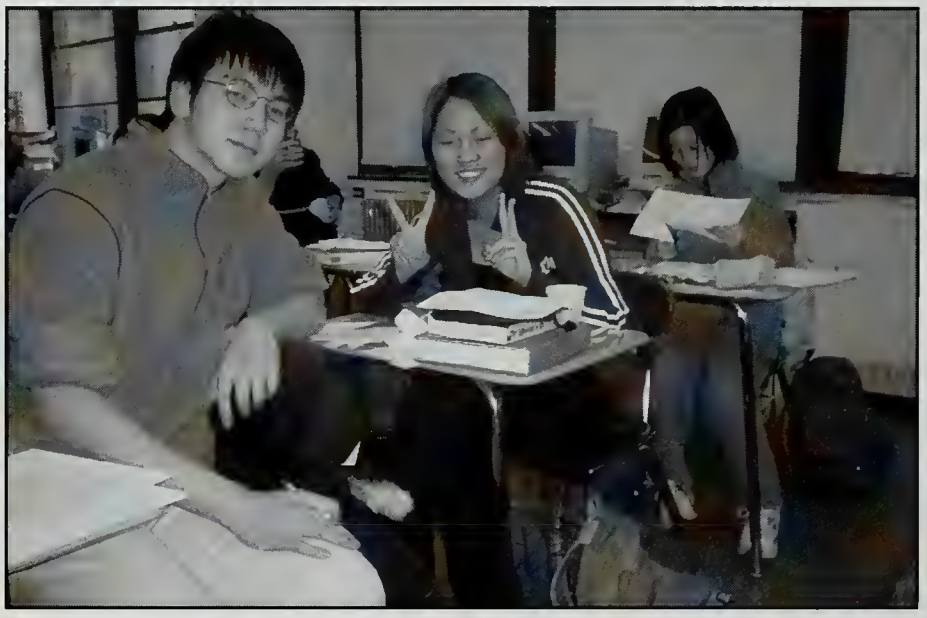


THE 2003-2004 QUINCY HIGH SCHOOL MATH CLUB

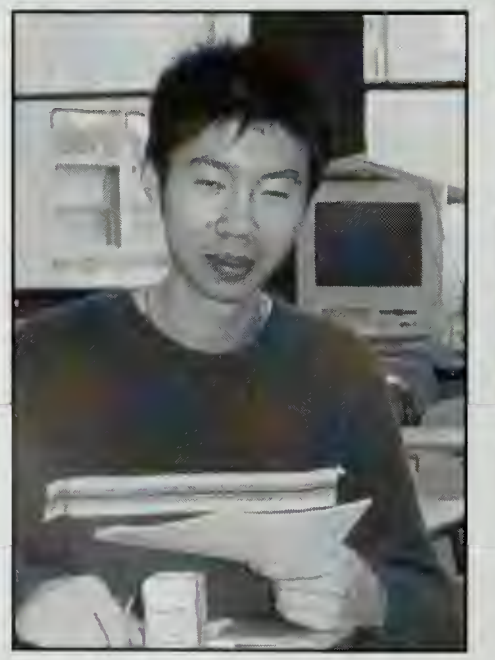
Front Row: Jiemei Li, Feiyun Lin, Jia Yong Li, Mrs. E. Ryan (Advisor), Wing Lai, Hui Pan, Weihan Liu, Jun Jie Li. *Back Row:* Ping Ting Chen, Li Chen, Wendy Szeto, Shaun Gibbons, Endri Angjeli, Elona Ngjela, Zhong H. Liang, Priscilla Ho, Kit Lui.

Mu Alpha Theta

Mu Alpha Theta spells math, and to the students who attend each Monday afternoon, it also spells fun. Co-President Wing Lai knows how to get things going.



Just before the December holidays, club members relaxed with a geometry challenge, constructing starry dodecahedral lanterns, glowing with phi-filled beauty.



Jun Jie Li (pictured) and Co-President Jia Yong Li are two of the club's highest scorers in the monthly New England Math League competitions.

The club will miss Endri Angje who has shared his radiant smil deep knowledge and clev insights into mathematical pro lem-solving for several yea

Secretarial Help

THE 2003-2004 QUINCY HIGH SCHOOL OFFICE ASSISTANTS
t row: Margie Ready (Advisor and Secretary-Principal's office), Migena Kosta, Christina Lupo, Marie Sullivan visor and Assistant Principal's Secretary). *Second row:* Virginia O'Rourke (Advisor and Secretary main office), ıcy Mazzini (Advisor and Secretary main office), Jean Barnes (Advisor and Secretary guidance office).

National Honor Society

THE 2003-2004 QUINCY HIGH SCHOOL NATIONAL HONOR SOCIETY
st row: Janai Mungalsinh, Miena Kosta, Vilma Caslli, Shaun Gibbons (Vice President), Samantha Amodeo (President), ott Flaherty (Secretary), Lindsey Meyers, Becky Ferris. *Second row:* Heather Flanagan, Amy Donoghue, Jennifer Gordon, lleen Martin, Katie Kisielius, Kaila Saxe, Bonnie Hirtle, Megan Grasselli, Thao Tran, Christina Tat. *Third row:* Josh cks, Jonahan Mendez, Julie Andrews, Mike Merlis, Endri Angjeli, Dan Cosrove, Bill Cosrove, Gezim Drenova.

Scholarship, service, leadership and character are the guides

Each year, students are chosen to join the National Honor Society based on their achievements in school and in the community. Students' grades and activities are considered. With the qualities of leadership, service, character and scholarship being the basis of selection, the National Honor Society members are not only scholars, they are very rounded students who hold high standards for themselves and their colleagues.

The National Honor Society at Quincy High School meets regularly to discuss how members can be of service to the school community. With a homework help program, they meet with students who may need assistance with their studies, providing not only knowledge, but also example. Going beyond the doors of Quincy High School, NHS members are actively involved in community service activities as well. Fifty-six students this year are members of the Quincy High School chapter of the National Honor Society. These students are scholars and leaders. With dedication to their work inside and outside of school these students set the standard for other students at Quincy High.

Conflict resolution experts assist fellow students

A SCORE mediator is a QHS student trained to be neutral, follow the steps in the process of mediation, and ask questions in a way that helps other students resolve their conflict. It's not about giving advice or thinking you have the solution for the people with the conflict; it is about creating a confidential, safe environment where the parties to the conflict, with help from a pair of neutral mediators, can work out their own solution to the conflict.

Class of 2004 Active Mediators: Tim DeSaulniers, Meaghan Himelrick, Janai Mungalsingh, Heidi Renken, Connie Sun, Hung Troung, Maria Villena.

Mediation Advisor
Mr. James Farrow

THE 2003-2004 QUINCY HIGH SCHOOL MEDIATION TEAM

Front Row: Ashlee Scott, Timothy Edward Desaulniers, Deirdre McCombs, Dung Pham, Chris McDonald, Bridgett Tucker, Shanica Wade. *Second Row:* Krystle Woolf, Henry Liu, Felipe Quinores, Paige Lentini, Sherry MacKenzie, Janai Mungalsingh, Maria Villena. *Back Row:* Meaghan Himerlick, Katie O'Driscoll, Wendy Szeto, Janet Ng, Judy Ngai, Allison McDonough.

Mediation

Mr. Keuther leads the Mediation Team in a pledge of responsibility during their swearing in. Throughout the year these mediators will face many challenges to their skills.

In May of 2003, prospective mediators met at the same location that the Leadership Camp uses in order to build trust and get to know one another.

Mediators climb a ladder to the high ropes in a physical challenge that helps develop confidence.

nning for the prom took months of work, as did the fund-raising. Com-
ttee members brainstormed to generate fund-raising strategies, then got
work, selling blue and white football necklaces and holding two raffles,
e for a basket of hair care products, the other for a free tuxedo.

Even though rain and clouds conspired to make transportation of decorations difficult, the prom was still a spectacular night for the many couples and friends in attendance.

No matter whether you're a guy or a gal at the festivities, you'll love the balloon arches so popular at proms today. The prom committee spent hours putting them together and many balloons were lost in the process.

Prom Committee

THE 2003-2004 QUINCY HIGH SCHOOL PROM COMMITTEE

rst row: Merideth Ioannilli, Colleen Martin, Mike Merlis, Caitlin Callahan, Megan Grasselli, Heather Flanagan, Kaila ıxe, Katie Kisielius. *Second row:* Josh Hicks, Kristen Dwyer, Sabrina Squatrito, Jessica Carella, Sarah Murray, Thomas 'helan, Scott Flaherty, John Scanlan Jr. *Third row:* Michael Jarvie, Vanessa Scarnici, Maria Villena, Bill Cosgrove, Dan osgrove (Chair), Ryan Kirby. *Missing:* Nora Dibona.

Oh, what a year, as the Prom Committee worked around the calendar

Quincy High School's Junior Prom on April 11, 2003 was a success thanks to the Junior Prom Committee. Organizing the junior prom went on for months, before other students had even thought of what to wear or how to do their hair. Planning started about a month into school with booking a date at Lantana's in Randolph. After the location was set a theme had to be decided upon. Meetings were held Friday mornings with a few meetings reserved specifically for students to come and voice their opinions on possible prom themes. In the end the winner was "Oh What A Night" by The Four Seasons. Invitations were sent out to faculty and special guests. Later the tickets for the students were printed out and ticket sales began. At one meeting someone had the idea for Chinese fighting fish in bowls with flowers around them as our table centerpieces. The members of the Junior Prom Committee got out of school on the big day to go to Lantana's to decorate. The balloon arches were assembled and the centerpieces were put in place. After months of planning, "Oh What A Night" it was!

The Pony Express gallops onto the scene again

Quincy High School printed *The Pony Express*, the school's newspaper, just days prior to the Christmas vacation. Several students support and write for the newspaper because they believe it's an essential part of any community or institution. *The Pony Express* allows students to share their feelings, concerns, and accomplishments with their peers on various topics. Students can write about anything such as rock bands, sports teams, student government, debate team and more! If students can read and write about topics that concern them, then they are more apt to care about them.

Every experience we have in life affects our character in infinite ways. The goal of the newspaper is not only to encourage students to write, but to have students intermingle with their peers, especially those whom they have not met yet. As we learn more about each other, the stereotypes we previously entertained tend to vanish. If we meet more students in this school we begin to realize that they are unique and special; we begin to realize that they have opinions and beliefs of their own; we begin to realize that despite our differences, we can work together! The *Pony Express* is a vital tool for achieving this goal.

THE 2003-2004 QUINCY HIGH SCHOOL NEWSPAPER

First row: Emily Pahud, Diana DiCesare, Ledia Kadiu, Amelia Kurpeski, Jen Correia. *Second row:* S. McNeice (Adv sor), Maria Villena, John McGuiggan, Josh Hicks (Co-chief editor), Geoffrey Forrest Hicks (Co-chief editor), Jame Contrino (Graphic artist).

Newspaper

Cofounder Geoffrey Hicks holds up his copy of the first edition of *The Pony Express*, revived through the efforts of advisor Ms. McNeice.

The Graphics Arts students are critical to the newspaper's production. Brendan Crowley works with Mr. Looney's instruction to assist correspondent Joshua Hicks.

A QHS student checks out the latest news. James Hutchins reads with satisfaction about his team's outstanding season.

The Pony Express will bo entertain and inform yo Just ask these studen

The Robotics Team includes members from both high schools, as well as engineers from the Gillette Company. Anthony Leung assembles parts for the robot with a student from North.

A prototype aids in the design of this year's robot.

Materials are limited, therefore there is a lot of designing to be done using the computer before the robot is built, as Anthony well knows.

Engineering challenges met in tournament competition

The QPS Robotics Team includes teachers, students and parents from Quincy High School and North Quincy High School working with engineers from the Gillette Company. Each year team members works together to build a robot to play a game. The game is designed by FIRST (For Inspiration and Recognition of Science and Technology). The team competes in various tournaments at both the regional and national levels. The QPS team is called HYPER, which stands for Helping Youth Pursue Engineering and Robotics. Each year the robotics program exposes students to oppurtunities in the field of science and engineering, whetting their appetities and honing their skills for careers that are wide open in America today.

Robotics

THE 2003-2004 QUINCY HIGH SCHOOL ROBOTICS TEAM

First row: Mrs. Fortuna (Advisor), Christina Tat, Thao Tran, Endri Angjeli, Taylor Liss (Driver), Ted Agulli (Pit Crew). *Second row:* Justin Zeng, Michelle Jaskinia (Web), Fred Smith (Web), Brandon Popielnicki (Builder), Alex Domineyo (Builder).

Tolerance: Quincy High's golden rule

Spectrum is a student-run organization that helps members to learn more about diversity. The Spectrum members view diversity in all different aspects of the word: religion, race, ethnicity, cultures, and other differences are all considered.

Spectrum uses different tactics to address the meaning of diversity, such as poetry slams, a monthly film festival, and fundraising. Spectrum will also be organizing a workshop to join with the Freshmen Leadership Program to provide workshops on tolerance.

The main purpose of Spectrum is to reach out to all people regardless of their differences, and to recognize the equality of all people, despite these differences. The union of all students, not just Spectrum members, is the main goal. When people strive for unity, they can accomplish great feats.

THE 2003-2004 QUINCY HIGH SCHOOL SPECTRUM CLUB

Front row: Emily Pahud, Brendan Crowley, Shaun Gibbons (Vice-President), Thomas Whelan (President), Maria Vi lena (Secretary), Dan Cheng (Treasurer), Geoffrey Forrest Hicks. *Second row:* Ms. Creedon (Advisor), Ms. Eldridg (Advisor), Paige Neumann, Tina Hicks, Samantha Amodeo, Jen Correia, Debra Becky (Advisor), Mr. Doyle (Advisor *Third Row:* Josh Hicks, Amanda Willard, Evan MacIsaac, Becky Ferris, Stephen Smith

Spectrum

Senior Spectrum members Jennifer Correia and Joshua Hicks perform at the 2003 Spectrum Poetry Slam, an annual meeting held by the club where all students are welcome to perform and celebrate diversity.

Women in Technology

Seeking equity in careers in technology

The Women in Technology Program supports young women who express an interest in pursuing an engineering related career. From the tenth grade to the college level the Woman in Technology Progam provides support services, such as help with the study of mathematics, science and technology, to young women who at the end of the tenth grade choose a tech prep program in one of the high schools in the southeast tech prep consortium, such as Quincy High School.

THE 2003-2004 QUINCY HIGH SCHOOL WOMEN IN TECHNOLOGY

Front row: Katharina Castillo, Lorrie Oakes, Stephanie Stone, Sarah Murray, Jennifer Gordon. *Second row:* Jennifer Fooks, Lauren Greally, Brittaney Reamer, Danielle Perry.

Student Government

THE 2003-2004 QUINCY HIGH SCHOOL STUDENT INTERNS
nt row: Julie Bernstein, Candice Macleod, Krystie Woolf, Nancy Bedore, Joe Priscella, Migena Kosta, Vilma Caslli, mda Ismail. *Second row:* Sabrina Squatrito, Colleen Martin, Patrick Stroud, John Scanlan, Jr. (Advisor), Greg Amarra, Vien, Endri Angjeli. *Missing:*

THE 2003-2004 QUINCY HIGH SCHOOL SENIOR SUDENT COUNCIL
ont row: Katie Kisielius, Kaila Saxe, Colleen Martin (Historian), Kristen Dwyer (Council President), Thomas Whelan Council Vice-President), Bill Cosgrove, Ryan Kirby, Maria Villena (Class Secretary). *Second row:* John Scanlan, Jr. Advisor), Scott Flaherty, Dan Cosgrove (Class President), Joe Priscella, Mike Lally, Brendan Craig, Vanessa Scarnici. *hird row:* Heather Flanagan, Michael Jarvie, Sabrina Squatrito, Jessica Carella, Mike Merlis, Josh Hicks (Publicity oordinator). *Missing:* Nora Dibona (Council Secretary), Iryna Neskaromna (Class Treasurer).

Mission: involvement for all, as early as possible

This year has been a busy year for Quincy High School's student council. New ideas for fundraising, community service, and school activities were constantly flowing during the meetings. The council was able to hold activities for the community such as the First Annual Children's Halloween Funfest. Subcommittees were also busy, planning an eventful homecoming and fundraisers such as the blue and white foam fingers sale. Next on the agenda was Pride Week.

The council made a consistent effort this year to get their classes involved. A student-teacher volleyball game was organized and held right before winter vacation. Our student council has also been involved in the Massachusetts Association of Student Councils (MASC), which holds leadership functions throughout the year for participating high schools across the state. It has been a very successful year under the leadership of Kristen Dwyer as President and the committed advisors Mr. Scanlan and Ms. Creedon.

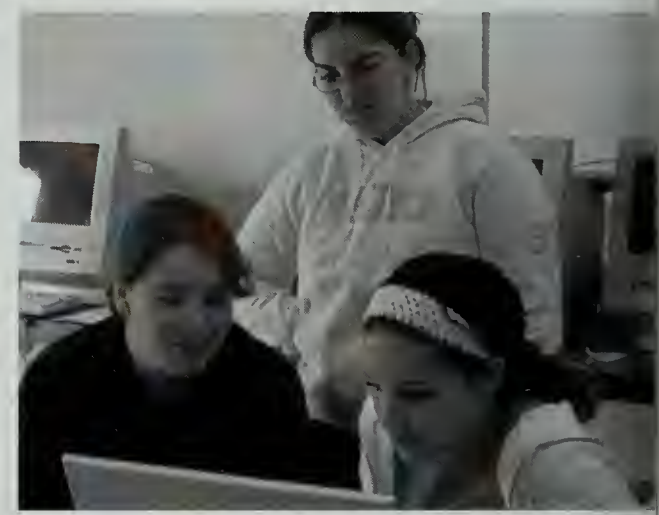
Golden afternoons on the *Goldenrod* staff

When in the sessions of sweet, silent thought
I summon up remembrance of things past...I'll probably be turning the pages of this book! Staff members for this year's *Goldenrod* worked very hard to give you the best yearbook Quincy High has ever had. We want to thank you for all your participation, because that's what's really made this book unique. The class of 2004 was unsurpassed when it came to reading and responding to the many surveys and newsletters we sent out on golden paper. You showed up for portrait sessions, wrote thoughtful messages, sat through interviews and gave us statistics. We couldn't have gotten this book together without your help.

The yearbook is produced in Publishing class. Staff members learn to use state-of-the-art publishing software and equipment, as well as techniques for writing, page design, sales, promotion and many other aspects of running a small business. In the end, we have a story about a year at Quincy High School. And from year to year, it's never quite the same, is it?

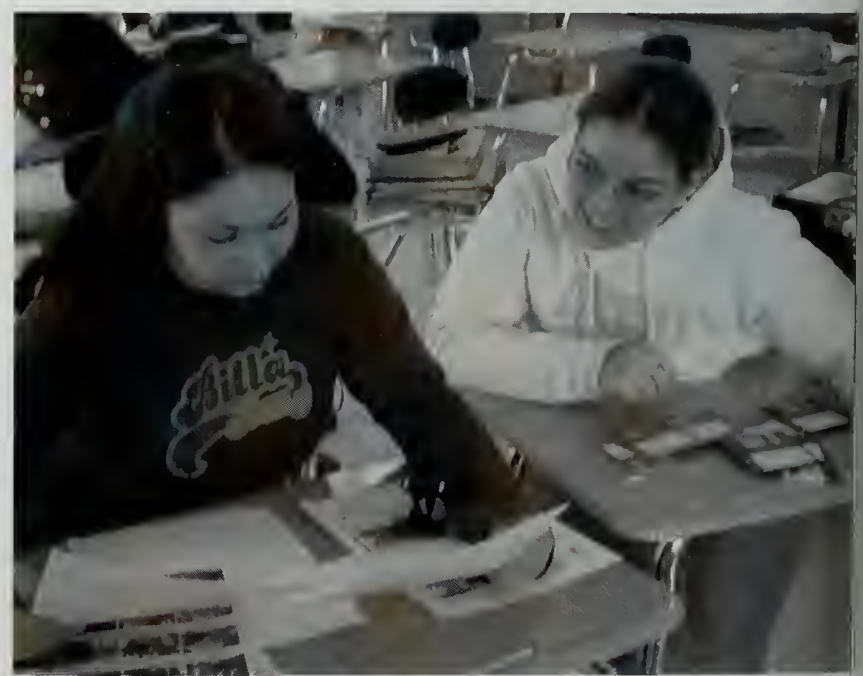
THE 2003-2004 QUINCY HIGH SCHOOL YEARBOOK STAFF
Front row: Josh Hicks, Heather Flanagan, Colleen Dillon, Mike Merlis, Julie Andrews. *Second row:* Dan Cheng, Jo McGuiggan, Jen Correia, Mrs. E. Ryan (Advisor). *Missing:* Colleen Martin, Whitney Bersani.

Yearbook



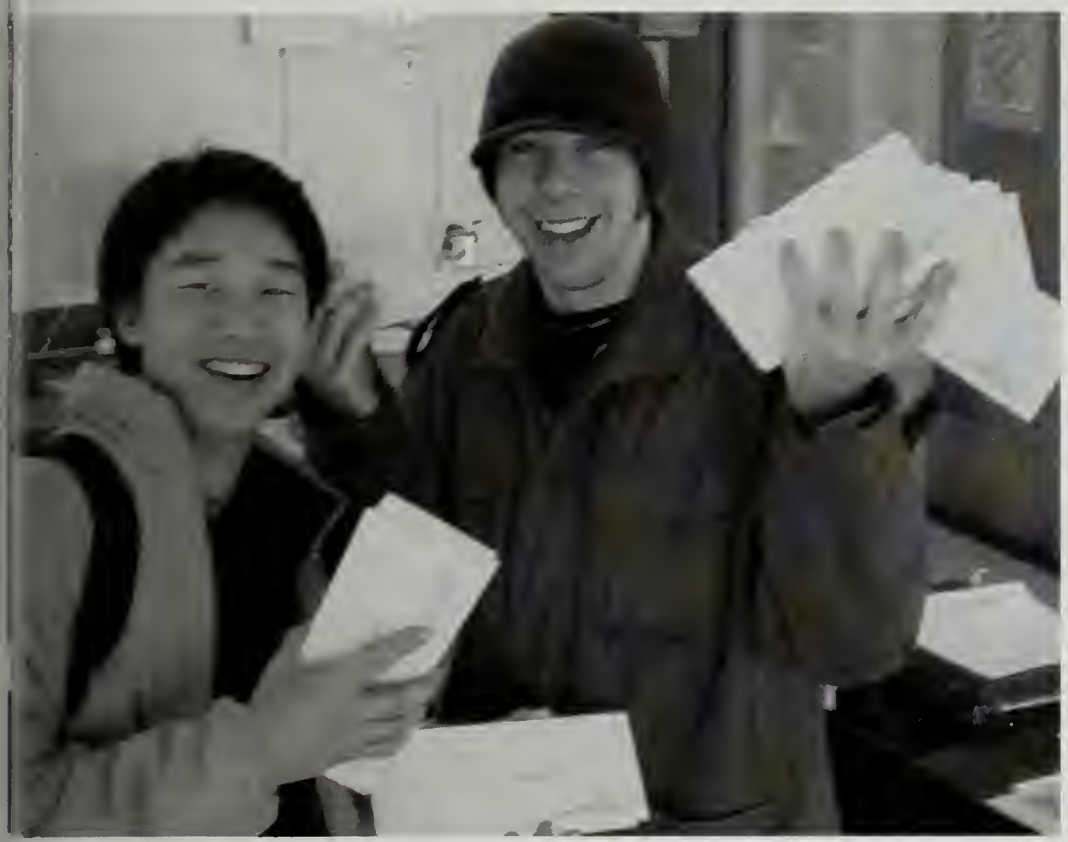
There's nothing like getting in a new group of photos and picking out the ones that will help tell the story of the year. But putting it all together--photos, captions and write-ups--presents many problems.

John and Jen inspect a print-out of thumbnails of photos that Jen took as part of her coverage of the Video Club.

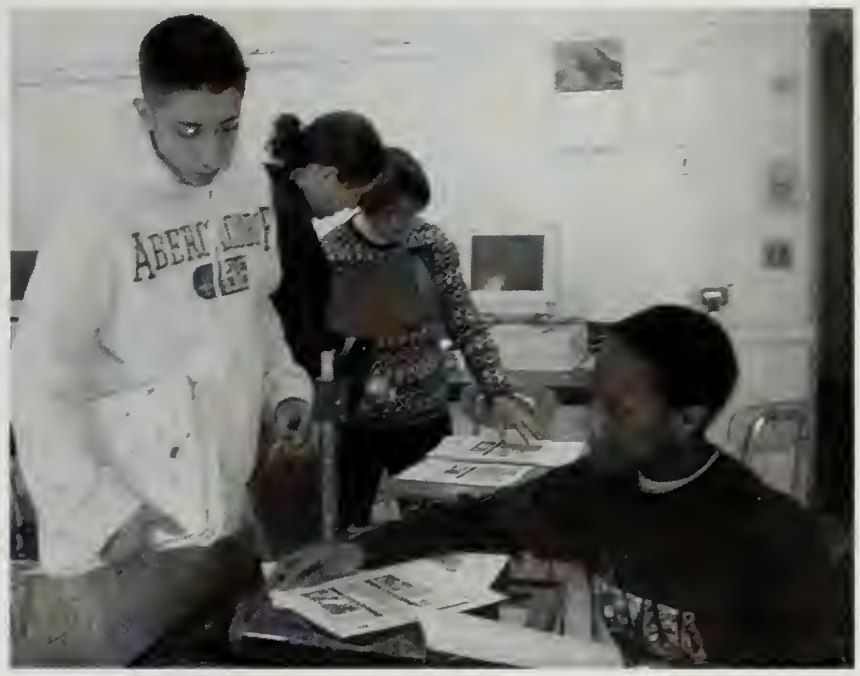


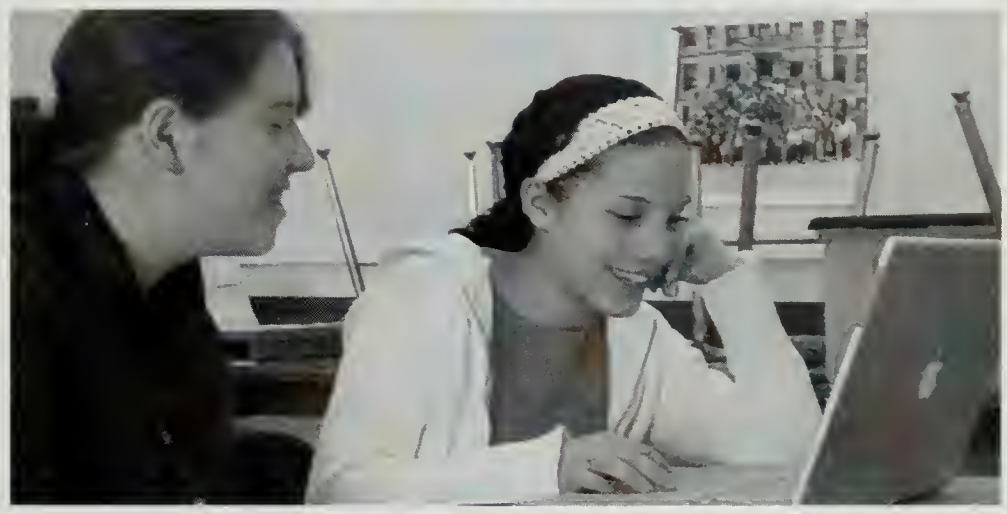
Jennifer Correia and Colleen Dillon puzzle out how they are going to do the coverage of the clubs. One of the clubs has not had its first meeting and another has no opportunity for photographs before the yearbook's end of January deadline.

u've got mail! The yearbook wouldn't exist without you and your family, so keeping touch is a vital part of getting the book together. Here Dan and John prepare to fight uary's bitter cold to get to the post office with parent sponsor letters.



Mike and Josh confer on a page layout. It takes reporting, writing, designing, data entry, proof-reading and editing to get each page of the yearbook done. Even during midyear exams the staff has to find time to meet its deadlines. And the there's the summer supplement! Watch for it in your mailbox next September. How do we get those pictures of graduation to you? The staff comes back in the first week of summer vacation, when everyone else is sleeping in!

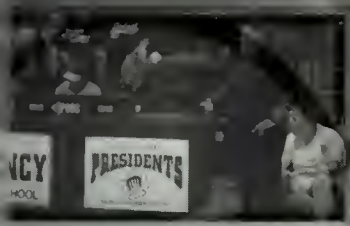


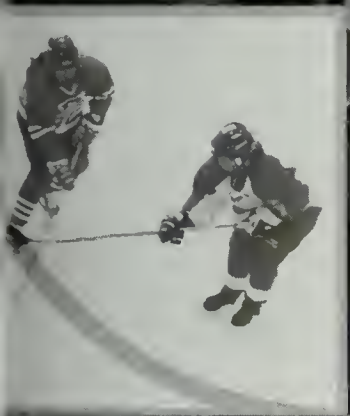


Whitney and Julie work together on a spread, they get lots of advice from Colleen and advisor Mrs. Ryan. The software for publishing the yearbook is very phisticated and sometimes unexpected things happen on the screen and cause a panic. But solving the problems is a rewarding and empowering experience.

haring ideas, facing up to the work and supporting one another in crunch times are some of the valuable aspects of being a yearbook staffer. Through the research nd reporting they do, yearbook staff members get to know the class of 2004 as a whole, and as a collection of unique individuals. It's an unforgettable experience.

Sports





Golden glow

Playing sports builds the habits that keep you healthy throughout your life. Teamwork and good sportsmanship are central to the spirit of sports at Quincy High School. This year the amazing teams were Football, Girls' Volleyball and Girls' Basketball. Even teams that were working through the agonies of growing pains stayed the course and made gains in skills and strategies that will pay off in seasons to come. Many of this year's seniors will go on to play in college, in varsity or intra-mural settings. Perhaps some will return in the future as team supporters, or even coaches.

We're Golden

FOOTBALL

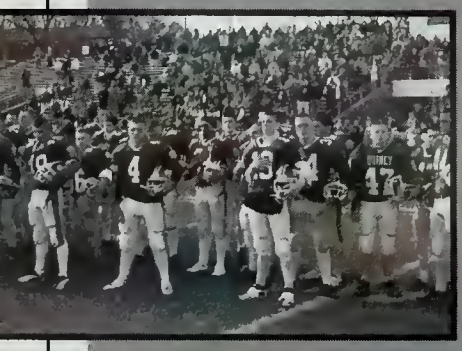
The inspiration of a noble cause involving human interest wid and far, enables men to do things they did not dream themselve capable of before, and which they were not capable of alon The consciousness of belonging, vitally, to some things beyon individuality, of being part of a personality that reaches we kno not where, in space and time, greatens the heart.
Joshua Lawrence Chamberlain

NOBODY DOES IT BETTER

The "Braintrust," Giordani, Coach Noble, and Maria.

Tocuhdown! Elerton DeCastro.

The pony leads the march into victory.



Thanksgiving 2003: The calm before the storm.

A season of pure gold

This year's football team was more than spectacular. "The 2003 football team showed professionalism, determination, calmness under pressure, and teamwork, all the qualities of a championship team," said senior captain J.J. Niamkey, "I wanted to be part of something special, and I knew we were going to go far." And far is where they went, with a near perfect record, 7-1-1.

"The 2003 edition of QHS football has set standards that all following teams must strive to attain," Coach Noble remarked. "Before the season started, goals were set: continued improvement, League Title, Thanksgiving Day game, post season play, State Title. Except for the State Title, all these goals were accomplished. This team' win on Thanksgiving Day made a record of 5 straight wins over North Quincy High This is a tribute to the leadership of our senior class, particularly our captains: Ed DeWitt, Steve Ohlson, John Banks and J.J. Niamkey. Leaders lead from the front, and they did that in every way possible."

"It has been an honor to have coached all the young student athletes who were members of this year's football team," the coach continued. "But it has been a privilege to have been associated with this year's senior class."

THE 2003 QUINCY HIGH SCHOOL FOOTBAL TEAM

The Presidents Quad Captains: John Banks, Ed DeWitt, J.J. Niamsky, and Steve Ohlson.

Team roster: D.J. Andrews, Jared Bell, Shane Burns, Mark Carey, Dan Clark, Paul Copson, Steve Costilglioa, Stev Cunningham, Dan Davis, Everton DeCastro, Chris Dunn, Fil Fillippides, Peter Gilcoine, James Hutchins, Mar Hutchins, Anand Jaggernath, Ian Jorgensen, Roger Palermo, Mike Falicone, Brian French, Kevin French, Chr Kaulhfliech, Mike Kearney, Mike Little, Ryan Little, Moses Lynn, Matt McLaughlin, Frank McMurrough, Cha Mungalsingh, Mike Neenan, Mark O'Neil, Mike O'Neil, Jose Ortiz, Scott Pagington, Joe Picone, Chris Pratt, Ledio Proto, Chris Ramos, Tim Randall, Jeff Ruggerio, Chris Ryan-MacDonald, Pat Stroud, Justin Thorley, Jared Tucke Jason Thomas, Yen Truong, Trevor Vallone, Angelo Venturin, and Bill Wilkerson.

Coaches: Head Coach Bob Noble, Bill Reardon, Dan Morrell, Scott Pifer, Jonathan Brooks, Mark Nutley, Mar Randall, Kevin Carey.

over 27-16 ; Plymouth South 12-12; Whitman-Hanson 14-21; Randolph 36-7; Nauset 21-18;
Iwich 35-14; Dennis-Yarmouth 35-30; Plymouth North 13-10; North Quincy 20-7.

Run, Palermo, run!

Thanksgiving "5-Straight."

Josh Giordani; "Can't hit what you can't catch."

"Q-Hogs lead the way."

"Defense! Defense!"

Captain, J. J. Niamkey

23

The TB of the 2003 Football team, J.J. was an all-around athelete, showing leadership, as well as remarkable skill. He graced the QHS football team as the top scoring leader.

Captain, Steve Ohlson

54

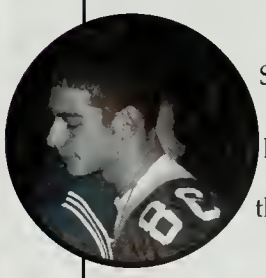
Ohlson, dominating the position of RG, contributed excitment as well as successful runs without any letdowns.

Captain, Ed DeWitt

72

DeWitt , playing LG, was an enduring powerhouse. He led the team with great effort and dignity.

Captain, John Banks



86

Senior John Banks played the tough position of a WR. In spite of being the shortest player on the team, he was described as an "unstoppable machine."

GOLF

SENIOR FREEZE FRAMES

After hiking up the ninth hole in the scorching sun some of the boys take a much needed water break.

After a tough match Joe Priscella shakes hands with his opponent.

A long day on the course will never take the smile off either of the Joes.

It's all in the hips

After what most would call a rough season, first year coach Mr. Venturelli has high hopes for the future of his team. Being a first year coach he had some worries, but with a team that consisted of many outgoing and fun golfers, he had no problem.

Coach Venturelli reflected on one particular match as almost the turning point in the season. "At Plymouth we appeared to have won our first match with five solid scores, only to have the sixth score cause us to suffer another loss!" But the team tried to beat their opponents. The team placed fourth out of five in the Atlantic Coast League.

Joe Priscella was the only senior on th year's team, and he fought hard to try ar gain a win. "I don't think I need to tell him to have fun with the game," Coach responded when asked about Priscella. "He already knows and does that."

Venturelli called freshman Steve Connolly the future star and commented on John Folino and Matt Giordani as great talents. "Captain Joe Salvucci is a solid leader." These players will be returning next year for what may prove to be a wi ning season. Venturelli's main advice wa "Learn all the rules. There's a challenge learning all the rules of golf."

THE 2003 QUINCY HIGH SCHOOL GOLF TEAM

Front row: Brian O'dea, Steve Connolly, John Pelletier, Mike Gibbons, Dan Scribi, and Coach Venturelli.
Back row: Coach Dom Venturelli, Ed Laura,Captain Joe Salvucci, Matt Giordani, Joe Priscella, John Folino.

With a rewarding smile, Coach Venturelli reviews Joe Salvucci's results from the day.

Sportsmanship is big at Quincy high, shown here perfectly by John Folino and Captain Joe Salvucci.

As unseen teammate John Folino sinks a putt Matt Giordani holds the flag.

After a long day of anxiety, Coach Venturelli and his brother look over the days results.

The bag may look larger then Danny, but like a trooper he hiked on up to the next hole.

PROSPECTS FOR NEXT SEASON

Mind Games

John Folino was one of he key players on this year's golf team. Full of concentration and confidence, as shown here while waiting to sink a putt, John is a huge prospect for next season.

Striving for the Green

Having patience and confidence is a major aspect of golf. Ed Laura had the patience it took to finally reach the green on this hole.

Hit and Miss

In the game of golf you win some and you lose some, you come up a few inches too short or too long and it can cost you the game. Steve Connolly knows the ropes and just awaits his second shot.

GIRLS' SOCCER

"FRESHMEN!!!"

Senior Fionnula Bohan stretches out before the game.

Jessica Carella shows her defensive skills by stealing the ball away.

Colleen Martin uses her famous moves against the opponent.

A golden season

Back when we were freshmen, Quincy's highest hopes of winning a soccer game was if the other team didn't show up. Now, as seniors, we look back at our last season with a great sense of accomplishment. "This is the finest overall performance I have ever seen from a Quincy High School girls' soccer team from front to back," said Coach Don Martin. Although the team is losing many valuable players, there are many underclassmen to fill their shoes. Courteney Hall, a sophomore, will keep up her amazing record as one of the leading goal scorers in the Atlantic Coast League. It's certain that next year's captains will keep the team motivated and strong.

With good attitudes and hard work, th girls won the Team Sportsmanship Awarc for the league. Fionnula Bohan earned th Individual Sportsmanship Award. Goalie Sarah Shea and Center Midfielder Colleen Martin received recognition to play on the All-Star team. Kaila Saxe, the mair sweeper, is a 3-time All-Star player. From memories of the net crew, to "getting low, to QP, to the World Cup, to bus rides, this was an amazing year filled with many memories. Good luck to the senior girls and good luck to the team next year.

Who's House?! Q'S HOUSE!

THE 2003 QUINCY HIGH SCHOOL GIRLS' SOCCER TEAM

Front row: Stephanie Kozlowski, Catherine Shea, Marissa Monaco, Katie Walsh, Danielle Rand, Courteney Hal *Second row:* Catie Connelly, Jessica Page, Lisa McKeon, Donika Hajrizaj, Chrissy Brewster, Marissa Powers, Dev Cahill. *Back row:* Coach Don Martin, Sarah Shea, Jessica Carella, Kaila Saxe, Katie Kisielius, Colleen Martin, Fionnula Bohan.

3-0;
nouth North 1-2 ;
set 1-1;

Somerville 2-1;
Randolph 4-1;
Sandwich 0-2;

North Quincy 1-3;
Sandwich 0-3;
Randolph 1-4;

Whitman-Hanson 0-6;
Somerville 3-0;
Plymouth North 0-4;

Nauset 3-1;
Whitman-Hanson 0-2;
Hull 3-0;

Dennis-Yarmouth 2-5;
North Quincy 0-1;
Dennis -Yarmouth 0-1.

The senior girls with their favorite coach, Don Martin.

Katie Kisielius aggressively challenges the ball.

Senior Kaila Saxe is the last line of defense.

Shea makes another amazing save!

The girls get checked in and chat it up with the ref before their game.

Captain, Sarah Shea

21

The goalie of the varsity team, Shea is an amazing athlete, working hard to improve every year and playing her best season this year. She represented the team as an All-Star player.

Captain, Kaila Saxe

22

Back at sweeper, Kaila keeps the ball away from the net. She has been playing for ten years on travel and club teams. She is a 3-time All-Star and a two-year captian.

Captain, Colleen Martin

13

Colleen plays a skilled game in center mid. She has played for ten years on club and travel. Out from an injury her sophomore year, she came back and was made an All-Star and captain by senior year.

Captain, Jessica Carella

4

Jess has more enthusiasm than anyone. She plays defense,but will go anywhere asked. She starts the spirit songs, gets everyone pumped, and still works hard. She becomes a better player every year. She is a strong part of the team.

BOYS' SOCCER

EFFORT THAT WILL PAY OFF NEXT YEAR

Look out for Elio!

Ray Marchand dives for a save!

Coach Orcutt explains the pre-game strategy.

Boys' Soccer Seniors

Inexperience hurts the season

The Quincy High School soccer season of 2003 actually began in the previous year with a tournament loss to B.C. High. The 2002 soccer season was the best Quincy soccer has ever seen. The players and coach started preparing weeks after the loss for the next year.

The team practiced hard but it seemed different from usual. The team had lost nine out of eleven starters. The rest of the team was young and inexperienced playing at the varsity level. Less than a handful of seniors have ever started a varsity level soccer game. Now the team was hit badly.

After playing in many different winter, spring and summer leagues, the season started. Quincy competed with some of the best teams in the state, but could never stand on top and arise the victor. Quincy could control the game, but not score as much as they needed. They were able to play beautifully. At times, Quincy let their flaws be known and the other team would capitalize without any resistance from the Quincy boys' team. Quincy and its young, inexperienced players had not discovered how to win yet. Commitment and hard work are the tools needed to be able to win and succeed at anything. The 2003 boys' soccer team just needed more time. This year's departing seniors wish the team all the best in the season to come.

THE 2003 QUINCY HIGH SCHOOL BOYS' SOCCER TEAM

Front row: Mike Reynoso, Muhammed Najem, Ahmad Hussein, Jonathan Conso, Mike Galvez, Alex Mende Tom Cabral. *Sencond row:* Mohammed Jawad, Jonathan Mendez, Wemerson Nogueira, Cameron Wolf, Tim Amirkhanov, Jose Neves. *Third row:* Mohaned Jawad, Gedeon Endeshaw, Ray Marchand, Haydar Hussein, El Asllanaj, Brendan Craig, Coach: Kevin Orcutt. *Missing:* Besmir Ymeri, Rony Cruz, Geoff Hicks, Bledian Cac Maroun Matta, Icaro Oliviera.

mouth North 0-0;
rth Quincy 1-3;
dham 0-2;
ndwich 1-3.

Plymouth North 1-0;
Dennis-Yarmouth 2-5;
Dedham 3-0;

Nauset 0-1;
Dennis-Yarmouth 1-6;
North Quincy 0-3;

Nauset 0-2;
Whitman-Hanson 2-1;
Randolph 3-0;

Sandwich 1-2;
Whitman-Hanson 2-3;
Randolph 2-3;

Wemerson Nogueira fights and wins!

Cameron Wolf battles for the ball.

No one can reach this ball, not even flying Gedeon.

Jonathan Mendez, looks for a teammate.

Brendan Craig, ready to fire.

Captain, Elio Asllanaj

Elio played forward and became a strong player. After much hard-work, he developed into a skilled competitor. Elio has the potential to be a champion.

Captain, Brendan Craig

Brendan is a fierce competitor with the will to win in his blood. He ran the offense and lead the team with the most goals and assists. Brendan is a 4-year varsity player. He represented the team at the League All-Star game, scoring three goals.

Captain, Gedeon Endeshaw

The player with the most talent, Gedeon plays sweeper and can rule the field and change the pace of the game at will. He is the life of the team on and off the field. He represented the team as an All-League All-Star.

Captain, Jonathan Mendez

A very reliable, hard-working contender, Jonathan knows how to become the victor. He cannot settle for a loss and will not quit. He is a four-year varsity player and an All-League All-Star.

SWIMMING

Quincy High School's Paige Lentini gets suited up for her time in the pool.

Swimming to the top

Sometimes, despite a lot of hard work and effort, certain subjects just don't get the recognition that they deserve. This is the case with the Quincy High School girl's swimming team. As Maria Villena put it, "Freshmen year they forgot we had a team. We've gotten better, and even though half the school doesn't know we have a team, we still try our hardest in the pool." It's this type of positive attitude that allows the swim team to keep their heads above the water, choppy as it may be.

The season got off to a slow start, with an 0-2 record. This didn't keep team captains Maria, Rita Bushier, and Courtney McDonald down, though. If some of those names are unfamiliar to QHS students, that may because the girl's swim team is actually a combined effort of Quincy and North Quincy High swimmers, working in unison.

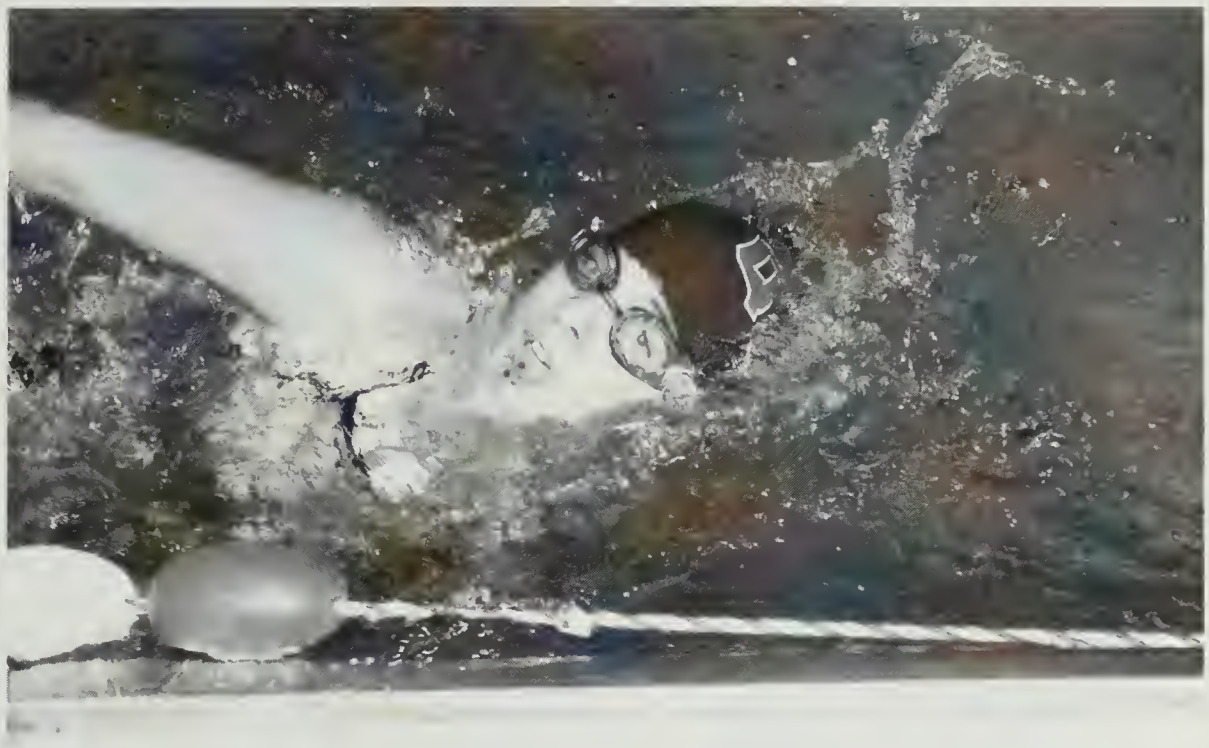
"We're always saying QNQ swim team to remind everyone [we are united]," Maria says of the confusion surrounding the make-up of the team. There is no hostility between the members of the two participating schools, though Maria admits to causing some trouble when she enters NQH on a football game day, humming Quincy High's fight song.

Despite a lack of presentation and some shaky seasons, the girls remain determined and proud of their efforts. Maria assures us that all the team members have performed to the best of their potential. Though the season ended with the modest record of 1-6-1, Maria remains in good spirits, saying, "As long as you work hard, you can accomplish anything." With that attitude at the end of the season, the girls shows that they truly embody what the Quincy Spirit is all about.

Senior swim team captain Maria Villena, four year member.

Swim team members Paige Lentini (senior) and Maria McNulty (freshman).

The 2003 swim team captains with the assistant coach.



Paige dives right in and gives it her all, swimming for the gold.

Looking on and gearing up for competition.

THE 2003 QUINCY/NORTH QUINCY HIGH SCHOOL GIRLS' SWIM TEAM

VOLLEYBALL

NOTABLE SENIORS

Bonnie Hirtle

Outside Hitter Bonnie Hirtle proved herself to be an amazing athlete this year. Her awards include Pilgrim Conference All-Star and Patriot Ledger All Scholastic.

Caitlin Callahan

'Well rounded on and off the court,' describes Team Captain and Defense Specialist Caitlin Callahan, who held the team together through their Championship season.

Rachel Sorensen

Sportsmanship Award winner, Rachel Sorensen was 'most dedicated' this season, always providing her team with strong support.

Victory at last!

The Quincy High Girls' Volleyball team finally got to taste victory after years of just making it then... not. The Pilgrim Conference Champions won the league title in a 2-0 victory over Dennis Yarmouth, topping their incredible season with a 17-3 record. "To beat D.Y. on their Senior Night was just awesome," said Coach Barrett.

With an outstanding record of 13 wins and only one loss, Pilgrim Conference All Stars Bonnie Hirtle, Nicole Cahill, Rebekah Sorensen and Nicole O'Sullivan led their team to the State Tournament and first Sectional Final since 1996. "We knew we could do it... We knew we could go further this year." The team's success was no surprise to Coach Barrett, a former Q.H.S. volleyball player. "We knew what we had to do and we did it."

Quincy's power hitting ladies closed out their amazing season in a heartbreaking Central Sectional defeat to rival North Quincy. However, there's no doubt about it – the team definitely went further this year: Pilgrim Conference Champs, Central Sectional finalists and, most memorably, not one but two great defeats over North Quincy in the regular season for the first time since 1990. The ladies were also the first team to knock off the defending state champs since they won the state title last year. Without a doubt, the girls had a great season, and there is much anticipation to see what the Junior Stars of this year will accomplish in the future.

THE 2003 QUINCY HIGH SCHOOL GIRLS' VOLLEYBALL TEAM
Front row: Rebekah Sorensen, Leanna Lam, Caitlin Callahan, Andrea Pettinelli and Ashlee Scott.
Back row: Rachel Sorensen, Bonnie Hirtle, Nicole O'Sullivan, Kristen Paluzzi, Nicole Cahil, Nikki Groleau an
Coach Christine Barrett.

ford 2-0; Brockton 1-2; N.Quincy 2-0; Plymouth North 2-0; Middleboro 2-0; Whitman Hanson 2-0; Dennis Yarmouth 0-2;
uset 2-0; Hanover 2-0; Rockland 2-0; Plymouth North 2-0; Middleboro 2-0; Whitman Hanson 2-0; Brockton 1-2;
uset 2-0 Dennis Yarmouth 0-2.

QHS Volleyball seniors Lanira Gomes, Rachel Sorensen, Coach Barrett, Kristen Paluzzi, Bonnie Hirtle, Caitlin Callahan, and Nikki Groleau.

Nikki Groleau gets low.

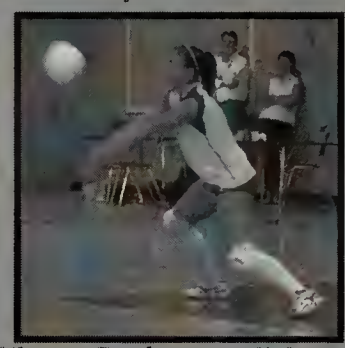
The team gets together for a huddle before a game.

Rebekah leaps to keep the ball in play.

Bonnie Hirtle prepares to return the ball.

THE FUTURE

Nicole Cahill, Nicole O'Sullivan, Rebekah Sorensen and Andrea Pettinelli are the remarkable junior starters left to continue the tradition of QHS Volleyball excellence.



Pilgrim Conference All-Star, Boston Globe & Patriot Ledger All Scholastic, All-State team mid-hitter Nicole Cahill.

'Best offensive' mid-hitter and Patriot Ledger All-Scholastic Nicole O'Sullivan.

Rebeckah Sorensen- Pilgrim Conference All-Star setter.

Starting Setter Andrea Pettinelli.

BASKETBALL

In the tournament, the team faced a tough opponent, Fontbonne. Sarah Shea was out with a knee injury, but Rebekah Sorensen gave an outstanding performance in her place. The team fought bravely, but Fontbonne triumphed 41-52. With a league record of 9-3 and an overall of 15-6, the Presidents have much to be proud of this year!

A GOLDEN YEAR!

Captains Bonnie and Sarah lead the way!

Starting guard, Brittney, is introduced.

Julie eagerly awaits the rebound from a foul shot.

The five ALL STARters!

Tournament tradition continues!

On Friday, December 12 at Archbishop Williams High School, teammates with excitement in their eyes eagerly ran onto the basketball court. Led by captains #21, Sarah Shea, and #22, Bonnie Hirtle, the Presidents in blue and white began a triumphal season.

Throughout the past summer and fall, the girls' basketball team worked diligently to improve themselves individually and as a whole. On Monday, December first, practice began with athletes fired up and ready. Capturing victory twice over North Quincy High School for the first time in four years was a thrilling experience that the team will never forget.

"Emotions always run high in the Quincy vs. North Quincy rival games. After two close losses last year, it felt great to convincingly beat North this year," Head Coach Mr. Bretsch said.

The Presidents' team was filled with talent. Senior Bonnie Hirtle dominated the court by breaking Kerri Connolly's (alumna) 1992-1996 record of 1138 career points.

Along with Hirtle, the other starters were also outstanding. Seniors Sarah Shea and Brittney Tobin, junior Alysia DiMuzio, and sophomore Jessica Page gave 110% both on offense and defense to give the Presidents a lead in the beginning of almost every game. With valuable contributions on the court as well as cheering, spirit, and enthusiasm, the reserves gave their all to add to their team's success. Through their work ethic, encouragement, and heart, senior Julie Andrews, junior Stephanie Kozlowski, Rebekah Sorensen, and Nicole O'Sullivan, and sophomore Ashlee Scott supported the starters day in and day out to help lead the team to victory.

"By playing with veteran leadership and gaining exciting newcomers, the team was poised for a great year," Head Coach Mr. Bretsch said.

Having beat last year's ACL champions Sandwich High School, the Quincy Presidents were very excited at the season's end to find they had earned themselves a place in the tournament. Bonnie Hirtle had finished an outstanding high school career, racking up a record-breaking 1348 points. This was a season of great accomplishments, excitement and memories to treasure always.

THE 2003-2004 QUINCY HIGH SCHOOL GIRLS' BASKETBALL TEAM
FRONT ROW: NICOLE O'SULLIVAN, BRITTNEY TOBIN, BONNIE HIRTLE (CO-CAPTAIN), SARAH SHEA (CO-CAPTAIN), AND JULIE ANDREWS. *SECOND ROW:* MR. JEFF BRETSCH (HEAD COACH), STEPHANIE KOZLOWSKI, ALYSIA DIMUZIO, REBEKAH SORENSEN, ASHLEE SCOTT, AND JESSICA PAGE.

Archbishop Williams 71-40	Fontbonne 30-41	North Quincy 61-37	Archbishop Williams 61-41	Abington 56-36
Dennis-Yarmouth 67-46	Whitman-Hanson 49-52	Nauset 60-72	Sandwich 62-59	Plymouth North 61-21
Plymouth North 50-34	Whitman-Hanson 44-50	Hingham 66-67	Dennis-Yarmouth 57-45	Nauset 52-50
Sandwich 68-48	Randolph 60-33	Randolph 52-19	North Quincy 55-45	Abington 69-47

The referee blows the whistle, tosses the ball up, and the game begins!

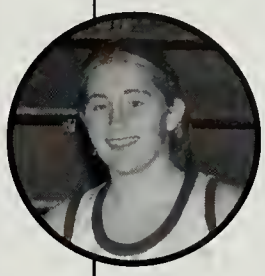
Brittney takes a lay-up during warm-ups.

The coaches and reserves watch the game with pride.

Bonnie prepares to shoot a foul shot.

Sarah drives through the lane past a defender.

Captain, Sarah Shea



21

Sarah's heart and work ethic are incomparable. She showed amazing basketball talent optimism, and her dedication will never be forgotten.

Captain, Bonnie Hirtle

22

As QHS' top scorer of all time, Bonnie demonstrated outstanding leadership and dedication. She's one of the most valuable players that Quincy has ever had!

Senior, Brittney Tobin

23

Known as the team's defensive specialist, Brittney's commitment to her team's success was outstanding. She was a great contibuter to her team every year she played.

Senior, Julie Andrews

34

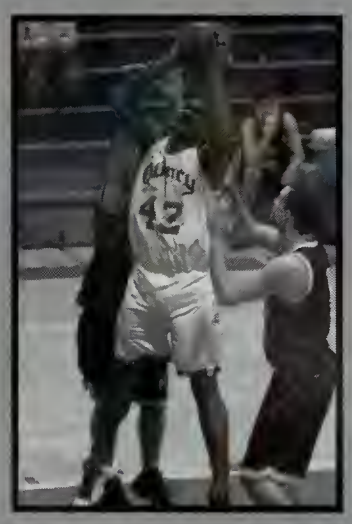
Along wih contributing on the court, Julie sang the national anthem for many of the home games. She hopes that someone will continue this singing tradition next year.

BASKETBALL

Junior John Folino prepares for tip-off.

Senior Mike Lallis drives to the hoop.

Senior Moses Lynn sets up the Quincy defense.



Senior Ed Matthews battles for the rebound.

Playing their hearts out

Although an outsider may think the boys' basketball team had a bad season, anyone who followed the teams knows that the record fails to tell the whole truth. Despite not winning as many games as hoped, the team learned the importance of persevering through adversity and continuing to play hard. Led by Captains Bill and Dan Cosgrove, JJ Niamkey and Ed DeWitt, the basketball players had a proud reputation of always playing their hearts out. Their trademark man-to-man defense created many problems for the opposition. The team lost many close games, including three in overtime and another at the buzzer. This team learned that on the court, as in life, things don't always go your wa but you still have to deal with and overcome that adversity.

Parker Scott, JJ Niamkey and John Folino served as the main offensive threat The inside play of Eddie Matthews and Ed DeWitt was superb. The captains, along with seniors Ed Matthews, James Hutchins, Mike Lally and Moses Lynn ca leave the program knowing they worked as hard as they could. The future looks bright as underclassmen Parker Scott, Joh Folino, Lovell Johnson and Joe Griffin return with valuable varsity experience. The team, especially the seniors, would like to thank and recognize Coach Fran fo his guidance and leadership over the yea

THE 2004 QUINCY HIGH SCHOOL BOYS' BASKETBALL TEAM

Captains: Bill Cosgrove, Dan Cosgrove, Edward Dewitt and J.J. Niamkey.

Team roster: Alex Scott, Ken Johnson, John Folino, Parker Scott, Mike Lally, Joe Griffin, James Hutchins, Moses Lynn, Ed Mathews and Lovell Johnson.

Coaches: John Franceschini Jr. (Head Coach), Ray Papile (Assistant Coach), Dave Parry (Freshman Coach), Ed Miller (Athletic Director).

Quincy displays the tenacious defense that became the team's trademark.

JJ gives John some advice during warm-ups.

Junior Parker Scott sets up the offense.

Coach Fran, Bill Cosgrove and Coach Papile discuss strategy.

Senior James Hutchins warms up before the game.

Captain, J. J. Niamkey

15

J.J. Niamkey concentrates at the foul line.

Captain, Dan Cosgrove

22

Dan Cosgrove races up the court.

Captain, Ed DeWitt

50

Ed DeWitt has his eyes set on the loose ball.

Captain, Bill Cosgrove

5

Bill Cosgrove plays tough defense.

GIRLS' HOCKEY

GIRLS' HOCKEY ON THE RISE

Jessica Godfrey awaits an oncoming opponent at the blue line.

Marissa Powers for-checking the other team.

Marissa Powers helps Jessica Godfrey clear the puck in front of own goalie.

The goalie for Quincy looks out for oncoming oponents.

The girls just keep on soaring

The Quincy/North Quincy High School Girls' Hockey Team is something that is relatively new but is improving by leaps and bounds. The girls from Quincy that contribute to the team include senior Stephanie Stone, juniors Marissa Powers and Jessica Godfrey, and Katie Connelly. The Girls Varsity Hockey Team is coached by Laura Prisco. "Stephanie Stone is the ultimate team player. She is the heart and soul of this team," says Laura Prisco about this season's only senior girl from Quincy High School. She also said, "Quincy High's team leader is junior Marissa Powers who is extremely athletic and has quite a competitive spirit on the ice." Coach Prisco also said, "Jessica Godfrey has improved dramatically from last year and played an important role on the four-man defensive squad."

This year Quincy High School also had couple of new additions to the team. Junior Katie Connelly just joined the girls this year. Her coach said, "Katie Connelly was new to the game of hockey this year, but will definately play a role in the future success of the team. Another new joiner is Ashely Vanier who volunteered to be the back-up goalie this year."

Each year the girls improve and next year will surely be their greatest yet.

THE 2004 QUINCY/NORTH QUINCY HIGH SCHOOL GIRLS' HOCKEY TEAM

The girls on the Varsity Hockey team from Quincy High School include senior Stephanie Stone and juniors Marissa Powers, Jessica Godfrey, and Katie Connelly.

Home team Quincy looks on while their team battles for the puck.

Marissa Powers skates to block a shot.

Team captains meet with referees.

Jessica Godfrey backs up defensive partner Rose Devlin.

The girls embrace after a successful goal is made.

This team

is so hot

the ice

is melting!

BOYS' HOCKEY

THE CONTENDERS

Joshua Giordani, ACL All Star, out on the ice.

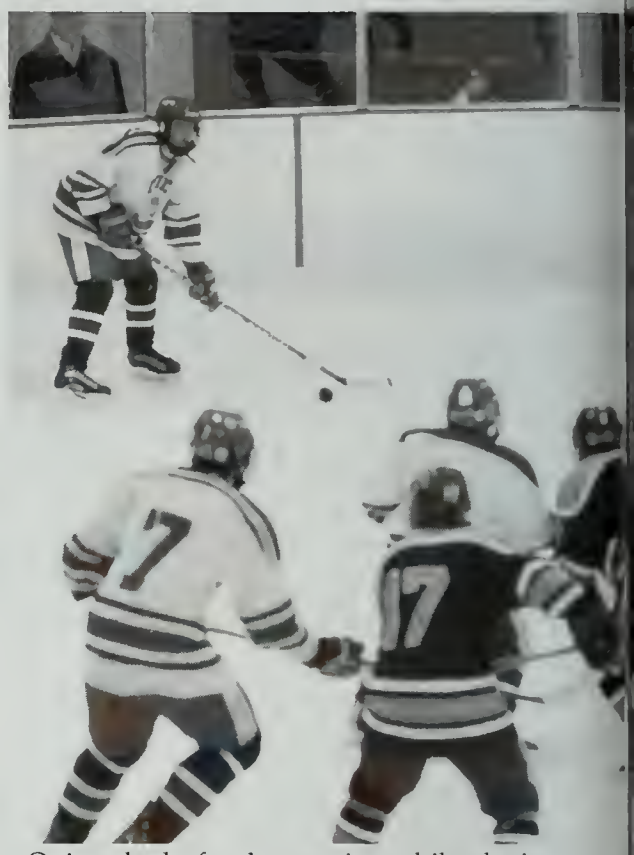
Another shot taken in vain, as the Presidents hold off another point.

When left wide open, never miss an opportunity!

Senior Jake McQuinn takes one for the team.

Fire on ice

The 2003-2004 boy's hockey team featured seniors Josh Giordani, Dan Sullivan, Jake McQuinn, Andy McDonough, and Sean Warwick. The team was in contention for the state tournament, up until the last game against the league leading Nausett High School, a formidable opponent on the ice. Despite ending the season before any tournament play, the Presidents had a good season, and sent the seniors off on a high note. Josh Giordani led all scorers in the league with goals and assists, and was unanimously elected to the ACL all star team. Head Coach Bob Sylvia is excited for next season. With the number of returnees to next year's team, he vows that the team will once again make the tournament, as it has the past six years, with the exception of this year.



Quincy looks for the opening while playing stron defense.

THE 2004 QUINCY HIGH SCHOOL BOY'S HOCKEY TEAM

Team roster: Jim Carita, Alex Smith, Pat Malone, Joe Sweeney, Mike Leone, Ed Laura, Mike McPherson, Brenda Craig, Matt Graham, Jake McQuinn, Steve Bythrow, Mike McKeon, Josh Giordani, Dan Sullivan, Matt Giordar Ray Marchand, Bryan Gilligan, Joe Daley.

Brendan Craig, Sean Warwick, Coach Syvia, Jake McQuinn, Dan Sullivan and Josh Giordani.

lead Coach Bob Sylvia watches on from the side.

Joe Daley defends the net.

Mike McKeon and Joshua Giordani hold off the opposition.

Josh takes a well-deserved rest on the ice.

The Presidents face off on the ice.

Always keep the enemy in sight, and don't let them out of a stick's reach.

There are some hard hits out on the ice, but it's all part of the game.

With so many returning players, QHS will likely be tourney-bound again next year.

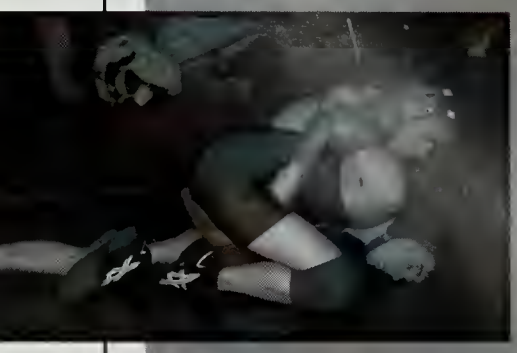
WRESTLING

PINNING AND WINNING

Quincy's senior captain Yen Truong with Coach Venturelli.

Sophomore Chris Pratt has his arm raised in victory.

Freshman Joe MacDonald gets set for the second period.



Junior Chris Regiannini struggles to free himself from a "wing."

Quincy shows persistent muscle

The 2004 Wrestling Team possessed talent but very little depth. The team often had to forfeit three or four weight classes, resulting in only four dual meet wins. Coming off an Atlantic Coast League Championship last year, the team never gave up throughout the season.

The team was led by senior Yen Truong who won 32 matches with only six losses. He placed third in the South Sectional Tournament. Junior Frank McMorrough was a force throughout the season, topping the 30 win plateau, with only eight defeats. His highlight was being the runner-up in the South Sectional Tournament. Also having very successful seasons were sophomore Chris Pratt, with over 20 win and qualifying for the State Tournament, junior Chris Reggiannini, who was a Stat Tournament alternative and freshman Jo Tan, who won key matches all season.

Making key contributions were junic Kevin French and Jesse Gately, sophomo Mark O'Neil and Jeremy Durgin and fres men Joe MacDonald, Ray Pratt and Robe Sullivan.

THE 2004 QUINCY HIGH SCHOOL WRESTLING TEAM

Captain: Senior Yen Truong.

Team roster:

Juniors: Frank McMurrough, Chris Regiannini, Kevin French and Jesse Gately.

Sophomores: Chris Pratt, Jeremy Durfin and Mark O'Neil.

Freshmen: Joe MacDonald, Ray Pratt, Robert Sullivan and Jon Tan.

Coaches: Mr. Lou Venturelli and Mr. Ron Howard.

TOURNAMENT PLACEWINNERS

SANFORD	WEYMOUTH	SECTIONALS
3rd Yen Truong	3rd Yen Truong	2nd Frank McMurrough
4th Frank McMurrough	3th Frank McMurrough	3rd Yen Truong
	6th Jon Tan	6th Chris Pratt
		7th Chris Reggiannini

Senior Yen Truong with another victory. Yen earned over 100 wins in his QHS wrestling career.

Mark O'Neil "sits out" on his opponent.

Jeremy Durgin counters the take-down.

Joe MacDonald doesn't like the "cross face."

Jeremy Durgin controls his opponent.

Teammates cheer on from matside.

Freshman Jon Tan looks for a take-down.

Junior Jesses Gately attempts a stand-up.

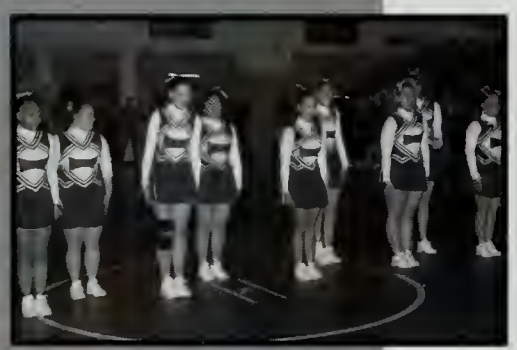
Senior Yen Truong helps out keeping score.

CHEERLEADING

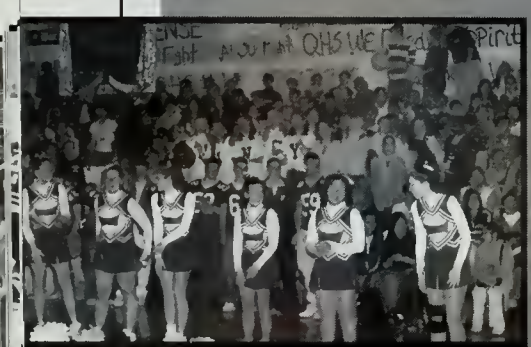
THE GOLDEN GIRLS OF TEAM SPIRIT

The girls are all smiles at the Turkey Day Rally.

The Varsity Squad cheer for their football boys.



The floor of the rally: the girls bust their moves.



The JV lead on the sophomores.

A sport for all seasons

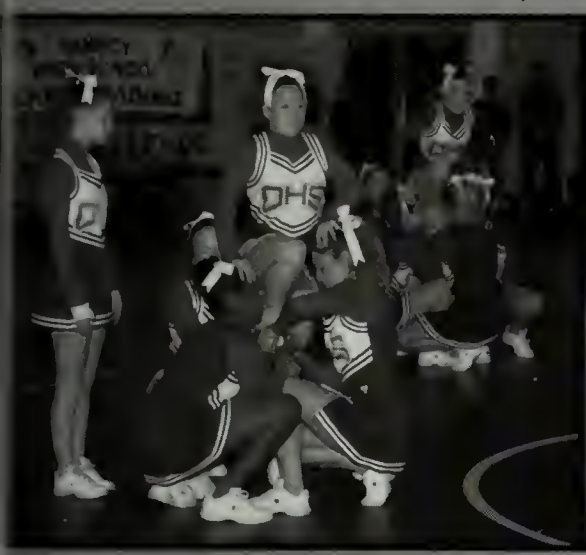
From practices to games and rallies, the Quincy High School Cheerleaders are always working hard. They have tryouts in April, and their season usually goes until March. They attend the NECA Cheerleading camp in the summer. They also usually attend competitions in the winter, as well as the spring. In between those events, they are constantly practicing, improving their routines for games and rallies.

Captain Rachel Sullivan said, "This year the Cheerleading Squad thought that it was going to be tough, lacking seniors. However our coach, Lauren Rodriguez, got us through it. Although we didn't attend any competitions, this year was extremely full and fun. We had a small squad, but it was a good squad!"

THE 2004 QUINCY HIGH SCHOOL CHEERLEADING TEAM

Front Row: C. Henderson, R. Sullivan (Captain), J. Ryan, S. Krueger (Captain). *Second Row*: A. Keogh, L. Lally, D. Collins, K. Sheridan, C. Hannon, J. Ciafardoni, C. Burgess. *Back Row*: N. Brosnan, S. Dunlea, C. Deibel, M. Peterson, T. Murphy, S. Vrani

The Junior Varsitry Cheerleading Squad of 2003-2004.

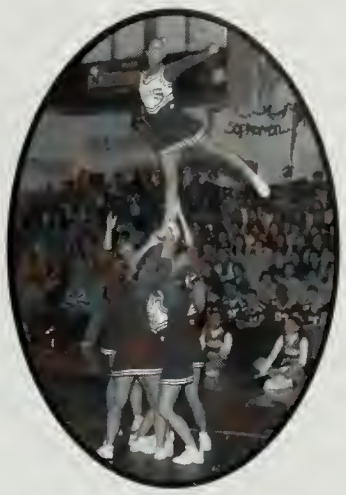


Getting ready to fly.

The cheerleaders get the crowd psyched.

The cheerleaders show their pride.

Courtney and Danielle show their school spirit.



What does a successful pyramid formation take? Whether it's a Basket Toss or one of the Liberties,

it takes
two bases,
one back,
one flier,
superb training
and a lot of trust!

Events

Golden moments

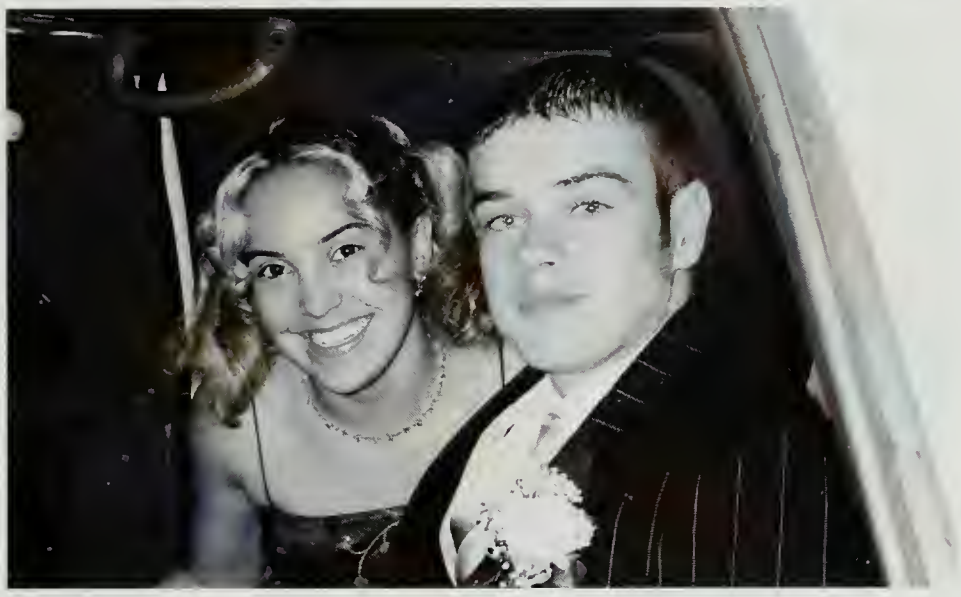
Leadership Camp and rehearsals for the fall dinner theater production begin the spiral of events planned for Quincy High School, even before students return to school in September. During the school day there are the sports rallies, Pride Week competitions and Halloween, a day when we let our imaginative inner child rule, as teachers and students alike don costumes, make-up and masks. Special evenings feature dances, plays, concerts and variety shows, with the opportunity for our many talents to sparkle forth. Then in the spring come the most dazzling events of all, the proms.

We're Golden

the junior prom

OH, WHAT A NIGHT!

The rain on April 11, 2003 didn't stop Quincy High from having a great time at the Junior Prom. *Oh, What a Night* was the fun, upbeat theme song of the dance. The centerpieces on each table were unforgettable vases containing live blue fighting fish as a centerpiece. Some students entertained themselves in between the dinner and dancing by combining the fish to see them fight. Our class showed originality with the extravagant balloon arch and unique checkered floor for the prom photographer's background. "We'd been working on this since around October, and it's nice to see that the outcome was successful," said Heather Flanagan, a member of the Prom Committee. All who attended will remember that night.



the leadership camp

Mr. Scanlan introduces Norfolk County Sheriff's Youth Center.

Mr. Keuther inspires the campers with a "Capture the Spirt" speech.

TEAMWORK IS GOLDEN

At the opening of leadership camp everyone gathered around Mr. Keuther. The theme for leadership camp this year was *Capture the Spirit*. Mr. Keuther talked about the importance of being gracious and helping others selflessly.

The three days of Leadership Camp were divided into low-rope activities, high-rope activities, and the mountain climb. The low-rope activities are games that involve skills such as teamwork, trust, and problem solving to strengthen the bond in each group. One of the low-rope games included having four hula-hoops spaced about five feet apart in the shape of a diamond with three people in each hula-hoop. In the center was a rope with a tied loop at the bottom. The group had to strategize about how to retrieve the rope without stepping outside their hula-hoop. They had to use the rope to swing to another hula-hoop and each person had to end up in another hula-hoop. Each group used a different method of retrieval. One group tied peoples' shoes together and threw the shoes at the rope to get it moving. Another group did the same thing with a person's shirt, while another group held up one girl so that she could reach out and grab the rope.

The high-rope activities involved supporting team members to accomplish a goal. Students walked across a log that was about 50 feet in the air. They also climbed up to the top of a wooden pole and jumped off while trying to hit a ball a few feet away in the air.

On the third day, fifty campers hiked Mount Wachusett. The mountain seemed enormous, filled with large rocks, trees, bushes and weeds. Climbing up large rocks and steep trails on the mountain were difficult but after about one hour of climbing, all of the hikers reached the summit of the mountain. "It reminds me of Jurassic Park," one student said. The hike taught the new and old Q-Team members how working together can help people achieve great feats. "It was the best Leadership Camp I've been to in the three years I have gone," said senior Mike Merlis.

Amy Donahue smiles as she sees the exciting activities that the day holds.

Jonathan and Alex await the beginning of Leadership Camp.

Left: Sabrina Squatrito works hard to reach her maximum potential and the top of the wooden wall.

Center: Joe Priscella soars to new heights as he flies over a field at the high-ropes course.

Below: Catherine Gropp and Nora Dibona work on a trust building exercise.

Mr. Karhu takes part in the high-ropes activity.

Quiana and Endri strive to reach the top of Wachusett Mtn. on the last day of camp.

Mike Merlis and Kristen Dwyer look on with admiration at the challenging feats being performed in the air.

The faculty members who volunteered their time at Leadership Camp, high atop Mount Wachusett.

Mr. Johnston runs through a wave effect that's designed to build confidence in fellow faculty teammates.

the fall play

TEN LITTLE INDIANS WINS OUR GOLDEN GLOBE

With only four weeks until the production, the cast rehearses intensely as members prepare for the second season of dinner theater at Quincy High. Their production this year was the murder mystery *The Ten Little Indians*.

"It was vigorous work because we had such a short time, but we pulled it off and had a good time of it," said Becky Ferris, who played Dr. Armstrong.

With only eleven actors and five techies, the production was compact. "I think there was more individual emphasis on character development than in a bigger cast," said Samantha Amodeo, who played the role of Vera, the female lead.

As production week drew closer, the tension escalated within every actor's heart. "I was a little bit nervous. Like before I went on for the first time and before my big speech at the end, I was slightly nervous," Shaun Gibbons admitted about his role as the murderer Judge Wargrave.

In the end, the play turned out to be a success, and the three nights that they performed were fantastic.

Vera Claythorne fearfully listens to the murderer Judge Wargrave.

Rogers awaits MacKenzie's orders.

Dr. Armstrong does an analysis.

There is great concern as Mrs. Rogers faints.

Marston battles Lombard over the lovely Vera Claythrone.

Lombard is shocked to find Ms. Brent murdered with a "modern day beesting."

Lombard and Blore question each other's motives for being at Indian Island.

Lombard comforts the nervous Dr. Armstrong.

THE CAST AND CREW OF THE TEN LITTLE INDIANS

Front row: Katie Walker (Stage Manager), Kristen Dwyer (Assistant Director)
Middle row: Courtney Forti (Tech), Becky Ferris (Dr. Armstrong), Ryan Kirby (Lombard), Samantha Amodeo (Vera Claythorne), Shaun Gibbons (Judge Wargrave), Patrick Dunlea (Anthony Marston), Emily Pahud (Tech).
Back row: Rich Doria (Mr. Rogers), Amanda Spears (Mrs. Rogers), Daniel Cheng (General MacKenzie), Paul McGouldrick (Tech), Lindsey Meyers (Ms. Emily Brent), Jessica Jordan (Tech), Colleen McCarthy (Tech), Trevor Valone (Mr. Blore).

An evening of dinner theater
at Quincy High School
featuring Agatha Christy's
The Ten Little Indians
****

Saturday, September 20, 2003

FIRST COURSE
Ceasar salad

ENTREE
Baked stuffed chicken with a velouc cream sauce
Green beans and carrots
Roasted sweet potatoes

DESSERT
Chocolate ice cream cake with cherries and whipped cream

Josh Hicks plays bass at the rally.

O'er the Land of the Free and the Home of the QHS Rally!

While four members of R.O.T.C. prepare their presentation of the United States flag, the Horizons gather near one of the gym's basketball hoops to sing the national anthem. Senior soprano Megan Grasselli says the national anthem helps support school spirit by filling people with pride for their country and a sense of honor for the sports' teams that are represented at the Fall Sports Rally. The Horizons have sung the national anthem under the direction of Ms. Scanlan for the QHS rallies since the school year of 2001-2002. The Horizons looks forward to helping QHS *capture the spirit* by singing at the next rally for the winter sports' teams.

Jonathon Mendez calls out his fellow boys' soccer players.

The senior girls' soccer team gets some recognition.

The band accompanies the action at the rally.

Thiago Pereira shows his senior spirit.

The Varsity Cheerleading Squad

MR. KEUTHER REFLECTS ON RALLIES

On Friday Setember 19, as the band played the school song and students filed into the sweltering gym, Mr. Keuther's mind was on five things: pride, celebration, excellence, recognition and community. These are what the rallies are all about.

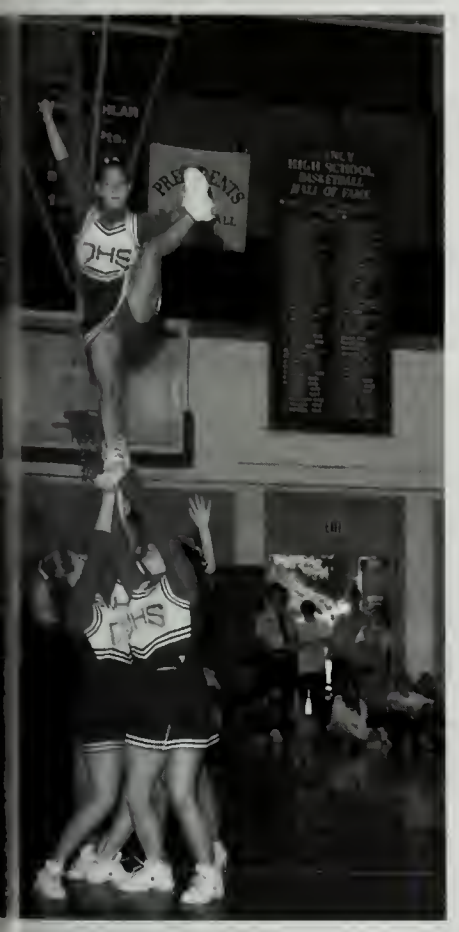
"We get together to celebrate the excellence of our school and to remember the spirit of the Presidents," Mr. Keuther said. When asked to recall his most memorable rally, he let out a huge chuckle and smiled. It was "when I made a blunder." It was his second year as principal and as he led the students in the Q-U-I-N-C-Y cheer, he spelt it wrong. But his favorite rally was last year, when all of the sports teams were doing extraordinarily well, a real "renaissance" for us.

As all the students stand

Quincy High School's mascot, the blue pony, goes into action.

the sports rally

RIDE THE GOLDEN PONY



lent during the national nthem, Mr. Keuther is eminded "of the opportunies that we have as citizens f this great nation. "We're community committed to xcellence."

On Friday, September 19th, the entire student and faculty body was summoned to the gymnasium in the C.T.E. The event was something that, though annual, is never simply commonplace. It was already that time of year. Time for the Fall Sports Rally. As soon as the doors to the hot, sticky gym were opened, the sights and sounds of tangible excitement spilt out. A seasoned QHS senior would expect nothing less.

This rally followed the path of those that preceded it, but there was a difference, an added something in the air. This year everyone, students and staff alike, seemed to be in rare form. The band played seamlessly, with its driving bass and horns building up the anxious audience's anticipation. Then came the cheers.

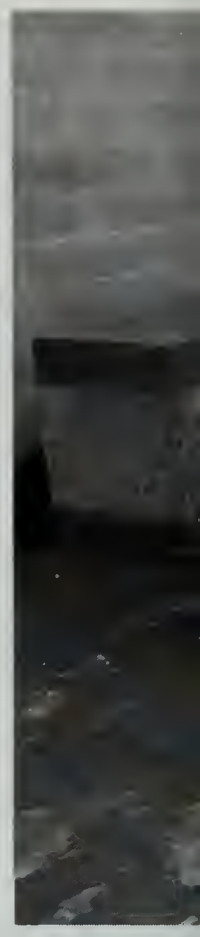
Mr. Johnston, the senior class dean, stepped forward, asking his senior class for assistance, and went on to lead the now familiar chant: "Gimme a Q! Gimme a U!" and so on. Still, something was unfamiliar. This year, amongst the athletes for the golf, football, soccer, and volleyball teams, there was someone new. Someone there to add a little more spark to the already ignited crowd. That someone was a blue pony.

This pony, an homage to the "Capture the Spirit" sculpture that adorns our Pride Room, is a new addition to the Quincy High family. He's there to motivate, to connect the audience with the players even more than ever. The man beneath the fur is senior Ryan Kirby. But who was it that came up with the idea for a mascot after all these years?

"It was my idea," explained Ryan. "I thought of dressing up in a giant paper mache hat, but the theme of the pony got intertwined with my idea of a mascot, and along came the blue pony." Also, the sculpyure of *The Great Spitit* in the Pride Room is affectionately called the Pony.

So it came to be. We have our mascot. But, there's still one question left. Why a pony, exactly? Again, Mr. Kirby came forward with an answer. "The pony is the theme of the new school year. A hat can't motivate students, but a pony," he says, "raging, wild and free; that can really bring students together for a common goal."

When asked what precisely that common goal was, Ryan simply answered, "school pride." And with the Presidents family now shouting out cheers, school pride is what it's all about.



the encamp-ment

AS CLOSE AS AFJROTC GETS TO THE REAL THING

Hanscom Air Force Base hosted this year's encampment, giving ROTC students the chance to interact with and learn from real military personnel. Obstacle courses, shooting blanks in real m16's, leadership training and land navigation shaped the curriculum along with field activities of war games including the tug-of- war. "In three rounds against Bedford and North Quincy, we beat them every time. This was my favorite part of the encampment," said Master Sergeant Sandy Shi.

After a wrap-up party, there were awards for outstanding cadets, flights, superior performance and leadership. Senior Henry Lam was an outstanding cadet, Tom Fox won a leadership ribbon and Zhang Hua Liang was recognized for physical fitness.

Tom Fox outside the base.

Major Zinnell, Li Wah and Scott at dinner.

Sgt. De Lorenzo and Priscilla at the ropes course in Braintree.

ong teamwork prevails here as Dan and Kyle carry Kit over the water. This one of many activities that train the cadets in the skills of a fighting force.

Zhan Kun Luo in the cockpit of the Blackhawk.

Li Mun struggles to cross the tightrope.

Liang and Luo look forward to a weekend at Hanscom Air Force Base where Zhang will win a ribbon for physical fitness.

Cadet Master Sergeant Andrew Masse and members of A Flight, outstanding flight for the encampment.

Awaiting room and personal inspection at the encampment are (top)Priscilla Ho, Laurie Demers, Li Mun, Johana Liang,Wei Lun Li and Chelsea Cedrone; (bottom) Jennifer Le, Amanda Peredetto, Li Wah and Christina Loi.

HALLOWEEN

Amy Donaghue and Iryna Neskromna help out at the first ever Halloween Fun Fest.

Kristen Dwyer applies face paint at the Halloween Fun Fest while Mr. Jack Scanlan supervises.

WHO'S HAUNTING THE HALLS?

Quincy High School is a tolerant community, and 364 days of the year it encourages its students to do one simple thing: be themselves. For one day a year, though, on October 31st, the rules are bent a little. Students and faculty are encouraged to give consideration to being someone, or something, else. It's plain to see that many people in the school community enjoy taking advantage of this opportunity.

At the annual costume contest, all are invited to come to the auditorium after school and compete for prizes. This includes faculty, hence the famous nerd costumes of Mr. Bretsch and Mr. Gendron. They have some costume competition, though, from Mr. Ellis, whose guise as Darth Maul won him first place last year. This year was his off year, but who knows what he has in the works for next year.

This Halloween marked the first hosting of the school's Halloween Fun Fest, complete with trick-or-treating, a haunted house, and face painting. The event was put together by the Student Council, and raised funds for our classes. It was designed to provide for the elementary and middle school students of the city a taste of the sense of play and imagination that is a part of QHS every Halloween.

Mr. Keuther and Mr. Raymer hav n identity crisis.

Scott, Roger, Steve and Josh sho s their Halloween spirit. (Perhaps it too much?)

Left: This mummy went all out for the Halloween costume contest.

Center: Evan MacIsaac and Lara Murray prepare to sail to the moon.

Below: Seniors Amy Donaghue and Spider-Man promote the Halloween Fun Fest.

E.T. signals home, where it's cloudy with a chance of showers.

Jessica Carella keeps the vibe alive.

Andrew Henck forgot to dress up, but he participated in the costume party anyway.

Mr. Smith, Ms. Creedon, and Ms. Jenkins help out at the Halloween Fun Fest.

It's official, Mr. Smith is a chick magnet.

At the rally the crowd cheered a football team that would become the ACL Champs.

the football rally

THE PRESIDENTS GET READY TO TAKE THE GOLD

With school spirit in the air, the student body poured into the Tech Gym. The deans led each class in a yelling contest, in support of the school. Every student yelled out QHS cheers and of course sang the school song. There was a tie between the 2004 seniors and the sophomores.

Quincy High School's Pony (Ryan Kirby) made an appearance as mascot, the icing on the QHS cake. He certainly pumped up the football team. The cheerleaders did a great job cheering for the Presidents football team. The dance team performed an entertaining routine. Meanwhile, Principal Keuther had people on their feet.

This rally was a terrific celebration of our championship team and the unique character of QHS. People left feeling good about themselves and the school. This Thanksgiving Day rally did a great job of getting everyone psyched to eat turkey and BEAT NORTH the next day. The rally experience gets everyone involved and brings the QHS family together.

The band plays the school fight song as spectators fill the gym.

Left: The queen of school spirit, Maria cheers the team on.

Center: Myke Falcioni anticipating the announcement of his name.

Below: Seniors demonstrate Quincy pride with fabulous decorations.

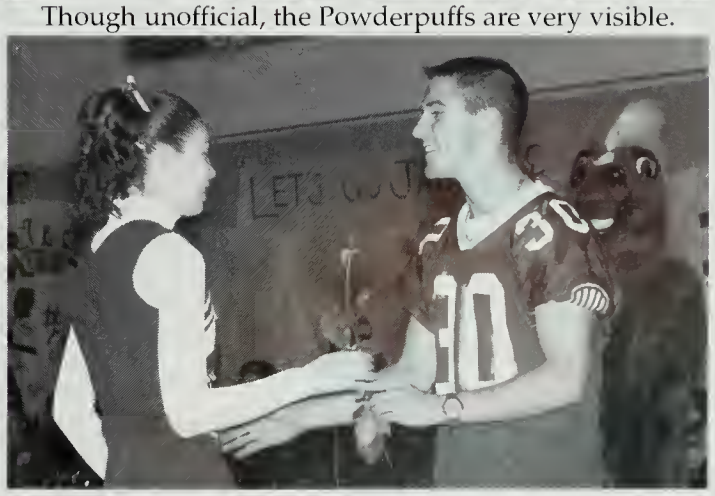
ica Carella leads a supportive pig into the excitment.

QHS Pony Ryan Kirby and football player Lideon Proto boogie to the beat.

Principal Keuther pumps up his school with more enthusiasm than ever.

The cheerleaders get the crowd moving.

Though unofficial, the Powderpuffs are very visible.



A QHS tradition--Jared Bell presents a lucky cheerleader with a dazzling rose.

Homecoming may be a night of royalty, but the dancers go all out for casual, rowdy fun rather than elegance. Many recent graduates home for Thanksgiving weekend stop in to visit and join in the festivities.

home coming

PRIDE WEEK GETS EVERYONE IN THE MOOD FOR VICTORY

What did you like about Pride Week? "The most interesting activities like hallway decorating, getting prepped for the game," said **Name your source**.

Mr. Scanlan, the advisor of Pride Week, said that the most important part of this special week (for him) is homecoming. "It is a time to come together. The current student body and faculty come together around Thanksgiving to celebrate the national holiday and our hometown pride. This is a 152-year history celebrating who we are in the Quincy family. We are all a part of it and we're making a promise to the students of the future to continue to strive for excellence.

"I love to torture the finalists of the homecoming court," said **Name your source**. Principal Keuther believes Pride Week is not just about football. Its about celebrating and recognizing success throughout our school. "Capture the Spirit. This is what Quincy is about. This is Quincy Pride."

THE HOMECOMING DANCE CREATES A MORE ROMANTIC MOOD

The first dance of the year that everyone looks forward to is the Homecoming Dance. This year, the seniors were more excited than usual on homecoming night. The football team had made it to the playoffs with an amazing record. This gave everyone another reason to celebrate and dance all night. Homecoming committee did an excellent job preparing for the night. The only time the dancing stopped was when the students were directed to the bleachers for the announcement of Homecoming King and Queen. JJ Niamkey and Caitlin Callahan were crowned with this honor. They made their way out to the dance floor and as their song played, the royal couple took the floor and others gradually joined in. Eleven o'clock came too soon and the students took their time leaving the dance floor. The seniors will always remember their last homecoming dance at Quincy High.

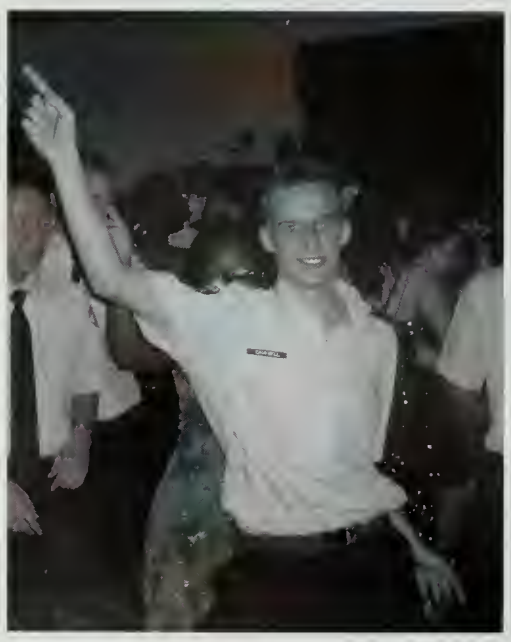
the afjrotc dance

THESE JUNIOR OFFICERS KNOW HOW TO THROW A PARTY

On November 21st 2003, the AFJROTC cadets traveled to Hanscom Air Force Base in Massachusetts to gear up for another exciting dance. The crew participates in several dances throughout the year in which corps from many cities also participate. "The dances are great because we get to meet new and different people," said senior cadet Jennifer Li, a veteran of many dances.

The dances are popular with the AFJROTC crew because they are not your typical school dance. The students have the ability to choose whatever music they like and it's not as much of a 'controlled' environment... the kids have more the freedom to express themselves. "It's a night to chill and have fun and hang out with friends," Cadet Major Brian Campbell says.

All the dances ultimately lead up to the Military Ball – the prom of AFJROTC. Quincy's cadets will be out in force when that event rolls around this spring.



Brian Campbell discoes down.

The students aren't the only ones who get down at the dances. Here the Major shows his stuff with some of the cadets.

Caleece Edwards stands out in any crowd.

AFJROTC is all about patriotism, even when the cadets gather to have fun.

Bridget and her friend are the life of the party at this dance in Worcester. Quincy cadets host one dance each year, but attend about six.

After boogying the night away, Major can use a little refreshment and the company of the students he serves so well.

Toward the end of the evening the cadets are tired--all except Joe Crimmins, who never loses his enthusiastic grin!

The AFJROTC dances are attended by cadets from all over Massachusetts. About twenty cadets at this dance were from Quincy.

At ROTC, the cadets are one big, happy family.

Sandy Shi and Li Mun Chong were the primary photographers for this affair.

Jacques enchants the squires with his cynical wisdom.

Orlando (Shaun Gibbons) has a fight with his younger brother Oliver (Ryan Kirby) over trespassing.

Orlando makes a vow to love Rosalind.

Phoebe gives Silvius the cold shoulder (right in the face!)

Rosalind (Samantha Amodeo), faints at the sight of a blood-stained napkin, and is caught by Oliver.

The riddler Touchstone (Jessica Jordan) is accompanied by the playful Audrey (Tina Hicks).

Left: Phoebe (Lindsey Meyers), rejecting love from the impassioned Silvius, has fallen in love with Rosalind (who loves Orlando instead!)

Right: Duke Senor (Pat Dunlea) tells his squires his future plans.

the winter play

THE DRAMA CLUB REACHES IT MAXIMUM POTENTIAL WITH DECEMBER'S SUMPTUOUS PRODUCTION OF SHAKESPEARE'S *AS YOU LIKE IT*

The Quincy High Drama Club early in December presented *As You Like It* by William Shakespeare. It was assistant directed and stage managed by both Pat Dunlea and Katie Walker. The cast endured long rehearsal time. The normal rehearsals were extended an hour, and Saturdays became a regular tech session or all day rehearsal. "It was a bit intense at first, but we got used to it," said Shaun Gibbons who played the male lead. The entire cast and crew would agree. But towards production week, everybody was starting to feel the opening night excitement, putting the fun back into place.

The play is a romantic comedy focused on four couples who eventually marry. The first couple is the play's main focus, Orlando (Shaun Gibbons), and Rosalind (Samantha Amodeo).

Then there's Orlando's brother, Oliver(Ryan Kirby), and his wife, cousin of Rosalind, Celia (Kristen Dwyer). The ever-so-loving Silvius (Steve Smith) and Phoebe (Lindsey Meyers) end in an unlucky union. The final couple is made up of the jester of the play, Touchstone (Jessica Jordan), who speaks in riddles, and Audrey (Tina Hicks). Jaques (Thomas Whelan), a melancholy pessimist, sings a song with the talented Joshua Hicks, who wrote the music to accompany the original Shakespearean lyrics.

The set looked marvelous—beautiful simulated stained glass windows, created by the industrious cast and crew of the production. This was also the first production where the new light system was utilized fully—greens and blues shining down onto a backdrop. The play essentially emphasized the lighting and mood sequences to help with the challenging acting. Just a year ago, a production of this magnitude would've been a dream. However, the cast and crew under the able direction of Ms. Scanlan, earned rave reviews.

THE CAST OF *AS YOU LIKE IT*
Back Row: Emily Bowes, Ryan Kirby, Kristen Dwyer, Lindsey Meyers, Stephen Smith, Daniel Cheng.
Third Row: Emily Pahud, Courtney Forti, Clarisse Deibel, Shaun Gibbons, Samantha Amodeo, Paul McGouldrick, Colleen McCarthy.
Second Row: Nadja Adilovic, Thomas Whelan, Tina Hicks, Kate Dwyer.
Front Row: Jessica Jordan.

Students found arrangements of their favorite Christmas songs and organized their own groups like this flute quartet.

Joshua Hicks plays a bass solo during *God Rest Ye Merry Gentlemen*.

Casey, Jen and Kim are part of the talented woodwind section of Quincy's band.

Jodi Lin, a talented xylophone player and pianist, is graduating this year and is considering attending Berklee College of Music.

Mr. Kenneally energetically conducts *Christmas Bell Fantasy*.

Kim LeBel is one of the leaders in percussion playing over six instruments. Here she plays *Deck The Halls* with the rock band, Independence.

Jeff Gracias, though a novice to the bass, is the sole tuba player in the band.

The combined band has over 80 students. Anyone who wants to play can play, and when the time comes, they rise to the occasion as they did at the Winter Concert at Quincy High School.

the band concert

A BLEND OF THE TRADITIONAL AND THE EDGY PUT THE AUDIENCE IN TOUCH WITH THE MEANING OF THE SEASON

The Winter Concert at Quincy High School is a very special time for families, students, and faculty. The band and choirs put on an amazing show that welcomed the holiday season with a great round of applause. Ms. Scanlan and Mr. Kenneally both deserve much credit in getting the best of Quincy High to show their talents and spread the love of the season. During this special presentation, we lay our troubles and activities to rest, and while enjoying classic traditional holiday tunes.

There were a few new twists this year. It was a pleasure to hear Quincy's new rock band, Independence, play an upbeat rock version of *Deck the Halls* and the Horizons Choir had new and angelic melodies in *The First Noel* in which senior Julie Andrews had a solo. The band erupted with new arrangements of Christmas melodies. It was truly a beautiful sight to see over two hundred students perform during this holiday season. The bands and choruses had been working since September to perform the best show possible. All in all the best part had to have been the sing-along at the end of the concert, in which the band and chorus joined together in a mix of more traditional songs finishing with *We Wish You A Merry Christmas*. The happy New Year begins here at Quincy High School, as the band wishes all a joyful holiday season!

Horizons performs with holiday spirit!

Sopranos help keep the beat in *Carol of the Drum*.

the winter concert

CAPTURE THE HOLIDAY SPIRIT

On December 18 at 7:00 in the evening, the Quincy High Chorus and Horizon Honor Choir performed their Winter Holiday Concert in the Lloyd Hill Auditorium. The songs performed were spectacular! The stage was decorated with presents and Christmas lights, which looked beautiful! Opening the concert with the upbeat song, *Sleigh Ride*, the Chorus put the auditorium into a holiday mood.

Under the direction of Ms. Stephanie Scanlan and the accompaniment of Ms. Merilee Mafera, the Quincy High Chorus began the concert with five songs that they had been preparing since September. Five different voice parts executed with incredible accuracy, tone quality and excitement made the chorus sound fantastic!

The Horizon Honor Choir, dressed in formal attire, sang five songs, some a cappella and others with a beautiful accompaniment. Senior member Julie Andrews sang a solo in *The First Noel*, and all of the songs performed were enchanting. Ms. Merilee Mafera's accompaniment to *Silent Night* sounded unforgettably gorgeous.

At the end of the Horizons's performance, Ms. Scanlan announced the four members of the choir who were accepted into the Senior Southeast District Music Festival. Seniors Colleen Martin and Joshua Hicks, and juniors Patrick Dunlea and Geoffrey Hicks were the four singers to win this honor. They performed in a concert on January 10 at Bridgewater State College. Colleen, Joshua, and Patrick were also nominated for the Massachusetts's All State Music Competition. These were exceptional achievements for the four musicians.

A holiday sing-along presented by the Quincy High Band and Chorus was the last performance of the Winter Holiday Concert. With favorites such as *Deck the Halls* and *Jingle Bells*, the joy of the holidays filled the hearts of everyone.

The members of the Quincy High Concert Band, Chorus, and Horizon Honor Choir wish everyone a wonderful holiday season for many years to come!

Left: Tenors and Basses are the "merry gentlemen."

Below: The Horizon Honor Choir begins with *Alleluiah Noel.*

Julie Andrews sings a solo in *The First Noel.*

Mezzo-Sopranos and Altos master *Shepherd's Joy.*

Horizons beautifully sings *Ose Shalom.*

sold out

BOLD AND BRASSY OR SWEET AND MELLOW, YOUR TALENTS ARE WELCOME ON THE SOLD OUT STAGE

Ryan Kirby playing two roles, one as MC of the night and the other as lead singer for the hit song *Like A Prayer*.

Sold Out could possibly be one of the best entertainment events to take place at Q.H.S. This variety show is always full of surprises, and this year's ninth edition was no exception. Routines ranged from the outstanding performance by the Mendez brothers and 5th Gear to Joshua Hicks and Janai Mungalsingh's rendition of "The Freshmen" by the Verve Pipe. Host Ryan Kirby was uproariously funny and kept the audience laughing throughout the show. Mike Lally referred the show as, "HILARIOUS...the talent was amazing." Advisors Mr. Jack Scanlan and Ms. Sue Creedon weren't surprised at all with the results.

Sold Out is an annual event sponsored by the Q.H.S. Heritage Program. Each Heritage member must participate in some way. Students Colleen Martin, Kristen Dwyer, Brendan Crowley, Dan Cheng, and Eric Walgreen among other students helped to make the night spectacular.

Meaghan's voice as well as her dres caught the attention of the crowd.

Caitlyn, Colleen, and Kristen do *Boogie Woogie Bugle Boy*.

To the delight of the audience, Ryan pretends to be a musician and impress the ladies.

Lindsey Meyers is a *Sold Out* regular. This year, she performed *I Can't Stop Loving You.*

Phil Cohen may not have been in an act, but he held one of the most important jobs of the night, controlling the lights and sound.

old Out IX featured a variety of talents, with music spanning a wide range of genres, from classical to pop.

John Mendez was, as he would say, "Narley" with his band Fifth Gear.

Janai and Joshua made a great duo while they sang *The Freshmen.*

Sarah shows the audience just how good her voice is. Friends and family were all proud of how she performed at *Sold Out.*

Duo Caitlyn Kolson and Joshua Hicks proved how talented students at Q.H.S really are with the Beatles' *In My Life.*

In the minds of many, the cover of The Outkast song, *Hey Ya*, was the performance of the night, featuring Brendan Crowley, Mike Spada, Jim-Bob, and Dan Cheng.

the winter rally

Senior hockey players Brendan Craig & Jake McQuinn wait for their announcement.

VOLUNTEER CHEERLEADERS ARE LOOSE CANNONS AT THE WINTER SPORTS RALLY

When students entered the gymnasium, the QHS/NQHS band was blasting the Quincy Pride Song. "March down the field to the music," was sung, mouthed, or at least passed through everyone's head. As always the Horizons Choir sang their great rendition of our national anthem. Dean Raymer, after demonstrating his school spirit by belting out the school song again, shouted the opening statements. Next came the introductions of our outstanding winter sports teams.

Volunteers from each class rattled up the semi-enthusiastic kids with some Quincy chants. First was Frank of the junior class. "Q-U-I-N-C-Y, QUINCY! QUINCY! QUINCY!" Okay, not bad. Next was Pat of the sophomore class. "Q-U-I-C-hmm-oops." Pat never finished spelling. He must have wanted to get out of the spotlight Q-U-I-C-K. Principle Keuther finished for him. Axel, a very unique and enthusiastic freshman led his fellow classmates to the standard QHS chant and added a "GIVE ME A WAD UP!" Well, that brought smiles to the many restless faces. Finally seniors James Hutchins, Josh Giordani, and JJ Niamkey got up. They had everyone laughing before they said a word. They led the last chants of the rally which ended with more excitement than it had started.

The cheerleaders take the floor.

Dean Raymer pumps up the school.

The crowd laughs at the unanticipated antics of student volunteer cheerleaders.

The triumphant Girls' Basketball Team sings out the school song.

'he Horizon Honor Choir sings their beautiful rendition of the national anthem.

Senior basketball captains Dan, Bill, Ed, and JJ announce the rest of their team.

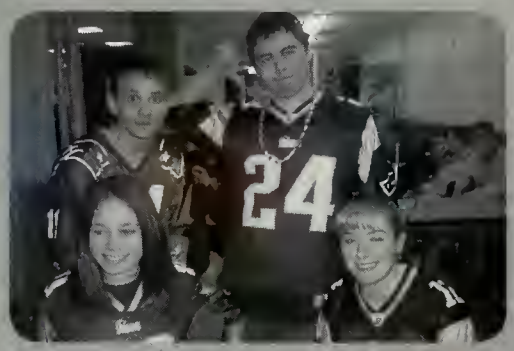
Happy seniors cheer in the crowd.

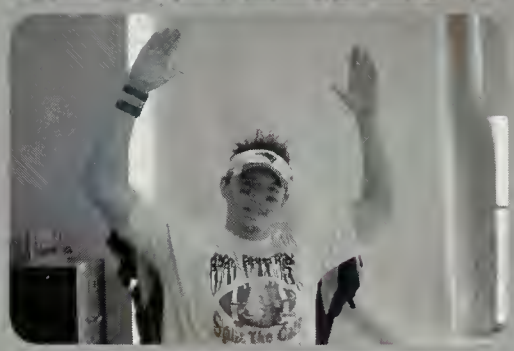
Class volunteers sing *Will you be my girl.*

Patriots pride day

Patriots Fever

For the second time in three years, the Patriots NFL Football Team won the Superbowl. On Friday, February 30, 2004 Quincy High School was a mass of Tom Bradys and Bruschis. It was Patriots Pride Day at QHS and everyone wanted to show his or her enthusiasm. Staff, students, and faculty had Patriots hats, t-shirts, and team colors on. It was a great way to have the whole school share the excitement of the upcoming Sunday's Superbowl together and to show our support for this great Boston team.





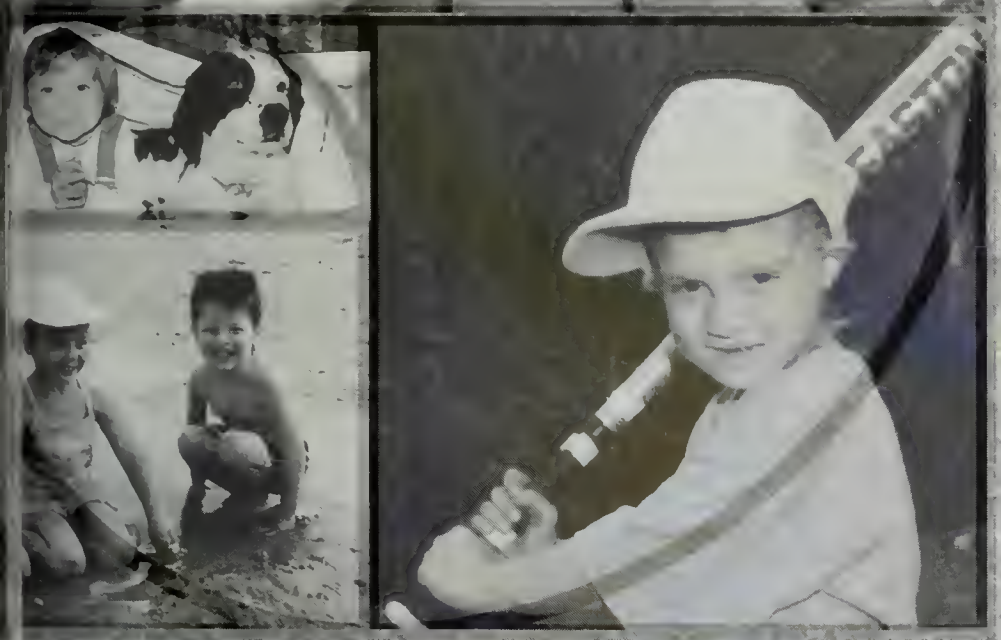
The girls are just as excited as the boys are about the game. "I have football beads for Sunday and my Tom Brady shirt," says Colleen. "They are going to win again this year."

When asked how he feels about the Pats, Scott answered, "They're unbelievable! Whoa!" On the list for his Superbowl snacks are "Nachos. Definitely nachos and Dew."

Quincy High School's most enthusiastic Pats fan is Ms. MacNeil. She had tickets to the Superbowl game in Foxboro on one of the coldest nights of the winter, but her Pats spirit and the incredible game kept her warm!

Steve and Ed show that they think the Pats are number one. "We'll be watching the Pats win the game at my house," said Ed.

Community



Golgen age

Graduation is upon us, and congratulations rain down from near and far. Our parents dig out photograph albums and, through misty eyes, make their selection of a favorite baby picture. We've come so far from those childhood days when the spiral of our path was so much more tightly wound, our lives more closely guarded round. Now the spiral path is wide and from day to day we range far, covering more ground. Was that little tyke really me? Even more alarming--will I be soon, too soon, bending over a photograph album, to find a baby picture for congratulating my own graduating teenager?

We're Golden

Family Sponsors

Dear Julie

We are very happy and proud to have you as our daughter. You know we love you very much and wish you lots of luck in the future. Always follow your dreams and may they come true.

Love,
Mom and Dad Andrews

Dear John,

You've had a great four years and achieved so much. Now as you go to college your future is bright. We love you and are so proud of you.

Love,
The Banks Family

Dear Caitlin,

We're proud of you--you've worked hard and achieved much. Graduation is not the end--it's the beginning. Embrace your new beginning.

Love,
Mom, Dad, Joe Callahan

Dear Daniel,

Congratulations, Daniel. We are very proud of you and love you very much. May your smiling personality help make all your dreams come true!

Love,
Dad and Mom Clark

Dear Brendan,

Congratulations, the time has come for a new chapter in your life and we wish you all the best of luck. We are proud of you.

Love,
Mom, Dad, and Kyle Craig

Dear Danny,

It is our greatest joy to have a son as kind, caring, and wonderful as you! We are so very proud. Love you! Best of luck to you and to the class of 2004!

Love,
Mom and Dad Davis

Dear Kristen,

Congratulations, we are so proud of you!

Love,
Mom, Dad, and Kate Dwyer

Dear Sarah,

TA-DAH! The future is yours. May peace and happines follow you always. We are so proud of you and love you very much. Congratulations!

Love,
Mom, Dad and Eric Eleey

Family Sponsors

Dear Scott,

Graciousness...Thoughtfulness... Determination. Qualities that have marked your presence here. Traits to serve you well as your journey expands. Values that belss our family and teach us all.

Love,
Mom and Dad Flaherty

Dear Shaun,

We love you so much, Shaun! We are so blessed to have you as a part of our family. We're so proud of all your hard work and accomplishments, and for always being such a kind and compassionate person.

Love,
Dad, Mom, Amy, Julie, and Mike Gibbons

Dear Jen,

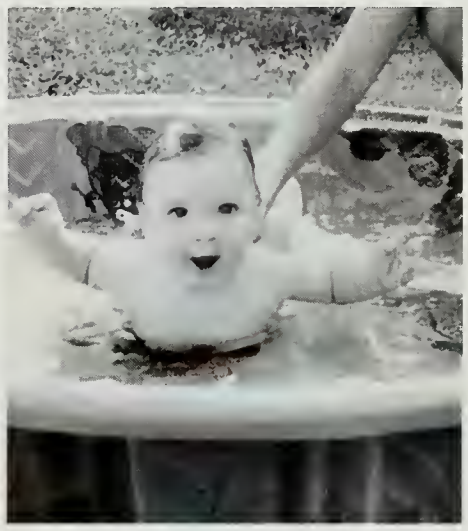
We have watched you grow from a beautiful baby girl to a fine young lady. We are so proud of you and wish you much success and happiness in the future.

Love,
Mom, Dad, Amy and Sara Gordon

Dear Meg,

You made it! All that hard work paid off. Good luck in the future. We're so proud of you. You're a great kid. We love you!

Love,
Mom, Dad and John Grasselli



Dear Bonnie (B-Ball),

Mom and Dad are so proud to have you as our daughter. Every day with you in our lives is a joy. We love you dearly. God bless you.

Love,
Mom and Dad Hirtle

Dear Merri,

"...if you keep on believing, the dream that you wish will come true."-Cinderella. We love you!

Love,
Mom, Dad, Kathryn and Annie Ioannilli

Dear Chris,

You have always been our "thumbs up" kid! Be happy in life--you are truly loved by us and all your family.

Love,
Mom and Dad Jacobs

Dear Jessica,

Your name means wealth and since you were born you have enriched our lives. God has blessed us with you and may He bless you in your future.

Love,
Mom and Dad Jordan

Family Sponsors

Dear Christopher,

We love you and are very proud of you. Good luck in the future and may all of your dreams come true.

Love,
Uncle Jack and Aunt Tina Keefe

Dear Moses,

Oh, Moses! You were such a bur always reaching for that phone. Eve today, you still are! We're so prou of you!

Love,
Mom, Dad, Malcolm, Olivi Shawnee and Bacon Lynn

Dear Colleen,

From Col Col to Colleen
From Kindergarten to College
From *Chop Sticks* to *Piano Man*
From *Twinkle Twinkle* to *Ave Maria*
From Our little baby to Independent Woman
Keep a song with you wherever you go.

Love,
Dad, Mom, Michael, Leanne and Nyxanna Martin

Dear Sherry,

You are our shining star. You give us hope, love, and peace. Always remember that you're #1. We love and cherish you. You have always made us proud.

Love,
Ma, Dad and Ronnie MacKenzie

Dear Colleen,

Congratulations! We are so proud of you and all of your accomplishments. We are lucky to have such a wonderful daughter. We love you with all our heart.

Love,
Mom and Dad McCarthy

Dear Scott,

I love you and I am very proud o you. I wish you the best in every thing you do.

Love,
Mom McConville

Dear Jake,

We always knew you'd go to sea. We just never knew how far it would take you. Best of luck at Mass Maritime and the Coast Guard. You're one of a kind. We're so proud of you.

Love,
Mom, Dad and Jenna McQuinn

Dear Jonathan,

It has been a joy watching your accomplishments from first steps to high school graduation. Your family is proud of you. Congratuations and best of luck in college.

Love,
The Mendez Family

Family Sponsors

Dear Caitlin,

We love you and are proud of you. Congratulations to you and your classmates.

Love,
The Murphy Family

Dear Lindsey,

Congratulations to you and the QHS Class of 2004! Good luck and may all your dreams come true!

Love,
Dad, Mom, and Matthew Meyers

Dear Danielle,

We love you very much and we know you'll do great in whatever you choose to do. We're very proud of you.

Love,
Mom, Dad, Lindsey, and Carly Neill

Dear Stephen,

You are my first born grandchild. Now you are graduating. I'm so proud of what you have accomplished on your own. My pride is bursting when I think of you!

Love,
Jidoo Derbes

Dear Kristen,

We are so proud of all you have accomplished. Good luck in your future and always reach for the stars!

Love,
Mom, George and Danny Paluzzi

Dear Julie,

Time passes so quickly, you have given us so many wonderful memories. We know the years ahead will bring you all the happiness you deserve. We love you baby. Keep making us proud! Good Luck, Class of 2004!

Love,
Mom, Dad and John Ryan

Dear Kaila,

You have always had your own special style. Your insight and sensitivity continue to amaze us! We love you and know you will be successful in whatever you do!

Love,
Mom, Dad, Ilana and Mack Saxe

Dear Vanessa

You were my pride and joy then, you're my pride and joy now and forever. Congratulations!

Love,
Mom Scarnici

Family Sponsors

Dear Vanessa,

Congratulations to my favorite daughter and as you would say "Dad I'm your only daughter." You're right you are and my favorite daughter you will always be. I love you and I am very proud of you. Good luck!

Love,
Dad Scarnici

Dear Candace,

We are incredibly proud of you and all that you've accomplished. You're a beautiful person inside and out. Keep shining and " You Go Girl!"

Love,
Mom, Dad, and Sherry Solchenberger

Dear Sabrina,

We are very proud of you! Congratulations to you and your classmates.

Love,
Mom, Dad, and Adam Squatrito

Dear Billy,

Did you have the requisite aperceptive mass? Of course! (Even if you didn't, you were sooo cute!) Congratulations! We're sooo proud.

Love,
Mom, Dad, and Ashlee Stephens

Dear Kristen,

During Papa's illness we saw a different side of you that showed us you will one day make a great nurse, We are very proud of you.

Love,
Mom and Dad Walter

Dear Elona,

We wish you all the best. Good luck in college. We hope all your dreams come true.

Love,
Mom and Dad Ngjela

Congratulations to the class of 2004

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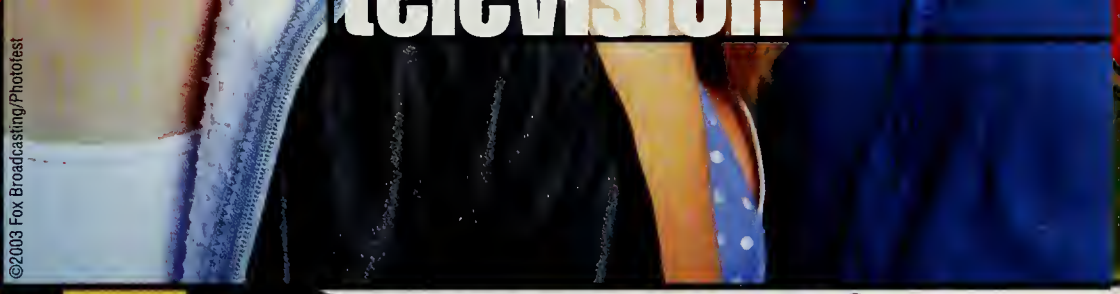
World Beat®

03-04

faces

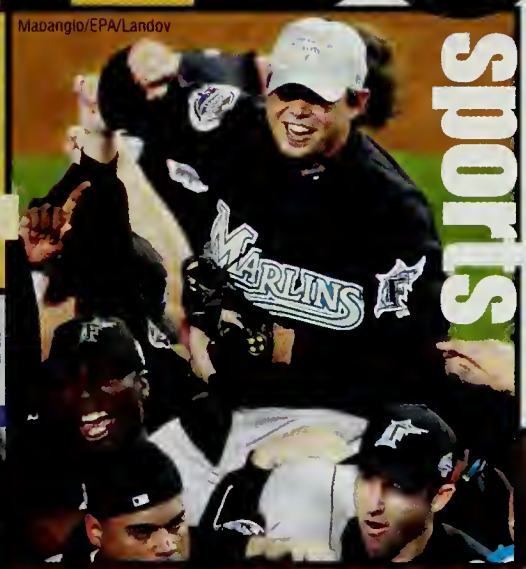
music

entertainment



©2003 Fox Broadcasting/Photofest

television



Madangio/EPA/Landov

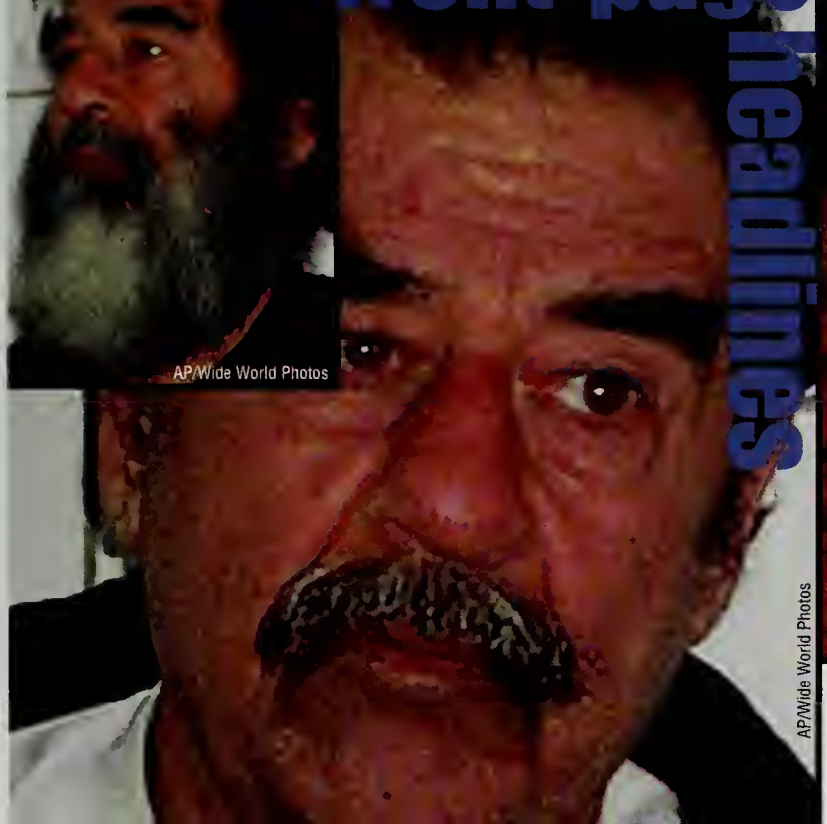
sports

lifestyle trends

Jutta Klee/Corb

AP/Wide World Photos

front page headlines



AP/Wide World Photos

EPA/NASA/Landov

techno

nature

front page

HEADLINES

AP/Wide World Photos

AP/Wide World Photos

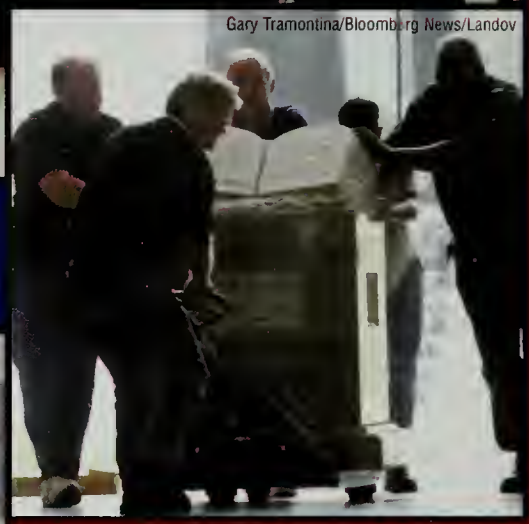
U.S. Forces capture deposed Iraqi leader Saddam Hussein in a "spider hole" at a farm outside his hometown of Tikrit.

Richard H. Cohen/Corbis

Ed Andrieski/AP/Wide World Photos

← A fatal Staten Island Ferry crash in New York harbor leaves 10 dead and dozens injured after the pilot loses consciousness and slams into the dock.

← NBA star Kobe Bryant of the Los Angeles Lakers is charged with the sexual assault of a 19-year-old Colorado woman.



Gary Tramontina/Bloomberg News/Landov

← A federal appellate court orders the removal of a Ten Commandments monument from the Alabama Supreme Court building, citing violation of the First Amendment.

→ In October, the Federal Trade Commission initiates the National Do Not Call Registry to minimize the number of telemarketing calls consumers receive.

Getty Images

→ President Bush becomes the first U.S. president to visit Iraq when he makes an unannounced Thanksgiving visit with troops stationed there.

Pablo Martinez Monsivais/AP/Wide World Photos

→ The abduction of University of North Dakota student Dru Sjodin, 22, results in the arrest of convicted sex offender Alfonso Rodriguez Jr., 50.

Reuters/Landov

flash

The economy shows signs of recovery when the Dow Jones Industrial Average tops 10,000 points for the first time in over 18 months on December 12.

The worst wildfires in California history claim 22 lives, destroy more than 3,400 homes and consume 750,000 acres of land.

Frederic Larson/San Francisco Chronicle/Corbis SABA

headlines

UPI/Landov

→ Michael Jackson is arrested on multiple counts of child abuse after an accusation from a 12-year-old boy.

Wexler/Folio, Inc./Omni-Photo Communications

→ The Center for Disease Control and Prevention declares obesity an American epidemic, with 64 percent of the population overweight.

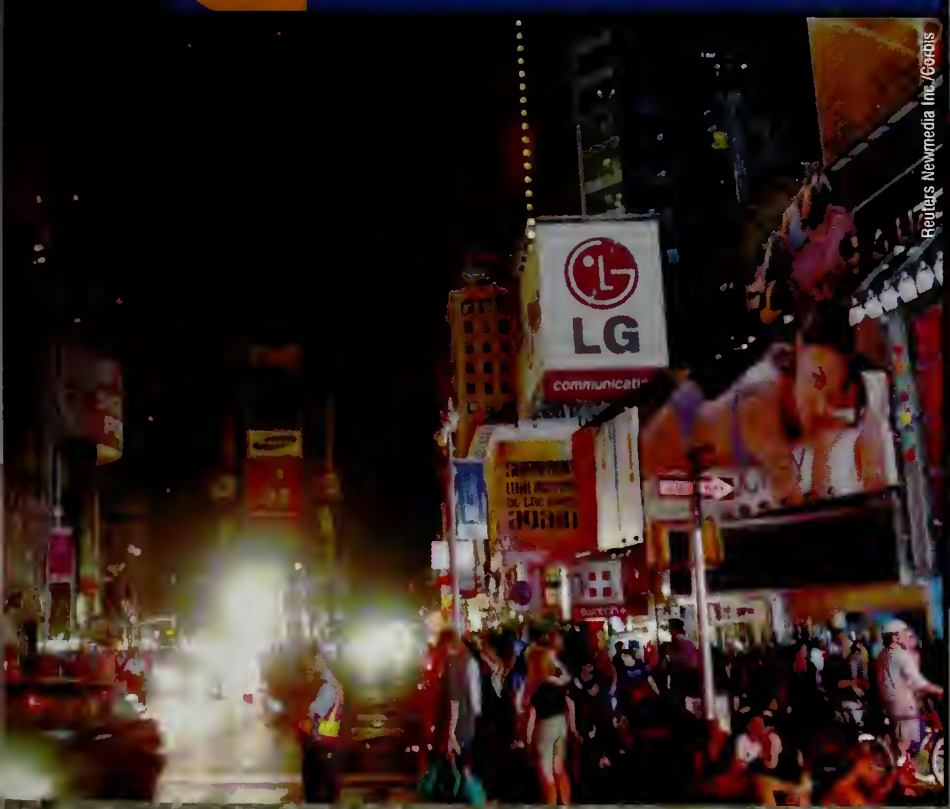
UPI/Landov

U.S. Army Pfc. Jessica Lynch, a POW of the war in Iraq, becomes a media sensation after her rescue by U.S. Forces is aired on the news.

Mark J. Terrill/AP/Wide World Photos

← Action star Arnold Schwarzenegger replaces Gray Davis as governor of California in a highly publicized recall election.

On August 14, the largest North American blackout occurs when three Ohio line failures leave more than 50 million people in eight states and Canada without power.



Reuters NewMedia Inc./Corbis

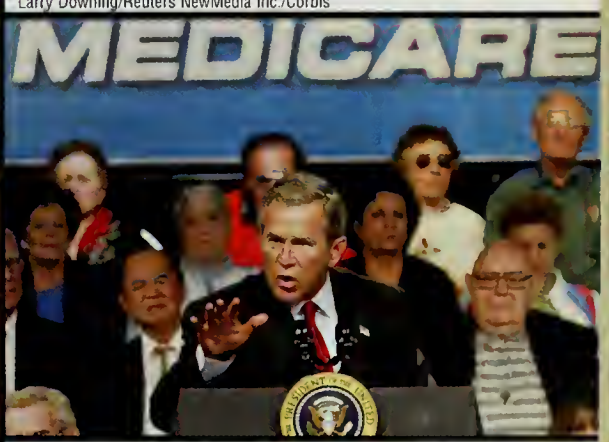
Brian Snyder/Reuters/Landov

← Americans rush to receive vaccinations as the country is hit hard by a new strand of the influenza virus.

Reuters/Landov

← Scott Peterson stands trial on murder charges in the slaying of his pregnant wife, Laci, and their unborn son.

Larry Downing/Reuters NewMedia Inc./Corbis



↑ President Bush signs a controversial bill calling for a $400 billion Medicare overhaul.

GLOBAL

Goran Tomasevic/Reuters/Landov

Rob Griffith/AP/Wide World Photos

Franck Prevel/AP/Wide World Photos

← A European heat wave in August claims more than 19,000 lives, making it one of the world's deadliest hot-weather disasters.

Joe Raedle/Getty Images

Bazuki Muhammad/Reuters/Landov

← The World Health Organization reports that severe acute respiratory syndrome (SARS) infected more than 8,000 people in over 25 countries, killing 700.

On May 1, 43 days after the war in Iraq began, President Bush declares "major combat operations in Iraq have ended." As hundreds of thousands of U.S. and British forces remain to restore peace and deliver aid to Iraqi citizens, more soldiers are killed in the months after the war than during it.

Ben Curtis/AP/Wide World Photos

← An Economic Community of West African States peacekeeping coalition ends 14 years of fighting between Liberian rebels and government forces, sending tyrant Charles Taylor into exile.

global

→ Around the world, "flash mobs"—large groups of people recruited by anonymous organizers via the Internet—gather, perform a wild act and quickly disperse.

Alexandre Meneghini/AP/Wide World Photos

→ In a dramatic six-day ordeal, rescue workers save 44 of 46 Russian miners trapped in a water-filled coal mine.

Sergei Venyavsky/AP/Wide World Photos

→ Tens of thousands of Palestinians are cut off from family and livelihoods when Israel builds a concrete barrier beyond the cease-fire line in an effort to curtail Palestinian terrorist activities.

Ilolber/EPA/Landov

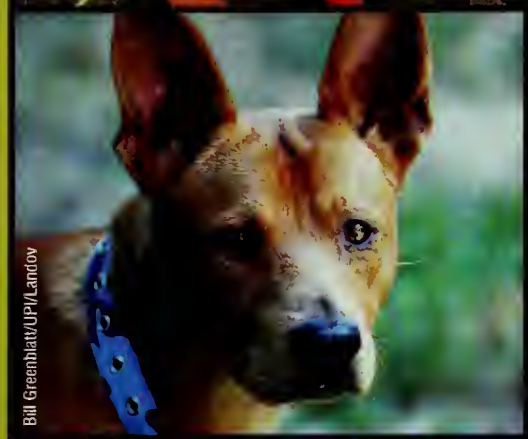
On December 26, a devastating earthquake measuring 6.6 on the Richter scale strikes the Iranian city of Bam, killing more than 41,000 people.

Shahram Sarabi/Reuters

→ During the summer of 2003, low-risk prison inmates help battle Southern California's wildfires for only $1 an hour.

Sanche/AP/Wide World Photos

→ At a St. Louis dog shelter, Cain, a one-year-old mutt, survives tranquilization and a trip to the gas chamber and is then adopted by the animal shelter owner.



Bill Greenblatt/UPI/Landov

Lower Manhattan Development Corp./AP/Wide World Photos

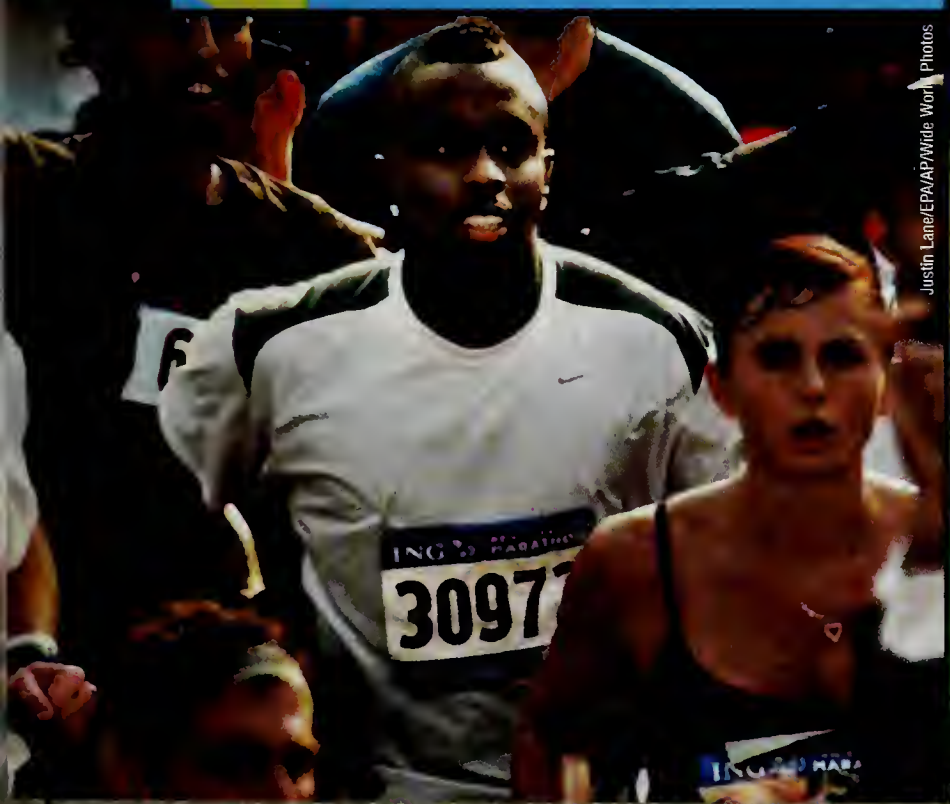
The world's tallest structure — a 1,776-foot spire — anchors a memorial entitled "Reflecting Absence," which is chosen to fill the World Trade Center site.

human interest

Peter Muller/Reuters/Landov

← Comedian Robin Williams travels to Baghdad to lighten the spirits of U.S. troops as he kicks off a holiday tour of U.S. bases in the Middle East.

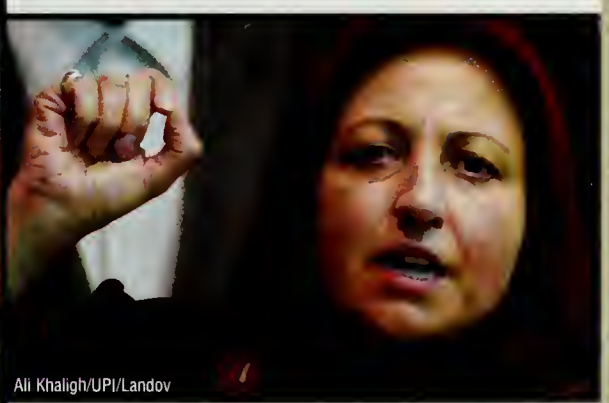
Rap mogul P. Diddy runs the New York City Marathon to raise over $2 million for the city's children's charities and public schools.



Justin Lane/EPA/AP/Wide World Photos

Richard Carson/Reuters/Landov

← While aboard the International Space Station, Russian cosmonaut Yuri Malenchenko marries his American girlfriend by video link in the first "space wedding."



Ali Khaligh/UPI/Landov

↑ Iranian lawyer Shirin Ebadi wins the 2003 Nobel Peace Prize for human rights activism as she fights to improve the status of refugees, women and children in Iran.

Eric Risberg/AP/Wide World Photos

← Golfer Tom Watson donates his $1 million Charles Schwab Cup winnings to fund research for Lou Gehrig's disease, which has stricken his caddie, Bruce Edwards.

SCIENCE

EPA/NASA/Landov

In January 2004, the Mars exploration rover Spirit lands safely and NASA releases the first 3-D images and the sharpest color photos ever taken of the surface of Mars.

Ed Betz/AP/Wide World Photos

← British Airways and Air France ground the supersonic Concordes after 27 years of service. Despite their speed, the aircraft were uneconomical to operate.

← In response to e-mail spam, the Can-Spam Act requires e-mail marketers to clearly label messages as ads and include an Internet-based opt-out feature.

techno

→ Fast-food patrons can now get their food even quicker, thanks to McDonald's introduction of self-service ordering kiosks.

Reuters Newmedia Inc./Corbis

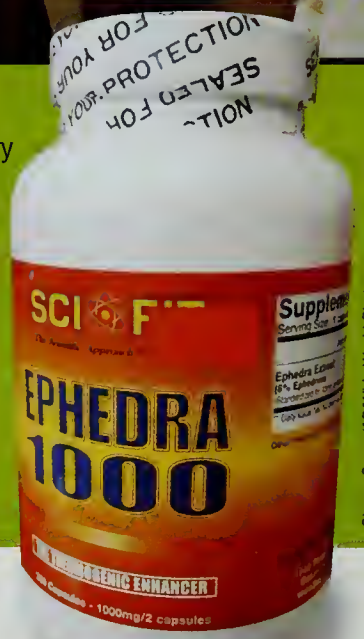
Wang Jianmin/Xinhua/Corbis

← In October, China becomes the third country to travel in space when the world's first successful taikonaut, Yang Liwei, returns to Earth after 21 hours in orbit.

→ FluMist, America's first intranasal influenza vaccine, provides needle-wary patients with an alternative for the 2003 flu season.

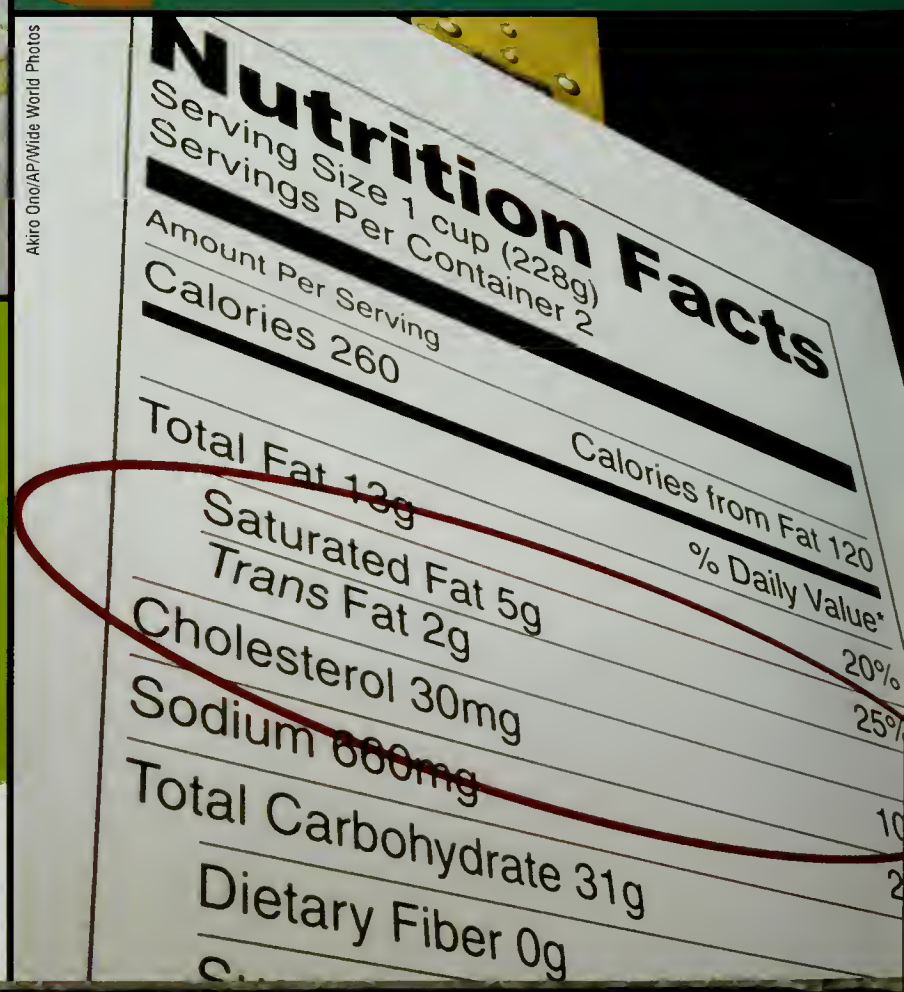
Chitose Suzuki/AP/Wide World Photos

→ The Food and Drug Administration bans dietary supplements containing ephedra due to health concerns and warns consumers not to take products containing the stimulant.



Steven Senne/AP/Wide World Photos

The Food and Drug Administration mandates that nutrition labels disclose the amount of cholesterol-increasing trans-fatty acids.



Akiro Ono/AP/Wide World Photos

→ In June, pet prairie dogs in Wisconsin, Illinois and Indiana infect people with monkeypox after being infected by a giant Gambian rat while in transit.

Rich Miller/The Indianapolis Star/AP/Wide World Photos

→ Federal workers in Washington kill a herd of 449 calves that include the offspring of a Holstein infected with mad cow disease.

Kevin P. Casey/EPA/Landov

Weatherstock/Omni-Photo Communications

Hurricane Isabel knocks out power to more than 3.5 million people as it wreaks havoc on the nation's eastern seaboard.

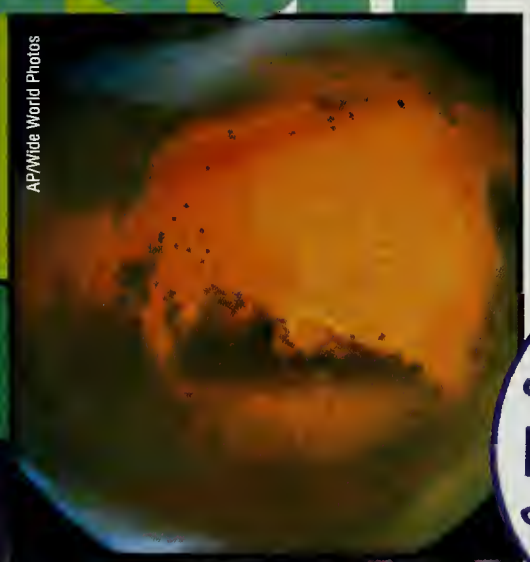
nature

Barbara Strnadova/Photo Researchers

← North American trees are threatened by Asian longhorned beetles, which allegedly arrived in Chinese wooden packing material.

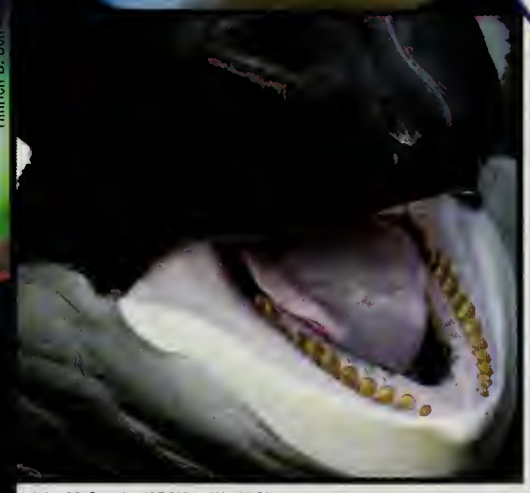
The strongest solar storms to hit the Earth in 11 years cause northern lights to appear as far south as Texas.

Hinrich B. Sem



AP/Wide World Photos

← In August, Mars' orbit brings it closer to Earth than it has been in 60,000 years.



John McConnico/AP/Wide World Photos

↑ American scientists discover the deterioration of the atmosphere's ozone layer is slowing. The 1996 worldwide ban on CFC gases is credited for the improvement.

← Keiko, star of the *Free Willy* movies, dies of pneumonia at the age of 27.

trend TRENDS

The "Laverne and Shirley" look becomes fashionable again in the retro monogram clothing and accessory trend.

Kevin Winter/Getty Images

← Celebrities like FOX's "That '70s Show" star Ashton Kutcher make the "trucker hat" a fashion must-have.

← The country goes low-carb diet crazy, with dieters demanding food products and menu items with fewer carbohydrates.

Everett Collection

← Popularized by music stars like Busta Rhymes and J.Lo, track suits are seen everywhere.

→ Girls get into breakdancing at events like the Qween B Breakgirl competition in San Diego, the country's biggest female breakin' competition.

Babatunde Martins

↓ With the resurgence of '80s-style rock music, '80s clothing styles make a comeback of their own.

Ruymen/Reuters/Landov

Graylock.com/Retna Ltd.

↑ The year's hottest foot fashion is the Australian-made Ugg boot, which stays cool in heat and warm in cold.

American teenagers take up knitting and form knitting clubs at many schools across the country.

Mary Ann Chastain/AP Wide World Photos

↑ The College Entrance Examination Board develops a revision of the SAT that tests for increased vocabulary and writing skills.

↑ The pint-sized MINI Cooper, by Motorwerks, starts a European auto revolution on U.S. streets.

Ron Edmonds/AP/Wide

Drivers find a spacious but expensive ride in the General Motors Hummer H2. In response to criticism, GM promises to release a more fuel-efficient version in the future.

lifestyle

← To improve lunch and vending machine nutritional values, the U.S. Department of Agriculture issues tougher regulations for American schools.

← Avon, the world's largest direct seller of beauty products, introduces mark — a new cosmetic line intended for teens to sell.

David Parket/Omni-Photo Communications

Affordable, over-the-counter teeth whitening kits have consumers smiling, as they no longer have to visit the dentist for this cosmetic procedure.

Photodisc

↑ In an effort to thwart counterfeiters, the U.S. Treasury releases a colorful new $20 bill, with a background blend of blue, peach and green.

← A new study reveals the Top 10 most dangerous U.S. occupations. Lumberjack tops the list.

Morton/Corbis

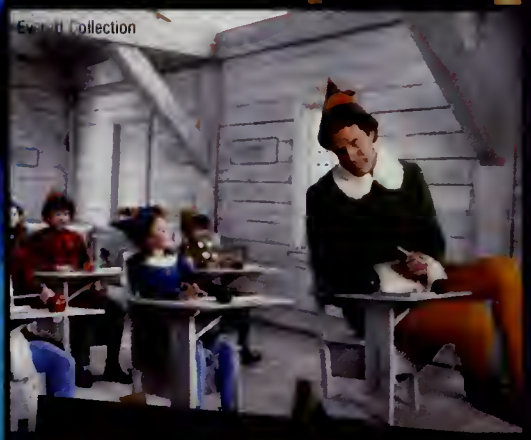
MOVIES

Photofest

Pixar's *Finding Nemo* swims to the top as the highest-grossing animated movie and top-selling DVD of all time in the United States.

Photofest

← Bill Murray gives a career performance in *Lost in Translation*, from director and Golden Globe-winning screenwriter Sofia Coppola.



Everett Collection

← Will Ferrell continues his comedic success in the heartwarming holiday hit *Elf*.

← Heartthrobs Johnny Depp and Orlando Bloom make Disney's *Pirates of the Caribbean: The Curse of the Black Pearl* a swashbuckling success.

Photofest

Photofest

→ Keira Knightley and Parminder Nagra get a kick out of breaking stereotypes on and off the soccer field in the British comedy *Bend It Like Beckham*.

Photofest

→ The two most anticipated sequels of the year, *Matrix: Reloaded* and *Matrix: Revolutions* turn out to be major disappointments for fans and critics alike.

Universal/Everett Collection

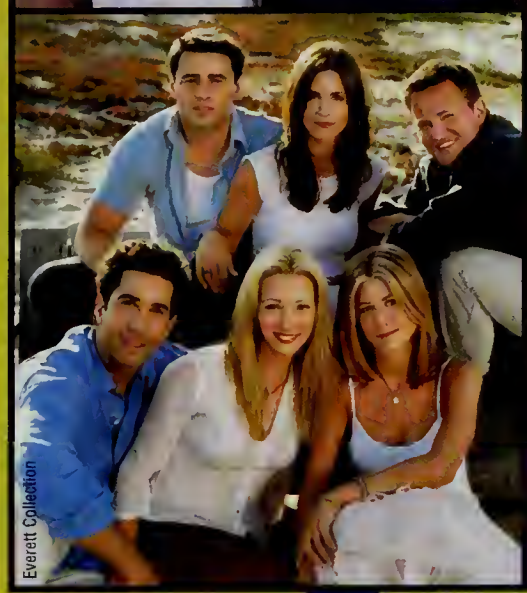
→ Tobey Maguire rides high in the successful summer flick *Seabiscuit*, nominated for an Academy Award for Best Picture.

Frodo and company complete their epic journey in *The Lord of the Rings: The Return of the King*, winner of the Golden Globe for Best Picture, Drama.

Everett Collection

→ The pulse-pounding CBS hit "The Amazing Race" wins the inaugural Emmy Award for Best Reality Program.

→ America bids farewell to the cast of "Friends" after the NBC sitcom's 10th and final season.



Everett Collection

©2003 Fox Broadcasting/Photofest

Fox uses its tried-and-true teen soap formula to come up with the biggest television hit of the year for teens, "The O.C."

television

↓ In February 2004, CBS airs "Survivor: All-Stars," starring past "Survivor" winners and contestants.

CBS/Lanis V.

Frank Micelotta/Getty Images

← Jessica Simpson, star of MTV's "Newlyweds" with husband Nick Lachey, makes entertainment headlines for mistaking Chicken of the Sea tuna for chicken.

Everett Collection

Shows such as TLC's "Trading Spaces" and Bravo's "Queer Eye for the Straight Guy" create a new niche for the home improvement TV genre.

Stephen Chernin/AP/Wide World Photos

Everett Collection

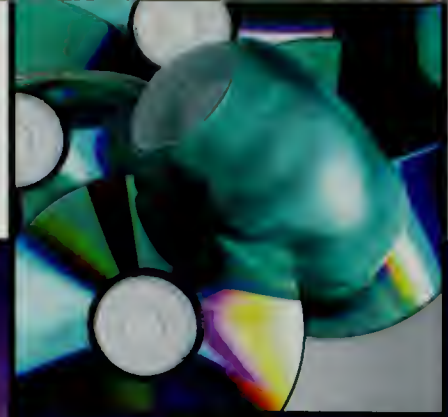
↑ Famous for "Three's Company" and star of ABC's "Eight Simple Rules for Dating My Teenage Daughter," actor John Ritter dies suddenly from heart failure in September.

← "Alias" star Jennifer Garner earns high viewer ratings for ABC TV and lights up the big screen in *13 Going on 30*.

MUSIC

Zach Cordner/Retna, Ltd.

Superstar Beyoncé Knowles stars on the big screen, releases a hit album, *Dangerously in Love*, and wins four *Billboard* Music Awards.



Kevork Djansezian/AP/Wide World Photos

Carey Brandon/Redferns/Retna, Ltd

← The legal battle between the music industry and music downloaders prompts lawsuits and online music purchasing outlets, while driving CD prices to their lowest point in a decade.

← According to Nielsen SoundScan, 50 Cent's debut, *Get Rich or Die Tryin'*, is 2003's best-selling album, with 6.5 million copies sold.

← Songwriter John Mayer wins a Grammy in 2003 for the album *Room for Squares* and follows it up with *Heavier Things*.

music

→ The Neptunes' Pharrell Williams and Chad Hugo receive three Grammy nominations as a production duo. Williams gets three more for collaborations with Snoop Dog and Jay-Z.

David Titlow/Camera Press/Retna, Ltd.

→ OutKast's genre-busting album *Speakerboxxx/ The Love Below*, featuring the infectious single "Hey Ya!," wins the Grammy for Album of the Year.

Frank Micelotta/Getty Images

→ Country music legend Johnny Cash dies at 71, but wins three CMA awards posthumously, including Best Single for his remake of the Nine Inch Nails' "Hurt."

Mark Hill/AP/Wide World Photos

flash

Claiming that he has "had it with the rap game," Jay-Z, 33, retires after the release of *The Black Album*.

Coldplay claims the title of *Spin* magazine's Band of the Year, and the band's lead singer Chris Martin marries actress Gwyneth Paltrow.

Andy Cotterill/Camera Press/Retna, Ltd.

→ In December, Rolling Stones' legendary lead singer Mick Jagger, 60, is knighted by Prince Charles.

Camera Press/ROTA/Retna, Ltd.

→ Role-playing games like "Star Wars: Knights of the Old Republic" find mainstream success on consoles.

LucasArts

Cedar Point Amusement Park/Resort, Sandusky, Ohio

entertainment

Cedar Point Amusement Park in Sandusky, Ohio, boasts the world's tallest, fastest roller coaster, the Top Thrill Dragster.

← Pop diva-turned-author Madonna releases two children's books: *The English Roses* and *Mr. Peabody's Apples*. Her third book, *Yakov and the Seven Thieves*, arrives in late winter.

Joan Marcus

← Hugh Jackman of *X2: X-Men United* showcases his singing ability on Broadway in *The Boy from Oz*.

Two months after being mauled by a tiger, Roy Horn, half of the famed "Siegfried and Roy" wild animal entertainment act, is released from a Las Vegas hospital.

Ethan Miller/Las Vegas Sun/Reuters NewMedia,Inc./Corbis

CBS/Landov

↑ On CBS's "Late Show" host David Letterman, 56, announces the November birth of his first child, a baby boy.

← After the success of his best-selling fantasy novel *Eragon: Inheritance*, author Christopher Paolini, 19, begins writing the much-anticipated sequel.

SPORTS

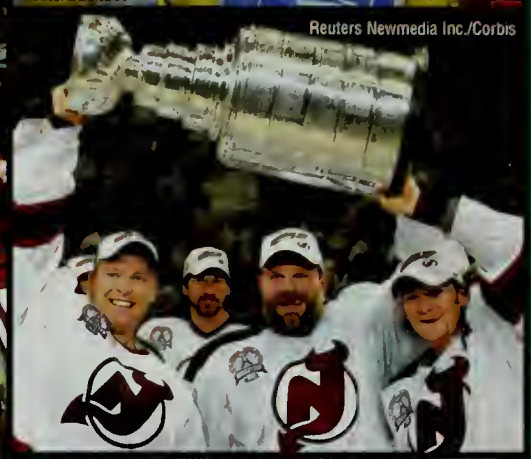
Jon Soohoo/AP/Wide World Photos

Steve Martin/AP/Wide World Photos

BCS computers fail to invite the nation's No. 1 team, USC, to the 2004 championship game. The Rose Bowl champion USC Trojans share the national title with the Sugar Bowl champion LSU Tigers.

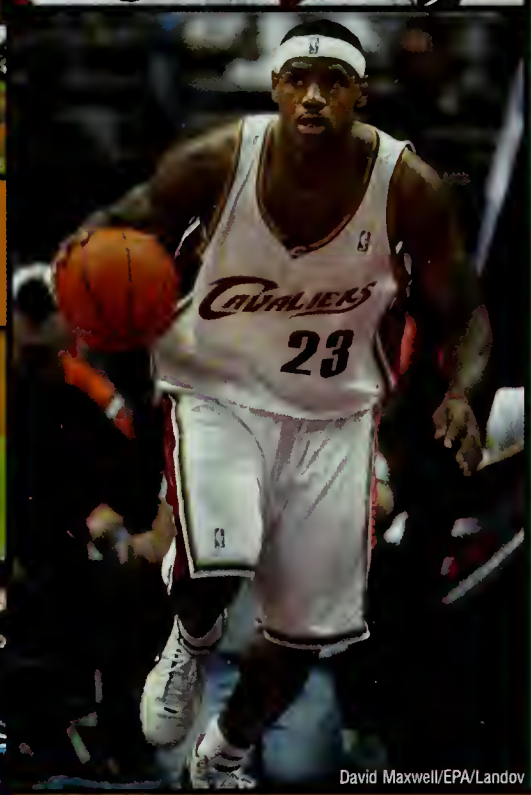
Reuters/Landov

← Despite several crashes and severe dehydration, Lance Armstrong wins his fifth straight Tour de France by a mere 62 seconds.



Reuters Newmedia Inc./Corbis

← Behind the defensive brilliance of goalie Martin Brodeur, the New Jersey Devils win the 2003 NHL Stanley Cup by icing the Anaheim Mighty Ducks 3-0 in game seven.



David Maxwell/EPA/Landov

← High school phenomenon LeBron James, 19, is picked first in the 2003 NBA Draft by the Cleveland Cavaliers and enjoys instant success as a pro.

sports

Mabangio/EPA/Landov

→ Led by MVP pitcher Josh Beckett, the Florida Marlins beat the heavily favored New York Yankees 2-0 in game six to win the 100th World Series.

Sergio Perez/EPA/Landov

→ Tennis pro Andy Roddick, 21, also known as Mandy Moore's boyfriend, wins his first grand slam title at the U.S. Open in September.

Herbert Knosowski/AP/Wide World Photos

→ In September, Kenya's Paul Tergat sets the world record in the Berlin Marathon, running the 26.2-mile course in just 2 hours, 4 minutes, 55 seconds.

In June, Michelle Wie, 13, becomes the youngest winner of a U.S. Golf Association adult event when she wins the U.S. Women's Amateur Public Links.

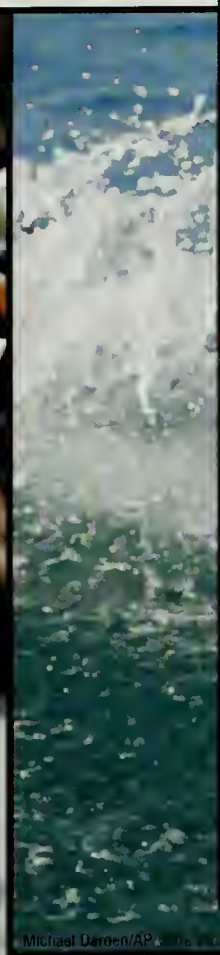
Tom Mihalek/EPA/Landov

→ The New England Patriots defeat the Carolina Panthers 32-29 with a field goal in the closing seconds to win Super Bowl XXXVIII.

→ Due to a lack of revenue, the Women's United Soccer Association gets the boot after just three seasons.

Matt A. Brown/NewSport/Corbis

Greg Fiume/NewSport/Corbis



Michael Darden/AP Wide World Photo

Champion surfer Bethany Hamilton, 13, loses her arm in a shark attack. Just 10 weeks later, Hamilton places fifth in her age group at a National Scholastic Surfing Association meet in January 2004.

Dave Schwartz/AP/Wide World Photos

sports

← St. John's University coach John Gagliardi, 77, leads his team to an undefeated NCAA Division III Football National Championship while also setting the NCAA Football record for coaching victories with 414.

Death-defying tricks and thrills bring the extreme sports craze to new heights at the January 2004 EXPN Winter X Games VIII in Aspen, Colorado.

Gibson/Folio, Inc./Omni-Photo Communications

Bob Jordan/AP/Wide World Photos

← Matt Kenseth claims the NASCAR Winston Cup Series championship, after leading the standings through a record 33 races.

Gary Bogdon/NewSport/Corbis

↑ Freddy Adu, 14, becomes the youngest American pro team athlete in over 100 years when he signs with D.C. United of Major League Soccer.

Reuters Newmedia Inc./Corbis

← League MVP Tim Duncan and David Robinson — in his final game — lead the San Antonio Spurs to the 2003 NBA title with a 4-2 series win over the New Jersey Nets.

Faces

Photofest

Bettmann/Corbis

Photofest

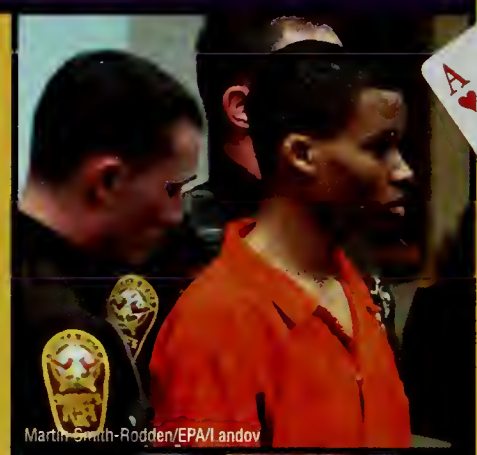
Filippo Monte/EPA/AP/Wide World Photos

← In October, Mother Teresa of Calcutta is beatified by Pope John Paul II in Vatican City. This marks the final step before sainthood in the Roman Catholic Church.

America loses three entertainment icons with the deaths of comedian Bob Hope, actress Katharine Hepburn and actor Gregory Peck.

↑ The Pentagon releases decks of 55 cards to U.S. soldiers that feature the most-wanted Iraqi leaders. Dictator Saddam Hussein is the Ace of Spades.

→ In his first of a number of trials in several states, a Virginia jury sentences D.C. area sniper Lee Boyd Malvo, 18, to life without parole.


Martin Smith-Rodden/EPA/Landov

→ After winning 64 career titles, including 14 grand slam events, and a record six years ranked No. 1, tennis great Pete Sampras retires at the U.S. Open in August.

→ Teen star Hilary Duff tops off her successful movie debut, *The Lizzie McGuire Movie*, with a hit pop album, *Metamorphosis*, and a nationwide tour.

Fred Prouser/Reuters/Landov

After being abducted for nine months, Elizabeth Smart is rescued and returns home in March 2003. Her story is made into a TV movie that airs later in the fall.

Tom Smart/Deseret News/Gettyimages

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JUN 2004

but not forgotten!

Mr. Keuther surprised us all by announcing that he, too, is moving on. We thank him for his unforgettable challenge to us to reach our maximum potential. We wish him all the best in his every future endeavor.

Although things change, the spirit remains the same

As the calendar spiraled into spring, we spun through a whirl of events that included sports, plays and concerts, the cultural fair and science olympics, final exams, banquets, awards ceremonies and the prom. All too rapidly graduation approached. High school came to an end for us at the stadium on June 7, 2004. But the spiral moves on and we follow, changing ever, yet still staying the same. Commencement means beginning. A new turn has begun. We cannot help but look behind for a moment, even as we go forward. We will not forget our years at Quincy High School.

We're Golden

QUINCY HIGH SCHOOL
GOLDENROD
YEARBOOK SUPPLEMENT
2004

BASEBALL

A golden finish

The Quincy High School boys' baseball team finished a great year with a golden end. With a record of 14-7 and a number 5 seed in the tournament the boys know how to get the job done. The team just keeps on rising every year and this year was no exception. Way to go, boys!

THE 2004 QUINCY HIGH SCHOOL BOYS' BASEBALL TEAM
The seniors on this year's team were Daniel Cosgrove, Paul Copson, Brendan Craig, Scott Flaherty, Ian Jorgenson and Joe Priscella. The head coach was Mike Dracchio.

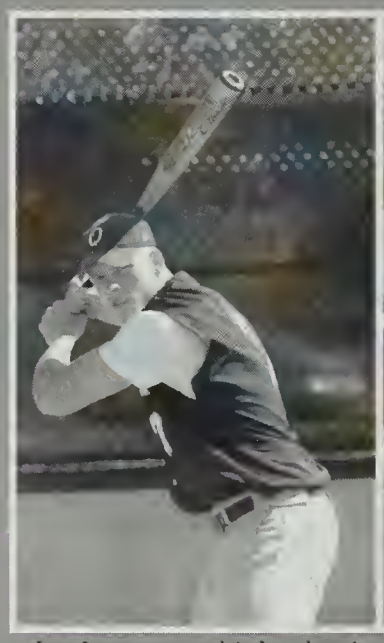
Pitcher John Santon gets ready to let the ball fly!

Junior John Folino gets in position to catch the pop fly.

Captain Dan Cosgrove warms up his swing before the game.

Captain Joe Priscella is man of the plate.

Captain Paul Copson shows his strength at the plate.



Ian Jorgenson thinks slam!

The boys come together to pump up before the game.

SOFTBALL

Senior catcher Rose Bell gets ready to protect the plate and throws the ball back to the pitcher.

Senior Caitlin Callahan warms up with a few swings and is ready to crush that ball right out of the field!

The golden girls

The softball girls of Quincy High School never let us down. They only get better and stronger each year. Finishing up with a record of 13-8 they once again made it to the tournament this year.

The captains this year were juniors Rebecca Sorenson, Alysia DiMuzio, Katie Walsh, and senior Rachel Sorenson. The girls continue to shine and make QHS proud.

THE 2004 QUINCY HIGH SCHOOL GIRLS' SOFTBALL TEAM
The seniors on this year's team were Rose Bell, Caitlin Callahan and Jessica Carella. The head coach was Mike Sedar.

Captain Rebecca Sorenson plays many positions.

Captain Alysia DiMuzio gets ready to make the out.

Kim LaBel warms up.

The girls come as a team and win as a team.

GIRLS' LACROSSE

The start of greatness

The 2004 Innaugural season of the Girls' Lacrosse Team was one of hard work, patience, and dedication. The athletes perservered through difficult times to come out with two wins in their first season. Best wishes, Senior co-captain Alicia Tasney!

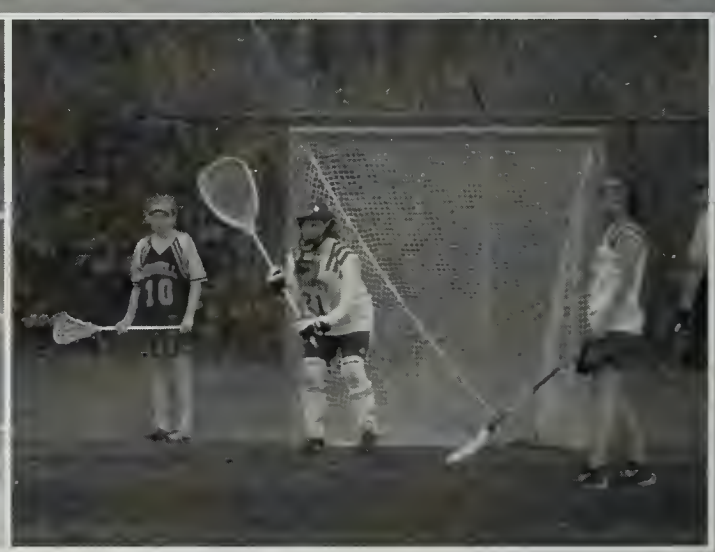
THE 2004 QUINCY HIGH SCHOOL GIRLS' LACROSSE TEAM
The only senior on Quincy High School's first girls' lacrosse team was #12, Alicia Tasney (Co-captain). The head coach was Ms. Kerry Duffy.

Alicia and Marissa are proud to be the captains of Coach Duffy's team.

Senior co-captain Alicia Tasney greatly contributed to her team's success.

Sophomore co-captain Marissa Monaco races for the ball!

Terry eagerly competes for the ball.



The goalie intensely prepares to defend the net.

Alicia takes the field.

The girls had a ton of fun this season and have high hopes for next year!

BOYS' LACROSSE

First season excitement

Jon Mendez runs with lightning speed, shaking off his attacking opponents.

Jeff Ruggiero moves far ahead of the pack.

Jon, Jeff and Frank use their teamwork skills to win the ground ball.

Jon Mendez leads the attack with support from his teammates.

THE 2004 QUINCY HIGH SCHOOL BOYS' LACROSSE TEAM

Team roster: Timur Amerikanov, Steve Bythrow, Joe Celata, Dan Clark, Jonathan Conso, Steve Cunningham, Mike Falcione, Kevin French, John Keefe, Chris Ryan MacDonald, Joe MacDonald, Frank McMorrough, Steve Ohlson, Jake McQuinn, Alex Mendez, Jon Mendez, Mark O'Neill, Chris Ramos, Jeff Ruggeiro, Brian Smith, Angelo Venturini, Steve Yetman. *Coach:* Kevin Orcutt.

Jake McQuinn outruns the opposition.

Joe MacDonald fights for possession of the ball.

Jeff readies to take the field.

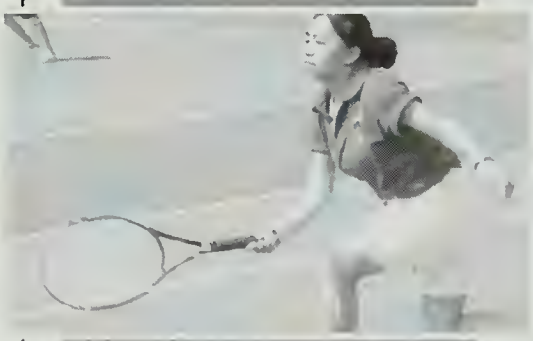
Coach Orcutt addresses the team at half time.

TENNIS

Love, love love

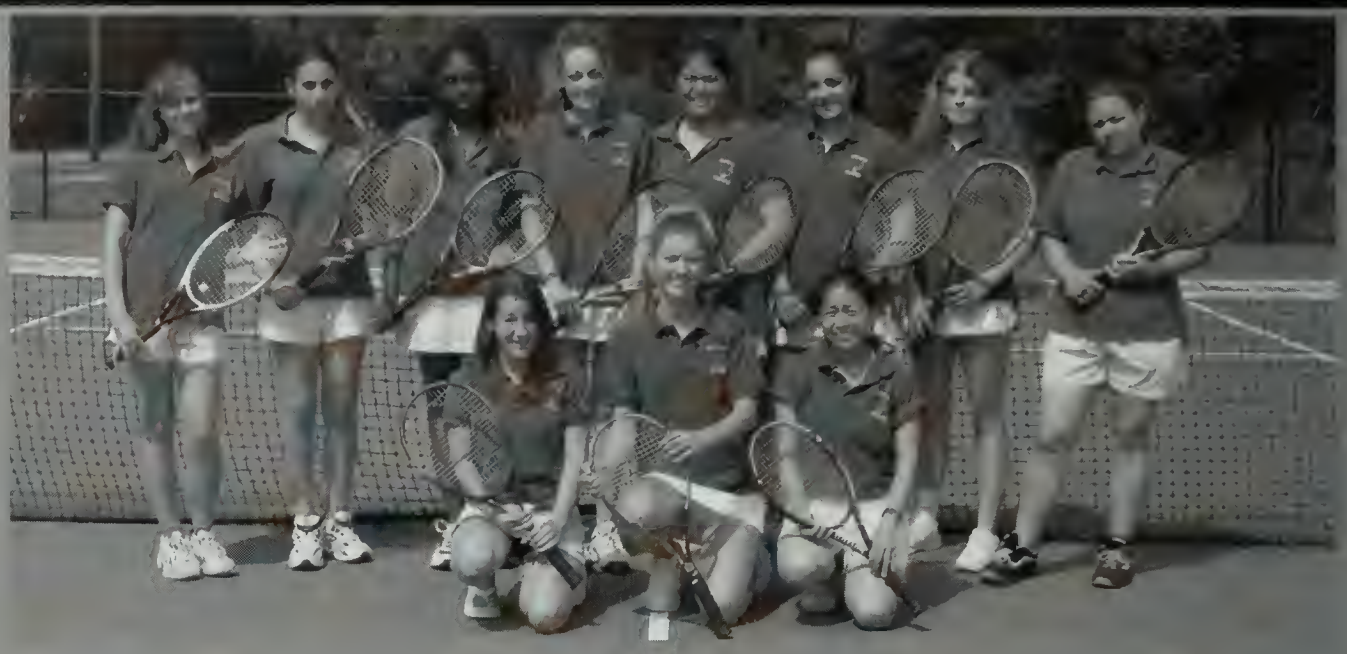
Our boys' and girls' teams practiced together and supported one another. "It's all about the love," Coach Swanson said. "Love-15, love-30, love-4, game, set, match--Quincy!"

Coach Swanson provides stern leadership for winning play.



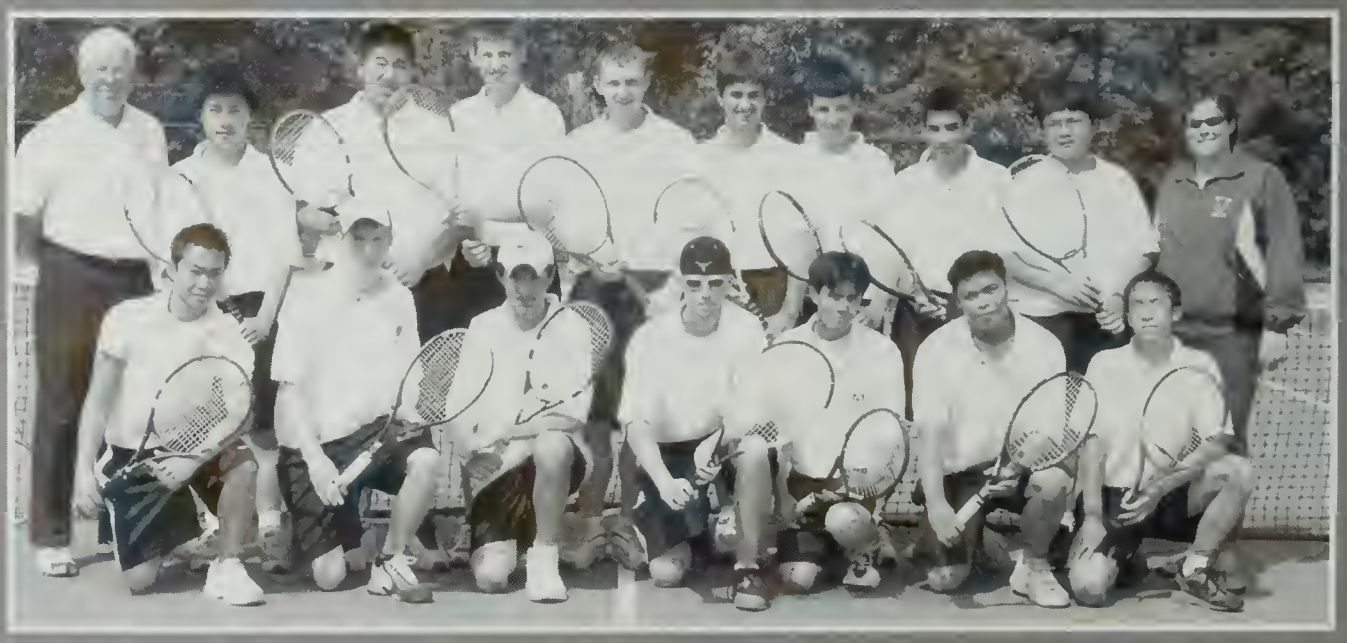
Senior Christina Tat prepares to return the ball.

The girls' and boys' teams worked together throughout the season.



THE 2004 QUINCY HIGH SCHOOL GIRLS' TENNIS TEAM

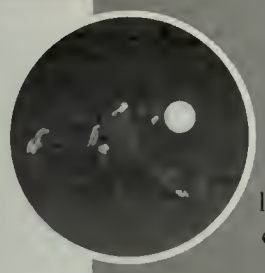
Some of the senior stars in action on the courts.



THE 2004 QUINCY HIGH SCHOOL BOYS' TENNIS TEAM

VOLLEYBALL

Captain Gedeon Endeshaw 8



Geodeon Endeshaw, one of the senior middle hitters, greatly contributed to his team and had an outstanding high school career capped with titles of All-Star and Boston Globe All-Scholastic!

Captain, Stephen Smith 6

Stephen Smith gave outstanding effort towards his team's success as the setter. He has had a great high school career so far and looks forward to his senior season next year!

City Champs!

The 2004 Boys' Volleyball Team captured the city championship by beating North Quincy twice this year! They had an exciting season and finished 5-10 overall, 2-6 league. With three juniors returning next year along with some enthusiastic newcomers, the team has a bright future ahead. Coach Christine Barrett and the rest of the team wish the five graduating seniors, Gedeon Endeshaw, James Hutchins, Scott Pagington, Elio Asllanaj and Harry Roulet good luck in their futures!

THE 2004 QUINCY HIGH SCHOOL BOYS' VOLLEYBALL TEAM
Front row: Harry Roulet, Stephen Smith (Co-captain), Gedeon Endeshaw (Co-captain).
Back row: John Hanlon, James Hutchins, Scott Pagington, Marc Hutchins, Elio Asllanaj.

Harry prepares to hit the ball.

Spike!

Scott's got great team spirit!

The team works together to get the ball back over the net!

the play

FANTASY AND MYTH EXPLORE AN AGE OLD SOCIAL PROBLEM IN *ONCE ON THIS ISLAND*

Erzulie (Colleen Martin), beautiful goddess of love!

Mama Euralie (Kaila Saxe) and Tonton Julian set their child free into the world.

The gods and goddesses of water, earth, love and death gathered to grant us a magnificent spring musical. The story of *Once On This Island* was summed up by senior Becky Ferris as "a peasent girl trying to find love in a rich man's world." The peasant Ti-Moune (Kristen Dwyer) finds true love when she meets the rich Daniel Beauxhomme (Pat Dunlea), but is not able to stay with him because of their difference in social class. It is a journey between life and death for true love. The set was marvelous--simple yet expressive at the same time. The shades of lights set the mood while the beautiful voices of the cast were gracefully accompanied by a talented orchestra.

The gods torment Ti-Moune (Kristen Dwyer).

The gods argue over what to do with Ti-Moune. A journey!

Armand curses all Beauxhomme, making them yearn for France!

Asaka (Lindsey Meyers), mother of the earth!

Daniel is torn apart by love.

Agwe (Jeff Hicks), god of water!

Papa Ge (Ryan Kirby), sly demon of death!

***ONCE ON THIS ISLAND* CAST AND CREW**

Director Ms. Scanlan, Music Director Mrs. Mafera, Dance Director Ms. Kabakoff, Choreographers Lindsey Meyers and Becky Ferris, Assistant Director Jessica Jordan, Stage Manager Phil Cohen, Cast Lindsey Meyers, Geoffrey Hicks, Colleen Martin, Ryan Kirby, Kaila Saxe, Billy Gilcoine, Patrick Dunlea, Becky Ferris, Stephen Smith and Maria Villena, Orchestra Meri-Lee Mafera, Holly Stevenson, Ken Grady and Ed Sorentino.

The Brazilian table exhibited the majority of the dancing at the Cultural Fair.

The German table directed by Major Zinnel.

The Arabic table specialized in Arabic calligraphy.

the cultural fair

Directed by Mr. Lugo, the Latin America table offers a variety of drinks.

The Japanese table, directed by Mrs. Flaherty and Mr. Clifford.

As Mr. Harris and Mr. Clifford discuss the eclectic cultures, the China table is busy with preparations of food.

Diogo and Mr. Harris display their true colors.

The Albanian table.

A TRIP AROUND THE WORLD AWAITS QHS IN THE GIRLS' GYM

Food! Music! Clothes! Dancing! Quincy High School had its third annual cultural fair this year. It is unique to see many different cultures and countries compacted into the girls' gym. Espresso can be found at the Italian booth, and right next door is a pina colada waiting at the Latin America table. Sushi can be savored at the Japanese table, while dancing is constant at the Brazilian table. Dressed in a Japanese kendo-gi uniform, Mr. Clifford said, "There are lots of cultures represented. With all the different kinds of food, music, and pictures, the main thing here is diversity."

Karina smiles with a tear in her eye as her name is announced as one of the members graduating.

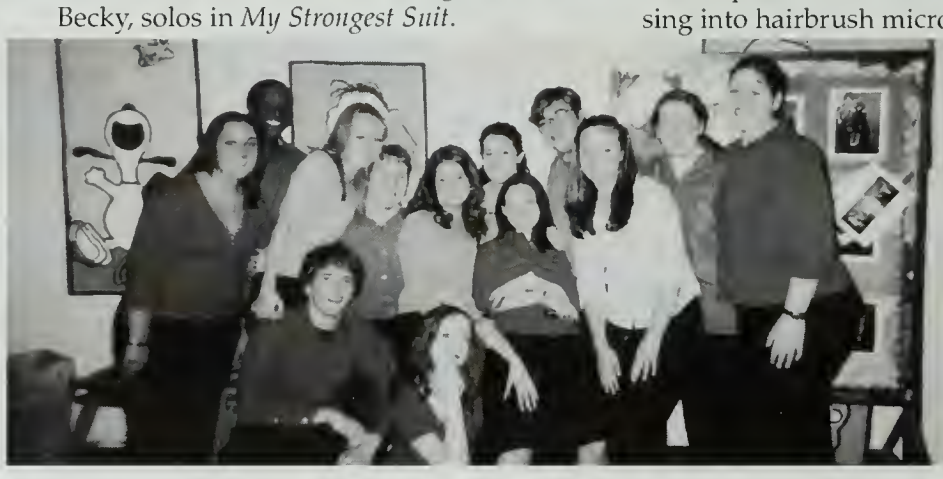
Jr. Patrick, Sr. Ryan, Sr. Thomas, and Jr. Stephen wish that there was a Boys' Choir too.

Josh pretends to nervously talk to his hopeful prom date's father in *Telephone Hour.*

Lindsey performs a beautiful solo in the seniors' fairwell song, *Shadowland.*

Costume master and excellent singer, Becky, solos in *My Strongest Suit.*

Girls' Choir performs *Mama Mia* with outstanding enthusiasm as they sing into hairbrush microphones at a pretend pajama party.



The senior members of the Horizon Honor Choir.

Kaila hugs Ms. Scanlan farewell during *Shadowland.*

the concert

REMEMBERING WHAT WE DID FOR LOVE

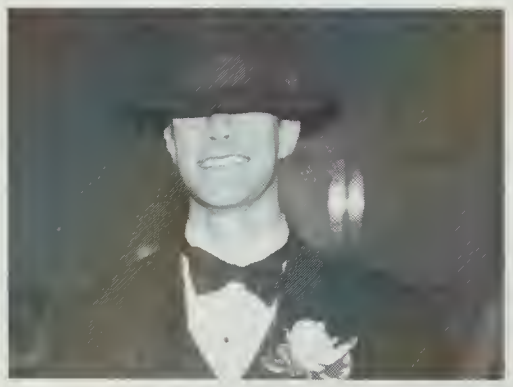
On May 25th, each singer remembered *What I Did For Love* (2004 Graduation Song). With voices as beautiful as a spring day, the Choir expressed its happiness of the season. The concert was filled with fun and enthusiastic songs, which captured the spirit of all! Performing *All That Jazz* brought back happy memories for the seniors of when they performed the song their freshman year. Only the Girls' Choir, despite the humorous protesting from the bases and tenors, performed the fun songs of *My Strongest Suit* and *Mama Mia. Shadowland* brought smiles and tears to all of the seniors since this was their farewell song to QHS. *Pinball Wizard* captivated the audience with the Horizons' spectacular performance of its intricate rhythms! Ending the concert with *You Can't Stop the Beat*, left hopes in the hearts of all for new and exciting adventures to come in the years ahead. The 2004 Choir would like to thank Ms. Scanlan, Ms. Merilee Mafera, Andrew Henck, Mr. Bartolotti, and Mr. Keuther for all of the hard work that they've done through the years!

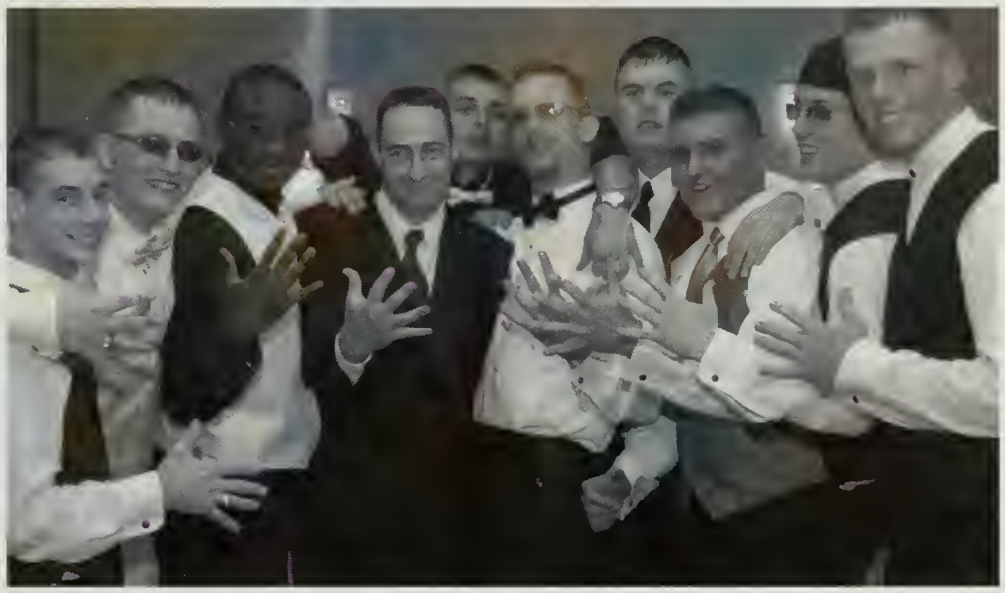
the awards

HARD WORK PAYS OFF IN AWARDS AND SCHOLARSHIPS

On June 2, 2004 invited seniors and their families gathered in the auditorium to receive local scholarships. Members of the community made many of the presentations. Scholarships come from generous inspirations followed by hours of hard work raising funds. The people who make scholarships possible are often motivated by tragedy. Many scholarships are given in the name of a lost loved one or to memorialize people who have given their lives to preserve our freedom. Scholarships turn sorrow into hope for the future and good fortune for the students who merit them. May we be always grateful to these benefactors. May we one day return to join their ranks and help another generation.

the senior prom





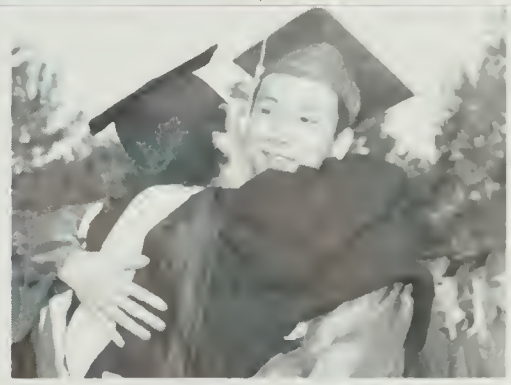
graduation

THE VALIDICTORIAN

Look to your left. Look to your right. What do you see? This is the point at which many college speakers would say that 1 in 3 of us won't make it, or something else equally encouraging. But today, as we look at the people around us, we are looking at people who have already made it. We are also looking at a group of people who have succeeded indifferent ways, coming from diverse backgrounds. We represent many races, languages, religions, family backgrounds, interests, talents, and goals. We have athletes, artists, actors, and activists. There are classes for those interested in math and those interested in plumbing. Yes, we are all very different, and these differences are often emphasized and celebrated, and rightly so, but today I'd like to focus instead on the ways in which we are the same.

The most obvious things we have in common are our presence and purpose here today. Everyone here wearing a blue cap and gown is going to graduate. Hopefully that's not a surprise to anyone. With the help of family, teachers, friends, and counselors we've all made it through high school. Throughout the last 12 or so years, we are supposed to have acquired the necessary knowledge, experience, and confidence to succeed in college, the workforce, the military, or whatever else we may be doing. The diploma we get today means that the school committee, Mr. Keuther, and all our teachers feel comfortable turning us loose on society with the title "high school graduate." They expect us to go out in the world and prove them right by making something of ourselves. This is wonderful and exciting ...and pretty darn scary because I suspect that another thing we have in common is that, no matter how much we've learned in high school, it doesn't feel like enough. It doesn't feel like knowing about the quadratic formula and the theory of evolution and the Civil War will get us through life. And, unfortunately, it won't.

Don't worry too much though, because this doesn't mean you don't deserve to be here. We're all probably a little bit nervous about the future and our place in it, but that's ok, because by our presence here today we've all proven something. We've proven that even though we don't yet know everything we need to know, we have the ability to keep learning. By succeeding over the past 4 years, both in and out of school, we've proven that we have the capacity to succeed in the future as well. We've all made mistakes, but they haven't stopped us so far, and as long as we keep learning from them, they won't stop us later in life. We will probably forget much of what we learned in class, and most of us will change our future plans more than once. You might be leaving Quincy High with a major in early childhood or carpentry and decide that you don't want to be a teacher or a carpenter. You might go to college, get a degree, and decide you'd rather do something completely unrelated. You might even make life-altering mistake. Although it would be nice to have a guarantee that none of these things will happen, it's not the end of the world if they do. As the writer George Eliot put it, "It is never too late to be what you might have been." All of us will change our minds, suffer setbacks, and find ourselves going in directions we never thought we would, but we shouldn't fear these things. By getting to this point, by making it through high school, we have all shown that we have the ability and dedication to keep striving to be what we might have been. And so, although the diploma we get today carries with it a recognition of achievement, it also carries with it the understanding that this is not the final achievement for any of us. We will all need to continue learning and growing to succeed in the future....Our diplomas prove that we can. *Samantha Amodeo*



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Finally from here we go forth, prepared, excited and challenged to embrace the values the pony represents, as we impact our world for peace, for the pursuit of knowledge and the responsibility of making our world a better place.

Mr. Keuther

WELCOME BACK!
NCY HIGH SCHOOL!
REACHING FOR THE MAX!